

BC Championships Challenge/West Regatta

July 12-14, 2019

Victoria City Rowing Club (VCRC) Elk Lake, Victoria

Important Dates and Deadlines

May 27	Registration Opens
July 2 Noon (PDT)	Entry Deadline. *Scratch fees and late fees apply after this date
July 5	Preliminary Regatta Schedule posted
July 9 Noon (PDT)	Deadline for Late Entries (double the regular fee)
July 11	Updated Regatta Schedule and Draw Posted
July 12 9 am	Payment deadline

**no scratch fee will be charged if scratch is necessary because of scheduling conflict created by elimination of events or placement of heats*

VCRC's goal is to run an athlete-centered regatta that provides Junior, Senior and Masters athletes with good racing opportunities in a friendly, relaxed atmosphere. The Regatta Committee and Umpires work together to ensure that decisions are made on the basis of fairness and safety, asking always: *"What is in the best interest of athletes?"*.

Contact: Please direct all inquires to vcrcregattas@gmail.com

Racing Information

All information and updates will be posted on [VCRC Website \(www.vcrc.bc.ca\)](http://www.vcrc.bc.ca) and RegattaCentral.

Eligibility

The regatta is open to any registered member of an RCA rowing club. Competitors from outside Canada must be members of a rowing club which is a member of a National Rowing Federation recognized by FISA.

Classification

*U15 (Jr C)	14 or under as of Dec. 31 of the current year
*U17 (Jr B)	16 or under as of Dec. 31 of the current year
*U19 (Jr A)	18 or under as of Dec. 31 of the current year
U23	22 or under as of Dec. 31 of the current year
OPEN	no age class
**JV	Junior Varsity

**VCRC supports RCA's Long Term Athlete Development plan which recognizes that children develop physically at different rates. Junior athletes may race one year down from their birth year, even if this places them in a different age class. This is to allow children who are "late developers" physically to train and race with athletes of similar developmental age. (Often these athletes are in lower grade than their birth year peers.) This exception is not intended for athletes who are simply less experienced or skillful. The JV category is intended to accommodate differences in skill level or speed.*

****Junior Varsity:** A JV category for some Junior boat classes allows athletes to get meaningful races by competing against boats of



similar speed. The Regatta Committee encourages coaches to enter athletes in the category they think will provide the best race experience for their athletes. **You CANNOT enter an athlete in both JV and Varsity for the same event.** An athlete may race JV in one event and Varsity in a separate event.

Lwt W Lightweight Women - maximum weight 59 kg
 Lwt M Lightweight Men - maximum weight 72.5 kg

There is no weight average for a crew. All rowers in a lightweight crew must be at or under the maximum weight.

Lightweight athletes must weigh-in on the day of their event.

****MASTER	AA	age 21-26	E	age 55-59	J	age 80 or over
	A	age 27-35	F	age 60-64		
	B	age 36-42	G	age 65-69	****	Crew boats use average age
	C	age 43-49	H	age 70-74		
	D	age 50-54	I	age 75-79		

No current members of any nation's National Team may compete as a Master.
 Coxswains are excluded from the age restriction and from calculation of average crew age.
 Master athletes (age 21 and over) may compete in both OPEN and MASTER events.

MIXED: Equal number of both genders (excluding the non-gender specific coxswain).

NOVICE: Athletes in their first two years of rowing, based on first year of registration in RCA WebReg. Novice races are 1000m

*** All fees from the Family 2x and Dynasty 4xs support the VCRC Junior athletes travelling to regattas outside the Capital Regional District, including Junior National Team trials, Junior Worlds, and Royal Canadian Henley Regatta.

Regatta Events

U15	W/M	2X
U15	W/M	4X
U17	W/M	1X, 2X, 4X
U17 - JV	W/M	2X, 4X
U19	W/M	1X, 2X, 4X, 2-, 4+
U19 - JV	W/M	1X, 2X, 4X
U23	W/M	1X, 2X, 2-
U23	Lwt W	1X, 2X
U23	LM	1X, 2X, 2-
OPEN	W/M	1X, 2X, 4X, 2-, 4-
OPEN	Lwt W	1X, 2X
OPEN	Lwt M	1X, 2X, 2-
OPEN	W/M	8+ *
PARA	W/M	1x
NOVICE	W/M	2X
NOVICE	Mixed	2X, 4X
MASTER	W/M	1X, 2X, 4X
MASTER	Mixed	2X, 4X

*LOC reserves the right to make a separate event for juniors, seniors and masters should entries warrant it. This breakout will appear in the preliminary schedule and all affected coaches will be notified.



