

**FIRST AID PLAN**  
**RowOn Beach Sprint Championships**  
**June 22<sup>nd</sup>, 2024**

**EMERGENCY CONTACT INFORMATION**

**EMERGENCY PHONE NUMBER FOR ALL EMERGENCIES**  
**9-1-1**

<b><u>SITE ADDRESS</u></b> Lakeside Beach Park 1 Lakeport Rd. St. Catharines, ON L2N 7R8	<b>First Aid Advisor/Charge Person:</b> Hilary Blackwood 289-455-1853
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<b>Niagara Regional Police</b> Non-Emergency: 905-688-4111	<b>Niagara Emergency Services</b> Non-Emergency: 905-984-5050
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**On-Site First Aid:**

- There will be a well-marked Medical Tent on the beach, behind start/finish area, with easy access to the field of play.
- The Medical Tent will be staffed with certified First Aid personnel, and equipped with a radio, table & chairs, Standard First Aid kit, emergency blanket, ice, and portable AED.

***Emergency contact and medical information for each registered competitor will be available on-site at the Medical Tent.***

**In the event of an emergency requiring Emergency Services:**

**FIRST AID ADVISOR (Charge Person) will:**

- ❖ Call 911;
  - Provide dispatch with all the necessary information (i.e. facility location, nature of injury(ies), and what, if any, first aid has been provided).

- ❖ Designate someone to clear any traffic from the entrances/access road before the ambulance or other emergency vehicles arrive;
- ❖ Stay on the phone with 911 dispatcher, to receive updates on arrival location of ambulance, to direct the ambulance when it arrives, or delegate someone to do so;
- ❖ Obtain the injured person's emergency medical information, and call the emergency contact person listed once the paramedics have provided information as to which hospital the individual is being transported to.

**Non-Emergency Medical Care:**

No matter how significant the injury may seem, driving someone off-site (i.e. to the hospital or medical clinic) carries GREAT MEDICAL RISK to the injured and GREAT LEGAL RISK to the driver. Please call an ambulance or have an immediate family member/legal guardian drive the individual instead.