



# 2017-2018 ROWING CHAMPIONSHIPS HOST: ROW ONTARIO

OCTOBER 27-28 2017/2018  
Royal Canadian Henley Rowing Course  
St. Catharines, Ontario

## HIGH PERFORMANCE & COMPETITIVE INFORMATION BULLETIN #1

### OUA AND HOST CONTACTS:

Position	Name	Phone Number	Email
OUA Director of Sport Operations			
OUA Sport Programming Coordinator	Taylor Curran	905-635-5510 ext. 204	Taylor.curran@oua.ca
OUA Marketing & Communications	Chris Verlaan	905-635-2210 ext 207	Chris.verlaan@oua.ca
OUA Communications & Media	Jenelle Herbert	905-635-5510 ext. 205	Jenelle.herbert@oua.ca
Host Convenor	Andrea Miller	416-759-8405/ 905-518-0301	<a href="mailto:andrea@rowontario.ca">andrea@rowontario.ca</a>
Host Sports Information Coordinator	Andrea Miller	416-759-8405/ 905-518-0301	<a href="mailto:andrea@rowontario.ca">andrea@rowontario.ca</a>
Host Events Manager	Ken Campbell	905-932-1728	<a href="mailto:cssrarrowing@sympatico.ca">cssrarrowing@sympatico.ca</a>
Host Athletic Therapist	Jeanne Pawluk	289-407-8777	<a href="mailto:jpawluk@cogeco.ca">jpawluk@cogeco.ca</a>

### 1. EVENT DATES

Friday October 27<sup>th</sup> and Saturday October 28<sup>th</sup>

### 2. CHAMPIONSHIP FACILITY INFORMATION

Address: Henley Island Drive, St. Catharines ON

Website: <http://www.henleyregatta.ca/>

Course Distance: 2150 meters

Race Distance: 2000 meters

Parking: 300 car parking lot with boat trailer parking in the enclosed compound

### 3. ENTRY FEES AND DEADLINES

#### **Entry Fees:**

Varsity events: \$475 per gender

Development events: \$300 per gender

**Entry Deadline:** October 18<sup>th</sup> 11:59PM

All entries will be complete using Regatta Central. An entry is only valid when all crew members are named and entry fee payment is submitted.

A complete team roster of all athletes eligible to compete in the OUA rowing championships shall be input to Regatta Central by October 18<sup>th</sup> 11:59PM. Only athletes listed on the roster may compete or be used as a spare or substitute in any entry for any reason.

*Substitutions:* After entries close, and prior to racing beginning, a maximum of 50% of a crew or the single may be substituted from the original team roster. Name changes may be submitted via email to Andrea Miller ([andrea@rowontario.ca](mailto:andrea@rowontario.ca)) by October 23<sup>rd</sup> at 11:59PM. Any additional name changes will need to be made in person at the OUA Coaches Meeting for a fee of \$5 per name, except for medical reasons validated by medical documentation before the end of the regatta. An athlete who has been medically replaced will not be allowed to compete in any event on that same day.

**OUA Eligibility Deadline:** October 15<sup>th</sup> 11:59PM

Coaches must submit the URL to their sport specific roster to Taylor Curran, OUA Sport Operations Coordinator ([taylor.curran@oua.ca](mailto:taylor.curran@oua.ca)) and the championship convenor Andrea Miller, ROWONTARIO Competitions Manager ([andrea@rowontario.ca](mailto:andrea@rowontario.ca)). Any changes to the roster occurring within 24 hours of racing can only be done for medical reasons or on compassionate grounds. All requests are to be submitted for approval by the OUA Sport Operations Coordinator and the Regatta Chair.

#### **4. TEAM REGISTRATION AND ELIGIBILITY**

**Registration:**

All athletes will be required to check in with photo identification at the Control Commission prior to launching for each race.

**Eligibility:**

Please refer to the 2017-2018 OUA Rowing Rules and Regulations for specific information related to eligibility.

#### **5. SCHEDULE OF EVENTS**

**OUA Coaches Meeting:** Thursday October 26<sup>th</sup> 8:00PM in the weigh-in room (boathouse upstairs). Agenda items to be submitted to Taylor Curran ([taylor.curran@oua.ca](mailto:taylor.curran@oua.ca))

**Regatta Technical Meeting:** Friday October 27<sup>th</sup> 8:00AM at the Control Commission, if required.

**Regatta Finals Technical Meeting:** Saturday October 28<sup>th</sup> at the Control Commission, 1 hour before the first race if required.

**Coach of the Year, Athlete of the Year meeting:** Saturday October 28<sup>th</sup> in the weigh in room, 20 minutes after the completion of the last race

**On-Water Practice Times:** Crews interested in practicing on Thursday October 26<sup>th</sup> must be accompanied by a coach on the water. Coaches should contact Peter Somerwil ([psomerwil@brocku.ca](mailto:psomerwil@brocku.ca)) to arrange a practice time.

