

# Head of the Port, West Sacramento

Sunday, October 12, 2014

Hosted by River City Rowing Club

## REGATTA INFORMATION

### Entry Information

#### **Entry Deadline:**

**Saturday, October 4, 2014.** Registration online at: [regattacentral.com](http://regattacentral.com) (see Registration Information).

#### **Late Entries:**

Late entries will be accepted until Wednesday, October 8, 2014 AND an additional late fee will be assessed.

All Boat lineups and fees must be received by Wednesday, October 8, 2014. There will be NO refund of fees due to scratching or weather. No fees and no late entries will be accepted on race day.

#### **Waivers:**

All participants must have a signed waiver on file on race day. USRowing waivers are accepted for this event and can be signed online. Preferably, check waiver compliance with registration on RegattaCentral.

#### **Event Categories:**

Masters: Average age 27+ and no minimum age. Races will be handicapped by ages using the USRowing Handicapping formula multiplied by five (5).

Women's Open/Collegiate: NCAA rules apply. Collegiate women's entries will not be accepted for events not listed as "collegiate." **Women's Open/Collegiate events are closed to high school participants (NCAA Bylaw 13.11.1.2)**

Novice: Less than 1 year rowing or sculling.

Mixed: At least half of the rowers in the crew must be women.

#### **Check-in:**

All crews must check in to receive their bow numbers. Check-in is located near the RCRC Boathouse. Check-in will be from 6:00 AM – 9:00 AM on Sunday, October 12, 2014. All crews must check in by 9:30 AM or you will be scratched.

### Registration Information

**Registration is on-line at [www.regattacentral.com](http://www.regattacentral.com).** Regatta updates will be available by adding Head of the Port to your RegattaCentral calendar. **ALL ENTRIES MUST BE COMPLETED VIA REGATTACENTRAL.** Entries can be paid by credit card (Visa, Mastercard, Discover), PayPal, or check.

#### **Payment Method:**

- If paying by credit card or PayPal, follow the instructions to finalize payment.
- If paying by check, use the mailing address below. **Please print the invoice at RegattaCentral and include it with your check.** If paying by check, checks must be received by Wednesday, October 8, 2014 (standard entries are still due online by October 4). All entries must include payment in full. **Make checks payable to:** River City Rowing Club (or RCRC)

#### **Mailing address:**

HEAD OF THE PORT  
River City Rowing Club  
PO Box 980401  
West Sacramento, CA 95798

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#### **ENTRY FEES:**

Boat Class	Entries Received by October 4, 2014	Entries Received after October 4, 2014 <b>(+Late fees)</b>
8+	\$100.00	\$150.00
4+/4x	\$70.00	\$105.00
2-/2x	\$40.00	\$60.00
1x	\$25.00	\$37.50

#### **Lineup changes:**

If lineups change after the late entry deadline (October 8th), please e-mail new lineups (WITH average age) to: [HeadofthePort@gmail.com](mailto:HeadofthePort@gmail.com) before October 8th. After October 8th, fill out a "Crew Change" form at time of registration on race day.

#### **Schedule**

The race schedule can be viewed online and at [RegattaCentral.com](http://RegattaCentral.com).

The **Coaches / Coxswains / Scullers Meeting** will be held at 7:10 AM, Sunday, October 12, 2014, at the two-story boathouse near the RCRC Boathouse.

#### **Weigh-ins**

There are no coxswain weigh-ins or Lightweight Events

#### **Equipment**

Every shell must have a protective ball on the bow and heel restraints attached to the foot stretchers in a way that allows for quick exit in case of emergency. Boats will not be allowed to launch without proper safety gear.

Bow numbers will be provided at registration. Please ensure each boat has a bow number clip on the bow off the boat for the number card.

**Crews without bow markers may not have their times recorded.**

**Please return the bow number card to regatta staff on the docks.**

#### **Boat Storage**

Small shells (1x, 2x) may be stored in the designated area next to the RCRC boathouse. Large shells may be stored on the gravel parking lot in front of the UCD Crew facilities and in the upper dirt lot.

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#### **Course**

The Head of the Port traffic pattern is available on-line and at check-in. **PLEASE MAKE SURE ALL CREWS/SCULLERS FOLLOW THE POSTED TRAFFIC PATTERN.** The five Kilometer (5K) race course starts 3.5 Kilometers west of the RCRC boathouse and finishes past the turning basin in the "locks" area. The finish line is **500 meters past** the Industrial Blvd Bridge. While racing, pass under the **middle** span of the Industrial Blvd Bridge.

