

Lanier Heartburn Indoor Sprints January 30th, 2010

Event 1: Junior Novice Women

Place	Time	Name	Team	Points
1	08:47.6	A. Rewis	Lake Lanier	3

Event 2: Junior Novice Men

Place	Time	Name	Team	Points
1	07:17.6	T. Easterday	LCKC	3
2	07:39.9	C. Hene	CrossFit NE GA	2
3	09:11.5	J. Castro	St. Andrew	1

Event 7: Open Women

Place	Time	Name	Team	Points
1	07:31.9	S. Smelley	Georgia Tech	3
2	07:44.1	K. Hanks	UGA	2
3	07:52.6	J. Bryant	UGA	1
4	07:56.0	M. Schroeder	Georgia Tech	
5	07:56.7	K. Anderson	Georgia State	
6	08:10.8	A. Cairns	Georgia State	
7	08:18.6	C. Cruze	UGA	
8	08:39.5	M. Skillas	UGA	
9	08:42.0	K. Pszczola	Georgia State	

Event 8: Novice Never-Ever Women

Place	Time	Name	Team	Points
1	08:25.4	A. Popp	UGA	3
2	08:51.5	P. McNeil	UGA	2
3	09:04.0	K. Erpel	Georgia State	1
4	09:22.1	K. Welch	Georgia State	

Event 9: Novice Women

Place	Time	Name	Team	Points
1	08:03.8	S. Sutton	Georgia State	3
2	08:24.6	E. Blackwell	Georgia State	2

Event 10: Masters Women

Place	Adjusted Time	Handicap	Raw Time	Name	Team	Points
1	03:41.2	00:27.2	04:08.4	K. Spengler	Lake Lanier	3
2	03:43.9	00:00.0	03:43.9	R. Langman	CrossFit NE GA	2
3	03:46.0	00:03.0	03:49.0	K. Basinger	Unaffiliated	1
4	03:51.1	00:10.0	04:01.1	K. Daling	Lake Lanier	
5	03:55.8	00:19.6	04:15.4	C. Kannapell	Lake Lanier	
6	04:01.3	00:18.2	04:19.5	K. Mellette	Lake Lanier	

Event 11: Open Men

Place	Time	Name	Team	Points
1	06:22.0	M. Bentkowski	Georgia State	3
2	06:24.0	Z. Benson	Georgia State	2
3	06:27.8	J. Castro	Unaffiliated	1
4	06:41.8	S. Rollinson	Georgia State	
5	06:56.9	D. Wilbanks	Georgia State	
6	06:59.7	C. Jaume	Georgia State	
7	07:07.3	G. Ethridge	UGA	
8	07:10.7	H. Stranathan	Lake Lanier	
9	07:17.4	S. D'Entremont	Lake Lanier	
10	07:46.5	M. Young	Georgia State	

Event 12: Novice Never-Ever Men

Place	Time	Name	Team	Points
1	07:28.8	W. Hedgpeth	UGA	3
2	07:30.2	A. Stanescu	UGA	2

Event 13: Novice Men

Place	Time	Name	Team	Points
1	07:19.0	E. Schneider	Georgia State	3
2	07:23.2	T. Booker	UGA	2
3	07:28.4	F. Azfar	Georgia State	1

Event 14: Masters Men

Place	Adjusted Time	Handicap	Raw Time	Name	Team	Points
1	02:57.1	00:36.1	03:33.2	M. Williams	Lake Lanier	3
2	03:03.2	00:03.6	03:06.8	J. Castro	Unaffiliated	2
3	03:04.6	00:15.6	03:20.2	J. Haire	CrossFit NE GA	1