Special Events

Registration for the following events will be accepted at the Registration table only up until noon on the day of the event.

Minimum 3 entries per event; Regatta Committee reserves the right to cap the number of entries.

FAMILY 2x	2X (500m)	(2 members of same family)
DYNASTY QUAD	4x (500m)	(at least 3 rowers from one family)

Progression System

Three (3) or more entries are required to run an event and award medals. Events with fewer than 3 entries may be combined. Where Master events have to be combined (i.e. when there are fewer than 3 entries per age category), handicaps will be applied.

1. TIME TRIALS (TT)

The following events will be grouped by boat class. Athletes will race a time trial, with the top 12 progressing to 2 semi-finals and then to Finals A and B. The remainder will progress to Finals C, D, E, etc.. The first **16 spots** in each group will be seeded. The remaining boats will be seeded randomly. **Please enter a seeding time (2k water time) in the space provided on the entry form.** We understand that not all crews will have an accurate 2k water time. Please provide your best estimate. The seeding will be reviewed by a panel to correct any obvious misseedings and to ensure fair racing for all. The decision of the seeding review panel is final.

The intent of the time trial progression system is to create high quality, meaningful races for all competitors, based on boat speed rather than age. Medals are awarded for 1st, 2nd and 3rd place in the group (e.g., W1x), as well as in each category (e.g., U19 W1x). For example, if the top U19 woman places 3rd in Group 2 (W1x), she would be awarded 3rd place overall and 1st place in the U19 1x. Final placing by event is based on ranking not on times. For example, if U19 athlete "Jones" places 6th in Final A in a time of 7:30 and U19 athlete "Smith" places 1st in Final B in a time of 7:25, Jones is ranked higher and so is declared the winner of the U19 1x .

Group 1 Mens 2x	(U23, Open, U23 Lwt, Open Lwt)
Group 2 Womens 2-	(U19, U23, Open)
Group 3 Womens 1x	(U19,U23, Open, U23 Lwt, Open Lwt)
Group 4 Womens 2x	(U23, Open, U23 Lwt, Open Lwt)
Group 5 Mens 2-	(U19, U23, Open, U23 Lwt, Open Lwt)
Group 6 Mens 1x	(U19, U23, Open, U23 Lwt, Open Lwt)

The Time Trial will be run on the morning of the scheduled finals for that group.

If there are more than 12 entries in an event, the top 12 boats in each time trial will progress to 2 Semi-Finals, and thus to Finals A and B. The other boats will progress to Finals C, D, E etc. The regatta committee reserves the right to cap the number of finals and to make 7 boat finals if necessary (e.g., to avoid 2 boat finals). If you are not able to stay for the event finals, you can race exhibition and your time will be recorded, however you will not be seeded into a final. If you scratch or do not show up for your final you will be assessed a \$30 scratch fee.

Athletes may only enter ONE time trial event each day.

Instructions on how time trials will be run will be posted on [RegattaCentral](#).

2. HEATS/SEMI-FINALS

For all other events, heats and semi-finals will be used to progress to Finals.

Race Schedule (Expected)

Friday	10:00 am – 7 pm
Saturday	6:30 am – 7 pm
Sunday	6:30 am – 3 pm

Exact race times will be published in the race schedules and the draw, once the draw is complete. We recommend checking the 2018 race schedule for approximate race times. <https://www.vcrc.bc.ca/regattas-and-events/vcrc-regattas/bc-championships-challenge-west>

Flow of Events



Timing of Semi Finals: Scheduling of Semi Finals (for events that require them) will be determined as part of the Preliminary Schedule; they will be held either the same day as the Heats or the same day as the Final.

Friday: Friday Heats, Saturday heats, Friday Finals, (Saturday Semi-Finals- tentative)

Saturday: Time Trials, Sunday Heats, TT Finals (C,B,A Finals in each event followed by E-H), Saturday Finals

Sunday: Time Trials, (Sunday Semi-Finals- tentative, Sunday Finals, TT Finals (C,B,A Finals in each event, followed by E-H)

The final race schedule will depend on the number of entries in each event. The Preliminary Schedule will be posted July 5.

Training Times on the course

The course will be open for practice 7:00 am Friday and will close 1 hr hour before the first race. Coaches are asked to provide Safety Boat coverage (please see the Safety Co-ordinator or VCRC Club Manager, Brenda Taylor).

