

# 2015 OARS INVITATIONAL REGATTA



Bill Frederick Park at Turkey Lake, Orlando

OARS is pleased to present the 2015 OARS Invitational Regatta on Saturday, March 14<sup>th</sup> & Sunday, March 15<sup>th</sup>. We invite you to join us for an exciting weekend of racing. Please read through this registration packet and review all the new entry information & regatta requirements.

The OARS Invitational is a USRowing registered regatta. The LOC will follow the rules & guidelines of USRowing and FSRA as they pertain to this regatta. If any questions arise regarding these rules, coaches will need to inquire with the LOC.

## **Important Dates:**

**Registration opens:**

**Saturday, January 24<sup>th</sup>**

**Entries, Waivers & Payment Deadline:**

**Friday, March 6<sup>th</sup>**

**Scratches due:**

**Wednesday, March 11<sup>th</sup>, by 7:00 p.m.**

**Racing:**

**Saturday, March 14<sup>th</sup> & Sunday, March 15<sup>th</sup>**

**Venue Information:** Bill Frederick Park is located at 3401 South Hiawassee Road, Orlando, Florida 32835; phone # 407-246-4486. There will be a \$4 per vehicle fee to enter the park and \$30 per bus. Parking for buses & spectators will be in the softball field at the east end of the park. Parking for boat trailers will be on the southeast side of the spectator parking area. Boat trailer parking will be available in the designated areas beginning March 7<sup>th</sup> from 3:00 p.m. – 6:00 p.m. The gated entrance to the park is locked at 6:00 p.m. It is recommended that the trailers arrive at the site on Friday afternoon to avoid traffic and congestion on Saturday morning. If your boat trailer cannot arrive till after 6:00 Pm on Friday please contact Jeff Woy in advance to make arrangements to enter the park after hours. Contact info [Jeff.Woy@disney.com](mailto:Jeff.Woy@disney.com) Cell Phone 407- 467-3226

## **Directions:**

*From Tampa:* I-4 East toward Orlando. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2<sup>nd</sup> light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiawassee Rd. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Fredrick Park at Turkey Lake is on your right.

*From Miami:* I-95 north to the Beeline Expressway/Rt. 528 West (tollway). Follow the signs to I-4 East towards Orlando. The first exit after merging on to I-4 is Sand Lake Road. Exit Sand Lake Rd. & turn left at the ramp. Go to the 2<sup>nd</sup> light which is Turkey Lake Rd., turn right on Turkey Lake Rd. and follow 3-4 miles until it intersects with Conroy-Windermere Rd. Turn left on Conroy-Windermere. Go approximately ½ mile to the intersections of Hiawassee Rd. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Fredrick Park at Turkey Lake is on your right.

*From Orlando & North:* I-4 West. Exit on Conroy-Windermere Rd. Go straight on Conroy-Windermere through 4 traffic lights, the 5<sup>th</sup> light is Hiawassee. Turn right on Hiawassee. Go approximately ¾ mile on Hiawassee. Bill Fredrick Park at Turkey Lake is on your right.

**Accommodations:** Primitive cabins, which accommodate groups of up to 10 people, are available for rent at Bill Frederick Park at Turkey Lake. Call the park to arrange for rental. Overnight camping is also available in the park on a first come, first serve basis.

There are a number of hotels in the area. The LOC can assist with any team that needs help reserving rooms.

**Concessions:** Concessions will be available. All concessions & vendors are by OARS invitation only and must be permitted through the city of Orlando & approved by OARS.

**Friday Practice:** The course will be open on Friday, March 13<sup>th</sup> from 12:30 p.m. – 5:30 p.m.. All teams must exit by 6:00 p.m..

**Entries:** Your registration **must be** submitted on [www.regattacentral.com](http://www.regattacentral.com) by **Friday, March 6<sup>th</sup>**. No late entries will be allowed.

Your registration must include the following. Any team not including all of these items, will not be entered into any races:

- On-line entry form
- Waivers (use the on-line USRowing waiver through Regatta Central)
- Entry Fees
- \$1.00 Insurance Fee per rower

**Entry fees:** Eights - \$80.00; Fours - \$60.00; Singles - \$25.00; \$1.00 Insurance Fee per rower;  
**Fee Cap - \$900.00**

**Scratch fees:** Each entry scratched after **Wed. March 11<sup>th</sup>** will be charged a \$25.00 scratch fee per boat. **Any team who does not pay the scratch fee will not be allowed on the water.**

**Registration:** Race day registration will open at 6:30 a.m. at the pavilion near the launching docks. Please check in at registration before the coaches & coxswain meeting. **ABSOLUTELY NO CHANGES WILL BE MADE ON RACE DAY – except for scratches with a fee of \$25.00 for each boat scratched.**

**Coaches & Coxswains Meeting:** The coaches & coxswains meeting will be held at 7:00 a.m. on race day at the registration area. Representatives from each team must attend.

