



10th Annual RCA National Rowing Championships

St. Catharines, Ontario

Henley Island

October 8 – 10, 2015



Bulletin No. 2

October 5, 2015

The St. Catharines Rowing Club Organizing Committee of the 2015 NRC is in the final stages of preparing to host a great regatta and awards BBQ. Here are some important updates.

DRAW

The draw for the Thursday, October 8th Time Trials was published Saturday, Oct. 3rd. The entries have been seeded as noted below. The draw can be found at the Regatta Master website:
<http://online.regattamaster.com/Pages/Events.aspx?regattaID=1191>

Race sheets (hard copies) will be available on a limited basis at team managers' meetings and from the regatta office. Electronic versions will be available at the Regatta Master website (see above) and the St. Catharines Rowing Club web site: <http://scrcrowing.weebly.com>

SEEDING PANEL

As mandated in the NRC Technical Package, a Seeding Panel was struck for the regatta. The panel used the following criteria to seed the time trials to avoid faster crews overtaking slower crews in the time trials. Depending on the number of entries in each event, up to 20 entries in the respective events have been seeded. The criteria are:

1. National Training Centre athletes ranked by HPD based on performance parameters and coach input;
2. Under 23 athletes based on performance at U23 trials and summer racing performances;
3. Junior athletes based on junior selection trials and summer racing performances;
4. Other 2015 racing performance data;
5. RADAR submissions.

The seeding panel members are: Peter Cookson (chair), Peter Shakespear, Michelle Darvill, Terry Paul and Amanda Schweinbenz.

REGATTA OFFICE HOURS / CREW CHANGES/ SCRATCHES / OUTSTANDING ACCOUNTS

The regatta office will be open: Wed. 3:00-5:00; Thur. & Fri. 8:00-6:00; Sat. 8-11:30

Crew changes (\$5.00 ea.), are to be made at the regatta office in writing by the designated team representative by 4:00 p.m. Wed., Oct. 7th.

Scratches (\$50.00 ea.) are to be made at the regatta office in writing by the designated team representative at least one (1) hour prior to the race in question. Medical scratches require a certificate handed in to the regatta office in order to waive the scratch fee.

All **outstanding accounts** between the Organizing Committee and a team are to be settled by the team representative at the regatta office before 11:00 a.m. Saturday, Oct. 10th, 2015.

The designated team representative (as provided by the team) will be the first point of contact for the Organizing Committee.



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PRACTICE AND RACING TRAFFIC PATTERNS

Please make sure your crews are familiar with the traffic patterns on the maps that are viewable on RegattaCentral and in your team packet (available from the regatta office).

CONTROL COMMISSION / ATHLETE WEIGH-IN

Please note that the control commission will require photo ID for athlete weigh-ins and dock access during racing. Acceptable ID will be any government issued document with photo and date of birth. Picture of ID on smartphone will not be acceptable; clear photocopy of passport will be acceptable.

An athlete weighing test scale will be available beneath the stairs to the regatta office. Official weigh-ins for the lightweight events will take place in the weigh-in room. Weigh-in time is 2 hours to 1 hour before one's race.

The FISA maximum weight for a single male sculler (72.5 kg) shall be permitted in the lightweight single sculls events as well as in the lightweight pair oared events. The FISA maximum weight for a single female sculler shall be 59 kg plus an allowance of 1 kg, making the maximum permissible weight 60 kg. The weigh-in protocol for athletes as described in the FISA Rules of Racing [FISA Rule 31] shall be followed at the NRC with the following exception: athletes will be permitted to weigh-in wearing summer weight colours; the summer weight colours are not required to be provincial / NTC issue.

AWARDS BBQ

All medals for the NRC will be awarded at the BBQ as will the NRC points plaques. In addition, the RCA International Achievement Awards and Future Athlete Bursaries will be presented.

Once again, cash prizes will be available to the 1st, 2nd, and 3rd place crews in select events. Details to be provided at the Team Managers / Coaches meeting Oct. 7th. The fund is provided by a donor who wishes to remain anonymous.

Additional tickets for the awards BBQ event will be available for purchase (\$12.00) at the regatta office until noon, Friday, Oct. 9th or available on-line at:

<https://events.peloton-technologies.com/Event/RCANRCBBQ2015>

REGATTA QUESTIONS?

If you have any questions about the regatta please contact the Organizing Committee Regatta Chair Brian Fisher at: bfisher@pridemobility.com . For questions about the RCA National Rowing Championships please contact Dave Derry at: dderry@rowingcanada.org 905-682-1747 (office).

NRC regatta information will also be posted on <https://stcatharinesrowingclub.org> and www.regattcentral.com

For up-to-the-minute accounts of the regatta, please visit the RCA Twitter account <https://twitter.com/rowingcanada> or the St. Catharines Rowing Club account <https://twitter.com/StCRowingClub>



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REGATTA SCHEDULE

Tuesday, October 6th

12:00 noon to 6:00 p.m. Course open for practice
6:00 p.m. Course closes for NRC entered crews

Wednesday, October 7th

8:00 a.m. to 6:00 p.m. Course open for practice
3:00 p.m. to 5:00 p.m. Regatta office hours
5:00 p.m. Team managers / coaches meeting, regatta meeting room.
6:00 p.m. Course open only for non NRC crews
8:00 p.m. Jury meeting, Best Western Hotel

Thursday, October 8th

7:00 a.m. to 8:00 a.m. Course open for practice (subject to visibility)
8:00 – 6:00 Regatta office hours
9:00 – 12:30 Time Trials
1:00 – 3:00 Course open for practice
4:00 – 5:15 Racing
5:30 – 6:30 p.m. Course open for practice
30 min. after the last race Team managers / coaches meeting

Friday, October 9th

7:00 a.m. to 8:00 a.m. Course open for practice (subject to visibility)
8:00 – 6:00 Regatta office hours
9:00 – 5:00 Racing
5:00- 6:00 p.m. Course open for practice
30 minutes after last race: Team managers / coaches meeting

Saturday, October 10th

7:00 a.m. to 9:00 a.m. Course open for practice (subject to visibility)
8:00 – 11:30 Regatta office hours
9:00 – 11:30 Racing
11:30 – 2:00 Awards BBQ, St. Catharines Rowing Alumni clubhouse

All of the above times are the best estimates and are subject to change.



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The Organizing Committee of the 2015 Rowing Canada Aviron National Rowing Championships wishes to thank our Gold and Silver regatta sponsors for their support of this event.

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