



2018-2019 ROWING CHAMPIONSHIPS HOST: ROWONTARIO

OCTOBER 26-27, 2018
Royal Canadian Henley Rowing Course
St. Catharines, Ontario

ROWING CHAMPIONSHIP INFORMATION BULLETIN #1

OUA AND HOST CONTACTS:

Position	Name	Phone Number	Email
OUA Director of Sport Operations	Matthew Davies	905-635-5510 ext.203	matthew.davies@oua.ca
OUA Director of Marketing and Partnerships	David Frizzell	905-635-5510 ext. 209	david.frizzell@oua.ca
OUA Manager, Digital Communications	Chris Verlaan	905-635-5510 ext. 207	chris.verlaan@oua.ca
Host Convenor	Andrea Miller	416-759-8405/ 905-518-0301	andrea@rowontario.ca
Host Sports Information Coordinator	Andrea Miller	416-759-8405/ 905-518-0301	andrea@rowontario.ca
Host Events Manager	Ken Campbell	905-932-1728	cssrarowing@sympatico.ca
Host Athletic Therapist	Britt Ellis	905-687-7672	brittany@ellis.on.ca

1. EVENT DATES

Friday October 26th and Saturday October 27th

2. CHAMPIONSHIP FACILITY INFORMATION

Address: Henley Island Drive, St. Catharines ON
 Website: <http://www.henleyregatta.ca/>
 Course Distance: 2150 meters
 Race Distance: 2000 meters
 Parking: 300 car parking lot with boat trailer parking in the enclosed compound

3. ENTRY FEES AND DEADLINES

Entry Fees:

Varsity events: \$475 per gender
 Development events: \$300 per gender

Entry Deadline: October 17th 11:59PM

All entries will be complete using Regatta Central. An entry is only valid when all crew members are

named and entry fee payment is submitted.

A complete team roster of all athletes eligible to compete in the OUA rowing championships (including Development events) shall be submitted to andrea@rowontario.ca by October 15th 11:59PM. Only athletes listed on the roster may compete or be used as a spare or substitute in any entry for any reason

Substitutions: After entries close, and prior to racing beginning, a maximum of 50% of a crew or the single may be substituted from the original team roster. Name changes may be submitted via email to Andrea Miller (andrea@rowontario.ca) by October 23rd at 11:59PM. Any additional name changes will need to be made in person at the OUA Coaches Meeting for a fee of \$5 per name, except for medical reasons validated by medical documentation before the end of the regatta. An athlete who has been medically replaced will not be allowed to compete in any event on that same day.

OUA Eligibility Deadline: October 15th 11:59PM

Coaches must submit the URL to their sport specific roster to Andrea Miller, ROWONTARIO Sport Development Manager (andrea@rowontario.ca). Any changes to the roster occurring within 24 hours of racing can only be done for medical reasons or on compassionate grounds. All requests are to be submitted for approval by the OUA Sport Operations Coordinator and the Regatta Manager.

4. TEAM REGISTRATION AND ELIGIBILITY

Registration:

All athletes will be required to check in with photo identification at the Control Commission prior to launching for each race.

Eligibility:

Please refer to the 2018-2019 OUA Rowing Rules and Regulations for specific information related to eligibility.

5. SCHEDULE OF EVENTS

OUA Coaches Meeting: Thursday October 25th 8:00PM in the weigh-in room (boathouse upstairs). Agenda items to be submitted to Matthew Davies (matthew.davies@oua.ca)

Regatta Technical Meeting: Friday October 26th at the Control Commission, 1 hour before the first race.

Regatta Finals Technical Meeting: Saturday October 27th at the Control Commission, 1 hour before the first race, if required.

Coach of the Year, Athlete of the Year meeting: Saturday October 27th in the weigh in room, 20 minutes after the completion of the last race

On-Water Practice Times: Crews interested in practicing on Thursday October 25th must be accompanied by a coach on the water. Coaches should contact Peter Somerwhil (psomerwhil@brocku.ca) to arrange a practice time.

