

**THE UNIVERSITY OF IOWA  
WAIVER AND RELEASE FORM**

In consideration for being permitted to participate in the **University of Iowa Recreational Services and Hawkeye Community Rowing sponsored “Iowa Indoor Rowing Challenge” at Field House in Iowa City, Iowa on February 10, 2024**, on behalf of myself, my family, my heirs, and my assigns, I hereby release and hold harmless The University of Iowa; the Board of Regents, State of Iowa; the State of Iowa, and each of their respective employees, agents and representatives (Releasees) from any and all liability for personal injury, including death, or property loss or damage suffered by me as a result of, arising out of, or in any way involving my participation in this activity, except to the extent that such liability results directly from the negligence of the University of Iowa, its agents, or employees.

I acknowledge that I know, understand, and appreciate the inherent risks in participating in **Rowing**. The risks may include, but are not limited to: the risks may include, but are not limited to: irregularities in or debris on the ground; contact with participants, equipment or other objects; trips/falls, sprains, strains, scrapes, abrasions, bumps and/or bruises, fractures, disc injuries, wrist injuries, overuse injuries, paralysis, concussion, or other bodily injuries, or death; and damage to or loss of personal property. By signing this agreement, I fully assume the inherent risks associated with this activity, and assert that I am voluntarily participating in the activity, and I am at least eighteen (18) years of age\* and fully competent.

I grant the University of Iowa and persons acting for or through them the right to use, reproduce, assign, and/or distribute images, audio and video recordings, and likenesses in any medium whatsoever, of myself, for the purpose of promoting the University of Iowa, or for any other lawful purpose, without payment to me. The University, its successors and assigns shall own all right, title and interest, including the copyright, to any such image, recording, or likeness.

I hereby release and hold harmless the Board of Regents, State of Iowa; the University of Iowa; and the State of Iowa; as well as each of their respective agents and employees from any and all claims, including but not limited to claims of infringement, damages or remuneration, for invasion of privacy, defamation, or misappropriation, or otherwise arising from such use.

Printed Name of Participant: \_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\*If you are not 18 years old, this form must be signed by a parent or guardian.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

Printed name of Parent/Guardian \_\_\_\_\_