**2022 RowOn Small Boat Trials**

**FIRST AID PLAN**

**First Aid Provider**

* Certified First Aid individuals assigned by the City of Welland (one at Boathouse and one at Finish Tower).

**Primary First Aid Location**

* The main location will be at the medical tent located near the boathouse at the north end of the course.

The First Aid Location will be available to athletes, participants, and coaches from the time boats are allowed on the water Saturday May 14th until 30 minutes after the last boat is off the water.

**First Aid Equipment**

At the Primary First Aid Location, the following equipment will be available:

WSIB Standard Contents First Aid Kit

Automated External Defibrillator (AED) *one located in the SNRC boathouse and one in the finish tower*

Ice

Blankets

Chairs *(preferable something with backs as opposed to benches)*

Phone for external communication

Radio for internal event communication

Incident Report forms

**Reporting**

Every time someone attends the First Aid location for assistance of any kind, an incident report will be completed. Incident Reports will be submitted to the Regatta Chair at the end of each day of the event.

**Victim Care**

Whoever initiates contact with someone needing First Aid should remain with the victim whenever possible. If the victim has been pulled out of the water, the safety boat team is responsible to ensure the victim receives First Aid care by either using a radio to call First Aid to meet the safety boat and the victim at the dock or by escorting the victim to the Primary First Aid Location, and handed over to the First Aid provider. Under no circumstances will the victim be left alone. If an individual brings themselves alone to the First Aid location every effort will be made to locate a coach, guardian or a screened adult to be with them.