4	03:07.1	00:27.2	03:34.3	R. Spengler	Lake Lanier	
5	03:12.9	00:04.3	03:17.2	J. DePalma*	CrossFit NE GA	
6	03:13.0	00:22.5	03:35.5	M. Mellette	Lake Lanier	
7	03:14.4	00:16.9	03:31.3	J. Kelenfy	Lake Lanier	
8	03:17.2	00:00.0	03:17.2	C. Staub	CrossFit NE GA	
9	03:17.9	00:00.0	03:17.9	R. Brown	UGA	
10	03:19.1	00:01.2	03:20.3	D. Terry	CrossFit NE GA	
11	03:20.1	00:13.2	03:33.3	D. Buggeln	CrossFit NE GA	
12	03:21.9	00:09.0	03:30.9	T. Heske	Lake Lanier	
13	03:23.5	00:00.6	03:24.1	R. Mullens	CrossFit NE GA	
14	03:24.4	00:00.4	03:24.8	S. Lively	CrossFit NE GA	
15	03:24.5	00:00.0	03:24.5	M. Townsend	UGA	
16	03:24.9	00:09.0	03:33.9	M. Jackson	Atlanta	
17	03:25.4	00:22.5	03:47.9	P. Sutton	Lake Lanier	
18	03:26.2	00:00.0	03:26.2	N. Lantz	UGA	
19	03:34.4	00:42.0	04:16.4	J. Wise	Lake Lanier	
20	03:37.0	00:13.2	03:50.2	L. Whately	CrossFit NE GA	
21	03:37.1	00:01.2	03:38.3	A. Leach	CrossFit NE GA	
22	03:53.3	00:12.1	04:05.4	J. Strickland	CrossFit NE GA	

Event 15: Lightweight Women

Place	Time	Name	Team	Points
1	07:52.5	C. Chapin	Georgia Tech	3
2	07:53.0	A. Martell	Georgia Tech	2
3	07:58.7	K. Avra	Georgia Tech	1
4	07:59.4	C. Schmidt	Georgia Tech	
5	08:02.6	N. Chau	UGA	
6	08:06.3	A. McLendon	Georgia Tech	
7	08:09.0	M. Oren	Georgia Tech	
8	08:14.9	S. Sassler	Georgia Tech	
9	08:16.1	J. Diamond	Georgia State	
10	08:25.0	K. Melvin	Georgia Tech	
11	08:32.2	L. Smith	UGA	

Event 16: Lightweight Men

Place	Time	Name	Team	Points
1	07:00.9	N. Kolassa	Georgia State	3
2	07:07.1	D. Lane	UGA	2
3	07:11.5	C. Peyser	UGA	1
4	07:27.4	N. Mahan	Lake Lanier	
5	07:31.9	J. Peeples	UGA	
6	07:32.7	J. Marshall	Georgia State	

Event 17: Women's Coxswain Dash

Place	Time	Name	Team	Points
1	01:53.3	J. Torhan	Georgia State	3
2	01:56.8	D. Orquiola	UGA	2
2	01:56.8	W. Ball	Georgia State	2
4	02:06.5	A. Fabricius	Georgia State	
5	02:22.2	B. Boyette	UGA	
6	03:14.6	I. Castro	Unaffiliated	

Event 18: Men's Coxswain Dash

Place	Time	Name	Team	Points
1	01:34.4	C. Porter	Georgia State	3
2	01:43.8	K. Batol	Georgia Tech	2
3	01:50.4	A. Sharma	Georgia State	1

Event 19: Men's Relay

Place	Time	Team	Points
1	05:58.0	Georgia State	3
2	06:12.9	CrossFit A	2
3	06:30.6	Lake Lanier A	1
4	06:43.6	Lake Lanier B	
5	06:57.6	CrossFit B	

Event 20: Women's Relay

Place	Time	Team	Points
1	07:31.6	Georgia State	3
2	07:43.7	Lake Lanier	2

Event 21: Mixed Relay

Place	Time	Team	Points
1	06:36.5	GA State A	3
2	06:43.0	UGA A	2
3	06:46.1	GA State B	1
4	06:50.1	CrossFit	
5	06:59.9	GA State C	
6	07:07.1	UGA B	
7	07:12.6	GA State D	
8	07:18.1	UGA C	
9	07:27.8	LLRC	

Collegiate Points Totals

Place	University	Total Points
1	Georgia State	37
2	UGA	22
3	Georgia Tech	11