6. COMPETITION SCHEDULE

The order of the OUA Championship Events shall be as follows:

1. Men's Heavyweight 2-
2. Women's Heavyweight 2-
3. Men's Lightweight 1x
4. Women's Lightweight 1x
5. Men's Heavyweight 2x
6. Women's Heavyweight 2x
7. Men's Lightweight 8+
8. Women's Lightweight 8+
9. Men's Heavyweight 4+
10. Women's Heavyweight 4+
11. Men's Lightweight 2x
12. Women's Lightweight 2x
13. Men's Heavyweight 1x
14. Women's Heavyweight 1x
15. Men's Lightweight 4+
16. Women's Lightweight 4+
17. Men's Heavyweight 8+
18. Women's Heavyweight 8+
19. Men's Lightweight 2-
20. Women's Lightweight 2-

Events will run in 15-minute intervals, with race intervals of no less than 6 minutes.

Friday October 26th:

Development events: 9:00AM – approximately 11:00AM

21. Para Event*
22. Women's JV 2x
23. Women's JV 4+
24. Men's Novice 8+
25. Men's Novice 4+
26. Men's JV 2x
27. Men's JV 4+
28. Women's Novice 8+
29. Women's Novice 4+

*A Para event (or series of Para events) will be including in the schedule if entries warrant. Coaches should email Andrea Miller (andrea@rowontario.ca) before submitting a Para entry to discuss event designation and time adjustment, if applicable.

Heats for Saturday's Championship event finals will begin immediately following the completion of the last Development race.

Saturday October 27th: Finals for the Championship events will begin at 8:00AM. Events will run in 15-minute intervals, with race intervals of no less than 6 minutes.

The official weigh-in for all lightweights and coxswains will be held starting 2 hours prior to the first lightweight race and shall remain open for 2.5 hours for each racing day.

7. SPORT SPECIFIC RULES AND OFFICIALS

Licensed RCA Umpires will supervise all races.

The OUA Rowing Championships will be hosted and staged according to the 2018 RCA Rules of Racing, with the following exceptions:

- 2.3 Categories of Rowers and Proof of Age and Identity
 - The OUA Rowing Championships follows OUA Eligibility requirements, not RCA categories. A valid student card will be accepted as identification at this regatta.

- 2.12 Para Competitors
 - Para rowers must meet the criteria set out in the FISA Para Rowing Classification Regulations, but are not required to obtain classification prior to the event.
- 3.1 Classes of Boats
 - PR3 1x entries will be accepted at this regatta.

For sport-specific OUA rules, please reference the 2018-19 OUA Rowing Rules and Regulations.

8. THERAPY / MEDICAL SERVICES

Canadian Henley Medical Team, coordinated by Britt Ellis.

9. ACCREDITATION

All competing athletes must have in their possession at the championship a piece of identification which bears their picture (acceptable I.D. includes valid student cards, driver's license, passport).

Athletes will be required to show photo identification at weigh-ins and at the Control Commission prior to launching for each race.

10. TICKETING

N/A – No admission or parking fees.

11. SPORTS INFORMATION/RESULTS

Results will be available online at RegattaMaster.com, @ROWONTARIO on Twitter, and on the OUA website.

12. AWARDS PRESENTATION

OUA Gold, Silver and Bronze medals for all crew members and coxswains, Team Championship banners, Athletes of the Year, and Coaches of the Year awards will be presented at the Control Commission beginning one hour following the completion of the last race.

13. ACCOMMODATIONS

ROWONTARIO has secured a preferred rate of \$109.99 at the Comfort Inn St. Catharines (2 Dunlop Dr. St. Catharines L2R 1A2). To book, please call 905-687-8890 and reference "ROWONTARIO OUA" at time of booking.

14. EQUIPMENT

Participating teams are responsible for providing their own equipment.

15. VOLUNTEERS

Participating member institutions must supply volunteers to assist throughout the championship. A volunteer schedule will be sent to each school prior to the championship by the Host Convenor, and must be completed and sent back prior to the race schedule being released. The number of volunteers will be based upon the number of varsity entries each school submits, based on the following ratios:

- 1-3 varsity entries: 1 volunteer
- 4-8 varsity entries: 2 volunteers
- 9-12 varsity entries: 3 volunteers
- 13-16 varsity entries: 4 volunteers
- 17-20 varsity entries: 5 volunteers

Duties will include boat holding, safety boat drivers, helping with results and posting and information, and other responsibilities yet to be determined.

16. OUA SPONSORS:

OUA has the following official league sponsors:

- Planters
- Pioneer
- Investor's Group
- Porter
- Wilson

The OUA Rowing Championships has the following official sponsors:

- Sunset Grill
- Regatta Sport
- Comfort Inn St. Catharines

17. ADDITIONAL INFORMATION:

Please refer to Regatta Central for updates and more information: