

2011 Portland Row for the Cure Entry Packet

To Benefit the Oregon & Washington Affiliate of Susan G. Komen for the Cure®

For Rowers and Paddlers
October 2, 2011
Willamette River in Portland, Oregon

Presented by Station L Rowing Club and Portland Boathouse



National Sponsors



Local Corporate Partners

Gold Medal



Silver Medal



Bronze Medal



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October 2, 2011 Row for the Cure Information

Distance: 5000 meters for rowers, with a 2500 meter course for paddlers.

Location: Downtown Portland's Eastbank Esplanade, launching from the Portland Boathouse at 1515 SE Water Ave., located at the east end of the Hawthorne Bridge

Entry Deadline and Fees: They must be received by midnight September 25th, online at www.regattacentral.com. Entry fees are \$25 per person. No late or day of race entries. All entry fees after regatta expenses are donated to the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure®. All entrants receive special commemorative items.

Schedule: Due to congestion on the Willamette River in downtown Portland, boats (except Dragon Boats) cannot be used twice. **Participants may only race once - no hot-seating allowed including coxswains.** Racing will begin with the first flight of dragon boats at 8:30am, rowing events at 9:00am, the second flight of dragon boats and small boat paddlers around 9:30am. Races will begin every few minutes. Order of events is in this packet, and on the registration form at Regattacentral.com. An updated schedule will be emailed to club contacts and non-affiliated participants the week of the race, after the entry window closes. Each entrant will be assigned a launch time. **It is very important that all boats launch at their designated time.**

Course Map: Map is available on the event page at www.regattacentral.com and on the Station L Rowing Club website, www.stationrowingclub.com, check under "Regattas" for the Row for the Cure® page. Course is the same as the past several years. Start line is just north of the Hawthorne Bridge.

Packet Pick up: 5-7pm Saturday October 1st at the Portland Boathouse, or after 6am on race day, same location. Completed waivers are required to pick up packet.

Mandatory Pre-race meeting: 7:00am, October 2nd, in the Station L bay of the Portland Boathouse, 1515 SE Water Ave. Coaches, coxswains, callers, tillers, scullers and small boat paddlers should attend.

Parking: Trailer and car-top boat parking at the Portland Boathouse parking lot. There is ample street parking for participant and volunteer cars within five blocks of the Portland Boathouse. Security will be provided for trailers and boats beginning at 6:00pm, Saturday October 1.

USRowing Information:

Row for the Cure is a *USRowing* registered and insured regatta.

USRowing Rules of Rowing will apply and *USRowing* officials will officiate.

Racing Categories: See event list for details. Open to all human powered craft. Events with only one entry will be combined with another event. One race per participant. **All high school rowers** are limited to the "junior" category, to avoid violations of NCAA regulations. High school coxswains may cox masters races.

Definitions: "Masters" Rowers aged 21 and over, but crew must average 27+
"Novice" New to rowing since Spring 2011.
"Open/College" Open to any rowers except those still in high school.

Waivers: The *USRowing/Komen* waiver form is included in this packet for reprinting or available for download on our RegattaCentral page or available at www.stationrowingclub.com on the Row for the Cure® page. Drop off waivers when picking up your packet on race day.

Equipment rental: Contact local clubs or universities if you wish to rent rowing shells. Station L will not be able to rent equipment for the regatta. Those who wish to rent kayaks or canoes should contact Alder Creek at the Portland Boathouse, at <http://www.aldercreek.com> .

Head of the Dog Regatta. October 1st: Our friends at Portland Boat Club run a great small boats 5k head race, this year on Saturday October 1st. Register at RegattaCentral, and you can race twice in Portland, on one weekend, on two different courses. And they have awards for best costume!

Fundraising: Businesses are welcome to sponsor team boats or clubs. All participants are encouraged to set an individual fund raising goal of \$150, the cost of a mammogram. Check out the new donation page directly by going to www.regattacentral.com or by going through the link on the Row for the Cure web site Portland page, www.rowforthecure.com/portland/.

- The *Ed Offchiss Memorial Trophy* will be awarded to the team that brings the most donations to the regatta.
- The greatest individual fundraiser will win 5 days lodging at the Oregon coast for six people.
- There is a special prize for the person who brings in the largest single contribution over \$500.

A fundraising form is in this packet. Donations to the Row for the Cure[®] are tax deductible to the extent allowed by law. Pledge checks should be made payable to Row for the Cure. All pledged funds will go to the Oregon and SW Washington Affiliate of Susan G. Komen for the Cure[®] 75% will support local programs and 25% will be sent to the grant program for cutting edge research which is managed by the national office of Susan G. Komen for the Cure[®] Donations can be made on-line at the Portland page of rowforthecure.com, checks may be turned in on race day or mailed after the event to Row for the Cure, PO Box 337, Portland, OR 97207-0337.

Contacts:

- For questions about fundraising, breast cancer survivor participation, or media access, email PORTLAND@RowForTheCure.com .
- If you are interested in helping your team or club raise funds, contact Kathy Frederick at kathy.frederick@RowForTheCure.com.
- For questions about entries, categories, schedule, course layout, e-mail race director Peter Edwards at pdxpje@comcast.net

Updated entry information, news, and schedules will all be posted on our news page on <http://www.regattacentral.com>. Look over the menu items when you are registering.

You can also check Station L Rowing Club's website for updates, answers to questions and forms for registration: <http://www.stationlrowingclub.com> .

For general information about Row for the Cure throughout the USA, check the National Row for the Cure site, <http://www.rowforthecure.com/> .

Key Deadlines

- 1. Event registration and payment due on Regatta Central by Sept. 25th.**
- 2. USRowing/Komen waivers signed, submitted by mail or on race day.**

*Please contact the race organizers if you or any boat members
are breast cancer survivors:*

PORTLAND@RowForTheCure.com

**Mailing address for waivers/pledges
Row for the Cure
PO Box 337
Portland, OR 97207-0337**

**2011 Portland Row for the Cure
Regatta Central Registration Instructions**

1. Go to <http://www.regattacentral.com>
2. Click on "New User" link to create your FREE user account [or log in as existing user]
3. Click on "add a regatta to my calendar". Add the October 2 Portland Row for the Cure.
4. Start adding entries to your selected events. Birthdates are only necessary for participants in masters rowing races.
5. Include USRowing #'s if participants are members.
6. Regatta Central will total your fees for you. Pay by credit card.
7. Be sure to have all participants fill out a USRowing/Komen waiver form (included in this packet). Mail in or turn in when you pick up your race packet.

USRowing members must still sign the USRowing/Komen waiver because of the joint sponsorship.

If you are having trouble with RegattaCentral, contact Peter Edwards, pdxpje@comcast.net for assistance.