#### **6. COMPETITION SCHEDULE**

The order of the OUA Championship Events shall be as follows:

1. Women's Heavyweight 2-
2. Men's Heavyweight 2-
3. Women's Lightweight 1x
4. Men's Lightweight 1x
5. Women's Heavyweight 2x
6. Men's Heavyweight 2x
7. Women's Lightweight 8+
8. Men's Lightweight 8+
9. Women's Heavyweight 4+
10. Men's Heavyweight 4+

11. Women's Lightweight 2x
12. Men's Lightweight 2x
13. Women's Heavyweight 1x
14. Men's Heavyweight 1x
15. Women's Lightweight 4+
16. Men's Lightweight 4+
17. Women's Heavyweight 8+
18. Men's Heavyweight 8+
19. Women's Lightweight 2-
20. Men's Lightweight 2-

Events will run in 15-minute intervals, with race intervals of no less than 6 minutes.

**Friday October 27<sup>th</sup>:**

Development events: 9:00AM – approximately 11:00AM

- |                       |                     |
|-----------------------|---------------------|
| 21. Men's JV 2x       | 25. Women's JV 2x   |
| 22. Men's JV 4+       | 26. Women's JV 4+   |
| 23. Women's Novice 8+ | 27. Men's Novice 8+ |
| 24. Women's Novice 4+ | 28. Men's Novice 4+ |

Heats for Saturday's Championship event finals will begin immediately following the completion of the last Development race.

**Saturday October 28<sup>th</sup>:** Finals for the Championship events will begin at 9:00AM. Events will run in 15-minute intervals, with race intervals of no less than 6 minutes.

The official weigh-in for all lightweights and coxswains will be held starting 2 hours prior to the first lightweight race and shall remain open for 2.5 hours for each racing day.

**7. SPORT SPECIFIC RULES AND OFFICIALS**

Certified RCA Umpires will supervise all races.

The OUA Rowing Championships will be hosted and staged according to the 2013 RCA Rules of Racing, with the following exceptions:

- 2.6& 2.11 All coxswains and lightweight athletes will weigh in each day the scales will open 2 hours prior to the first lightweight event and stay open for 2.5 hours each racing day
- 6.0 the OUA does not monitor the size or number of advertising on equipment or uniforms during the Championships
- 6.5 the OUA does not track the use of blades that do not match the schools colors
- 9.3 the regatta does not use the repechage system in the progression of crews
- 10.9 Damage in the Start zone: There will be no stoppage of races for equipment broken while in the start zone and there will be no delay in the start time for crews who have equipment issues prior to their scheduled race time.
- 10.15 Dead Heat: if in a heat there is a dead heat for a qualifying position and room is available in the next round of progression then all crews will be advanced. If there is no room available then a re-row with those crews involved will take place.

Coxswains requiring deadweight will be expected to purchase sand from the weigh-in room for \$5.00 fee.

For sport specific OUA rules, please reference the 2017-18 OUA Rowing Rules and Regulations.

## **8. THERAPY / MEDICAL SERVICES**

Canadian Henley Medical Team, coordinated by Jeanne Pawluk.

## **9. ACCREDITATION**

All competing athletes must have in their possession at the championship a piece of identification which bears their picture (acceptable I.D. includes current student cards, driver's license, passport).

Athletes will be required to show photo identification at weigh-ins and at the Control Commission prior to launching for each race.

## **10. TICKETING**

N/A – No admission or parking fees.

## **11. SPORTS INFORMATION/RESULTS**

Results will be available online at RegattaMaster.com, @ROWONTARIO on Twitter, and on the OUA website.

## **12. AWARDS PRESENTATION**

OUA Gold, Silver and Bronze medals for all crew members and coxswains, Team Championship banners, Athletes of the Year, and Coaches of the Year awards will be presented at the Control Commission beginning one hour following the completion of the last race.

## **13. ACCOMMODATIONS**

The Comfort Inn St. Catharines is offering a room rate of \$99.99 for rooms booked by October 16<sup>th</sup> to all participants and spectators. Please reference "OUA Championships" when making your reservation.

Location: 2 Dunlop Dr. St. Catharines ON

Phone: 905-687-8890

Website: [comfortinnstcatharines@gmail.com](mailto:comfortinnstcatharines@gmail.com)

## **14. EQUIPMENT**

Participating teams are responsible for providing their own equipment.

## **15. VOLUNTEERS**

Participating member institutions must supply volunteers to assist throughout the championship. A volunteer schedule will be sent to each school prior to the championship by the Host Convenor, and must be completed and sent back prior to the race schedule being released. The number of volunteers will be based upon the number of varsity entries each school submits, based on the following ratios:

- 1-3 varsity entries: 1 volunteer
- 4-8 varsity entries: 2 volunteers
- 9-12 varsity entries: 3 volunteers
- 13-16 varsity entries: 4 volunteers
- 17-20 varsity entries: 5 volunteers

Duties will include boat holding, safety boat drivers, helping with results and posting and information, and other responsibilities yet to be determined.

## **16. OUA SPONSORS:**

**OUA has the following official league sponsors:**

- Porter
- Pioneer
- Investor's Group
- Big Kahuna Sports

**The OUA Rowing Championships has the following official sponsors:**

- Sunset Grill
- Direct Sports Apparel (DSA)

## **17. ADDITIONAL INFORMATION:**

Please refer to Regatta Central for updates and more information:

[https://www.regattacentral.com/regatta/?job\\_id=5424](https://www.regattacentral.com/regatta/?job_id=5424)