



VENUE MAP

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2014 AUSTRALIAN MASTERS ROWING CHAMPIONSHIPS, ADELAIDE BULLETIN 3

WELCOME

Welcome to our final Bulletin. With only weeks to go, the organising committee is fine tuning all details to ensure everything is in readiness for the influx of competitors, boats and merchandising. In this Bulletin we will provide information about the Venue and discuss Traffic Management, trailer parking, car parking and maps for on water traffic rules during training and racing.

Entries opened on 3rd March and will close on Monday 14th April @ 12:00pm CST. **NO LATE ENTRIES WILL BE ACCEPTED.** There will be a three day period to allow for withdrawal without penalty. The final race schedule will be available on the weekend of 19th/20th April. All entries are to be done through Regatta Central.

www.regattacentral.com/regatta/entries/index.jsp?job_id=3227&org_id=0

TRAFFIC CONTROL

As can be seen on the Venue Map, a Traffic management plan will be in place for the Wednesday and Thursday to cater for boat unloading. One lane on Military Road will be blocked off to create a drop-off and pick-up lane for trailers and busses. Entry to the lane will be from the northern approach on Military Road. This lane will only be for short term use. On the Friday and Saturday it will be back to normal traffic lanes, but a majority of the parking lane will be set aside for drop-off and pick-up. Traffic Management will once again be in place on Sunday to allow for boat loading. Once trailers have been unloaded, they will be stored at AAMI Stadium, approximately 5km from the course. See map for details of how to get there. Please ensure your trailer is secured and be aware that there will only be sporadic security at this location.



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GENERAL PARKING

There is ample parking in close proximity to the course. Please refer to the map below for details. Council restrictions may apply in and around local streets. There is a car park for VIP's and volunteer directly opposite the course on the western side of Military Road. General car parking is available just 400m south of the main entrance to the course on the western side of Military Road, and we encourage you to use this facility. Military Road has a Bike Lane that is in operation during both am and pm peaks, so no parking when the bike lane is in operation.

Additional disabled parking spaces have been set aside in the car park of Oarsman Reserve. Entry to the Oarsman Reserve Car Park is via the drop off and pick-up lane. You will be directed to these parking spaces by an attendant. A valid disabled parking permit needs to be displayed at all times.



BOAT PACKAGING DISPOSAL

There will be two small skips provided at the course on Wednesday and Thursday, to allow people to dispose of any excess packaging. So rather than fill the rubbish bins scattered around the course, please use the skips for this purpose.

ON WATER MAPS

A copy of the on water traffic flow maps for training and racing are shown below. Training on the course is available only on Wednesday 30th. Please refer to the venue map for incoming and outgoing launching areas. Ensure you are aware of the traffic rotation pattern and be aware that lane four is a no go safety lane. Also be aware that there may be other aquatic activities on the water.

On race days, you are required to row past the start area and enter the marshalling area at the top of the course. Warm-up will be permitted in the first 500m at the top of the 2000m course, prior to entering the marshalling area.

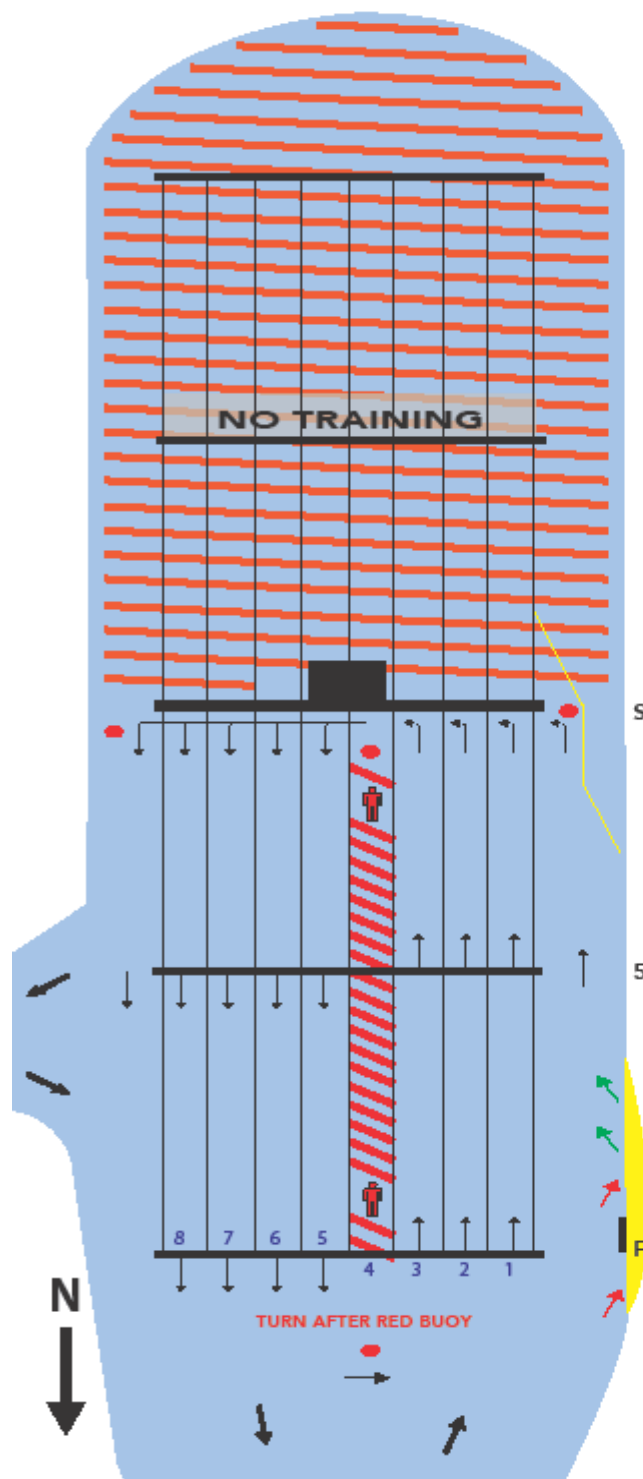
West lakes extends well beyond the course, but be advised that if you row through the bridges to the north or east of the course, it is at rowers own risk.