The race course will be open for practice for 1 hr following the last race on Friday and Saturday.

The race course will **not** be open for training on Saturday or Sunday morning.

Coaches/Coxswains Meeting

One hour before first scheduled race/time trial on Friday and Saturday.

Weigh Ins

Scales will be open 90 minutes before the first scheduled race/ time trial on each day and will close 30 minutes prior to the start of the first scheduled race/time trial each day. Lightweight athletes must weigh-in on the day of their event.

Coxswains are required to weigh in. Weigh in will open 2.5 hours before the first coxed event of each day and close 1 hour before (as per the RCA Rules of Racing).

Race Course

Six lanes with four lines of buoys (i.e. 2 boats will race between each line of buoys). The finish line will be in the same place for all events. PLEASE consult the course and traffic flow maps (posted on [RegattaCentral](#), the [VCRC Website](#) and at the boathouse) before launching. Crews deviating from the designated flow pattern will receive a yellow card.

Race Distances

Junior, U23 and Open :1850m, Master: 1000m, PARA: 1000m, Special Events (Dynasty 4x and Family 2x) 500m, Time Trials: 1750m,

Rules of Racing

Except where already noted [RCA Rules of Racing](#) will be applied during this regatta.

Entries

Registration Opens: Monday May 27, 2019

Register Online through [RegattaCentral](#). All entries must indicate crew complement. If you do not know crew composition during registration, please contact the Registrar vcregattas@gmail.com. **Please make sure your email address on the RegattaCentral account is valid and current so we can contact you if necessary.**

Entry deadline: Monday July 2, 2019, noon. NOTE: entries must be "submitted" in RegattaCentral in order to be considered entered by the deadline. Be sure to click the Submit button!

Late entries: Late entries will be accepted up until noon on Monday, July 9, providing there is lane space available. Late entry fee applies. Please contact vcregattas@gmail.com to make late entries.

Scratches:

Before noon July 2: submit via RegattaCentral. No scratch fee.

12:01pm July 2-12 noon July 11: complete Scratch form and submit to vcregattas@gmail.com. Scratch fee \$30/boat.

After 12 noon July 11: complete Scratch form and submit to regatta Registration desk on site. Scratch fee \$30/boat

Scratch fees must be paid at the time the scratch is made. We can accept cash, cheques etransfers and credit card payments onsite.



Fees

Entry fee (includes GST; RBC seat fees (\$3.50/seat) and RCA seat fees (\$3.25/seat) will be automatically added to your invoice in RegattaCentral).

1x: \$35

2x/2-: \$60

4x/4-/4+: \$110

8+: \$140

Family 2x: \$30

Dynasty 4x: \$60

Late entry fee: double the regular fee

Scratch fees* (after 12 noon July 2): \$30/boat. Scratch fees must be paid at the time the scratch is made. We can accept cash, cheques, e-transfers and credit card payments onsite.

This includes crews that scratch from or do not show for a FINAL. This fee is meant to reflect the effort involved in creating the draw and to respect other athletes whose races are affected by late scratches.

**Scratch fees are assessed at the discretion of the Registrar and typically will not be assessed if the scratch is necessary because of a scheduling conflict created by elimination of events or placement of heats.*

Masters Name change fee: \$20/occurrence

The name change fee may be waived if the athlete is being replaced for medical reasons (medical certificate may be requested at the discretion of the Registrar).

Bow Markers: Time Trial participants who fail to return their bow marker by noon on the day of the event will be assessed a \$10 (GST included) replacement fee.

Payment: Please pay fees electronically through RegattaCentral. (If you are not able to pay online, please contact vcrcregattas@vcrc.bc.ca to make alternative arrangements.) All payment must be received by RegattaCentral 9 am Friday July 12.

Cancellation: Fees will not be refunded in the event that races or the regatta as a whole is cancelled as a result of weather or other factors beyond the control of the organizing committee.

Regatta Site

Boat Storage

Boats may be stored on the grassy area behind the boathouse. Security will be on-site Thursday, Friday and Saturday nights.

Trailer Parking

Trailers must be parked in the designated areas, there is NO trailer parking in the main parking lots. Please contact Brenda Taylor in the VCRC office if you would like directions on where to park.

Security

There will be security on site Thursday, Friday and Saturday nights 8 pm-5 am.

