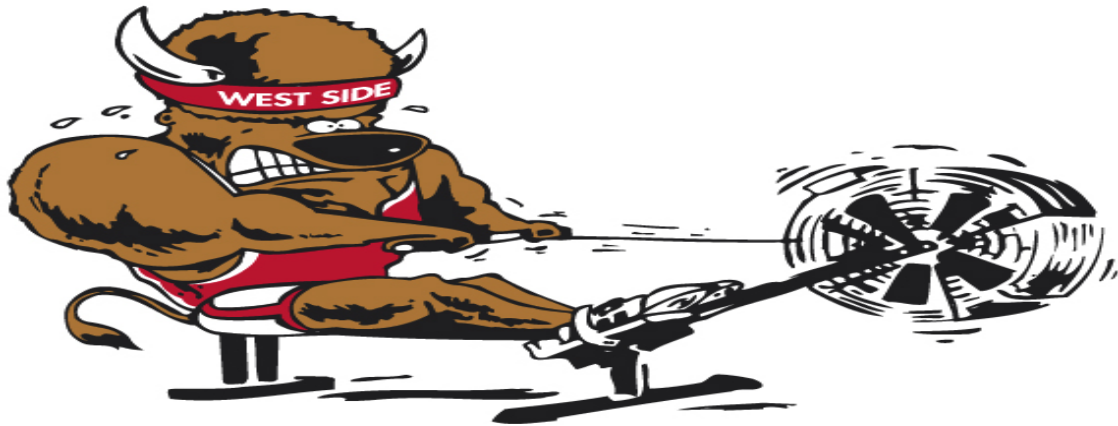


# *Shuffle Off to Buffalo*



**January 28, 2017  
9am @ The Town Ballroom  
West Side Rowing Club  
Buffalo, NY**

The West Side Rowing Club would like to invite you to compete in The 2017 Shuffle Off to Buffalo! This indoor rowing event will be held on Saturday January 28, 2017 at the West Side Rowing Club. Events for all ages and skill levels will be offered. Races will be 2,000 meters for competitive Masters, Open, Under 19 and Under 17 events. There will also be 500-meter dash events for coxswain and modified rowers (6<sup>th</sup> – 8<sup>th</sup> grade).

The entry deadline for the 2017 Shuffle Off to Buffalo is January 22.

The preliminary schedule will be released on Wednesday. Late entries will be accepted until January 25<sup>th</sup>. Day of event registration will open at 8am.

Entry Fees for the Shuffle Off to Buffalo will be \$15 per athlete. Late entries will be \$25 per athlete. Cash or check made payable to "The West Side Rowing Club" will be accepted. All fees are in American funds and Canadian money will be accepted at par.

1<sup>st</sup> place will receive the famous Shuffle Off to Buffalo ceramic tile.

The list of events for the Shuffle Off to Buffalo will be:

Event #	Event	Event Description
1	Masters Women	Female athletes over the age of 21. Times will be handicapped by age category.
2	Masters Men	Male athletes over the age of 21. Times will be handicapped by age category.
3	Open Lightweight Women	Female athletes 19 & up and are 135lbs or less.
4	Open Women	Female athletes 19 & up
5	Open Lightweight Men	Male athletes 19 & up and are 155lbs or less
6	Open Men	Female athletes 19 & up
7	Youth Novice Women	Female athletes that began training with a competitive program after August 1, 2016.
8	U17 Lightweight Women	Female athletes who do not reach the age of 17 in 2017 and are 135lbs or less.*
9	U19 Lightweight Women	Female athletes who do not reach the age of 19 in 2017 and 135lbs or less.*
10	U17 Women	Female athletes who do not reach the age of 17 in 2017.
11	U19 Women	Female athletes who do not reach the age of 19 in 2017.
12	Womens Coxswain 500-meter Dash	Female athletes 115lbs or less*
13	Youth Novice Men	Male athletes that began training with a competitive program after August 1, 2016.
14	U17 Lightweight Men	Male athletes who do not reach the age of 17 in 2017 & are 155lbs or less*
15	U19 Lightweight Men	Male athletes who do not reach the age of 19 in 2017 & are 155lbs or less. *
16	U17 Men	Male athletes who do not reach the age of 17 in 2017
17	U19 Men	Male athletes who do not reach the age of 19 in 2017
18	Mens Coxswain 500-meter Dash	Male athletes 121lbs or less*
19	Modified Womens 500-meter Dash	Female athletes in grade 6-8 with no competitive experience
20	Modified Mens 500-meter Dash	Male athletes in grade 6-8 with no competitive experience

\* Top 5 lightweights and coxswains will be weighed in at the conclusion of their respective events if challenged by an other program.