

Long Island Championship Regatta 2019 Heat Sheet - Saturday May 4th



Race Time	Event	#	1	2	3	4	5	6	7
7:00 AM	National Anthem								
7:15 AM	Coaches & Coxswains								
8:00 AM	Mens Middle School 8+	38		PR - B	SRA	PR - A			
8:10 AM	Womens Middle School 4x	57	SRA - B	CIR	PR - A	SRA - A	PR - B		
8:20 AM	Womens Ltwt 1x	36		ONRC	SRA	LIRC			
8:30 AM	Mens Varsity 1x	17a	WHSNJ	SRA	PR	ONRA - A	ONRA - B		
8:40 AM		17b	ONRA - F	ONRA - E	ONRA - C	ONRA - D			
8:50 AM	Womens Varsity 1x	18	ONRA - B	LIRC - A	SRA	ONRA - A	KSC	LIRC - B	
9:00 AM	Mens & Womens Varsity 2-	27 - 28	MNTNL (women)	SRA (women)		MNTNL (men)			
9:10 AM	Mens Freshmen 8+	50	PR - B	MNTNL	NHS	PR - A	LIRC		
9:20 AM	Mixed Youth 8+	58			SRA (mix)	NHS (mix)			
9:30 AM	Womens Middle School 8+	39			PR	SRA			
9:40 AM	Mens Varsity 2x	25	KSC	SJHS	SRA	ONRA - A	WHSNJ		
9:50 AM	Womens Varsity 2x	26	CIR - B	LIRC	CIR - A	WHSNJ	SRA		
10:00 AM	Mens & Womens Novice 8+	31 - 32	NHS (men)	MNTNL (men)		NHS - A (women)	MNTNL (women)	NHS - B (women)	
10:10 AM	Mens Novice 4x	40	WHSNJ - B	SJHS	SRA - A	WHSNJ - A	KSC	SRA - B	LIRC
10:20 AM	Womens Novice 4x	41		CIR	WHSNJ	SRA	LIRC		
10:30 AM	Mens JV 1x	19a	ONRA - B	SRA	LIRC - A	ONRA - A	LIRC - B		
10:40 AM		19b	ONRA - F	ONRA - E	ONRA - C	LIRC - C	ONRA - D		
10:50 AM	Womens JV 1x	20a		ONRA - B	SRA - A	ONRA - A	LIRC - A		
11:00 AM		20b		ONRA - D	LIRC - B	ONRA - C	ONRA - E	SRA - B	
11:10 AM	Mens Ltwt Varsity 4+	54		MNTNL	PR	NHS			
11:20 AM	Womens Ltwt Varsity 4+	55	CIR - B	NHS	PR	CIR - A			
11:30 AM	Mens & Womens Freshmen 4x	21 - 22	LIRC - B (men)	LIRC - A (men)	LIRC - C (men)		LIRC - A (women)	CIR (women)	
11:40 AM	LUNCH BREAK								
12:10 PM	Mens Middle School 4x	56a			SRA - A	PR - A	LIRC		
12:20 PM		56b		SRA - C	PR - B	RAG	SRA - B		
12:30 PM	Mixed Youth 4x	37		LIRC - C	LIRC - B	SRA	LIRC - A		
12:40 PM	Womens Varsity 8+	60	RCS	CIR	PR - A	MNTNL	SRA	NHS	PR - B
12:50 PM	Mens Varsity 8+	59		RCS	PR	MNTNL	ONRA	SRA	
1:00 PM	Mens Ltwt 1x	35a		ONRA - B	KSC	ONRA - A	RAG		
1:10 PM		35b		ONRA - F	ONRA - D	ONRA - C	ONRA - E		
1:20 PM	BREAK								
1:30 PM	Mens JV 4+	46	MNTNL - B	NHS	PR - A	LIRC	MNTNL - A	PR - B	
1:40 PM	Womens JV 4+	47	PR - B	NHS	MNTNL	PR - A	CIR	LIRC	HS
1:50 PM	Mens Ltwt Varsity 2x	48		ONRA - B	RAG	ONRA - A	ONRA - C		
2:00 PM	Womens Ltwt Varsity 2x	49		RAG	LIRC	KSC			
2:10 PM	BREAK								
2:20 PM	Mens Varsity 4x	29		SJHS	ONRA - A	SRA	ONRC - B		
2:30 PM	Womens Varsity 4x	30			CIR	SRA			
2:40 PM	Womens Ltwt Varsity 8+	43			CIR - B (women)	NHS (women)	CIR - A (women)		
2:50 PM	Womens JV 2x	45a		ONRA - A	KSC	LIRC - A	WHSNJ	SRA - A	
3:00 PM		45b		LIRC - B	ONRA - B	RAG	ONRC - C		
3:10 PM	Mens JV 2x	44a	SRA - A	WHSNJ	SJHS - A	ONRA - A	LIRC	RAG	
3:20 PM		44b		ONRA - C	SJHS - B	ONRA - B	SRA - B	PJ	
3:30 PM	BREAK								
3:40 PM	Mens Varsity 4+	33		RCS	PR	MNTNL	NHS		
3:50 PM	Womens Varsity 4+	34a		RCS	CIR	MNTNL	NHS		
4:00 PM		34b		KSC	HS	LIRC	SRA		
4:10 PM	Mens JV 4x	52a	WHSNJ	SJHS - A	ONRA - A	LIRC - A	KNOX		
4:20 PM		52b		ONRA - B	SRA	KSC	LIRC - B		
4:30 PM	Womens JV 4x	53a	SRA - A	WHSNJ - A	LIRC - A	CIR - A	ONRA		
4:40 PM		53b		CIR - B	SRA - B	LIRC - B	WHSNJ - B		
4:50 PM	Mens JV 8+ & lwt 8+	23, 42	PR - B	NHS	PR - A	MNTNL	SRA	MNTNL (lwt)	
5:00 PM	Womens JV 8+	24	CIR - B	NHS	MNTNL	CIR - A	PR	SRA	