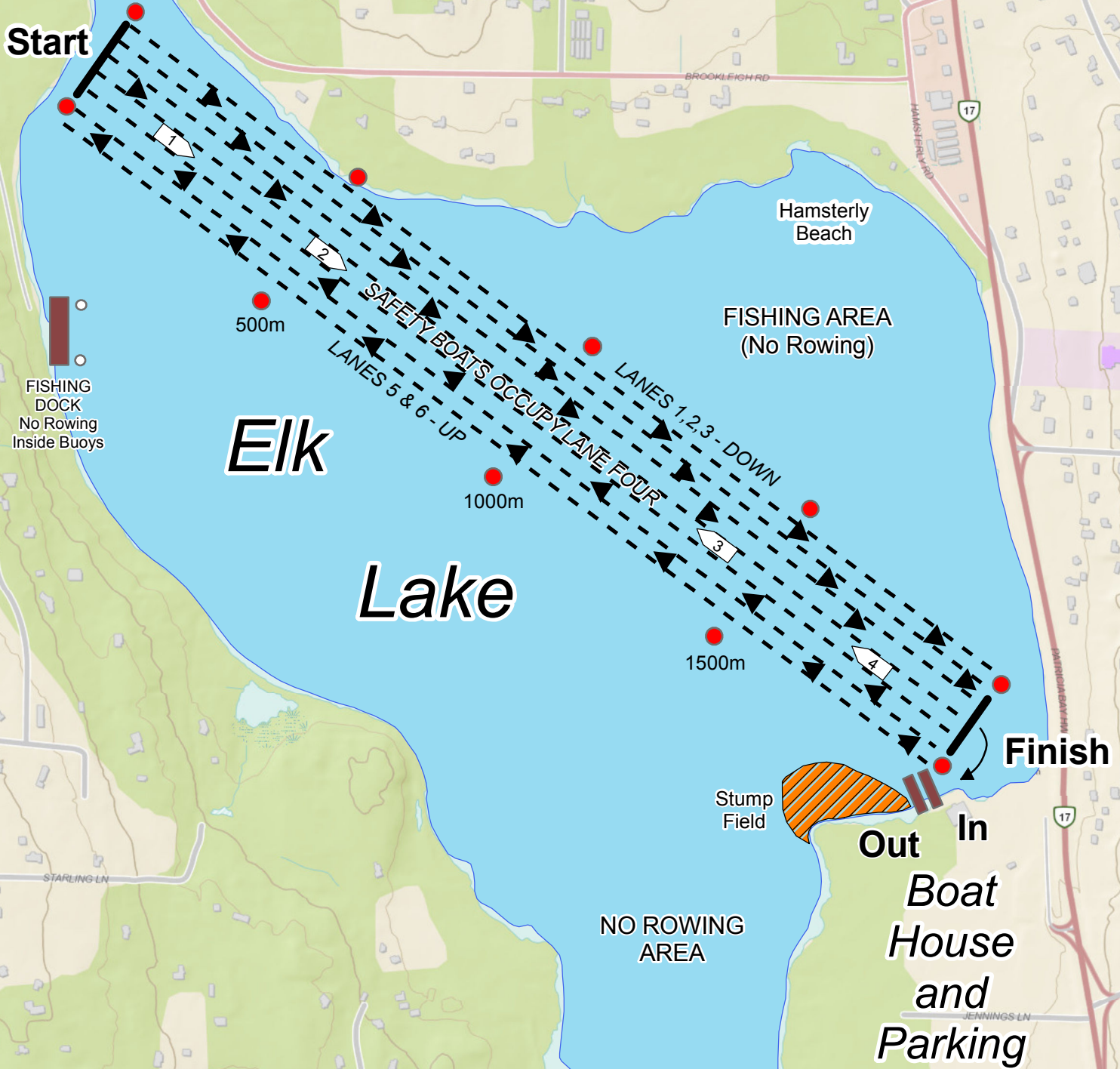


# Victoria Rowing Society 1850 Metre Course Training Flow Pattern



**Athletes are reminded to remain vigilant within the TRAINING FLOW AREA of other boats and familiarize yourself with this flow pattern prior to Lake training.**