**Levels of Competition:** Teams must enter their fastest crews on the Varsity level, 2<sup>nd</sup> fastest crews on the JV level and 3<sup>rd</sup> fastest crew on the 3<sup>rd</sup> level. This applies to the same sized boats (a JV8 requires a V8 entry just as a JV4 requires a V4 entry). If a lower class boat records a faster time than its higher level boat, the LOC may investigate & choose to eliminate boats from the event. A team may enter lightweight & freshmen events without entries in the other levels.

**Doubling:** Each rower may only compete in 2 races, **this includes sculling**. Coxswains may race as many times as you need, provided they are coxing within the correct categories. Rowers who are doubled will not be given consideration for hot-seating.

**Multiple entries:** A & B entries will be allowed in all sculling events. Multiple entries will be allowed in 8's. To fit all races in one day, we cannot allow B entries in any of the four categories.

**Number of Flights:** With the number of teams participating, and being allowed to double, the number of flights in each event will be limited to ensure racing is completed before 6 p.m. The following categories will be limited to no more than 4 flights: Freshmen 4's, and Ltwt 4's. We will fill events based on a first come – first serve basis (obviously an incentive to get your entries in early). If you are one of the later crews to enter and are not put in a flight, we will put your boat on a waiting list.

**Lightweight events:** A lightweight boy is defined as a rower with a maximum weight of **150 pounds**. A lightweight girl is defined as a rower with a maximum weight of **130 pounds**. Rowers must weigh in wearing race attire. No weight allowance shall be given for clothing. All rowers in a boat must weigh-in as a boat. Only one opportunity to weigh-in will be allowed.

**Middle school events:** Middle school mixed 8's will race a 1000 m course on **Sunday, March 15<sup>th</sup>**. 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place boats will receive medals.

**Freshmen Events:** All freshmen are defined as rowers who are in 9<sup>th</sup> grade in high school and may include rowers in 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades. Coxswains of freshmen boats must also be freshman.

**Cancellation of events:** Events with only one entry at the registration deadline will be eliminated and the team will be notified in advance of race day.

**Flights:** If there are more than 6 entries for an event, multiple flights shall be held. Flights will be seeded based on results from races up to this point.

**Race Course Information:** 1,500 meter, six-lane course.

**Bowballs, Bowmarkers & Shoes:** No boat will be allowed on the water without a bowball & quick release shoes. Heel ties must be in place & secure. Please bring your own bow markers & place them on your boat before you launch.

**Cancellation due to Inclement Weather:** If weather prohibits racing on Saturday, Varsity events will be run first.

**Awards:** Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, & 3rd place finishers in each overall event according to time. An All Points Trophy will be awarded to the team accumulating the most points. Points will be awarded for finishing positions based upon the below table.

Place	V 8+	V 4+	JV 8+ Light 8+	JV 4+ Light 4+ Fresh 4+	3rd 8+ Fresh 8+ Novice 8+ 4x	1x 2x
1st	100	50	75	38	50	13
2nd	86	43	65	32	43	11
3rd	74	37	56	28	37	9
4th	64	32	48	24	32	8
5th	56	28	42	21	28	7
6th	50	25	38	19	25	6
7th	46	23				
8th	42	21				
9th	38	19				
10th	34	17				
11th	30	15				

# 2015 OARS Invitational

## Order of Events

Note: We will try to adhere to this order of events. Updated schedules will be available after we receive all entries. Times will vary based on number of entries received.

Order of events:

Event #	Event Name
1	W1x
2	M1x
3	W V8+
4	M V8+
5	W F4+
6	M F4+
7	W JV8+
8	M JV8+
9	W 2x
10	W 3 <sup>rd</sup> 8+
11	M 3 <sup>rd</sup> 8+
12	M 2x
13	W Ltwt 8+
14	M Ltwt 8+
15	W 4x
16	W F8+
17	M 4x
18	M F8+
19	W Ltwt 4+
20	M Ltwt 4+
21	W JV4+
22	M JV4+
23	W N8+
24	M N8+
25	W V4+
26	M V4+
27 (Sunday)	Boys MS 8+
28 (Sunday)	Girls MS 8+
29 (Sunday)	Mixed MS 8+