

Denver Indoor Rowing Championships

2014

Hosted by: Colorado Athletic Club - Monaco & the Mile High Rowing Club

RACE	PLACE	Name	Finish Time	ClubName
Jr Men's 20 min Novice				
13-15	1	Will Allstetler	4538 meters	Colorado Athletic Club Monaco
	2	Ethan Spetnagel	4456 m	Colorado Athletic Club Monaco
	3	Clayton Miller	4012 m	Colorado Athletic Club Monaco
	4	Alec Huddleston	3871 m	Colorado Athletic Club Monaco
16-18	1	Daniel Brock	4976 m	Mile High Rowing Club
	2	Benjamin Lordi	4309 m	Unaffiliated
	3	Lucas Davis	4286 m	Unaffiliated
Jr Women Novice 20 min				
13-15	1	Eliza Yager	4326 m	Colorado Junior Crew
	2	Josephine Henze	3841 m	Colorado Junior Crew
	3	Emily Arnold-Mages	3694 m	Colorado Junior Crew
	4	Erin Curley	3585 m	Mile High Rowing Club
HOUR OF POWER				
M 19-40	1	Anthony Malacrida	14,685 meters	Mile High Rowing Club
M 40+	1	Daniel Harris	14,452 meters	Unaffiliated
	2	Phil Sullivan	12,216 meters	Colorado Athletic Club
W 40+	1	Kati O'Hara	13,576 meters	Mile High Rowing Club
30 MIN ROW				
M14-18	1	Mac Grant	7,798 meters	Mile High Rowing Club
M 40-49	1	Doug Gauger	7,798 meters	Unaffiliated
	2	Greg Ast	6,990 meters	Unaffiliated
W 19-39		Renee Cunningham	7,168 meters	Mile High Rowing Club
W 40-49	1	Christine Potter	6,895 meters	Unaffiliated
	2	Bertha Rau	6,354 meters	Unaffiliated
	3	Roxanne Royce	5,963 meters	
W 50+	1	Grace Malacrida	6,988 meters	Mile High Rowing Club
W70+	1	Joanne Marriott	6,329 meters	Unaffiliated
Mens Collegiate open				
2k	1	S. Tobey	06:45.4	Unaffiliated
	2	Richard Hansen	06:52.6	Unaffiliated (USA)
	3	James Danahey	06:53.0	Unaffiliated (USA)
	4	Anthony Malacrida	07:07.0	Mile High Rowing Club
	5	Connor Smith	07:07.6	Colorado State University Crew Team
	6	Tanner Gillespie	07:17.3	Colorado State University Crew Team
	7	Danny Steiner	07:38.9	Colorado State University Crew Team
Mens Collegiate LW 2k				
	1	Henk Wolda	07:13.5	Unaffiliated (USA)

