



2019 RFTC - Poughkeepsie

Heat Sheet for Sunday, Jun 2

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
1a	06:30 AM	Mens HS 1x Flight	Shaker (H. Benton)	CortlandtComm unityRowing (N. McNatty)	Shaker (E. Ji)	Pine Plains Bombers (J. Hambleton)	Hudson River (M. Carr)	Orange County (A. Hoff)	
2a	06:40 AM	Womens HS 2x Flight	Roosevelt HS (M. Hummel)	Arlington (S. Cassidy)	Poughkeepsie A (K. Cwik)	Shaker A (T. Bryan)	Poughkeepsie B (M. Chau)	Shaker B (A. Luks)	Poughkeepsie C (C. Simmons)
3a	06:50 AM	Womens HS Novice 8+ Flight	Poughkeepsie (P. Campbell)	Roosevelt HS C (L. Williams)	Roosevelt HS A (A. Overton)	Wappingers Crew Club (O. Nguyen)	Roosevelt HS B (A. Leonardo)		
4a	07:00 AM	Mens HS Varsity 4+ Flight 1	Our Lady of Lourdes B (M. Deschenes)	Wappingers Crew Club A (R. Gee)	Rhinebeck A (c. cantine)	Arlington A (L. Spagnoli)	Shaker (N. Rotolo)	Roosevelt HS A (D. Schmitt)	Wappingers Crew Club B (A. Smart)
4b	07:10 AM	Mens HS Varsity 4+ Flight 2	Our Lady of Lourdes A (A. Perpetua)	Roosevelt HS B (A. Knaster)	Spackenkill (B. Davis)	Poughkeepsie (J. Hernandez)	Arlington B (B. Skeels)	Rhinebeck B (J. Jackson)	ONeill A (E. Learey)
4c	07:20 AM	Mens HS Varsity 4+ Flight 3	ONeill B (I. Wooten)	Arlington C (M. Drumm)	Newburgh Free Academy (C. Cosgrove)	Wappingers Crew Club C (M. Reilly)	CortlandtComm unityRowing (J. Calvert)	Orange County (A. Hoff)	
5a	07:30 AM	Womens HS Varsity 8+ Flight 1	Poughkeepsie A (N. Morales)	Roosevelt HS A (L. Babcock)	Arlington (J. Burghardt)	Rhinebeck (M. Palastra)	Wappingers Crew Club (J. Miller)		
5b	07:40 AM	Womens HS Varsity 8+ Flight 2	Roosevelt HS B (M. Hummel)	Poughkeepsie B (C. Simmons)	Spackenkill (H. Ullinger)	CortlandtComm unityRowing (M. French)			
6a	07:50 AM	Womens Masters 4+ Flight	Arlington (K. Tracy)	Roosevelt HS A (E. Palmer)	Oswego State (R. Mannino)	Hudson River (H. Rausch)	CortlandtComm unityRowing B (A. Rosenberg)	Roosevelt HS B (S. Caprioli)	CortlandtComm unityRowing A (D. Morgan)

#	Race	Race Name	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
7a	08:00 AM	Mens Masters 4+ Flight	Hudson River (B. Noble)	CortlandtComm unityRowing (M. Levy)	Oswego State (N. Stepien)	Spackenkill (M. Rignanese)			
8a	08:10 AM	Womens HS 1x Flight	Shaker (Z. Ma)	Our Lady of Lourdes (A. Fischer)	Arlington (S. Wendling)	Pine Plains Bombers (B. Moody)	Arlington (J. Gaughan)		
9a	08:20 AM	Mens HS 2x Flight	Spackenkill (B. Ackerman)	Orange County B (R. Sanchez)	Shaker A (S. Puri)	Poughkeepsie B (R. Santiago- Ventura)	Orange County A (T. Noe)	Poughkeepsie A (M. Morales)	Shaker B (A. Pelon)
	08:30 AM	Break							
10a	08:40 AM	Mens HS Novice 8+ Flight			Roosevelt HS (A. Knaster)	Wappingers Crew Club (R. Zaramba)			
11a	08:50 AM	Mens HS Varsity 8+ Flight 1	Arlington (J. Gasparini)	Wappingers Crew Club C (M. Reilly)	Poughkeepsie (J. Hernandez)	Rhinebeck (c. cantine)	CortlandtComm unityRowing A (B. McGuigan)		
11b	09:00 AM	Mens HS Varsity 8+ Flight 2	Our Lady of Lourdes (A. Segreti)	Wappingers Crew Club A (D. Sweeney)	Orange County (A. Hoff)	CortlandtComm unityRowing B (R. Roksvold)	Wappingers Crew Club B (R. Gee)		
12a	09:10 AM	Womens HS Varsity 4+ Flight 1	ONeill A (G. Learey)	CortlandtComm unityRowing B (S. Brizzi)	Roosevelt HS B (L. Babcock)	Rhinebeck A (M. Palastra)	Wappingers Crew Club B (J. Thomes)	Arlington B (H. Efron)	
12b	09:20 AM	Womens HS Varsity 4+ Flight 2	CortlandtComm unityRowing A (C. Adams)	Roosevelt HS A (M. Cowles)	Wappingers Crew Club A (E. Nelson)	Newburgh Free Academy (L. Catala)	Arlington A (K. Hagerty)	Our Lady of Lourdes (O. DiPalermo)	
12c	09:30 AM	Womens HS Varsity 4+ Flight 3	CortlandtComm unityRowing C (A. Bromley)	Rhinebeck B (A. Lawson)	ONeill B (G. Doherty)	Shaker (M. Peterson)	Spackenkill (H. Ullinger)		
13a	09:40 AM	Mixed Masters 8+ Flight		Hudson River (P. Sutton)	Roosevelt HS (R. Beckmann)	CortlandtComm unityRowing (C. Jaeger)			
	09:50 AM	Break							

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14a	10:00 AM	Mixed HS Varsity 8+ Flight 1	Arlington A (J. Gasparini)	Roosevelt HS A (A. Fakhouri)	Our Lady of Lourdes A (O. DiPalermo)	Wappingers Crew Club A (J. Miller)	Rhinebeck A (M. Palastra)	Shaker (T. Bryan)	
14b	10:10 AM	Mixed HS Varsity 8+ Flight 2	Wappingers Crew Club B (O. Nguyen)	Hudson River (A. Hicks)	Arlington B (K. Castillo)	Rhinebeck B (H. Fleming)	Roosevelt HS B (C. Heslin)	ONEILL (E. Learey)	
14c	10:20 AM	Mixed HS Varsity 8+ Flight 3	Wappingers Crew Club C (M. Reilly)	Poughkeepsie (M. Morales)	CortlandtCommunityRowing (C. Brown)	Our Lady of Lourdes C (M. Deschenes)	Our Lady of Lourdes B (E. Lyons)	Rhinebeck C (E. Raccuia)	
15a	10:30 AM	Mixed Open 4+ Flight 1	Spackenkill A (B. Ackerman)	ONEILL (M. Sundahl)	Hudson River A (L. Aber)	Shaker (O. Merolle)	CortlandtCommunityRowing (C. Jaeger)		
15b	10:40 AM	Mixed Open 4+ Flight 2	Hudson River A (R. Humphrey)	Spackenkill B (P. McReynolds)	Oswego State (A. Donaghey)	Rhinebeck (G. Lamprou)			
16a	10:50 AM	Womens Masters 8+ Flight			Saugatuck (K. Wilson)	Hudson River (H. Rausch)			