



The Head of the Niagara & Wright Regatta October 11, 2015

The West Side Rowing Club and Fontana Boathouse would be thrilled to have you attend the 2015 Head of the Niagara and Wright Regatta on October 11, 2015! Traditionally 2 separate events, this combined regatta will feature events for youth, masters and recreational rowers!

The Head of the Niagara & Wright Regatta (HNWR) will take place on 2.5 miles of the historic Black Rock Canal in Buffalo, NY. The Coaches & Coxswain meeting will begin at 8am followed by the first race at 9am. All events will be electronically timed and all Masters results will have age appropriate handicaps applied.

All entries must be submitted via Regatta Central by October 5, 2015. If you have any questions, comments or concerns, please contact Miles Schwartz (mschwartz@wsrc.org, 716-881-9797).

We look forward to seeing you and all of your crews this October for a great day of competitive racing here in Buffalo!

Regatta Rules: Course:

The HNWR is rowed over 2.5 miles of the Black Rock Canal. Crews will row under two bridges during the race and finish at the finish line across from the boathouse. There will be a no passing under the Ferry Street Lift Bridge, which is the first bridge crews will go through.

There will be a slight head current on the course, as crews will be racing from north to south along the Canal. Wind speed and direction will be determined on the day of the race.

The course may be shortened to finish in front of the West Side Rowing Club if water conditions create unsafe rowing conditions on the lower section of the course.

Launch Site:

- All crews will launch from the docks located at the West Side

Rowing Club. Crews will be called to the water no more than 45 minutes prior to the start of the event.

- All crews must launch with bows pointed towards the Canal.
- There will be a 60-second limit for all crews on the dock. The dock master will have the authority to impose penalties for excessive time on the dock.
- When you leave the dock, crew must stay to the east side (City side) of the Canal as they make their way to the start. Crews that interfere with racing boats on their way to the start will be assessed a penalty. No crew on their way to the start should proceed through the Ferry Street Lift Bridge until the Marshall on the water clears them to do so.

Starting Area:

- All crews must be in the marshaling area at least 10 minutes prior to the start of the event.
- Boats will be started in order of their bow numbers at approximately 15-second intervals.
- Boats arriving late to the start may lose their starting position or be excluded from the event at the discretion of the Starting Line Official.

Passing on the Race Course:

- A crew is deemed to be overtaking another crew when it has moved to within one length of open water of the crew ahead. On those portions of the course that are straight, a crew being overtaken shall move to the right and allow the overtaking crew to pass. Where the course turns, a crew being overtaken shall move to the outside of the turn and allow the overtaking crew to pass on the shorter path. 2011 Rules of Rowing, Article VIII.b
- There is a no passing zone underneath the Ferry Street Lift Bridge.
- Any violation of the passing rules will result in a 30 second penalty. Buoys on the Race Course:
- A detailed course map is available here: Course Map. Finish Area:
- All races will conclude at the last set of buoys in the Canal*
- There will be an official launch tied to a buoy that will use an air horn to signal the finish of the race. The horn will sound once for each crew crossing the line.

- Once crews have crossed the finish line, they must keep rowing until they reach the end of the break wall. Once crews have reached that point, they must turn to their port (towards the park) and begin rowing back towards the boathouse. All crews must stay between the park wall and the red buoys when returning to the docks. Crews that enter the racecourse and interfere with racing boats will be given a 30-second penalty.
- *The Finish is in front of the West Side Rowing Club

Return Dock:

- All crews will be returning to the Fontana Boathouse docks.
- There is a 60-second time limit on the dock.
- It is suggested that all coaches have the athletes shoes stored near the return dock and additional athletes to help clear the oars from the return dock area as crews come in.

Lightweights:

- Lightweight Men: Max of 155 lbs.
- Lightweight Women: Max of 135 lbs.
- The honor rule will be imposed for all lightweight events. No weigh-ins will take place at this regatta. Definition of Categories:
- Youth Varsity Events: Competitors are all currently enrolled in a high school or secondary school.
- **Freshman/Novice Events:** Competitors must be in their first season of competitive rowing or in grade 9 or lower.