Wms Collegiate Open 2k	1	Sarah Foote	07:26.0	RedRocks Crossfit Rowing Club
	2	Megan Richardson	07:48.6	Unaffiliated (USA)
	3	Raquel Woods	07:53.7	RedRocks Crossfit Rowing Club
	4	Lauren Culver	08:15.1	Colorado State University Crew Team
	5	Alanna Bence	08:15.5	Colorado State University Crew Team
	6	Maddi Rutenbeck	08:32.9	Colorado State University Crew Team
	7	Sara Tomlinson	08:47.9	Colorado State University Crew Team
M Jr (13-15) 2k	1	Pieter van Leeuwen	07:15.4	Mile High Rowing Club
Jr Men 2k (16-19) 2k	1	Owen Chase	06:56.9	Mile High Rowing Club
	2	Keenan Carpender	07:10.5	Mile High Rowing Club
	3	Joe Creek	07:12.0	Fort Collins Rowing Association
	4	Brendan Carr	07:13.7	Colorado Junior Crew
	5	John Paul Kreft	07:17.8	Mile High Rowing Club
	6	Daniel Brock	07:29.6	Mile High Rowing Club
	7	Liam Myers	07:36.5	Colorado Athletic Club Monaco
	8	Forrest Quinlan	07:38.4	Fort Collins Rowing Association
Jr M Ltwt (13-15) 2k	1	Gene Eric	07:56.5	Colorado Athletic Club Monaco
	2	Will Allstetter	08:06.5	Colorado Athletic Club Monaco
	3	Brennan Lyle	08:09.3	Colorado Junior Crew
	4	Zander Maitland	08:10.3	Colorado Junior Crew
Jr Lwt M (16-19) 2k	1	Sean Moore	07:18.1	Colorado Junior Crew
	2	Jake Markey	07:19.6	Mile High Rowing Club
	3	Matthew LaRouche	07:26.7	Mile High Rowing Club
	4	Connor Doogan	07:30.4	Mile High Rowing Club
	5	Ian McKenzie	07:38.1	Mile High Rowing Club
	6	Cole McConnell	07:38.9	Unaffiliated (USA)
	7	Canton O'Donnell	07:48.3	Colorado Athletic Club Monaco
	8	Stavros Roditis	08:04.2	Colorado Junior Crew
W Jr Hw (13-15) 2k	1	Etta Carpender	08:02.6	Colorado Athletic Club Monaco
	2	Lydia Arnold	08:15.5	Mile High Rowing Club
	3	Ryan Passas	08:41.8	Mile High Rowing Club
	4	Madeleine Deike	08:42.6	Fort Collins Rowing Association
	5	Mikaela Thomas	08:49.1	Mile High Rowing Club
	6	Molly Pulse	09:05.6	Colorado Athletic Club Monaco
	7	Ashley Herrera	09:50.2	Colorado Junior Crew
	8	Judith McKenna	10:05.6	Colorado Junior Crew
	9	Joanna Roditis	10:30.7	Colorado Junior Crew
W Jr Hw (16-19) 2k	1	Jenn Belz	07:26.3	Mile High Rowing Club
	2	Jade Thornton	07:44.3	Mile High Rowing Club
	3	Jessie Doblér	07:56.8	Mile High Rowing Club
	4	Scout Sutton	08:09.2	Fort Collins Rowing Association
	5	Carolyn Monette	08:18.2	Colorado Junior Crew
	6	Ariel Wagner-Randall	08:26.9	Colorado Junior Crew
	7	Sara Binder	08:30.5	Mile High Rowing Club
	8	Hanna Lintukorpi	08:48.6	Colorado Junior Crew
	9	Erin Higgins	09:09.5	Colorado Junior Crew
W Jr Ltwt (13-15) 2k	1	Christina Bigger	08:24.0	Mile High Rowing Club
	2	Ally Borman	08:35.7	Fort Collins Rowing Association
	3	Saylor Strugar	08:43.2	Colorado Junior Crew
	4	Emma Gorsuch	09:51.0	Colorado Junior Crew
	5	Juliette Moore	09:54.0	Colorado Junior Crew

