



EMERGENCY ACTION PLAN

Updated August 30, 2024

In Case of Emergency Call 911

Royal Canadian Henley Rowing Course
70 Henley Island Drive
St. Catharines, ON



From Main Street, turn onto Henley Island Drive (across from Saint Ann Catholic Elementary School). After crossing the bridge, turn left to the main parking lot. Follow the large MEDICAL signs to park directly behind the medical building.

Lay-Out of Location



Emergency Procedures indicate that EMS should be contacted if any of the following situations occur:

- Victim is not breathing or was not breathing
- Victim is bleeding profusely
- Victim lost consciousness for any period of time
- Injuries occur to back, neck or head
- There is a major trauma to a limb
- Victim suffers cold water emergency
- Serious assault with or without a weapon
- Fire
- Any other situation at the discretion of the Charge Person on site at that time

ROLES IN AN EMERGENCY

Charge Person

- Lead Coach, staff or volunteer on-site with First Aid training – Hilary Blackwood (289-455-1853)
- Monitors possible danger to themselves and others;
- Responsible for first aid – including decision to contact EMS and victim care;
- Direct others to complete assigned tasks (see below);
- Needs to know location of Emergency Information for all participants and be able to access;
- Ensure Incident report is completed and appropriate follow up is completed including alerting Andrew Backer – andrew@rowontario.ca, 416-529-4659

Call Person

- As directed by charge person, call EMS;
- Have knowledge of situation to be able to communicate details to EMS;
- Have knowledge of site to communicate directions to 911 Operator.

Other Roles to be Assigned

- Greet EMS at site entrance;
- Runners to get First Aid Kit, AED, ice, blankets etc.;
- Ensure everyone else gets off the water immediately and stays off the water;
- Controls the crowd.

OUA Championships – Weather Action Plan

1.0 Weather Action Plan for OUA Championships regatta held at the Royal Canadian Henley Rowing Course, St. Catharines ON

This weather plan provides an outline of the steps to be taken if weather conditions become a safety concern.

The Chief Umpire or Regatta Chair will monitor weather forecast through web sites (radar, local weather stations and local weather forecasts), as well as by phone with One on One Environment Canada Weather.

Call the Storm line toll free at 1-800-463-9463

1.0.1 The Chief Umpire or Regatta Chair will consult some of the following websites as required:

a) Environment Canada Marine Forecast - Western Lake Ontario:

https://weather.gc.ca/marine/forecast_e.html?mapID=11&siteID=08207

b) Wind finder (St. Catharines/Lakeshore):

https://www.windfinder.com/forecast/st_catharines_lakeshore

c) Sail flow (St. Catharines / Port Weller):

<https://www.sailflow.com/map#43.204,-79.252,12,1,1828,2>

d) The Weather Network (hourly forecast, and radar forecast):

<https://www.theweathernetwork.com/ca/hourly-weather-forecast/ontario/st-catharines>

e) Accuweather:

<https://www.accuweather.com/en/ca/st-catharines/l2m/hourly-weather-forecast/49567>

1.1 Initiating the weather Action Plan procedures:

The Chief Umpire and Regatta Chair meet to review the weather status – before the regatta, and during the regatta, as required, when notified conditions are changing for the worse. The Weather Action Plan is set into action when:

1.1.1 The Chief Umpire and/or Regatta Chair determine that action is required to ensure safety.

The required actions may include the following:

- a) Holding additional boats from launch and finishing the races on course, or:
- b) Immediately calling all crews off the water, or:
- c) Continuing to monitor weather and review additional data.

1.1.2 If action is required the following are the responsibilities of the Regatta Chair & Chief Umpire.

- a) Chief Umpire informs the jury (control commission, start line, race umpires, and finish) of the action plan and instructs the Regatta Control Commission to monitor and account for all boats on the water by club or crew. The Chief Umpire will also communicate the action plan to the Safety Boat director for safety boats on the water.

