



2022 RCRC Rebellion: A Small Boat Tournament Regatta Packet

River City Rowing Club welcomes you to the

15th Annual RCRC Rebellion

at the Port of West Sacramento

July 24, 2022

Please carefully review this regatta packet;

I. [Event Parking](#)

II. [Entries](#)

III. [Race Day](#)

IV. [Equipment](#)

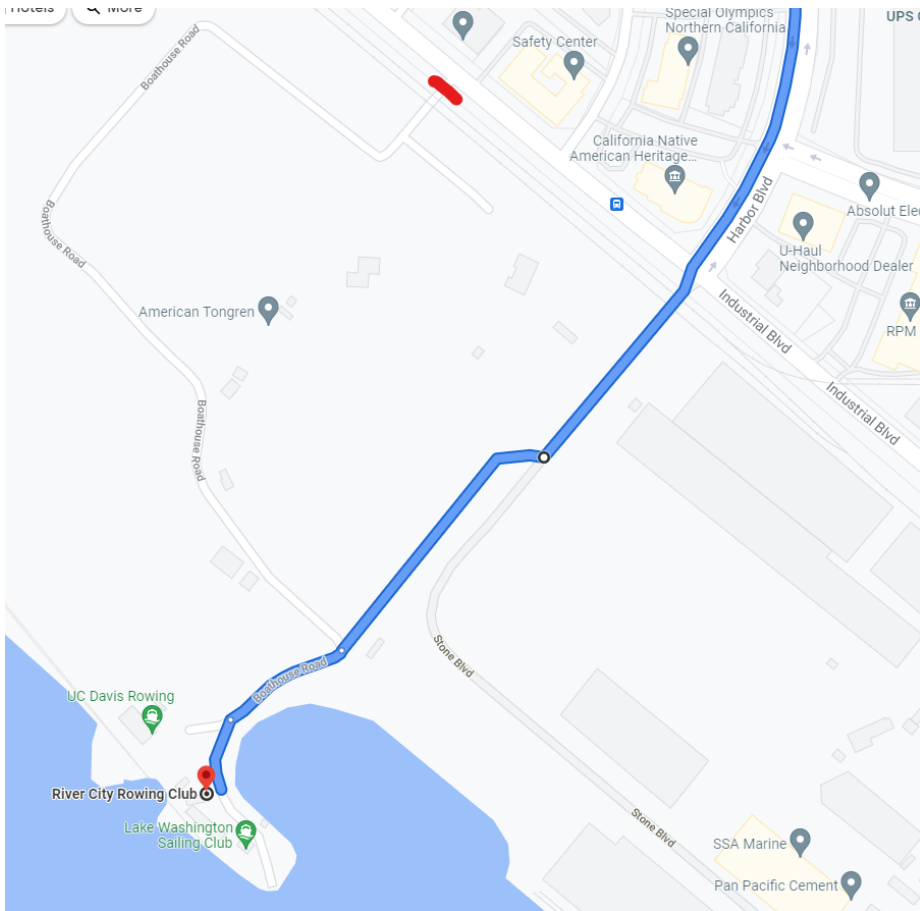
V. [Spectators](#)

Questions may be emailed to rcrebellion@gmail.com

I. EVENT PARKING

DIRECTIONS RCRC:

Do **NOT** enter “River City Rowing Club” into Google maps or other mapping applications, to direct you to RCRC, as they will route you to a now closed road. Instead, enter “**Industrial Blvd & Harbor Blvd, West Sacramento**” into the mapping application, and use the following directions to RCRC: At the intersection of Harbor Blvd and Industrial Blvd, enter the main Port of West Sacramento entrance and head straight across the railroad tracks. Just before the guard shack, turn Right onto the side road and follow the road to the upper parking lot. RCRC’s Boathouse is at the far east end of the lower parking lot.



ATHLETE PARKING:

All athletes must park in the Upper Parking Lot

CARTOPPERS:

If you will be cartopping a boat and want to unload it on Saturday July 23rd, notify RCRC at rcrebellion@gmail.com by Tuesday July 20th and someone can meet you between 5 PM and 6 PM on the 23rd. Parking attendants will direct you on race day.

TRAILERS:

If your club will be bringing a trailer, notify RCRC at rcrebellion@gmail.com by Tuesday July 20th. Trailer parking will be in the Lower Parking Lot. Some overflow may be in the Upper Parking Lot. Trailers may arrive any time after 2PM on Saturday July 23rd and before 6:30AM on race day

HANDICAP PARKING:

Some handicap parking will be available next to the RCRC Boathouse for vehicles displaying a decal. The traffic attendants will direct you.

II. ENTRIES**CLASSIFICATIONS:**

All Rowers including Junior, Open, Masters and Para, Men's and Women's, Singles (1X), Doubles (2X) and Pairs (2-), and Mixed Doubles. All boats will be place in one handicapped tournament bracket. Please see a sample 125-boat bracket below.

