



# **National Invitational Rowing Championships**

May 8, 2016

Lake Quinsigamond  
Worcester, Massachusetts

*Hosted by the  
Quinsigamond Rowing Association*

## WELCOME

The USRowing Collegiate Division and the Quinsigamond Rowing Association (QRA) welcome all participants, coaches, oarsmen, oarswomen, and coxswains to the 24<sup>th</sup> Annual National Invitational Rowing Championships. Please find the enclosed regatta information and material pertinent to your participation in the Regatta on Sunday, May 8, 2016.

1. Listing of Participating Colleges
2. Schedule of Events
3. Notice on mandatory coxswains meetings
4. Formulas for awarding men's, women's and overall point trophies
5. Rowing Equipment Compliance Forms (May be completed and turned in on arrival at site)
6. Special Instructions for Coxswains and Coaches
7. Weigh-in procedure for coxswains
8. Regatta safety rules
9. Lane Assignments and alternative programs due to unfair weather conditions
10. Venue and Course Maps will be available by Thursday, April 28, 2016 at this link:  
<http://www.qra.org/pdf/RacingTraffic.pdf>

**WAIVER OF LIABILITY FORM:** All competitors are required to read and complete the USROWING Waiver located at <https://membership.usrowing.org/>

**All Athletes:**

1. Go to <https://membership.usrowing.org/>
2. Under the 'Individuals' box (left side of page) select 'join'
3. Enter athlete information (please ensure athletes enter the 'club code' provided to you by USRowing so he/she will be added to your roster)
4. Select 'search'

**New Athletes:**

1. If an athlete is new, he/she will automatically be directed to the next step (select 'Basic membership') and then follow steps to complete waiver/membership
2. Athletes will receive email confirmation when process complete

**Returning Athletes:**

1. Select 'login' next to your USRowing record (take note of your 'Member Number' as that is your 'username')
2. Complete login— if you do not have a password, select 'forgot password' and a reset link will be emailed to you
3. Once password is reset, login
4. Select a 'membership type' (most athletes only need the 'basic' free membership)
5. Complete member information and hit 'submit'
6. Follow steps to complete waiver process
7. Athletes will receive email confirmation when process complete

**ACCESS TO REGATTA POINT STATE PARK:** Park gates will open at 8:00 am Saturday and will be locked at 7:00 pm. All crews practicing on the course should be off the water by 6:30 PM. Park gates will open at 6:00 AM on Sunday. Trailers will not be allowed inside the park gates before Saturday morning.

**PARTICIPANT ACCIDENT INSURANCE:** Any participant must be covered by \$25,000 "Participant Accident Insurance" and/or one million dollar catastrophic insurance on behalf of each 'participant' and maintain the 'participant' accident insurance in effect at the time of any 'occurrence' giving rise to claim or 'suit' under this policy."

Thomas J. Sullivan  
Regatta Director

Gary R. Caldwell  
USRowing Collegiate Championships Commissioner

**COLLEGES AND UNIVERSITIES COMPETING IN THE 24<sup>th</sup> ANNUAL  
NATIONAL INVITATIONAL ROWING CHAMPIONSHIPS**

Bates College  
Boston College  
Bucknell University  
U.S. Coast Guard Academy  
Clark University  
Colby College  
Connecticut College  
Hamilton College  
Hobart College  
Ithaca College  
Marist College  
University of Massachusetts - Amherst  
University of Michigan  
Mount Holyoke College  
University of New Hampshire  
Rochester Institute of Technology  
St. Lawrence University  
Simmons College  
Skidmore College  
Smith College  
Trinity College  
Tufts University  
Washington College  
Wellesley College  
Wesleyan University  
Williams College  
William Smith College  
Worcester Polytechnic Institute

