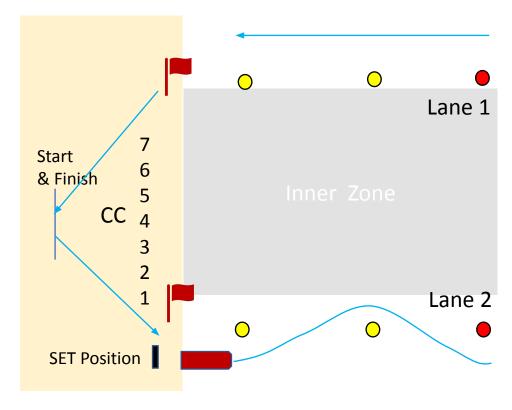
Processional Time Trial



Beach

THE COURSE

Run of 10-50m/ Row of 525m / Run of 10-50m

- 1. One of the crew will run from the start line, around the Lane Flag, to the boat on the water in Lane 2.
- 2. The crew will race 250m out to the end buoy, slalom in side the 2nd buoy.
- 3. The crew will turn 90 degrees and row 25m to the Lane 1 end buoy and turn 90 degrees.
- 4. The crew will row 250m straight back to shore in Lane 1, keeping outside of the slalom buoys.
- 5. Once on the shore one of the crew will run round the Lane Flag, up the beach to the finish line.

Note: The water area inside the Lane Flag, slalom buoys and end buoys, is termed the inner zone. This area is for crews that are being over taken, have equipment failure or are retiring from the race. An racing crew entering this area with their hull, other than for the above reason will be awarded a penalty.

Boat Preparation

Racing crews should report at Control Commission (CC) to receive their boat, as it comes off the water. The crew and their boat handlers will have 3-4 minutes to prepare their boat and move it to the water, before the start of their race.