

## **2023 RowOn Small Boat Regatta FIRST AID PLAN**

### **First Aid Provider**

- Certified First Aid individuals assigned by the City of Welland (one at Boat House and one at Finish Tower).

### **Primary First Aid Location**

- The main location will be at the Medical Tent located in the Boat House at the north end of the course.

The Primary First Aid Location will be available to athletes, participants, and coaches from the time boats are allowed on the water on Saturday, May 13<sup>th</sup>, until 30 minutes after the last boat is off the water.

### **Secondary First Aid Location**

- There will be a Medical Tent located at the Finish Tower, staffed by medical personnel.

### **First Aid Equipment**

At both First Aid Locations, the following equipment will be available:

- WSIB Standard Contents First Aid Kit
- Automated External Defibrillator (AED)
- Ice
- Blankets
- Chairs (*with backs as opposed to benches*)
- Phone for external communication
- Radio for internal event communication
- Incident Report forms and writing implement (pen) to complete the forms

### **Reporting**

Every time someone visits the First Aid location for assistance of any kind, an Incident Report will be completed. Completed Incident Reports will be submitted to the Regatta Chair at the end of the day.

### **Victim Care**

The individual initiating contact with someone needing First Aid should remain with the victim, whenever possible. If the victim has been pulled out of the water, the safety boat team is responsible to ensure the victim receives First Aid care, either by using a radio to call First Aid to meet the safety boat and the victim at the dock or by escorting the victim to the Primary First Aid Location, where they are handed over to the First Aid provider. Under no circumstances will the victim be left alone. If an individual brings themselves alone to the First Aid location, every effort will be made to locate a coach, guardian, or a screened adult to be with them.