## 2016 NIRC Race Schedule (Subject to Change Upon Final Entry)

### Morning Program of Races:

Race:	Event:	Type:	Time:	Progression:
1	Women's Open Four	Heat	8:00	
2	Women's Open Four	Heat	8:10	3 to grand, remainder to petite
3	Women's 3rd Varsity Eight	Heat	8:20	3 to grand, remainder to petite
4	Women's 3rd Varsity Eight	Heat	8:30	3 to grand, remainder to petite
5	Men's 3rd Varsity Eight	Heat	8:40	3 to grand, remainder to petite
6	Men's 3rd Varsity Eight	Heat	8:50	3 to grand, remainder to petite
7	Women's Novice Eight	Heat	9:00	3 to grand, remainder to petite
8	Women's Novice Eight	Heat	9:10	3 to grand, remainder to petite
9	Men's Novice Eight	Heat	9:20	3 to grand, remainder to petite
10	Men's Novice Eight	Heat	9:30	3 to grand, remainder to petite
11	Women's 2nd Varsity Eight	Heat	9:45	3 to grand, remainder to petite
12	Women's 2nd Varsity Eight	Heat	9:55	2 to grand, 2 to petite, remainder to 3rd level
13	Women's 2nd Varsity Eight	Heat	10:10	2 to grand, 2 to petite, remainder to 3rd level
14	Men's 2nd Varsity Eight	Heat	10:20	2 to grand, 2 to petite, remainder to 3rd level
15	Men's 2nd Varsity Eight	Heat	10:30	3 to grand, remainder to petite
16	Women's Varsity Eight	Heat	10:40	3 to grand, remainder to petite
17	Women's Varsity Eight	Heat	10:50	2 to grand, 2 to petite, 2 to 3rd level, remainder to 4th level
18	Women's Varsity Eight	Heat	11:00	2 to grand, 2 to petite, 2 to 3rd level, remainder to 4th level
19	Men's Varsity Eight	Heat	11:10	2 to grand, 2 to petite, 2 to 3rd level, remainder to 4th level
20	Men's Varsity Eight	Heat	11:20	2 to grand, 2 to petite, 2 to 3rd level, remainder to 4th level
21	Men's Varsity Eight	Heat	11:30	2 to grand, 2 to petite, 2 to 3rd level, remainder to 4th level
22	Women's Inclusion 2x	Grand	11:40	2 to grand, 2 to petite, 2 to 3rd level, remainder to 4th level
23	Men's Inclusion 2x	Grand	11:50	
24	Women's Inclusion 4+	Grand	12:00	
25	Men's Inclusion 4+	Grand	12:10	

### Afternoon Program of Races:

Race:	Event:	Type:	Time:
26	Women's Open Four	Petite	1:10
27	Women's Open Four	Grand	1:20
28	Men's Open Four	Grand	1:30
29	Men's 2nd Novice Eight	Grand	1:40
30	Women's 3rd Varsity Eight	Petite	1:50
31	Women's 3rd Varsity Eight	Grand	2:00
32	Men's 3rd Varsity Eight	Petite	2:10
33	Men's 3rd Varsity Eight	Grand	2:20
34	Women's Novice Eight	Petite	2:30
35	Women's Novice Eight	Grand	2:40
36	Men's Novice Eight	Petite	2:50
37	Men's Novice Eight	Grand	3:00
38	Women's 2nd Varsity Eight	3rd level	3:10
39	Women's 2nd Varsity Eight	Petite	3:20
40	Women's 2nd Varsity Eight	Grand	3:30
41	Men's 2nd Varsity Eight	Petite	3:40
42	Men's 2nd Varsity Eight	Grand	3:50
43	Women's Varsity Eight	4th level	4:00
44	Women's Varsity Eight	3rd level	4:10
45	Men's Varsity Eight	4th level	4:20
46	Men's Varsity Eight	3rd level	4:30
47	Women's Varsity Eight	Petite	4:40
48	Women's Varsity Eight	Grand	4:50
49	Men's Varsity Eight	Petite	5:00
50	Men's Varsity Eight	Grand	5:10

# IMPORTANT

## COXSWAINS Check-In and MEETING

2016 NATIONAL INVITATIONAL ROWING  
CHAMPIONSHIPS  
Sunday, May 8, 2016

Coxswains who did not race at NERC the previous weekend **must** check in with Regatta Chief Official, Roxanne Everetts, before going out on the water to practice. Failure to complete this task will result in assessment of a warning on your program and possible exclusion from the regatta. It is extremely important that coxswains understand the traffic pattern fully before launching.

COXSWAINS AND COACHES MEETING TIME:  
7:00 AM Sunday  
Flag Pole at Regatta Point

Coxswains Weigh-in from 12:00 PM - 3:00 PM Saturday and  
6:30 AM - 9:30 AM Sunday at the Weigh in Booth

# 2016 National Invitational Rowing Championships

## Point Scoring Formulas

### \*Overall Point Championship Trophy\*

The Overall Point Trophy will be awarded to the college accumulating the highest combined point total in the Men's and Women's Championships.