W Jr Lw (16-19) 2k	1	Elizabeth Hart	08:38.1	Mile High Rowing Club
	2	Jessica Schaeler	09:03.2	Colorado Athletic Club Monaco
	3	Lucy Schwartz	09:12.6	Mile High Rowing Club
	4	Madison Davis	09:20.0	Colorado Junior Crew
	5	Isabel Reeves	09:20.6	Colorado Junior Crew
	6	Sarah Hutchinson	09:50.2	Fort Collins Rowing Association
	7	Angelina Short	10:33.9	Fort Collins Rowing Association
M Veteran 75+	1	Dean Smith	08:58.2	Rocky Mountain Rowing Club
Men Veteran Ltwt 70-74	1	Bill Moyle	08:45.3	Colorado Athletic Club Monaco
Men Veteran 65-69	1	Steve Roark	08:35.0	Colorado Athletic Club Monaco
Men Veteran Ltwt 65-69	1	Peter Francis	07:33.1	Rocky Mountain Rowing Club
Men Veteran 60-64	1	Michael De Seguin	07:35.2	Unaffiliated (USA)
	2	Ken Lotze	07:40.5	Unaffiliated (USA)
Men Veteran Lwt 60-64	1	Geoff Webb	07:56.5	Unaffiliated (USA)
	2	Ted Stolberg	08:03.3	Kinetic Fitness Studio
Men Veteran 55-59	1	Bob Kricke	07:35.5	CAC Monaco H.I.T. Squad
Men Veteran Lwt 55-59	1	Daniel Harris	07:28.9	Unaffiliated (USA)
Wmn Veteran 75+ Hw and Lw	1	Joanne Marriott	09:02.4	Unaffiliated (USA)
	2	Kathy Talbott	12:01.2	Unaffiliated (USA)
Wmn Veteran 65-69	1	Laura Knutson	10:05.6	Colorado Athletic Club Monaco
Wmn Veteran Lwt 60-64	1	Sue Butcher	08:26.8	Longmont Sculling Club
	2	Carol Johnson	08:43.5	Unaffiliated (USA)
Wmn Veteran 55-59	1	Jackie Snyder	08:15.7	Mile High Rowing Club
Wmn Veteran Lw 55-59	1	Anne Strobridge	08:39.3	Mile High Rowing Club
Wmn Veteran 50-54	1	Ann Cuthbertson	08:34.3	Mile High Rowing Club
Men Sr 40-49	1	Andrew Bodley	07:06.7	Unaffiliated (USA)
	2	Scott Beckman	07:08.2	Unaffiliated (USA)
	3	Everett Stout	07:25.4	Back Country CrossFit
	4	Steve Brown	07:48.7	RedRocks Crossfit Rowing Club
Men Master 30-39	1	Jared Oldenburg	06:26.3	Unaffiliated (USA)
	2	Jorge Tarin	06:38.0	Unaffiliated (USA)
	3	John Paul Sullivan	06:42.9	Colorado Athletic Club Monaco
	4	Matt Hammel	06:45.4	Kinetic Fitness Studio
	5	Rj Covey	06:53.7	Unaffiliated (USA)
	6	matt powers	07:10.6	Colorado State University Crew Team
	7	Adam Clawson	07:13.0	CAC Monaco H.I.T. Squad
	8	Jesse McClure	07:42.3	RedRocks Crossfit Rowing Club
	9	Christopher Sandusky	07:42.8	CAC Monaco H.I.T. Squad
Wmn Senior 40-49	1	Kate Newman	07:47.6	Mile High Rowing Club
	2	Christine Potter	08:00.4	Unaffiliated (USA)