Vehicle Parking

There are two parking lots at the regatta site available for vehicles other than trailers. Additional parking is available at the north end of the lake at Hamsterly Beach (Sayward Rd. exit off Pat Bay Highway), a 15 minute walk from the regatta site, or south of the lake at Jennings Lane (before Haliburton Rd) or at Beaver Lake, a 30 minute walk from the regatta site.

No vehicles may use or park on the gravel service road to the boathouse or in the motor boat launch area.

Parking on the Pat Bay Highway is not allowed. Be warned that vehicles parked on the Highway have a high risk of being towed and/or ticketed without warning by the Saanich Police.

Medical Services

First Aid will be available for on-site for emergencies.



Registration Table

Open Friday 9 am-6pm, Saturday 6 am-6pm, Sunday 6 am-end of racing.

All regatta information is available online. We will not be distributing regatta packages for each club. If you like hard copies, we suggest you print them before you come. There will be a limited number of printed draws and schedules available at the Registration desk.

Time Trials

Bow numbers for time trials **MUST** be picked up the **day before** the Time Trial event.

Sat. TT: Pick up bow markers before 7pm on Fri and return to registration desk by noon on Saturday.

Sun. TT: Pick up bow marker noon-5pm on Sat and return to registration desk before noon on Sunday.

Location

Victoria City Rowing Club is located at Eagle Beach on Elk Lake, adjacent to Pat Bay Highway (Hwy #17) in Victoria, BC. The club is a 15-minute drive north from Downtown Victoria, a 25-minute drive south from the Swartz Bay Ferry Terminal and a 15-minute drive south from the Victoria International Airport.

Special Notes:

- A 10 hp engine restriction will be in place and enforced during this regatta to minimize boat wake.
- VCRC is making an effort to reduce the amount of waste produced at the regatta. Please help us by using the designated recycling and composting bins and bringing your own reusable water bottle. Victoria tap water is great to drink!

Order of Events on next page!



Order of Events

*Indicates BC Championships events, for which 1st, 2nd and 3rd place will receive BC Championship medals. For other events, winners receive Challenge West medals, and 2nd and 3rd place receive ribbons.

Heats for Saturday Finals will be run on Friday. Heats for Sunday Finals will be run on Saturday. Scheduling of Semi-Finals (for events that require them) will be determined as part of the Preliminary Schedule.

Indicates events that will be seeded by Time Trial

Event#	Gender	Event	Boat	Event#	Gender	Event	Boat
Friday Finals				Sunday Finals			
1	MX	MA	2X	*G4	W	OPEN,U23, OPENLwt, U23Lwt	2X
2	M	U19 -JV	4x				
3	M	U15	4x				
4	W	U19	4+	*G5	M	OPEN,U23, OPENLwt, U23Lwt, U19	2-
5	MX	NOV MA	2X				
6	M	U17 JV	4X				
7	W	OPEN	4-				
8	W	15	2X	*G6	M	OPEN,U23, OPENLwt, U23Lwt, U19	1x
9	W	U17 JV	4x				
10	MX	MA	4X	29	M	U19 -JV	1X
11	M	OPEN	4-	30	W	U15	4X
Saturday Finals				31	M	U17 JV	2X
*G1	M	OPEN, U23, OPEN Lwt, U23Lwt	2X	32	W	U17	1X
*G2	W	OPEN, U23, U19	2-	33	W	MA	4X
*G3	W	OPEN,U23, OPEN Lwt, U23Lwt,U19	1x	*34	W	U19	2x
				*35	M	U17	2X
				36	M	MA	1X
				37	W	U19-JV	2X
12	MX	NOV MA	4X	38	W	OPEN	4X
13	W	U19 -JV	1X	39	M	U19	4+
14	W	U17 -JV	2X	40	M	NOV MA	2X
15	M	U17	1X	41	W	U17	4X
16	M	MA	4X	42	W	MA	2X
*17	M	U19	2X	*43	M	PARA	1x
*18	W	U17	2X	44	M	U19	4X
19	W	MA	1X	45	M	U15	2X
20	W	U19 -JV	4X	46	W	OPEN	8+
21	M	U19 -JV	2X	SPECIAL	M/W/MX	Family	2X
22	M	OPEN	4X				
23	W	NOV MA	2X				
24	M	U17	4X				
25	M	MA	2X				
*26	W	PARA	1x				
27	W	U19	4X				
28	M	OPEN	8+				
SPECIAL	M/W/MX	DYNASTY 4X					