### \*Men's Point Championship Trophy\*

**In Honor of Fred Emerson and sponsored by Mr. Jack Spratt**

The Men's Point Championship Trophy will be awarded to the college scoring the highest combined total of points in all eights events for men.

### \*Women's Point Championship Trophy\*

**In Honor of Anita DeFrantz and sponsored by Connecticut College**

The Women's Point Championship Trophy will be awarded to the college scoring the highest combined total of points in all eights events for women.

Both Championship Trophies will be awarded according to the following point scoring formula. No points will be awarded for events with three crews or less.

	<u>Varsity</u>	<u>Second Varsity</u>	<u>1<sup>st</sup> Novice and 3<sup>rd</sup> Varsity</u>	<u>2<sup>nd</sup> Novice</u>
1 <sup>st</sup>	24	18	18	6
2 <sup>nd</sup>	23	17	17	5
3 <sup>rd</sup>	22	16	16	4
4 <sup>th</sup>	21	15	15	3
5 <sup>th</sup>	20	14	14	2
6 <sup>th</sup>	19	13	13	1
7 <sup>th</sup>	18	12	12	
8 <sup>th</sup>	17	11	11	
9 <sup>th</sup>	16	10	10	
10 <sup>th</sup>	15	9	9	
11 <sup>th</sup>	14	8	8	
12 <sup>th</sup>	13	7	7	
13 <sup>th</sup>	12	6	6	
16 <sup>th</sup>	11	5	5	
15 <sup>th</sup>	10	4	4	
16 <sup>th</sup>	9	3	3	
17 <sup>th</sup>	8	2	2	
18 <sup>th</sup>	7	1	1	
19 <sup>th</sup>	6			
20 <sup>th</sup>	5			
21 <sup>st</sup>	4			

# **National Invitational Rowing Championships**

**2016 NIRC** Rowing Equipment Compliance Form (Must be completed on line)

TO: Coaches - 2016 National Invitational Rowing Championships

IMPORTANT: These forms must be submitted by ALL participating institutions and coaches

DATE: April 18, 2016

Please utilize the below link to fill out your institutional compliance form. Each coach must complete this form to certify the equipment used at the regatta meets USRowing criteria.

[Rowing Equipment Compliance Form](#)

These forms can be found by visiting the NIRC Events Page at

[http://www.usrowing.org/events\\_new/details/2016/05/08/default-calendar/2016-national-invitational](http://www.usrowing.org/events_new/details/2016/05/08/default-calendar/2016-national-invitational)

Regatta forms and additional information can be found under the '2016 Regatta Information' header.

## National Invitational Rowing Championships

### 2016 Special Instructions to Coxswains and Coaches

- I. The 2016 NIRC Regatta will be conducted in accordance with the USRowing Rules of Racing except as modified in these special Instructions.

**VIOLATION OF SAFETY RULES:** A crew that violates any of the safety rules described below may be assessed a “WARNING” by the starter or referee. Such warning shall be applicable to the next race in which the crew competes.

II. **Procedures Prior to Race Day** (Saturday, May 7)

1. **A Bow Ball** is **MANDATORY** on the bow of every racing shell unless equivalent provision for visibility and protection against puncture injury is included in the shells’ basic construction.
2. Follow designated traffic pattern per diagrams available here:  
<http://www.qra.org/pdf/RacingTraffic.pdf>
3. **No coaching launches** on the course. All crews will be off the water by 6:30 p.m. Saturday.
4. Coxswains must weigh-in, per posted schedule.
5. A mandatory coaches and coxswains meeting will be held Sunday, May 8, 2016 at 7:00 AM for all coxswains and coaches to review these 2016 special instructions.

