



**SYDNEY**  
**INTERNATIONAL**  
**ROWING REGATTA**  
24-30 MARCH 2014  
**WORLD ROWING**  
**DOWNUNDER**

## **Australian Clubs and Schools**

### **Bulletin 1**

**September 2013**

**KING'S &  
QUEEN'S  
CUPS INTERSTATE  
REGATTA**

**AUSTRALIAN  
OPEN  
SCHOOLS  
ROWING  
CHAMPIONSHIPS**

**AUSTRALIAN  
OPEN  
ROWING  
CHAMPIONSHIPS**



Sydney, Australia, 28-30 March, 2014

HOSTED BY



STRATEGIC PARTNERS



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SYDNEY INTERNATIONAL ROWING REGATTA WORLD ROWING DOWNUNDER

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## WELCOME FROM THE PROJECT BOARD

For the second year the 2014 Kings Cup and National Regatta and the Australian Schools Championships will be combined with the first round of the 2014 FISA World Rowing Cup at the Sydney International Regatta Centre from 23 – 30 March.

Once again, our best school rowers, our best club rowers, our National Team rowers will have the opportunity to mix it with the best rowers from around the world on our home waters. The chance of all Australian rowers and supporters to see our reigning World Champions, Kim Crow, Eric Horrie, Katherine Ross and Gavin Bellis compete against their overseas rivals at home is rare, and last year the support which our National Team rowers received from the rowing community out at SIRC was outstanding.

At the same time, the international visitors got the opportunity to see the best which we have to offer, and admitted to being “blown away” by the quality (and quantity) of our school crews, the club events, and the magnificent competitive rivalry of the Kings Cup, Queens Cup and other Interstate Events.

We invite all of the Australian rowing family once again to share in this unique and wonderful festival of rowing on one of the world’s best rowing courses in March 2014. If you missed it in 2013, make sure you come along in 2014.

**John Boulton**

Chairman, 2014 Sydney International Rowing Regatta Project Board

## EVENT INFORMATION

### THE EVENT

The 2014 Sydney International Rowing Regatta will be held at the Sydney International Regatta Centre in March. The event will comprise:

- Australian Open Rowing Championships
- King’s and Queen’s Cups Interstate Regatta
- Australian Open Schools Rowing Championships
- World Rowing Cup 1

### THE VENUE

Sydney International Regatta Centre is set on 196 hectares of native and landscaped parkland: it is one of the best rowing and sprint canoeing courses in the world. The Centre won international acclaim while hosting 825 athletes from 56 countries during the Sydney 2000 Olympic Games. The Centre hosts a number of State, National and International rowing and canoeing regattas each year. The Sydney International Regatta Centre is located in the City of Penrith in Western Sydney,

approximately 60kms west of the Sydney CBD and situated on the Nepean River and the foothills of the famous Blue Mountains.

### **REGATTA COURSE**

The Sydney International Regatta Centre was purpose built for the rowing and canoeing events in the 2000 Sydney Olympic Games and remains a magnificent legacy of that event for our sport. The course provides a constant 4.2m depth over 9 competition lanes, with rock-lined, wave absorbing banks designed to promote the best possible conditions for competition. The Centre provides a 1500m warm up and cool down facility adjacent to the racing course.

An 1100 seat grandstand provides spectacular views over the rowing course and, together with adjacent embankments and seating on the southern side of the course can accommodate more than 30,000 spectators.

### **TRAVEL TO THE VENUE**

Penrith is easily reached by road via the Great Western Highway or the Western Freeway from the Sydney CBD as well as the Freeway network when travelling from the south or north. Penrith can be accessed by train from the airport to Sydney Central and then on to Penrith.



## COMPETITION INFORMATION

### SUMMARY OF RACING

A full summary of racing shall be released with an indicative race schedule in December 2013.

Please be aware that there is currently a consideration to start racing on Sunday 23 March 2014. Once this is confirmed either way it will be widely publicised.

### AUSTRALIAN OPEN ROWING CHAMPIONSHIPS

The following events will be contested at the Australian Open Rowing Championships:

Under 17 Men (U17M)	1x	2x	4x+				
Under 17 Women (U17W)	1x	2x	4x+				
Under 19 Men (U19M)	1x	2x	2-	4x	4-	4+	8+
Under 19 Women (U19W)	1x	2x	2-	4x	4-	8+	
Under 21 Men (U21M)	1x	2x	2-	4x	4+		
Under 21 Women (U21W)	1x	2x	2-	4x	4+		
Under 21 Lightweight Men (U21LM)	1x						
Under 21 Lightweight Women (U21LW)	1x						
Under 23 Men (U23M)	1x	2x	2-	4x	4-	4+	8+
Under 23 Women (U23W)	1x	2x	2-	4x	4-	8+	
Under 23 Lightweight Men (U23LM)	1x	2x	2-	4-			
Under 23 Lightweight Women (U23LW)	1x	2x	4x				
Open Men (OM)	1x	2x	2-	4x	4-	4+	
Open Women (OW)	1x	2x	2-	4x	4-	8+	
Open Lightweight Men (OLM)	1x	2x	2-	4x	4-	8+	
Open Lightweight Women (OLW)	1x	2x	4x				
Club Men (CM)	2x	4-					
Club Women (CW)	2x	4-					

