

# Occoquan Memorial Sprints 2023

**Optional Coaches & Coxswains meeting at the flagpole at 7am**

Event	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
01a Mens Jr 1x	8:00	Prince William (Farnum, T)	Prince William (Legall, B)	Resilient (Burvis, J)	Resilient (Swale, M)	Sandy Run (Ellis, C)	PWCA (Pierce, Aden)
02a Womens Jr 1x	8:06		Prince William (Oliver, O)	Potomac (Meek, M)	Resilient RC (Linkel, C)	Potomac (Lyons, A)	
05a Womens Novice 1x							
02b Womens Jr 1x	8:12		Occoquan (Rummler, L)	Prince William (McLain, K)	Resilient (Vander Ploeg Fallon, E)	Resilient (Hundley, S)	
03a Mens Open 1x	8:18		Occoquan (Ghalayini, R - 22/AA)	Occoquan (Corja, V - 23/AA)	Southern Maryland (Meyer, N - 25/AA)	Raleigh (Quinn, B - 28/A)	
03b Mens Open 1x	8:24		Raleigh (Helms, A - 41/B)	Unaff (Zechmann, R - 45/C)	Raleigh (Stephenson, S - 53/D)		
04a Womens Open 1x	8:30	Occoquan (Judd, K - 21)	Prince William (Reardon, C - 19)	Occoquan (Mays, R - 24/AA)	Raleigh (McGovern, A- 34/A)	Southern Maryland (Boarman, R - 40/B)	
06a Womens Masters 1x	8:36	Occoquan (Dobry, C - 32/A)	Occoquan (Ashton, S - 49/C)	Raleigh (Babineau, D -49/C)	Alexandria (Jones, P - 52/D)	Occoquan (Gilmartin, T -53/D)	
06b Womens Masters 1x	8:42	Occoquan (Koloszyc, G - 55/E)	Alexandria (McDonald, M - 57/E)	Occoquan (Muller, M - 58/E)	Raleigh (Tamburro, J - 58/E)	Potomac (Dinion, C - 59/E)	Southern Maryland (Fechtig, N - 59/E)
06c Womens Masters 1x	8:48		Occoquan (Udler, K - 61/F)	Southern Maryland (O'Connell, R - 61/F)	Potomac (Roberts, P - 64/F)		
06d Womens Masters 1x	8:54		Occoquan (Salters, C - 65/G)	Washington Rowing (Cole, C - 67/G)	Potomac (Linda Porter - 68)	Rivanna (Cann, A - 73/H)	
08a Mens Novice 1x	9:00		Resilient (Cook, D - 17)	Occoquan (Brown, K - 19)	Occoquan (Duelstgen, M - 22/AA)	Occoquan (Young, B - 27/A)	

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09a Mens Masters 1x	9:06	Occoquan (Corja, V - 23/AA)	CHAOS (Valdez-Lopez, J - 33/A)	Unaff (USA) (Zechmann, R - 45/C)	Occoquan (Koch, S - 51/D)	Alexandria (Vest, W - 53/D)	Occoquan (Rummler, D - 53/D)
09b Mens Masters 1x	9:12	Alexandria (Heimberg, P - 57/E)	Potomac (Radack, D - 58/E)	Raleigh (Tamburro, D - 58/E)	Unaff (USA) (Bedell, K - 58/E)	Potomac (Socolovsky, J - 59/E)	Virginia (Chilmaid, S - 63/F)
09c Mens Masters 1x	9:18	Washington Rowing (Plog, S - 63/F)	Occoquan (Ivinson, S - 64/F)	Potomac (Froemming, J - 64/F)	Prince William (DiGiovanna, R - 66/G)	Monmouth (Levinson, J - 67/G)	Occoquan (DeTeresa, S - 68/G)
09d Mens Masters 1x	9:24	Hampton Roads (Conner, N - 70/H)	Occoquan (Howe, J - 70/H)	Alexandria (Rubini, J - 73/H)	Occoquan (Spousta, B - 74/H)	Virginia (Bosshard, S - 77/I)	Washington Rowing (Curran, L - 80/J)
10a Mens Open Ltwt 1x	9:30	Resilient (Linkel, H - 19)	Occoquan (Haver, C - 22/AA)	Prince William (Robinson, F - 22/AA)	Alexandria (Comey, M - 28/A)	Potomac (Scott, M - 29/A)	
10b Mens Open Ltwt 1x	9:36			Raleigh (Stephenson, S - 53/D)	Unaff (USA) (Bedell, K - 58/E)		
11a Womens Open 4+	9:42	Resilient (Linkel, C - 15)	Resilient (Noud, J - 16)	Prince William (Foyes, A - 17)			
13b Womens Masters 4+	9:48	Alexandria (Kelley, C - 43/C)	Carolina Masters (Jenista, E - 45/C)	Carolina Masters (Wiley, N - 47/C)	Northern Virginia (Sagrario, M - 48/C)	CHAOS (Massey, A - 47/C)	
13a Womens Masters 4+	9:54	Virginia (Heitzman, S - 32/A)	Hampton Roads (Walsh, E - 34/A)	Virginia (Padrick, S - 36/B)			
13c Womens Masters 4+	10:00		Rock Creek (White, R - 53/D)	Prince William (Golden, K - 54/D)	Alexandria (Cato, M - 56/E)	Northern Virginia (Pagano, L - 61/F)	Hampton Roads (Bourne, V - 62/F)
15a Mens Open 4+	10:06	HAC (Atkins, M - 19)	Resilient (Lee, S - 17)	Prince William (Fox, D - 34/A)	Prince William (Schembri, C - 48/C)		
16a Mens Masters 4+							