Please allow at least 40 minutes for rowing to the start area. Roll call in the start area will happen five minutes prior to the start of each event. All crews will be started in numerical order. Crews arriving late may be disqualified. Allow at least 15 minutes after the completion of the race to return to the dock when evaluating hot-seating options.

**Overtaking boats have the right of way.** Boats being overtaken must yield the most favorable course to the overtaking boat.

**Please row through the finish line. Do not stop until you are at least 100 meters past the finish and your boat is well clear of all other race traffic.** Watch for racing crews when turning.

When returning to the dock from the finish line, stay to the right-hand shore. Pass under the **right-hand** span of the Industrial Blvd Bridge.

#### **Parking – please see the 2014 Parking Maps.**

Parking near the boathouse/launch site is very limited this year. No parking will be allowed in the parking lot in front of the UCD boathouse or on the gravel road connecting the boathouse and upper parking lot.

2014 – There will be a limited number of parking spots available at River City Rowing Club. Overflow parking will be available and a shuttle every 20 minutes to transport athletes and spectators to the venue. There will be a drop-off location for athletes at River City Rowing Club. Please drop off athletes and then proceed to overflow parking.

Overflow parking will be located on the south side of the turning basin off of Industrial Blvd. From the RCRC entrance, turn right onto Industrial Blvd. Immediately after going over the bridge there will be a right hand turn into the overflow parking lot. This parking location is behind the levee along the race course so it is ideal for race watching. There will be a food truck and port-o-potty there to accommodate spectators. Shuttles will run from this location to the River City Boathouse every 20 minutes beginning at 7:00am.

Since parking is limited, you are encouraged to carpool.

Limited street parking is available on Halyard Blvd. and Beacon Blvd. outside of the Port of Sacramento. Follow the directions to the RCRC Boathouse, but after turning right onto Industrial Blvd, take the next right onto Halyard Blvd. and park. Carefully walk across Industrial Blvd and follow the winding road to the boathouse. This is about 1 mile from the launching area and is not well lit early in the morning.

If walking to the boathouse, DO NOT walk through the log yard. Everyone must follow the road around the log yard to the staging area.

Spectators may also view the finish of the regatta at the Barge Canal Recreational Access. Spectator Parking will also be available here. The Barge Canal Recreational Access Park is located at 2100 Jefferson Blvd. To get to the park, follow the directions to the RCRC boathouse, but instead of turning

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right onto Industrial Blvd, turn LEFT onto Industrial Blvd. Follow Industrial over the bridge and continue to Jefferson Blvd (two stoplights after the bridge). Turn left onto Jefferson and then at the third stop light on Jefferson turn left into the Barge Canal Recreational Access parkway.

#### **Trailer Parking**

Trailer parking will be in a new location just north of the RCRC boathouse. If you are planning to bring a trailer, please contact us at: [HeadofthePort@gmail.com](mailto:HeadofthePort@gmail.com) by Thursday, October 9<sup>th</sup>. We will reserve a spot for your trailer, and provide you with further directions and parking information. Trailers may begin arriving at 11:00am on Saturday, Oct 11<sup>th</sup>. Athletes who are car-topping singles or doubles may drive their boat to the River City Rowing Club boathouse. There will be a specific parking zone to re-park your car after unloading.

#### **Buses**

There is limited bus parking available. Please contact [HeadofthePort@gmail.com](mailto:HeadofthePort@gmail.com) to reserve your spot.

#### **Awards**

Awards will be presented to the top boat in each event with 3 or more boats in it and may be picked up at the registration desk.

#### **Race T-shirts**

Head of the Port t-shirts will be available on race day. Short sleeve, technical material (\$20) style will be available in men's and women's small, medium, large, X-large and XX-large.

#### **Hotel Information**

<b>Ramada Plaza Harbor Inn</b> 1250 Halyard Drive West Sacramento, CA 95691  (916) 371-2100 Reservation: 1-800-371-2101 Fax: (916) 373-1507	<b>Holiday Inn Express</b> 2761 Evergreen Avenue West Sacramento, CA 95691  (916) 372-6900 Reservation: 1-877-865-6578 Fax: (916) 372-6306	<b>Motel 6</b> 1254 Halyard Drive West Sacramento, CA 95691  (916) 372-3624 Reservation: 1-800-466-8356 Fax: (916) 372-0849
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#### **More Information**

E-mail [HeadofthePort@gmail.com](mailto:HeadofthePort@gmail.com) or visit the RCRC web page at [www.rivercityrowing.org](http://www.rivercityrowing.org)