III. **Race Day Procedures prior to the race**

1. Coxswains may weigh in between the hours of 12:00 PM and 3:00 PM Saturday. Coxswains arriving on Sunday may weigh in beginning at 6:30 AM on Sunday. All coxswains must be weighed in by 9:30 Sunday morning.
2. Check your equipment before launching. All shells are to be in compliance with USRowing Rules for equipment.
3. Check with Regatta dispatcher to confirm your lane assignment and departure time schedule. **EACH CREW IS RESPONSIBLE FOR ITS OWN BOW MARKER.** Your dispatcher is the referees’ official representative at the boathouse, and his/her instructions concerning launching shall be strictly followed.
4. **ALL COXSWAINS ARE RESPONSIBLE FOR CARRYING EXTERNAL WEIGHT.** Weight shall be carried in the shell at the coxswain’s seat, as close as possible to the coxswain’s torso.
5. Shells departing the dock area shall be given priority over incoming shells.
6. Crews proceeding to the starting line and warm-up area will follow designated traffic patterns per diagrams available at this link: <http://www.qra.org/pdf/RacingTraffic.pdf>

**IMPORTANT:** At no time when the crews are on the water will urinating from the shells be permitted. Violations of this directive will result in immediate disqualification of that crew from the regatta. Further, the team to which the offending rower belongs will be suspended from competition on the lake the following year.



7. If, on the way to the starting line, your shell has breakage of any kind, report said breakage to the start marshal or starter and follow his/her directions. Do not return to the boathouse for repairs unless so instructed. Repairs will be made on the water whenever possible.
8. When reaching the starting line, identify yourself to the start marshal or his/her assistant. Remain within voice distance of the starting line. Your crew must be on the starting line, at your designated station, pointed and ready to race, two (2) minutes prior to scheduled start of your race. Don't be late. A crew will be assessed a warning if it is not in position two (2) minutes before its schedule race time.
9. Pre-race warm-up practice should be completed on the way to the starting line off the race course. All crews traveling up to the starting line area alongside the course are restricted to rowing on-the-paddle from the 100 meter mark on the course to the starting line. (Buoy line color is red on first 100 meters of the course). Practice starts alongside the course in the area of the starting line are prohibited. See course maps at this link: <http://www.qra.org/pdf/RacingTraffic.pdf>
10. Crews LEAVING the practice area to approach the starting area should enter the race course single file on the Shrewsbury shore. The traffic pattern will be posted by Thursday, April 28, 2016: <http://www.qra.org/pdf/RacingTraffic.pdf>
11. Practice starts and warm-ups at racing cadence are permitted in the practice area, but extreme caution must be observed as there will be a constant flow of boats in and out of the area.
12. Practice starts on the course are permitted, but only after the previous race has left the starting zone. During such practice starts, a crew may row at racing cadence down the course only in its lane. A crew following this procedure should turn in its own lane, and paddle back to the start, in its own lane, turning and positioning itself in front of its designated station. Crews should use extreme caution when turning, and should be alert at all times to other crews on the course. NOTE: This privilege to permit racing starts on the course may be suspended or canceled at any time, but only by the regatta director, with appropriate notification to all competitors prior to their scheduled launch time.
13. At approximately ten (10) minutes prior to the start of each race, the starter will announce the next event, the lane assignment of each competitor and allow the crews to enter the course. The starter will announce the five (5) and two (2) minute marks prior to each race.

#### **IV. Race Day Procedures at the Start**

1. Stake boat platforms and bows-on-line start will be used for all races. The starting stations are numbered 0-6, beginning with lane 0 on the Worcester shore.
2. When all crews are in position, the aligner will bring the crews even. When the crews are even (aligned), the aligner will raise a WHITE OR FLOURESCENT GREEN flag.
3. The aligner's (WHITE OR FLOURESCENT GREEN) flag will be held aloft throughout the starting procedure. If the crews lose alignment at any time, the aligner will lower the white flag, regain alignment, and raise the flag again.
4. (a) After the Judge at Start signals that alignment has been achieved, and confirmed that all crews are safely pointed and the course is clear, the Starter shall announce the name of each Crew.  
(b) If alignment is lost during the announcement of the Crews, the Starter may suspend the process and resume when the previous condition is restored. If there is a significant delay, the Starter may repeat the entire procedure.  
(c) Once the announcement of the names of the Crews begins, the Starter shall disregard

any Crew signaling that it is not ready under this procedure regardless of when such signal is given.

