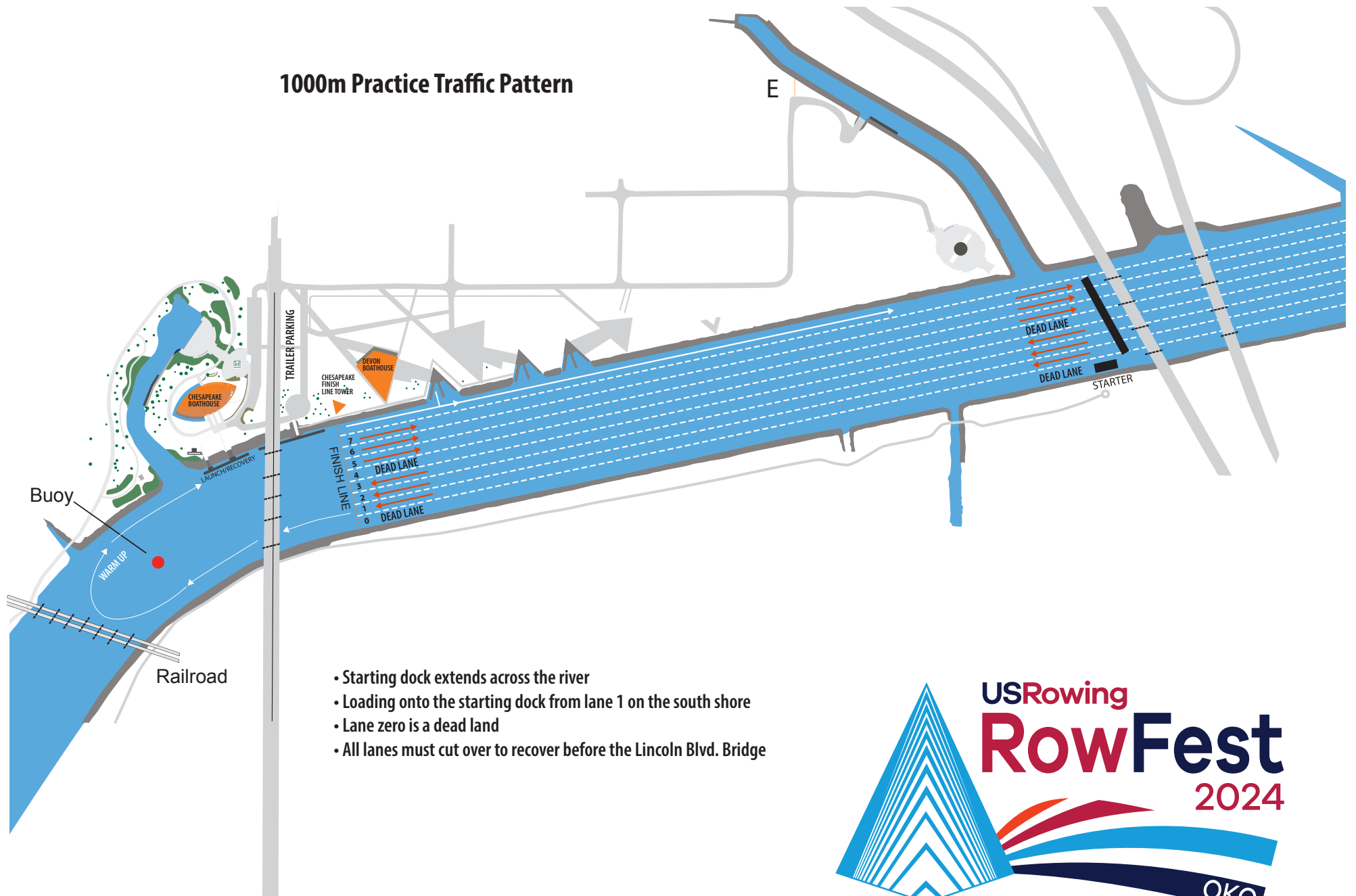


## 1000m Practice Traffic Pattern



- Starting dock extends across the river
- Loading onto the starting dock from lane 1 on the south shore
- Lane zero is a dead land
- All lanes must cut over to recover before the Lincoln Blvd. Bridge