- b) The Regatta Chair informs the Organizing Committee of the action plan. The Regatta Chair ensures that a public announcement is made regarding the action plan.
- c) The Regatta Chair informs the Ontario University Athletics Association and all participating member institutions.

1.2 Procedure for Evacuation from Water:

1.2.1 Control Commission:

The Control Commission will account for all crews on and off the water. The Control Commission will monitor and record all crew names and follow up with crew coaches to ensure all crews are off the water.

1.2.2 At the Starting Line:

a) The Starter at the start will notify/announce to all persons in the starting area that they are to return to the launching area. Umpire and/or safety launches in the area will assist in evacuating umpires and volunteers from the start platforms.

b) The Starter will observe all crews at the start including warm-up area to ensure they have been informed of the plan and start heading back to the launching area (unless there are crews sheltering there, in which case the Starter will stay with the crews). Crews heading back to the docks will be instructed to do so in Lanes 1 and 2. The safety boat at the start will follow the last crew back to the launching area.

1.2.3 Race Umpire and Safety Boats:

Safety boats will follow crews back to the launching area and will follow the last crew back to the launching area to be the last off the water. If required, crews can also dock at the grandstands and take shelter under the grandstands.

1.2.4 At the Finish Line:

Chief Finish Judge will monitor all crews at the finish and communicate to Control Commission to ensure all crews are accounted for. If rowing back to the docks, crews should do so in Lanes 1 and 2. If required, crews can also dock at the grandstands and take shelter under the grandstands.

1.2.5 At the Launch Docks or Area:

Dock Marshals will ensure crews quickly exit launch area. During course closure, the Dock Marshal will allow boats to dock from either direction ensuring that docking shells do not crossover docking patterns.

1.2.6 Coordination of all Umpires:

Chief Umpire, Regatta Chair and Chief of the Control Commission will confirm everybody (crews, race umpire boats, safety boats, start personnel and others) are safely off the water.

1.3 Following Evacuation from Water:

The Regatta Chair and Chief Umpire will meet to review and discuss options, in consultation with two coach representatives from participating institutions (one selected by the host institution, and one selected at the Coaches Meeting prior to the regatta)

1.4 Delay Contingency Plan:

Prior to the regatta, the Local Organizing Committee can change the race schedule for safety reasons, in the event of forecasted bad weather. Any changes made in advance of the regatta will be

communicated via email and WhatsApp. It is the responsibility of the crew and club coaches to monitor and stay current with the schedule.

Once the regatta has begun, a Fairness Committee, comprised of the Chief Umpire, Regatta Chair, in consultation with two coach representatives from participating institutions (one selected by the host institution, and one selected at the Coaches Meeting prior to the regatta), will decide on any necessary schedule changes.

The following represent options possible for the OUA Championships regatta. This is not an exhaustive list; it is ultimately the Chief Umpire and Regatta Chair's decision to determine the best option, in consultation with the two coach representatives.

1. Delay races until as late as possible, such that all races can still be completed before sunset. Racing will not take place after sunset.
2. Postpone racing to Sunday as potential alternative racing day.
3. If the heats have already been completed, and it is determined that it is not possible to continue racing, results and placing may be determined based on finish time in the heats.
4. Shorten length of races.

Any changes required by a weather delay will supersede the published related requirements of the RCA Rules of Racing. During the condensed schedule, the Race Umpire has the discretion to determine whether a crew is maintaining a competitive position in the race. If the Race Umpire determines this is not the case, the Race Umpire can make the call to exclude that crew from the race and direct them to remove themselves from the course. No allowance will be made for athlete conflicts due to reducing time between races and substitutions will not be allowed.

In the event of a schedule change during racing, the Regatta Chair will communicate with the Regatta Committee and will ensure announcements are made and communicated to all areas of the regatta (Control, public, Start and Finish). A Coaches' Meeting will be held to communicate any schedule change. Changes will also be publicly shared via WhatsApp.