5. (a) After the Crews have been announced, the Starter shall start the Race by: (1) calling out “Attention!”, (2) raising the Starter’s flag overhead, and (3) after a distinct and variable pause, calling out “Go!”. The command “Go!” shall be accompanied by a quick and simultaneous downward motion of the Starter’s flag to one side.  
(b) If, after the Starter’s flag has been raised, the Starter believes for any reason that the start should not occur, he or she shall call out “As You Were!” and gently lower the Starter’s flag. The Starter shall repeat the starting commands in their entirety, but may dispense with announcing the Crews.  
(c) Crews may leave the starting line when the Starter’s flag begins to move.
6. If weather or other conditions prevent use of the normal starting procedure, the Starter may dispense with the announcement of Crews described in Section 4a above. The Starter first shall announce to the Crews that a “Quick Start” will be used. When the Starter determines that the Race may be safely and fairly started, the Starter shall call out “Quick Start!” followed by the starting commands. Once the announcement of “Quick Start” is made, the Starter shall disregard any Crew signaling that it is not ready.
7. Between the words “Attention” and “Go” crews must avoid any movement in their boat (including the squaring of oar blades). Any such movement may result in a warning.
8. **IF A CREW FAILS TO LEAVE THE STARTING LINE** after the starting commands have been given, the starter shall stop the race. If the crew’s failure to start is not justified, the starter may assess the crew a warning. A warning, in combination with a false start or a second warning will result in exclusion from the event.
9. The race may be stopped if any one of the following situations occurs:
  - A. **False Start:** a crew will be assessed a false start for leaving the starting line before the “Go” command is given, or for any action deemed to be unsportsmanlike in nature, and/or which gives one or more crews unfair advantage over other competitors. A crew that makes or cause two (2) false starts shall be excluded from the event.
  - B. Collisions between crews within the first 100 meters of the race.
  - C. When, during the first 100 meters of the race, the coxswain, or any other member of the crew puts his hand as a signal for broken or damaged equipment or an oarsmen is thrown out of the boat, or experiences an over the head crab, or equipment is damaged as a result of a crab. A partial crab is not grounds for recalling a race. NOTE: The first 100 meters of the course is marked by red buoys, the buoy color changes to white at the 100 meter mark.

If any of the above incidents (A), (B), or (C) occurs and it is determined that the race should not continue, all crews will be stopped by sounding an air horn and waving a RED flag. The affected crew will be inspected to determine when the race shall be rescheduled and whether or not any penalties are warranted.
10. Any attempt to stop a race for unauthorized reasons may be cause for exclusion of the offending crew.

11. **Exclusion/Disqualification:** A crew that makes or causes two (2) false starts shall be excluded from the regatta. A crew may be excluded from the regatta for causing a collision with another crew or by causing interference with another crew. A crew may be excluded from the regatta for unsportsmanlike conduct, including urination from a shell on the water, but only by action of the Race Committee.

## **V. During the Race**

1. Course Markers - The seven (7) lanes of the course are lined by floating buoys. The buoys stop at the finish line.
2. USRowing rules will be followed during the progress of the race.
3. Dead Heat Instructions - In the event of a dead heat for 1st place in any if the Grand Final races, a re-row will take place between the dead heat crews as soon as feasible, if time permits, but not earlier than one (1) hour after the completion of the event in which the dead heat occurred.

## **VI. After the Race**

Coxswains who carry weight may be required to display their weight to the referee at the finish line.

### **After the Heats and Petite Finals**

1. After each race, crews should proceed immediately to the boathouse area, observing proper traffic patterns. Do not remain around the finish line area, and particularly do not stay in the line of sight of the judge's stand at the finish line.
2. Follow the dispatcher's directions when approaching the docks. Crews departing the dock have priority.

### **After the Grand Finals**

1. Crews finishing second and third should stop at the award dock and receive their silver and bronze medals without getting out of their shell. These crews should proceed to the launching docks.
2. The winning crew in each event will proceed to the award dock. The Cup or Trophy for the event and the individual gold medals will be awarded to the champion crew and its coach on this dock.
3. Crews finishing fourth through sixth in each Grand Final should follow the procedures outlined in 1, 2, and 3 above.

## **Objections & Protests**

1. Objections shall be registered on the water in accordance with USRowing rules. The crew will meet with the “ombudsman” as soon as it has returned to the docks. This ombudsman will act only as a moderator and will attempt to resolve the protest objection in a way that is mutually agreeable to the objecting crew, any other crews involved and the official most directly involved. If no mutually agreeable resolution can be arranged within a short period of time, or if it seems necessary to consult additional witnesses, the matter objection will be formally referred to the Race Committee as a protest (as indicated below), which will be convened, when the morning or afternoon schedule (whichever is appropriate) has been completed.

