

June 18, 2022 Race Package

Regatta site- 7730 Lochdale Rd Vernon BC

**Entries-** Entries will be accepted by 11.59 pm on Sunday June 11 Please contact Lisa George lisa@VRDBC.com for late entries.

Scratches- will be available until Thursday June 16.

Regatta entries- will be made through Regatta Central.

**Eligibility-** All athletes must be currently registered with their provincial association and RCA. American entries must be registered with USRA.

**Weather-** If races are cancelled due to the decision of the Head Umpire and the LOC as a result of inclement weather, there will be no rescheduling of these cancelled races.

**Coaches and Athletes meeting-**will take place at 8.45am- all coaches and athletes must attend. Malcolm Fletcher is the Head Umpire for this event and will be reviewing safety and procedures.

Launching- will commence at 9am for a 10am race start.

**Sprints**- sign up for the sprints will be done directly with VRDBC on the day of the event. Details will be included in the Race draw

Entry fee- \$40 including RCA/ RowBC seat fees

**Safety-** All boats with flexible shoes MUST be fitted with heel tie-downs. A proper bow-ball is required on ALL shells. Please ensure your crews have checked heel ties and they are set at the 7cm. There is no time for fixing these problems at check in and can delay launch of yours as well as other crews.

**COVID 19-** vaccination for participants is encouraged, though passports will not be checked; and masks are optional. Pease respect other's choices to mask up and social distance. It is critical that you don't attend the regatta or the regatta site if you are feeling sick.

**Bow Markers-** Will be provided by the Regatta organizers. ALL shells must be fitted with bow clips.

**Risk-** Competitors and crews participate in the races entirely at their own risk. The decision to race is that of the competing crew alone.

Neither Vernon Rowing and Dragon Boat Club, the Regatta Committee, nor its affiliates assume any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the event.

As participants and spectators please be guided by the rules of good sporting behaviour. Your safety and safety of others is paramount!