The **Para-rowing** events to be contested are:

Men's Legs, Trunk and Arms (MLTA)	1x	Mix2x	Mix4+				
Women's Legs, Trunk and Arms (WLTA)	1x	Mix2x	Mix4+				
Men's Trunk and Arms (MTA)	1x	Mix2x					
Women's Trunk and Arms (WTA)	1x	Mix2x					
Men's Arms and Shoulders (MAS)	1x						
Women's Arms and Shoulders (WAS)	1x						

Please note that all Para-rowing events are to be conducted over 1000m.

### AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The following events will be contested at the Australian Open Schools Rowing Championships:

Schoolboy Under 17 (SBU17)	8+						
Schoolgirl Under 17 (SGU17)	8+						
Schoolboy (SB)	1x	4x+	4+	8+			
Schoolgirl (SG)	1x	4x+	4+	8+			

## THE KING'S AND QUEENS CUP'S INTERSTATE REGATTA

The following events will be contested at the King's and Queen's Cups Interstate Regatta:

Men's	1x	L4-	Youth8+	8+			
Women's	1x	L4x	Youth8+	8+			

### REGATTA RULES

The Australian Open, Schools and Interstate regattas will be conducted according to the Rowing Australia rules and by-laws of racing.

A copy can be found at [www.rowingaustralia.com.au](http://www.rowingaustralia.com.au)

### ELIGIBILITY TO COMPETE

Entry into the 2014 Australian Open Rowing Championships and Australian Open Schools Rowing Championships is open to all competitors who are authorised to compete by their affiliated Member Association and who are eligible under the Rowing Australia Rules and by-laws of racing.

A **School** competitor is one who qualified as Under 21 (Youth) under the provisions of the RA rules and is attending a secondary school as a full time day student. Entrants in the Australian Open Schools Rowing Championships must represent their school.

**Overseas crews** are welcome to compete in the Australian Open Rowing Championships as a lead up event to their World Cup campaign. School crews from outside of Australia may compete in the Australian Open Schools' Rowing Championships.

A rower or coxswain's age shall be taken at 31 December 2014. As an example, a rower or coxswain shall be classified as an **Under 21 (Youth)** rower until 31 December of the year in which the rower reaches the age of 20.

For Para-rowing events all athletes must have a National Confirmed or National Review status prior to submitting entries, and must have a National Confirmed or National Review status to be eligible to compete at the Australian Open Rowing Championships. There will be no opportunity to gain classification at the regatta.

### CONDITIONS OF ENTRY

The following conditions of entry apply to the **Australian Open Schools Rowing Championships**:

- Only one entry per school will be accepted into each event, with the exception of the Schoolboys and Schoolgirls Single Scull, in which two entries per school will be accepted.
- Competitors entering into the Australian Open School Rowing Championship Single Sculls events may not enter the Australian Open Rowing Championships Under 17 Single Sculls events.
- School events are restricted to crews consisting of representatives from one school only. (RA Rule 12.5)

The following conditions of entry apply to the **Australian Open Rowing Championships**:

- Under 21 and Club events are restricted to crews consisting of representatives of one club or school only.
- Athletes entering in club events must not have been a member of a National Senior A or Under 23 team in the previous year, and must not be nominating for national selection.

The following conditions of entry apply to the **King's and Queen's Cups Interstate Regatta**, Rowing Australia Rule 9.4.1:

- Interstate events shall be open to competitors who are citizens of Australia or who have been a resident in the State or Territory of Australia for which they intend to compete for a continuous period of not less than 12 months prior to the close of entries. Each State Association is entitled to enter one crew into each Interstate event.

Further details surrounding Interstate Regatta participation by athletes involved in World Cup events will be released shortly.

### **COXSWAINS**

Age categories shall apply to coxswains, except in Under 23 events. The minimum weight for a coxswain (wearing racing uniform) is **55 kg** for men's Open, Under 23, Under 21 (Youth) and Under 19 men's crews and **50 kg** for women's Open, Under 23, Under 21 (Youth), Under 19 women's crews, Schoolboy, Schoolgirl, Under 17 men and women and adaptive crews.

Coxswains shall be weighed wearing racing uniform not less than one hour and not more than twenty four hours before their first race at the regatta. A coxswain who has weighed in for their first day of competition is not required to weigh in for the second day if he/she weighed in at the required weight.

### **ANTI-DOPING**

The Australian Sports Anti-Doping Authority (ASADA) is likely to conduct drug testing at the 2014 Sydney International Rowing Regatta. It is the responsibility of each competitor to know and understand their responsibility in regard to Anti-Doping. Competitors and coaches are urged to take note of the following requirements in respect of banned substances for therapeutic use and act accordingly in achieving exemptions for appropriate athletes.