The formal referral to the Race Committee must be submitted to the regatta director by the head coach in writing within one (1) hour of landing citing the specific USRowing rule(s) applicable and be accompanied by a \$50.00 fee. Disposition of the protest will follow USRowing rules including return of the fee if the protest is upheld. Decisions of the Race Committee shall be final and binding, and not subject to appeal to any outside agency.

### **Race Committee**

The Chief Referee, Ombudsman, Starter or Chief Judge, USRowing Collegiate Championships Commissioner (or designee), and the QRA Regatta Director (or designee) shall serve as the Race Committee for the duration of this Regatta

Make sure that your crews know the rules and that your equipment is in good condition. If you have any questions, ask the referee before the start of the race.

Good luck and good racing.

Roxanne Everetts, Chief Referee  
Gary Caldwell, USRowing Collegiate Championships Commissioner  
Thomas J. Sullivan, QRA Regatta Director

# National Invitational Rowing Championships

April 18, 2016

To: Coaches, Coxswains and Officials - 2016 National Invitational Rowing Championships

Subject: Weigh-In Procedure for Coxswains

1. Coxswains of **ALL MEN'S CREWS**, participating in the 2016 NIRC are required to weigh a minimum of 120 pounds. Coxswains for **ALL WOMEN'S CREWS** are required to weigh a minimum of 110 pounds. Those coxswains whose body weight, while wearing racing uniform, is less than the required standard, will be required to carry external weight in order to achieve the minimum standard during the course of their race.
2. Weigh-in for coxswains will take place beginning at 12:00 PM Saturday, May 7 at the Lake Quinsigamond State Park at an area designated by regatta officials. The weigh-in station will close at 3:00 PM Saturday afternoon, and will reopen at 6:30 AM on Sunday, closing at 9:30 AM
3. USRowing will provide external weight, in the form of sand bags, for all coxswains whose body weight is less than the minimum standard. It is *strongly encouraged* however, that all coxswains, who know that they will require external weight, provide their own form of weight. This applies especially to those who will require external weight in excess of 10 pounds. **ALL WEIGHTS**, whether provided by USRowing or not, must be marked for specific individuals at the time of the coxswains weigh-in.
4. Coxswains are responsible for their weights once they have been certified by the weigh-in officials.

**ON RACE DAY** it will be the coxswains' responsibility to carry his or her weights, which shall be carried at the coxswain's seat, as close to the torso of the coxswain as possible, during the course of the race. Coxswains are advised that they must display their weight to the Referee, if so requested.

Gary Caldwell  
USRowing Collegiate Championships Commissioner

# National Invitational Rowing Championships

April 18, 2016

To: NIRC Coaches and Coxswains

From: Gary R. Caldwell, USRowing Collegiate Championships Commissioner

Re: **IMPORTANT: SAFETY RULES - 2016 REGATTA**

This is to emphasize that the following SAFETY RULES are to be strictly adhered to at the 2016 National Invitational Rowing Championships. These rules are detailed in the 2016 Special Instructions to Coaches and Coxswains. Please READ THESE INSTRUCTIONS CAREFULLY prior to your participation in the NIRC Regatta.

The SAFETY RULES include the following:

1. **BOW BALL:** Mandatory on all shells.
2. **TRAFFIC PATTERNS - PRACTICE DAY: (Diagram attached)**
3. **TRAFFIC PATTERNS - RACE DAY (Diagram attached)**
  - (1) **ALONGSIDE THE COURSE: NO PRACTICE STARTS**
  - (2) **ON the course:** Practice Start permitted **AFTER** the preceding race has cleared IN ASSIGNED RACING LANE ONLY.  
**USE EXTREME CAUTION.**
4. **NO COACHING LAUNCHES ON THE COURSE**

**A WARNING MAY BE ASSESSED FOR ANY VIOLATION OF THESE SAFETY RULES**

## LANE ASSIGNMENTS POLICY: 2016 NIRC REGATTA

The top-seeded crews in the NIRC are to be assigned to an “inside” lane (i.e., lane 1) for the morning heats, with the next best seed in the lane alongside the top-seed and so on. The objective is to ensure that the “topseed” will always be given the “lee side” of the lake. This procedure will be applied to the heats of the NIRC Regatta. It will also be applied for any events that are “final only.”