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2014 Australian Master's Rowing Championships - West Lakes -

Traffic flow for **TRAINING** on Wednesday 30th April



- ATTENTION -

No Training on the Course on Race Days.

All Rowers and Coaches must obey local noise regulations. This is a residential area, please keep noise to a minimum. The use of power megaphones is strictly prohibited.

- KEY -

- Traffic Flow
- ↗ Out Going
- ↖ In Going
- 🚶 Marshall

- NO CYCLING -

Extreme caution when walking along the course. Many children and residents use this path.

- PUBLIC LAKE -

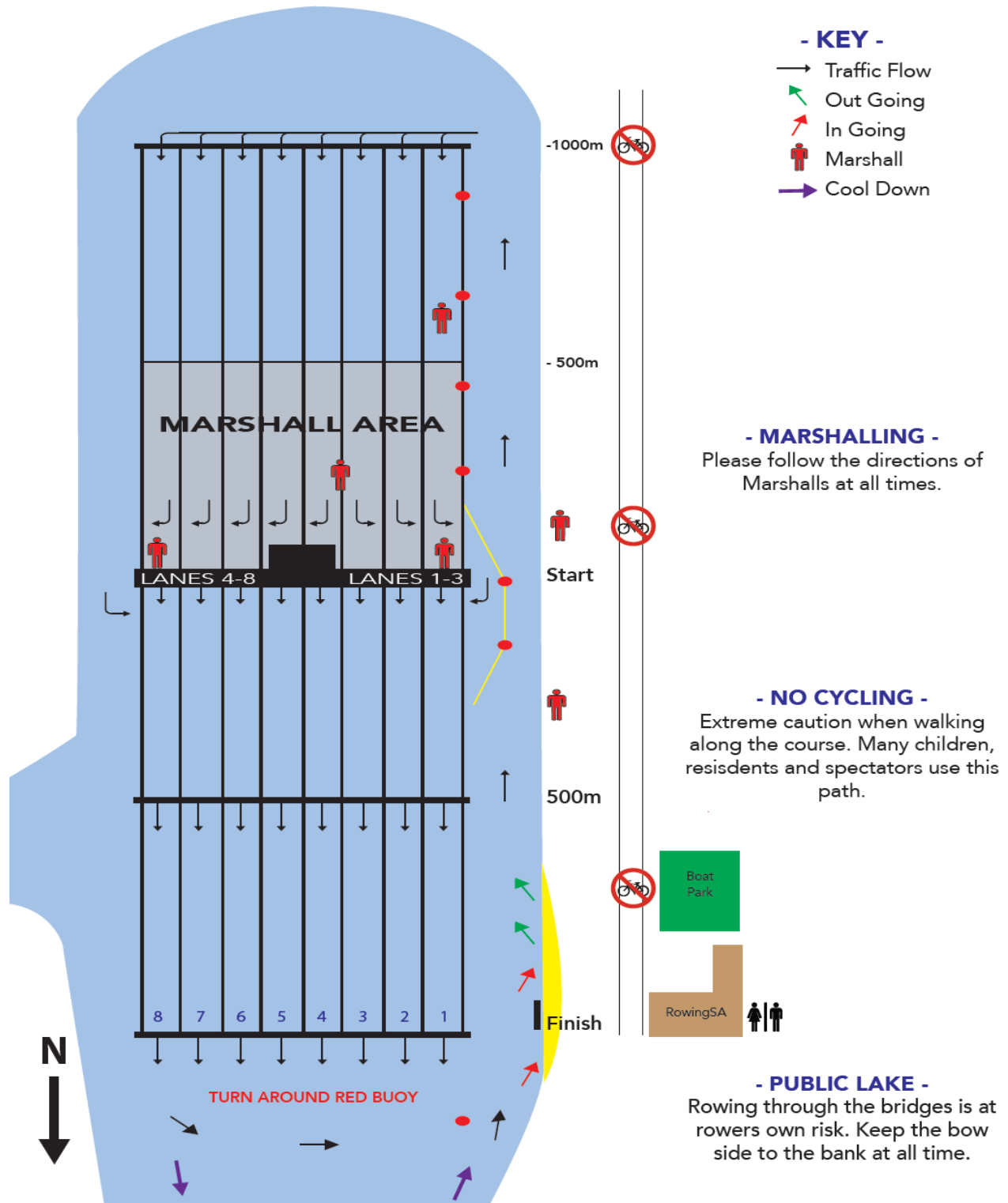
Rowing through the bridges is at rowers own risk. Keep the bow side to the bank at all time.