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Event	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
16b Mens Masters 4+	10:12		Prince William (Ward, G - 52/D)	Rock Creek (Gruber, P - 52/D)	Virginia (havers, r - 59/E)	Rock Creek (Hayes, I - 66/G)	
17b Womens Masters 2x	10:18		Raleigh (Winger, E - 44/C)	Carolina Masters (Jenista, E - 46/C)	Raleigh (Patterson,M-48/C)	Occoquan (Cleveland, E-49/C)	Potomac (Porter, L - 63)
17a Womens Masters 2x	10:24			Baltimore, Occoquan (Waguespack, A - 34/A)	CHAOS (Hogan, E - 39/B)	CHAOS (Brown, V - 42/B)	
17c Womens Masters 2x	10:30	Occoquan (Courtney, C-51/D)	Alexandria (Jones, P - 55/E)	Occoquan (Udler, K - 55/E)	Alexandria (McDonald, M- 57/E)	Southern Maryland (O'Connell, R-60/F)	Rock Creek (Barker, J - 66/G)
25a Mens Open 2-	10:36		Resilient (Lee, J - 17)	Resilient (Friedman, J - 17)	Resilient (Butani, S - 18)	Occoquan (Sydney, R - 21/AA)	
<b>Break</b>	<b>40 min</b>	<b>BREAK change start platform crew BREAK</b>					
18a Womens Open 2x	11:16	Occoquan (Judd, K - 20)	Alexandria (Straub, R - 21/AA)	Raleigh (Gaines, M - 27/A)	Carolina Masters (Wiley, N - 33/A)	Southern Maryland (O'Connell, R - 50/D)	
19a Womens Jr 2x	11:22		Resilient (Westman, M - 15)	Potomac (Meek, M - 16 )	Resilient (Fossand, E - 16)	Prince Willian (Dunnigan, A - 17)	
19b Womens Jr 2x	11:28		Resilient (Buice, A - 16)	Prince Willian (DiCola, G - 17)	Resilient (Arrage, I - 17)	Resilient (Linkel, C - 17)	
20a Mens Masters 2x	11:34		Alexandria (Heimberg, P - 42/B)	Virginia (Kilgo, C - 44/C)	Occoquan (Haver, C - 22/AA)		
21a Mens Open 2x							
20b Mens Masters 2x	11:40	CHAOS (Muhlebach, F- 61/F)	CHAOS (McCoppin, - 62/F)	Alexandria (Rubini, J - 63/F)	Occoquan (Levinson, J - 65/G)	Annapolis RC (Biddle, R - 68/G)	Washington Rowing (McElrath, D - 74/H)
22a Mens Jr 2x	11:46			Resilient (Wright, N - 16)	Prince Willian (Pantzer, D - 17)		