- 2nd Varsity Events: You must have a faster crew in the Youth events to have any entries in a 2nd varsity event.
- **Masters Event:** Competitors are over the age of 21 and have competed in at least 3 other regattas this calendar year.
- **Recreational Events:** Competitors are over the age 21 and have not competed in more than 3 events this calendar year. Recreational crews can be mixed crews of male and female athletes.
- Mixed Crews must be 50% male and 50% female. Hot Seating:
- Hot seating boats or rowers requires a minimum of 45 minutes separation, but is always done so at your own risk. We will not wait for your crew!
- All hot seating will take place at the Fontana Boathouse docks. Entry Information:
- All entries must be completed on Regatta Central and submitted no later than October 6, 2014.
- Entry Deadline: October 6, 2014
- 2 Boats constitute a race and must be from 2 different rowing clubs.
- Payment can be made on-line or on the day of the race via cash or check.

Race Registration:

- Registration packets will be available in the upstairs Boardroom of the West Side Rowing Club on the morning of the race. Each packet will contain bow numbers as well as back numbers and safety pins for each entry.
- Course maps and additional race information will also be included in the regatta packets.
- All entry fees must be paid in full before a program will receive their entry packet.

Event Parking:

- The main lot of the West Side Rowing Club will be reserved for trailer parking only.
- If you will be arriving with a trailer on Friday, please contact Miles Schwartz (716-881-9797) (mschwartz@wsrc.org) prior to your arrival to ensure a parking space.
- Additional parking information is available in LaSalle Park and Front Park. There will be a shuttle bus running between these locations throughout the day. Contingency Plan:
- In the event of unrowable water on race day:
- We will run as many of the races as possible with changes to the race order only if necessary. Should it become clear that we cannot get all of the races in we may change the order of events to make sure the higher events are run.
- Race day can/will be extended until 4pm if there is a possibility the water will become rowable.
- o The course will be shortened if necessary so that races would finish in front of the West Side Rowing Club.

Awards: - Custom designed awards will be awarded to first place crews.

Order of Events:

- The Coaches and Coxswain Meeting will begin at 8am.
- The first race will begin at 9:00am
- The event order will be:

Event # | Event

- 1. Youth Mens Freshman / Novice 8
- 2. Youth Womens Freshman / Novice 8
- 3. Youth Mens 2V 4+
- 4. Youth Womens 2V 4+
- 5. Youth Mens 1V 2x
- 6. Youth Womens 1V 2x
- 7. Masters Men 4+
- 8. Masters Women 4+
- 9. Mixed 8
- 10. Youth Mens 1V 4+
- 11. Youth Womens 1V 4+
- 12. Masters Men 1x
- 13. Masters Women 1x

- 14. Mens Open 4+
- 15. Womens Open 4+
- 16. Youth Mens Freshman / Novice 4+
- 17. Youth Womens Freshman / Novice 4+
- 18. Masters Men 4x
- 19. Master Women 4x
- 20. Youth Mens 1 V Lightweight 8
- 21. Youth Womens 1V Lightweight 8
- 22. Youth Mens 2V 8
- 23. Youth Womens 2V 8
- 24. Masters Men 2x
- 25. Masters Women 2x
- 26. Youth Mens 1V 4x
- 27. Youth Womens 1V 4x
- 28. Masters Men 8
- 29. Masters Women 8
- 30. Youth Mens 1V 8
- 31. Youth Womens 1V 8
- 32. Mens Open 8
- 33. Womens Open 8

Hotels:

Holiday Inn 620 Delaware Ave. Buffalo, NY 14201 716-886-2121

Best Western Inn – Inn on the Avenue 510 Delaware Ave. Buffalo, NY 14201 716-886-8333

Hyatt Regency 2 Fountain Plaza Buffalo, NY 14202 716-856-1234

Adams Mark Hotel 120 Church St. Buffalo, NY 14202 716-845-5100

Comfort Suites – Downtown 601 Main St. Buffalo, NY 14203 716-854-5500