

2025 Strong Island Sprints Race Schedule

Event Number	Heat	Time	Race Category
1	1	8:00 AM	Womens Coxswain (1000 meters)
2	1	8:15 AM	Mens Coxswain (1000 meters)
3	1	8:30 AM	Girls Bantam - 8th grade or below (1000 meters)
4	1	8:45 AM	Boys Bantam - 8th grade or below (1000 meters)
5	1	9:00 AM	Womens High School Novice
6	1	9:20 AM	Mens High School Novice
7	1	9:40 AM	Womens High School Freshman
8	1	10:00 AM	Mens High School Freshman
8	2	10:20 AM	Mens High School Freshman
9	1	10:40 AM	Womens High School Lightweight (135 lbs)- U19
10	1	11:00 AM	Mens High School Lightweight (160 lbs)- U19
11	1	11:20 AM	Womens High School- U19
11	2	11:40 AM	Womens High School- U19
12	1	12:00 PM	Mens High School U-19
Race Notes:			
Doors Open at 7 AM			
Lightweight Weigh-in will open at 8 AM and close at 9:40 AM for Womens Lightweight			
Lightweight Weigh-in will open at 8 AM and close at 10:00 AM for Mens Lightweight			
<i>This schedule is subject to change the day of the race. Be sure to check in at registration 30 minutes before your scheduled race time.</i>			

EVENT 1

Womens Coxswain (1000m)

Heat 1: 8:00 AM

Event	Heat	Erg	Name
1	1	1	Kaitlin D'Amore - SAHS
1	1	2	Violet Ebrahimi - SAHS
1	1	3	Haidyn Fehn - SAHS

EVENT 2

Mens Coxswain (1000m)

Heat 1: 8:15 AM

Event	Heat	Erg	Name
2	1	1	Alex Califano - CHS
2	1	2	Timothy Budway - SAHS
2	1	3	Joseph Farino - SAHS

EVENT 3

Girls Bantam – 8th Grade of below (1000m)

Heat 1: 8:30 AM

Event	Heat	Erg	Name
3	1	1	Sasha Guerriero - PR
3	1	2	Sylas MacDonald - PJRC
3	1	3	Savannah Wang - PR
3	1	4	Catherine Portilla - AMSR
3	1	5	Ella Kim - PR

EVENT 4

Boys Bantam – 8th Grade of below (1000m)

Heat 1: 8:45 AM

Event	Heat	Erg	Name
4	1	1	Yuchen Du - PJRC
4	1	2	Michael Shields - PR
4	1	3	Cassius Cameron - SBHS
4	1	4	Jacob Kim - OBCR
4	1	5	Zachary Argenziano - PR
4	1	6	Stefano DeMartino - PR
4	1	7	Edward (EJ) Grimaldi - PJRC
4	1	8	Noah Barbieri - PR
4	1	9	Connor Le - PJRC
4	1	10	Noah Blenderman - PR
4	1	11	Jason Le - PJRC
4	1	12	Sullivan Zinger - PJRC

EVENT 5

Womens High School Novice

Heat 1: 9:00 AM

Event	Heat	Erg	Name
5	1	1	Mia Sorrentino - ONRA
5	1	2	Elizabeth Smith - PJRC
5	1	3	Isabella Virgilio - SAHS
5	1	4	Jennifer Roller - PR
5	1	5	Lilianna Gannon - SAHS
5	1	6	Emily Budway - SAHS
5	1	7	Kirsten Wiese - PR
5	1	8	Carmela Dalia - SAHS
5	1	9	Nika Shi - PJRC

EVENT 6

Mens High School Novice

Heat 1: 9:20 AM

Event	Heat	Erg	Name
6	1	1	Kaden Boutcher - SCR
6	1	2	Vikram Gauld - ONRA
6	1	3	Patrick Panella - SAHS
6	1	4	Max Manzino - PR
6	1	5	Connor Savage - SAHS
6	1	6	Peter Vitola - SAHS
6	1	7	Matthew Rado - SAHS
6	1	8	Andrew Ramos - ONRA
6	1	9	Lachlan Gigante - OBCR
6	1	10	Gavin Moncayo - CFNY
6	1	11	Aryan Rishi - OBCR
6	1	12	Adam Lavelle - SAHS
6	1	13	Tim Schildknecht - SAHS
6	1	14	Antonio Bustamante - PJRC
6	1	15	John Michael Kavrakis - PJRC

EVENT 7

Womens High School Freshmen

Heat 1: 9:40 AM

Event	Heat	Erg	Name
7	1	1	Tatiana Garrison - PJRC
7	1	2	Delilah Rosenthal-Vincenti - PJRC
7	1	3	Grace Anne Cunningham - SAHS
7	1	4	Honora Riley - PJRC
7	1	5	Stephanie Painter - SAHS
7	1	6	Victoria Lo - PR

