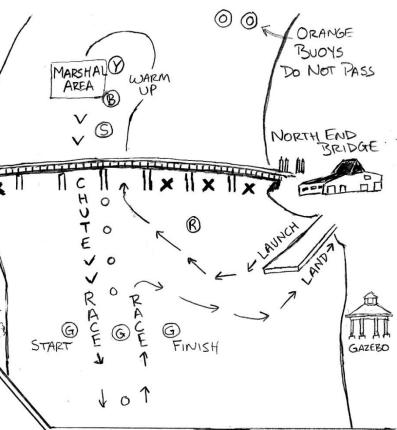


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LAUNCHING

Launch on the upstream side of the dock. Head to the middle of the river and proceed to the upstream travel lane. Use the fourth arch from the boat house to enter warm up area. DO NOT ROW PAST THE 4 ORANGE BUOYS. They mark a large sand bar and indicate the northern edge of the course.

RACING

Try to stay close to the center buoy line, the white buoys separate downsteam and upstream traffic. The center line will also guide you to the primary bridge arches (noted with black arrows) to pass through. You can use the alternate (white arrows) if need be. DO NOT PASS THROUGH ARCHES MARKED WITH AN X. The stake buoy will be large and have a secondary white buoy to the side of it. Both need to be cleared for a successful turn.

LANDING

Pass through the finish buoys (Green). Move off to the side of the course, avoid going into the path of boats launching and making their way through the bridge to the start. Aim for the downstream side of the dock, the dock master will guide you in. Priority goes to launching boats, you may be asked to wait until the dock is cleared for landing.