Wmn Senior Lwt 40-49	1	Lesley Bodley	08:05.4	Unaffiliated (USA)
	2	Lisa Schwinghammer	09:10.0	Kinetic Fitness Studio
Men Novice 1k	1	Justin Dockery	03:21.8	Colorado State University Crew Team
	2	Tanner Gillespie	03:23.8	Colorado State University Crew Team
	3	Adam Clawson	03:27.9	CAC Monaco H.I.T. Squad
	4	Danny Steiner	03:43.5	Colorado State University Crew Team
	5	Christopher Sandusky	03:59.6	CAC Monaco H.I.T. Squad
Wmn Novice 1k	1	Alanna Bence	03:51.6	Colorado State University Crew Team
	2	Christine Potter	03:54.6	Unaffiliated (USA)
	3	Lauren Culver	04:01.6	Colorado State University Crew Team
	4	Maddi Rutenbeck	04:06.7	Colorado State University Crew Team
	5	Sara Tomlinson	04:09.5	Colorado State University Crew Team
	6	Bertha Rau	04:18.0	Unaffiliated (USA)
M Jr Novice 1k	1	Abe Queen	03:49.8	Colorado Athletic Club Monaco
	2	Benjamin Lordi	03:51.5	Regis Jesuit High School
	3	Lucas Davis	03:59.5	Regis Jesuit High School
	4	Cole Sibelius	04:09.8	Colorado Athletic Club Monaco
	5	Clayton Miller	04:12.0	Colorado Athletic Club Monaco
Jr Men 1k	1	Alec Huddleson	04:43.4	Colorado Athletic Club Monaco
	2	Nathaniel Newman	04:54.9	Mile High Rowing Club
W Jr Novice 1k	1	Lydia Arnold	03:53.8	Mile High Rowing Club
	2	Adrienne Jacob	04:02.6	Mile High Rowing Club
	3	Ryan Passas	04:07.2	Mile High Rowing Club
	4	Kristin Tomlinson	04:19.7	Colorado Athletic Club Monaco
	5	Erin Curley	04:55.5	Mile High Rowing Club
W Jr 1k	1	Brooke Stevens	04:27.3	Colorado Athletic Club Monaco
Boys 1k 11-13	1	Ethan Spetnagel	03:52.3	Colorado Athletic Club Monaco
Girls 1k 11-13	1	Isabella Oldenburg	04:28.1	Unaffiliated (USA)
	2	Annika Newman	05:32.6	Mile High Rowing Club
Non-novice 1k - Women	1	Megan Richardson	03:40.5	Unaffiliated (USA)
	2	Christine Potter	03:55.4	Unaffiliated (USA)
Boys/Girls 2 min row	1	Paytra Oldenburg	437	Unaffiliated (USA)
	2	Mia Schwinghammer	401	Kinetic Fitness Studio
	3	Owen Oldenburg	312	Unaffiliated (USA)
Parents Row-A-Mile - Dads	1	Jim Kidder	06:18.2	Mile High Rowing Club
	2	Jon Brock	06:48.0	Mile High Rowing Club
	3	David Storey	06:48.6	Mile High Rowing Club
Parents Row a Mile - Moms	1	Aimee Oldenburg	06:53.2	Unaffiliated (USA)
	2	Cindy Bolton	06:59.7	Mile High Rowing Club
	3	Jen Bigger	07:00.0	Mile High Rowing Club
	4	Connie Kreft	07:03.0	Mile High Rowing Club
	5	Kristin Markey	07:16.9	Mile High Rowing Club
	6	Cathy Kidder	07:25.0	Mile High Rowing Club
	7	D Passas	07:59.6	Mile High Rowing Club