EVENT 8

Mens High School Freshmen

Heat 1: 10:00 AM

Heat 2: 10:20 AM

Event	Heat	Erg	Name	Event	Heat	Erg	Name
8	1	1	Lucien Fernandez Decesare - PR	8	2	1	Boden Smith - PR
8	1	2	Eric Ha - ONRA	8	2	2	William Reilly, Jr - ONRA
8	1	3	Kiki Araki-Daly - SAHS	8	2	3	Alex Dietrich - PR
8	1	4	Caleb Isaksson - SAHS	8	2	4	Joonwoo Kim - PR
8	1	5	Dylan Kochka - SAHS	8	2	5	Mark Swenson - PR
8	1	6	Joseph Portilla - AMSR	8	2	6	Wesley Yoder - PJRC
8	1	7	Hunter Hughes - SAHS	8	2	7	Ben Dietrich - PR
8	1	8	Michael Antonacci - SAHS	8	2	8	Thomas Hyams - PJRC
8	1	9	Benjamin Goldrich - BSHS	8	2	9	Anthony Manetto - SAHS
				8	2	10	Constantino Manetto - SAHS

EVENT 9

Womens High School Lightweight U-19

Heat 1: 10:40 AM

Event	Heat	Erg	Name
9	1	1	Alisa Kelly - ONRA
9	1	2	Ainsley Duke - BSHS
9	1	3	Danielle Rosenberg - PR
9	1	4	Caelin Feehan - CFNY
9	1	5	Sophia DeMartino - ONRA
9	1	6	Natalie Ferrara - SAHS
9	1	7	Ava Demeri - SAHS
9	1	8	Adriana Shields - PR
9	1	9	Elizabeth Gokey - ONRA
9	1	10	Zoey Straus - PR

EVENT 10

Mens High School Lightweight U-19

Heat 1: 11:00 AM

Event	Heat	Erg	Name
10	1	1	Robert Dring - ONRA
10	1	2	Riley Pieper - ONRA
10	1	3	Parker Markowski - SAHS
10	1	4	Rizvan Kadirov - ONRA
10	1	5	Bradyn Brogan - ONRA
10	1	6	Elliot Brockman - SCR
10	1	7	Antonio Gabriele - SAHS
10	1	8	Marcus Hoshino - OBCR
10	1	9	Hudson Solomon - SAHS
10	1	10	Cooper Cross - ONRA
10	1	11	Daniel McCulloh - SAHS
10	1	12	Jack Cutrone - SAHS
10	1	13	Cameron Cross - ONRA
10	1	14	Gerard Portilla - AMSR
10	1	15	Dylan Blagrove Lewis - PJRC
10	1	16	John Jayden Collymore - SAHS
10	1	17	Pierce Obrien - SAHS

EVENT 11

Womens High School U-19

Heat 1: 11:20 AM

Heat 2: 11:40 AM

Event	Heat	Erg	Name		Event	Heat	Erg	Name
11	1	1	Ava Maidhof - CFNY		11	2	1	Torrance Feehan - CFNY
11	1	2	Lily Connor - SAHS		11	2	2	Gianna Mastrande - CFNY
11	1	3	Emily Faccio - SAHS		11	2	3	Izabella Watson - PR
11	1	4	Avamarie Padgur - SAHS		11	2	4	Lauren Durkin - ONRA
11	1	5	Zoe Argenziano - PR		11	2	5	Charlotte Debler - PR
11	1	6	Sabrina Rochler - OBCR		11	2	6	Jacquelyn Bousquet-Smith - ONRA
11	1	7	Megan Ghosio - SAHS		11	2	7	Jessica Andersson - ONRA
11	1	8	Gabriella Cambareri - SAHS		11	2	8	Sophia Salegna - SAHS
11	1	9	Gianna Tomasino - SAHS		11	2	9	Cynthia Perez - SAHS
11	1	10	Lauren Nerko - SAHS		11	2	10	Sophie Pevzner - PR
11	1	11	Raffaella Amato - SAHS					

EVENT 12

Mens High School U-19

Heat 1: 12:00 PM

Event	Heat	Erg	Name
12	1	1	Patrick Liu - ONRA
12	1	2	Hugo MacDonald - PJRC
12	1	3	Joseph Macri - PR
12	1	4	Luca Tizzano - PR
12	1	5	Lucas Niedzwiecki - BSHS
12	1	6	Francis Orofino - PJRC
12	1	7	David Niu - OBCR
12	1	8	Jackson McClelland - PJRC
12	1	9	Jacob Kim - ONRA
12	1	10	Michael Shaye Ventura - SAHS
12	1	11	Kieran Walsh - SAHS
12	1	12	Kaleo DeFreitas - SAHS
12	1	13	Charles Cain - SAHS
12	1	14	William Nerko - SAHS
12	1	15	Nicholas Palermo - PJRC
12	1	16	Michael Kornahrens - PJRC