

# 2013 2013 Row for the Cure -Poughkeepsie

## Heat Sheet for Sunday, Jun 2

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
01a	06:45 AM	Mens Open 1x Flight 1	<b>Poughkeepsie HS A</b> (D. Perusko)	<b>Friends of Albany Rowing A</b> (R. Luliano)	<b>Avalon A</b> (T. Campbell)	<b>Roosevelt A</b> (A. Burkhardt)	<b>Orange County Rowing</b> (J. Santiago)	<b>Unaffiliated</b> (D. Olson)		
01b	07:00 AM	Mens Open 1x Flight 2	<b>Hudson River Rowing</b> (C. Toscano)	<b>Avalon B</b> (R. Gillis)	<b>Roosevelt B</b> (B. Leyva)	<b>Poughkeepsie HS B</b> (H. Woehike)	<b>Friends of Albany Rowing B</b> (P. Sidorenko)			
02a	07:15 AM	Womens Open 2x Flight	<b>Poughkeepsie HS B</b> (J. Rigothi)	<b>Avalon A</b> (S. O'Connor)	<b>Roosevelt A</b> (C. Guercio)	<b>Poughkeepsie HS A</b> (B. Felton)	<b>Avalon B</b> (M. Bers)	<b>Poughkeepsie HS C</b> (B. Schneck)	<b>Roosevelt B</b> (B. Burkhardt)	<b>Poughkeepsie HS D</b> (M. Lewis)
03	07:30 AM	Mens HS Novice 8+ Final	<b>Wappingers A</b>	<b>Roosevelt</b>	<b>Mountain Lakes Crew</b>	<b>Hudson River Rowing</b>	<b>Arlington</b>	<b>Poughkeepsie HS</b>	<b>Spackenkill</b>	<b>Wappingers B</b>
04	07:45 AM	Womens HS Novice 8+ Final	<b>Arlington A</b>	<b>Roosevelt</b>	<b>O'Neill</b>	<b>Poughkeepsie HS</b>	<b>Wappingers</b>	<b>Spackenkill</b>	<b>Rhinebeck</b>	<b>Arlington B</b>
05	08:00 AM	Womens Open 8+ Final	<b>Avalon A</b>	<b>Friends of Port Rowing</b>	<b>Avalon B</b>	<b>Hudson River Rowing</b>				
07a	08:15 AM	Mens Open 2x Flight		<b>Poughkeepsie HS A</b>	<b>Avalon</b>	<b>Hudson River Rowing</b>	<b>Poughkeepsie HS B</b>	<b>Friends of Albany Rowing</b>		
08a	08:30 AM	Mens HS Varsity 4+ Flight 1	<b>Arlington A</b>	<b>Hudson River Rowing A</b>	<b>Mountain Lakes Crew A</b>	<b>Roosevelt B</b>	<b>Spackenkill A</b>	<b>Rhinebeck</b>	<b>Wappingers A</b>	

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08b	08:45 AM	Mens HS Varsity 4+ Flight 2	Mountain Lakes Crew B	Wappingers B	Arlington B	Hudson River Rowing B	Spackenkill B	Roosevelt C	Wappingers C	Arlington C
09a	09:00 AM	Womens HS Varsity 4+ Flight 1	Roosevelt A	Mountain Lakes Crew	Arlington A	Hudson River Rowing A	Poughkeepsie HS	Spackenkill	Rhinebeck	
09b	09:15 AM	Womens HS Varsity 4+ Flight 2	Hudson River Rowing B	Arlington B	Hudson River Rowing C	Roosevelt B	Hudson River Rowing D	Arlington C		
10a	09:30 AM	Mens HS Varsity 8+ Flight 1	Wappingers A	Arlington	Hudson River Rowing A	Mountain Lakes Crew A	Roosevelt	Spackenkill		
10b	09:45 AM	Mens HS Varsity 8+ Flight 2	Mountain Lakes Crew B	Hudson River Rowing B	O'Neill	Rhinebeck	Wappingers B			
11a	10:00 AM	Womens HS Varsity 8+ Flight 1	Poughkeepsie HS A	Spackenkill	Wappingers A	Hudson River Rowing	O'Neill	Arlington A	Mountain Lakes Crew	
11b	10:15 AM	Womens HS Varsity 8+ Flight 2	Arlington B	Roosevelt	Poughkeepsie HS B	Rhinebeck	Wappingers B			
12	10:30 AM	Mixed Open 8+ Final	Hudson River Rowing A	Friends of Port Rowing	Hudson River Rowing B	Mid Hudson Rowing	Avalon			
13	10:45 AM	Mixed HS Novice 8+ Final	Stillwater Rowing Club	Poughkeepsie HS A	Wappingers A	Spackenkill	Mountain Lakes Crew	Poughkeepsie HS B	Hudson River Rowing	Wappingers B
14a	11:00 AM	Mixed HS Varsity 8+ Flight 1	Wappingers A	Arlington A	Roosevelt	Mountain Lakes Crew	Spackenkill A			
14b	11:15 AM	Mixed HS Varsity 8+ Flight 2	Hudson River Rowing	Spackenkill B	Arlington B	Wappingers B	Rhinebeck			

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15	11:30 AM	Womens Open 4+ Final	Avalon A	Friends of Port Rowing A	Hudson River Rowing A	Avalon B	Friends of Port Rowing B	Hudson River Rowing B	Avalon C	
16	11:45 AM	Coaches vs. Teams 4+ Final			Arlington	Rhinebeck				
17	12:00 PM	Mixed Alumni 4+ Final	Wappingers C	Spackenkill	Wappingers A	Binghamton	Wappingers B			
18	12:15 PM	Mens Open 4+ Final		Hudson River Rowing	Avalon	Roosevelt				