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2014 Australian Master's Rowing Championships
- West Lakes -

Traffic flow for **RACING** during competition



FASTEST CLUB CREW

There will be a new category of medals awarded for this regatta on a trial basis.

In order to encourage entries from single clubs, Rowing Australia has accepted the recommendation of its Masters Commission, and will award a special medal to the fastest single-club crew in the final of championship events for quads, fours and eights. A club crew finishing first, second or third will be awarded the Fastest Club Crew Medal in addition to the gold, silver or bronze medal respectively. If the first club crew over the line finishes fourth or lower, it will be awarded the Fastest Club Crew Medal.

Just by way of clarification, to qualify for the fastest club crew medal, all members of the crew including the cox must be from the same club.

ATHLETES BRIEFING

An athletes and coaches briefing will be held in the main marquee, on Thursday 1st May at 10:00am, pending final race schedule. Any change to this time will be emailed to club administrators and posted on Regatta Central. The briefing will provide an overview of the traffic rules for training and racing and other location specific information. There will also be an opportunity to ask questions of event officials. Coaches and athletes are strongly recommended to attend.

CLUB AND TEAM TENTS

If you refer to the Venue Map, you will notice an area labeled "Team Tents", which is approximately 250m from the finish. This is the only area available for clubs to erect team tents. This area will be marked out to help with tent placement. It will be marked out for the standard 6x3 sun shelter tents. There is ample space for tents, but spaces will be taken up on a first in best dressed basis. Please ensure you secure your tent well with pegs and guy ropes, as West Lakes is subjected to strong winds at times.

BOAT WASHING

The West Lakes rowing course is salt water and is situated in a diverse marine environment. For bio-security reasons all boats must be thoroughly cleaned at their home club prior to being transported to the West Lakes venue. Freshwater boat washdown facilities will be provided at the venue. The use of detergents is strictly prohibited (and unnecessary for sponging and rinsing salt water) as the boat washdown facilities empty directly into the lake via storm water drains.

SOCIAL AND CATERING

We at the boat shed cafe are looking forward to catering for the Australian Masters Rowing Championships.

With the support of the Organising Committee, we (as indicated in the last bulletin) will have you well fed and watered. The Cafe will be open from the Wednesday through to the Sunday from 6am to 5pm for breakfast lunch and snacks, with beer wines spirits being sold from the bar at 12 noon till late.

There will be a happy hour Thursday and Friday from 5pm to 7pm, with live music to entertain you. For those that would like to dine with us, we will have South Australian seafood on Thursday night and pasta on Friday night. This will be served between 5:30pm and 8pm both nights.

On Saturday night there will be a social get together. We will have a spit roast dinner and be entertained by the Corner Pocket Big Band. Dinner will be served between 6pm and 9pm at a cost of \$25. Dress code is come as you are.

TOURISM INFORMATION

Athletes in town for the 2014 Australian National Masters Rowing Championships are invited to enjoy Tasting Australia, a delicious celebration of eating and drinking that will take place from 27 April to 4 May. The festival's hub – the Tasting Australia Town Square – can be found in Adelaide's Victoria Square. Head along to attend free eat and think sessions, meet chefs and relax with a great meal. You'll have fun and the chance to learn from some of the leading names across the food and wine industry, including the event's patron Maggie Beer.

More than 80 Tasting Australia events are happening across the state, so visit www.tastingaustralia.com.au to find out more and book your place at the table. The first 500 people to visit the Tasting Australia Town Square information booth and mention they're taking part in the 2014 Australian National Masters Rowing Championships will receive a **free Tasting Australia wine glass**. Sample top drops from around the nation and take a souvenir home with you!

REGATTA CENTRAL APP

There will be an RC App available for this regatta that will allow you to obtain live Australian Masters Results on your Smart Phone.

FOR FURTHER INFORMATION

For further information please contact the Organising Committee on (08) 8242 3288

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