## ENTRIES

### AUSTRALIAN OPEN AND AUSTRALIAN OPEN SCHOOLS ROWING CHAMPIONSHIPS

The cost to enter the Australian Open and Australian Open Schools Championships is **\$55.00 (incl GST)** per seat.

Entries for the Australian Open, Australian Open Schools Rowing Championships and Interstate Regatta must be made through Regatta Central [www.regattacentral.com](http://www.regattacentral.com).

Please note transaction fees apply.

### INTERSTATE REGATTA

Entry into the Interstate Regatta is free to State and Territory Associations.

### KEY DATES

- Entries Open: 1:00pm AEDT Monday 20 January 2014
- Entries Close: 11:59pm AEDT Tuesday 4 March 2014
- Withdrawals without penalty: up to 11:59pm AEDT Friday 7 March 2014
- Final entry payments must be received by 11:59pm AEDT Friday 14 March. Any entry that has not been paid by this time will not be accepted

## TRAINING TIMES

The venue is **open for training** from 10.00am AEDT Saturday **22 March 2014**. Access to the venue prior to this date must be approved by Rowing Australia due to event preparations.

Training on the course during competition days shall be from 6.40am until 30 minutes prior to the first race of the day, and from 15 minutes after completion of the last race of the day until 7.00pm.

The bike path shall be available for coaches on either side of the course prior to the regatta starting, however once racing has begun coach bikes shall only have access to the southern bike path (opposite side of the course to the Grandstand and Island). Access to the southern bike path shall only be via the Western end of the course (past the Finish).

## THE REGATTA COURSE AND TEAM SERVICES

### MEDICAL ARRANGEMENTS

The Athlete Medical Centre will be located at the western end of Boatshed 4, including sports massage and athlete first aid.

Emergency medical care for spectators and competitors during racing is located in the Dr Bill Webb Medical Centre located approx. 50m beyond the Finish Tower.

Rescue services will be active on the water throughout racing and official training sessions.



The nearest hospital is the Nepean Hospital approx. 6kms from the course.

If your club or school team is planning to bring medical staff to Sydney they may be required to meet requirements of the New South Wales Health Department to enable them to perform their duties to your team.

For further information contact Rowing Australia Competition Manager – Events, Cameron Allen at [callen@rowingaustralia.com.au](mailto:callen@rowingaustralia.com.au)

## **ACCREDITATION**

The 2014 Sydney International Rowing Regatta is a ticketed event.

All entered athletes shall receive event accreditation. Details around coach and other team staff and official's accreditation will be released by December 2013.

## **TEAM TENTS**

Details regarding team tents will be released in Bulletin 2.

## **SPECTATOR SERVICES AND FACILITIES**

### **TICKETING**

The 2014 Sydney International Rowing Regatta is a ticketed event.

Spectator access to the event will be by ticketed admission only. Tickets will be available from Ticketek via:

- Online at [www.ticketek.com](http://www.ticketek.com)
- Phone 13 28 49
- Any Ticketek agency
- Venue box office on event days

Tickets will go on sale in early 2014. Further details will be available shortly at [www.rowingdownunder.org](http://www.rowingdownunder.org)

### **CAR PARKING**

A venue entry/public parking fee will be payable. Parking can be purchased through Ticketek when purchasing tickets for entry to the venue or at the gate on arrival. All spectator parking will be located on the southern side of the course.

### **FIRST AID**

First Aid for spectators will be available and will be located adjacent to the Grandstand.

### **CATERING**

A variety of food and drink options will be located around the venue.

## **VISITORS AND SPECTATOR ACCOMMODATION**

A range of accommodation is available in Sydney, Penrith and surrounding areas.

Destination NSW and the Penrith Valley Visitors Information Centre will happily provide further information.

### **Destination New South Wales**

[www.sydney.com](http://www.sydney.com)

### **Penrith Valley Visitors Information Centre**

Tel: +61 1300 736 836

Website: [www.penrithvalley.com.au](http://www.penrithvalley.com.au)

Email: [pentour@penrithcity.nsw.gov.au](mailto:pentour@penrithcity.nsw.gov.au)

## **CONTACT DETAILS AND MORE INFORMATION**

Teams Accommodation, Catering & Transport	<a href="mailto:adavis@rowingaustralia.com.au">adavis@rowingaustralia.com.au</a>
Competition Management and Regatta Course	<a href="mailto:callen@rowingaustralia.com.au">callen@rowingaustralia.com.au</a>
Accreditation and Ticketing	<a href="mailto:adavis@rowingaustralia.com.au">adavis@rowingaustralia.com.au</a>
General Event Information	<a href="mailto:info@rowingdownunder.org">info@rowingdownunder.org</a>

### **Sydney International Rowing Regatta**

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