

Time		
7:30	Coach & Umpire Meeting	
7:45	Launching for Time Trials (2- and 1x) – Control Commission	
8:00		
8:15		
8:30	500m Time Trial (2- and 1x)	
8:45	Docking	
9:00	Launch for Time Trials (2x)	
9:15		
9:30	500m Time Trial (2x)	
9:45	Docking/Coach Meeting to determine Groupings	
10:00		
10:00	Nutrition Break	
10:15	Athlete Briefing	
10:30	Group A – Launch	
10:45		
11:00	250m (2- and 1x) Promotion/Relegation (Rounds 1 to 4)	
11:15		
11:30		
11:45	Group A – Docking	500m (2- and 1x) Promotion/Relegation (Rounds 1 to 4)
12:00		
12:15		
12:30		Group B – Docking
12:45		
13:00		
13:15	Group C – Launch	
13:30		
13:45	2x Racing Promotion Relegation (Rounds 1 to 4)	
14:00		
14:15		
14:30	Group C - Docking	
14:45		
15:00	Wrap-Up & De-brief	
15:15		
15:30	BBQ & Awards Presentation	
15:45		
16:00		
16:15		
16:30		
16:45		