ELIGIBILITY:

All rowers are eligible to enter the Rebellion regardless of age or ability provided the following compliance requirements are met:

- 1) **USRowing Organizational Membership:** All participating organizations must hold active Organizational Membership with USRowing. Organizations can join or renew their membership at the [Membership Portal](#) or by contacting Member Services at members@usrowing.org. Athletes must compete under their organization's official USRowing membership name. The only exception to this rule is for single entries that may race "Unaffiliated."
- 2) **USRowing Individual Membership:** All athletes must hold a current US Rowing Individual Membership. Individual competitors can join USRowing at the [Membership Portal](#) or by contacting the Member Services at (609) 751-0700. Competitors can renew an expired membership and/or check their current membership status by logging in to their member profile at the [Member Login](#).

- 3) **USRowing Waivers:** All athletes must have a current signed US Rowing waiver on file with USRowing. Competitors may sign or renew their waivers by logging into their member profile at the [Member Login](#).
- 4) **USRowing SafeSport:** All Athletes, Coaches, Referees and Volunteers over the age of 18 must take USRowing's SafeSport Training or a Refresher Course. For more information about SafeSport, visit USRowing's SafeSport webpage at [SafeSport](#)

To avoid compliance problems on race day, all Competitors should check their current membership status well ahead of time by logging into their member profile at the [Member Login](#). If there are compliance issues, they may take days to resolve with USRowing.

REGISTRATION:

Registration is ONLY online through [Regatta Central](#). Registration closes Monday July 18, 2022. There will be NO refund of fees due to scratching or weather. A maximum of 125 boats are allowed to enter and entries will be accepted in the order they are received. Individuals may only be entered in one boat. When registering, all boats must provide an estimated 1K race time assuming flat calm water, no current, no wind, and your boat's best effort. The time is not used for handicapping and it is extremely important the estimated time is as accurate as possible. Please do not try to "game" the system.

HANDICAPPING:

All boats will be handicapped based upon boat type, age(s), and sex. The handicap chart will be posted with the final schedule. Mixed pairs will be assigned men's pairs handicaps. There are no separate handicaps for lightweights. Reverse handicapping will be used with staggered starts.

RESULTS:

Places are assigned by the order of finish. False starts will result in disqualification.

III. RACE DAY

CHECK-IN:

Check-in will be open from 6:15 AM to 9:00 AM on Race Day. All rowers must check in at the registration table to receive their bow number and bib number. Check-in is located near the RCRC Boathouse. If a crew is not checked in by 9:30 AM on Race Day, the entry will be scratched.

ROWERS MEETING:

A coaches and rowers meeting will be held at the RCRC boathouse at 7:00 a.m., July 24, 2022. As this is a unique format and there are no coxswains, all rowers are required to attend the meeting.

REGATTA SCHEDULE:

All races will be approximately 6 minutes apart depending on the size of the bracket. The first round of racing will begin at 8:00 AM. Please lock onto the start 2 minutes prior to start of race, or a time penalty may be given at the discretion of the judge/referee. The second and final round of racing will follow 60 & 30-minute breaks respectively. The schedule and assignments for the first round of racing will be posted by July 22, 2022. In the second round, seeding will be based upon placement and handicapped finish times from the first round of racing. In the final round, seeding will be based upon the heat and placement in the second round. The race schedule can be viewed online at Regatta Central on the [Heat Sheet](#) Tab.

AWARDS:

At the conclusion of racing, the tournament champion will be awarded a perpetual trophy, which may be taken home and kept until the next Rebellion. The top three places in the tournament will receive medals. All other participants of the final race and the winners of each heat of the final round will receive an award. The fastest raw time for Junior, Open/Masters (combined), and Adaptive rowers in each boat class in the final round will receive a gold medal.

IV. EQUIPMENT

NO EQUIPMENT SHARING:

All entrants must provide their own boat, oars, slings, and other equipment. Sharing boats or oars is not allowed as entrants may be racing each other in the same or adjacent heats.

BOW CLIP:

Please ensure your boat has a clip on the bow to hold the bow number card which RCRC will provide you. Crews without bow number cards may not have their times recorded. Please return all bow numbers to the Dock Masters after the end of the third round of racing.

SAFETY:

All USRowing safety rules apply to the Regatta. RCRC will NOT be running control commission. **Every competitor is responsible for ensuring their equipment meets USRowing's safety standards; every shell must have a protective ball on the bow and heel ties attached to the foot stretchers in a way that allows for quick exit in case of emergency.**

V. SPECTATORS

There is limited viewing from the RCRC Boathouse. We suggest that spectators view the regatta from the south levee path, which requires walking or biking from the public parking lot at the [Barge Canal Access](#) (Port of West Sacramento Barge Canal Access, West Sacramento, CA 95691). This

lot is off of Jefferson Blvd, along the levee, ~1,200m past the finish line. A wide gravel/dirt path runs all the way along the racecourse up to the start line and can be biked or walked.