Seeding and lane assignments for Varsity Eight Events

Heat #:	Lane 0:	Lane 1:	Lane 2:	Lane 3:	Lane 4:	Lane 5:	Lane 6:
Heat 1	1	6	7	12	13	18	19
Heat 2	2	5	8	11	14	17	20
Heat 3	3	4	9	10	15	16	21

Seeding and lane assignments for events with three heats: (18 Crews or fewer)

Heat #:	Lane 1:	Lane 2:	Lane 3:	Lane 4:	Lane 5:	Lane 6:
Heat 1	1	6	7	12	13	18
Heat 2	2	5	8	11	14	17
Heat 3	3	4	9	10	15	16

Seeding and lane assignments for events with two heats:

Heat #:	Lane 1:	Lane 2:	Lane 3:	Lane 4:	Lane 5:	Lane 6:
Heat 1	1	4	5	8	9	12
Heat 2	2	3	6	7	10	11

For events with two heats, the heat winners will be assigned to lanes 1 or 2 in the finals, 2<sup>nd</sup> place heat finishers to lanes 3 and 4, 3<sup>rd</sup> place finishers to lanes 5 and 6 randomly. Events with three heats that proceed directly to finals will place the heat winners in lanes 1, 2, and 3, by random draw.

## **ALTERNATIVE PROGRAMS IN CASES OF UNFAIR WEATHER CONDITIONS**

The USRowing Collegiate Championships Commissioner shall appoint a "Fairness Committee" to make changes to the program if the weather creates unfair or unrowable conditions.

The Fairness Committee shall consist of four persons selected and announced in advance of any racing: One representative of the Umpiring Commission, one representative of the National Invitational Rowing Championships Seeding/Selection Committee and the Regatta Director or designee. USRowing Collegiate Championships Commissioner or his designee will act as the ex officio chair (nonvoting).

It is the duty of the Fairness Committee to determine that the weather has created, or is about to create, unfair or unrowable conditions. It is then their responsibility to implement the appropriate alternative from those described below. In applying these alternatives the Fairness Committee will always consider (a) and (b) before considering (c) or (d).

- a) To delay the racing program to later in the day, if the weather forecast indicates that the conditions are likely to improve.
- b) To start racing earlier than previously announced, provided that the announcement of the new times is made at the regatta site on the previous day.
- c) To re-allocate the lanes for each individual race, using the placings from the previous round to put the crews with the better placings (or the seeded crews for the heats, or final where there are no heats) in the better lanes. Where two or more crews have the same placing in the immediately previous round, (e.g. each were Heat winners), then there shall be a draw to determine their lanes.
- d) To modify the race program, by eliminating third level finals, petite finals, or some events.

In the event that (c) above is to be put into effect, a change would be implemented as soon as possible, but no later than 45 minutes after notification to the Regatta Director. The new schedule would be followed for all subsequent races until conditions change sufficiently to dictate another change. In such case, the same procedure would be followed again, allowing for a maximum of 45 minutes to implement new lane assignments. In the event (c) above is implemented, lane assignments would be reversed with crews in lane 1 moving to lane 6, lane 2 to lane 5, lane 3 to lane 4, lane 4 to lane 3, lane 5 to lane 2, and lane 6 to lane 1.

In the event of weather conditions that would require an alteration to the race schedule (a, b, or d above), the following system will be employed:

### **Implementation of Foul Weather Procedure**

If at any point racing gets delayed or interrupted on Sunday the following procedures may be employed:

1. Maximum of three 20 minute holds in the morning. Each hold triggers a loss of two breaks
2. Eliminate morning breaks
3. Eliminate lunch break (morning only)
4. Eliminate afternoon breaks.
5. Up to one hour additional delay.
6. After this point cancellations occur as stipulated in the onsite package. (See below)

Following a decision to further delay racing, the Regatta Director will announce a revised racing schedule.

Events that must be canceled will be designated in the following order:

1. All 3<sup>rd</sup> and 4th Level Finals
2. All Petite Finals
3. WO4
4. MO4
5. M2N8
6. W3V8
7. M3V8
8. WN8
9. MN8
10. W2V8
11. M2V8
12. Cancellation of Regatta