

FIRST AID PLAN
RowOn Beach Sprint Championships
August 19-20, 2023

EMERGENCY CONTACT INFORMATION

EMERGENCY PHONE NUMBER FOR ALL EMERGENCIES
9-1-1

<u>SITE ADDRESS</u> Woodbine Beach Park 1675 Lakeshore Blvd E., Toronto, M4L 3W6	First Aid Advisor/Charge Person: Lily McGuire 519-217-5747
---	---

Toronto Police Dept. Non-Emergency: 416-808-2222	Toronto Fire and Emergency Services Non-Emergency: 416-338-9250
--	---

Canadian Coast Guard 416-463-7283	Marine Search and Rescue 416-862-SAFE
---	---

On-Site First Aid:

- There will be a well-marked Medical Tent on the beach, behind start/finish area, with easy access to the field of play.
- The Medical Tent will be staffed with certified First Aid personnel, and equipped with a radio, table & chairs, Standard First Aid kit, emergency blanket, ice, and portable AED.
- City of Toronto lifeguards will be on duty on the beach for the duration of the event.

Emergency contact and medical information for each registered competitor will be available on-site at the Medical Tent.

**In the event of an emergency requiring Emergency Services:
FIRST AID ADVISOR (Charge Person) will:**

- ❖ Call 911;
 - Provide dispatch with all the necessary information (i.e. facility location, nature of injury(ies), and what, if any, first aid has been provided).
- ❖ Designate someone to clear any traffic from the entrances/access road before the ambulance or other emergency vehicles arrive;
- ❖ Stay on the phone with 911 dispatcher, to receive updates on arrival location of ambulance, to direct the ambulance when it arrives, or delegate someone to do so;
- ❖ Obtain the injured person's emergency medical information, and call the emergency contact person listed once the paramedics have provided information as to which hospital the individual is being transported to.

Non-Emergency Medical Care:

No matter how significant the injury may seem, driving someone off-site (i.e. to the hospital or medical clinic) carries GREAT MEDICAL RISK to the injured and GREAT LEGAL RISK to the driver. Please call an ambulance or have an immediate family member/legal guardian drive the individual instead.