Team Challenge			Raw Time	Age Adjusted Final Time
	1	Crossfit Verve #1	03:20.5	03:19.8
Age handicaps based	2	Red Rocks Crossfit	03:21.9	03:21.6
on US Rowing system	3	Crossfit Verve #2	03:29.5	03:28.5
	4	Flat Irons Crossfit	03:31.5	03:29.9
	5	Crossfit Verve #3	03:34.1	03:33.8
	6	Crossfit Verve #4	03:38.9	03:36.9
	7	Crossfit Verve #5	03:55.0	03:52.6
	8	Crossfit Verve #6	04:00.5	03:57.6
Jr Men 500	1	Owen Chase	01:29.9	Mile High Rowing Club
	2	Macklin Grant	01:32.1	Mile High Rowing Club
	3	Pieter van Leeuwen	01:35.2	Mile High Rowing Club
	4	Daniel Brock	01:35.5	Mile High Rowing Club
	5	John Paul Kreft	01:36.6	Mile High Rowing Club
Jr Men Lw 500	1	Tom Kidder	01:31.9	Mile High Rowing Club
	2	Jake Markey	01:36.6	Mile High Rowing Club
	3	Matthew LaRouche	01:37.5	Mile High Rowing Club
	4	Connor Doogan	01:38.5	Mile High Rowing Club
	5	Ian McKenzie	01:39.0	Mile High Rowing Club
	6	Canton O'Donnell	01:39.6	Colorado Athletic Club Monaco
	7	Cole McConnell	01:39.7	Unaffiliated (USA)
Men 500 19-29	1	Adam Swetlik	01:25.3	Unaffiliated (USA)
	2	R. Hansen	01:25.6	Unaffiliated
	3	James Danahey	01:28.7	Unaffiliated (USA)
	4	Anthony Malacrida	01:28.8	Mile High Rowing Club
	5	Tanner Gillespie	01:33.3	Colorado State University Crew Team
	6	Danny Steiner	01:44.0	Colorado State University Crew Team
Men Lw 500 19-29	1	Henk Wolda	01:35.9	Unaffiliated (USA)
Men 500 30-39	1	Jared Oldenburg	01:22.4	Unaffiliated (USA)
	2	Rj Covey	01:26.9	Unaffiliated (USA)
	3	matt powers	01:27.9	Colorado State University Crew Team
	4	Adam Clawson	01:28.1	CAC Monaco H.I.T. Squad
	5	Christopher Sandusky	01:36.6	CAC Monaco H.I.T. Squad
Jr Wmn 500	1	Jenn Belz	01:38.9	Mile High Rowing Club
	2	Jade Thornton	01:43.0	Mile High Rowing Club
	3	Jessie Dobler	01:43.8	Mile High Rowing Club
	4	Sara Binder	01:45.0	Mile High Rowing Club
	5	Etta Carpender	01:50.2	Colorado Athletic Club Monaco
	6	Mikaela Thomas	01:57.8	Mile High Rowing Club
Wmn Jr Lwt 500	1	Christina Bigger	01:51.4	Mile High Rowing Club
	2	Adrienne Jacob	01:52.4	Mile High Rowing Club
	3	Rachael McKee	01:54.9	Mile High Rowing Club
	4	Elizabeth Hart	01:57.4	Mile High Rowing Club
	5	Jessica Schaeden	02:00.1	Colorado Athletic Club Monaco
	6	Lucy Schwartz	02:04.6	Mile High Rowing Club
Wmn 500 19-29	1	Sarah Foote	01:36.9	RedRocks Crossfit Rowing Club
	2	Megan Richardson	01:40.9	Unaffiliated (USA)
	3	Raquel Woods	01:41.9	RedRocks Crossfit Rowing Club
	4	Alanna Bence	01:51.5	Colorado State University Crew Team
	5	Lauren Culver	01:52.4	Colorado State University Crew Team

	6	Sara Tomlinson	01:56.6	Colorado State University Crew Team
	7	Maddi Rutenbeck	01:56.7	Colorado State University Crew Team
Men 500 40-49	1	P. Holman	01:19.8	Unaffiliated
	2	Steve Loewenkamp	01:31.5	Unaffiliated (USA)
	3	Jay Brandt	01:33.6	Unaffiliated (USA)
	4	Paul Kantor	01:35.6	RedRocks Crossfit Rowing Club
	5	Everett Stout	01:37.6	Back Country CrossFit
Men 500 50-59	1	Joe Tate	01:32.2	Unaffiliated (USA)
Men Lw 500 50-59	1	Daniel Harris	01:36.2	Unaffiliated (USA)
Men 500 60+	1	Phil Sullivan	01:52.3	Colorado Athletic Club Monaco
Men Lw 500 60+	1	Peter Francis	01:40.2	Rocky Mountain Rowing Club
	2	Ted Stolberg	01:42.3	Kinetic Fitness Studio
Wmn 500 40-49	1	Kati O'Hara	01:46.5	Mile High Rowing Club
	2	Christine Potter	01:50.3	Unaffiliated
Wmn Lw 500 40-49	1	Bertha Rau	02:01.8	Unaffiliated (USA)
Wmn 500 50-59	1	Grace Malacrida	01:47.2	Mile High Rowing Club