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Event	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
23a Womens Open 2-	11:52	Resilient (Chase, S - 15)	Resilient (Noud, J - 17)	Resilient (Vander Ploeg Fallon, E - 17)	Resilient (Arrage, I - 17)	Resilient (Hundley, S - 18)	
26a Mens Masters 2-	11:58		Virginia (havers, r - 57/E)	Virginia (Barth, O - 60/F)	Occoquan (Bennett, T - 65/G)		
28b Womens Masters 8+	12:04	Prince William (Mabeus, M - 55/E)	Carolina Masters, Raleigh (Patterson, M - 57/E)	Hampton Roads (Woodard, E - 57/E)	Rock Creek (White, R - 58/E)	Northern Virginia (Sagrario, M - 60/F)	
28a Womens Masters 8+	12:10		Virginia (Padrick, S - 34/A)	Carolina Masters, Raleigh (Jenista, E - 38/B)	Northern Virginia (Strasser, A - 43/C)	Alexandria (Cato, M - 49/C)	
32a Mens Masters 8+	12:20	Prince William (Schembri, C - 45/C)	Northern Virginia (Thompson, M - 57/E)	Rock Creek (Gruber, P - 60/F)	Unaff (USA) (Fondriest, J - 26/AA)	Resilient (Lee, S - 17)	
33a Mens Open 8+							
34a Mens Jr 8+							
30a Womens Jr 8+	12:30			Resilient (Fossand, E - 16)	Resilient (Boone, M - 16)		
35a Womens Masters 4x	12:40	CHAOS (Brown, V - 39/B)	Occoquan (Lytel, J - 54/D)	Raleigh (Patterson, M - 54/D)	Occoquan (Paska, C - 55/E)	Hampton Roads (Crouch, L - 57/E)	
36a Womens Open 4x	12:46	Prince Willian (Dunnigan, A - 16)	Resilient (Buice, A - 16)	Resilient (Noud, J - 16)	Resilient (Morrison, S - 17)	Prince Willian (DiCola, G - 18)	
36b Womens Open 4x	12:52		Raleigh (Hoos, M. - 29/A)	Raleigh (Koptieva, A. - 38/B)	Alexandria (Straub, R. - 39/B)		
37a Mens Masters 4x	12:58			Virginia (Kilgo, C - 46/C)	CHAOS (McCoppin, - 55/E)		
38a Mens Open 4x	1:04		Prince Willian (Pierce, A - 17)	Resilient (Butani, S - 17)	GMU Crew,Occoquan (Haver, C - 22/AA)	Raleigh (Stephenson, S-38/B)	

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Event	Time	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
39a Parent Child 2x	1:10	Sandy Run (Sullivan, F - 30/A)	Prince William (Pagel, K - 33/A)	Occoquan (Rummler, L-35/A)	Prince William (Magnell, S - 37/B)	Prince William (williams, j - 41/B)	
40a Mixed Masters 2x	1:16	Alexandria (Heimberg, P-40/B)	Prince William (Smart, N - 43/C)	Alexandria (Jones, P - 52/D)	Carolina Masters (Kyle, R - 54/D)	Hampton Roads (OBrien, T - 54/D)	
40b Mixed Masters 2x	1:22	Hampton Roads (Crouch, L - 58/E)	CHAOS (Lathrop, T - 59/E)	Hampton Roads (Conner, N - 64/F)	Occoquan (Spousta, B - 64/F)	Occoquan (Levinson, P - 64/F)	
40c Mixed Masters 2x	1:28		Washington Rowing Plog, S - 65/G)	Virginia (Bosshard, J - 76/I)	Washington Rowing (McElrath, D-66/G)		
41a Mixed Open 2x	1:34	Alexandria (Comey, M-23/AA)	Potomac (Dowley, E-23/AA)	Southern Maryland (Meyer, N - 32/A)	Prince William (Pagel, K - 33/A)	Occoquan (Gilmartin, T-38/B)	Occoquan (Ghalayini, R-21/AA )
<b>break 16 minutes</b>			<b>Break</b>			<b>Break</b>	
44a Mixed Novice 8+	1:50		Prince William (Hubbard, C - 46/C)	Northern Virginia (Wilkie, J - 51/D)			
46a Mixed Masters 8+	1:56	Prince William (Ward, G - 47/C)	Northern Virginia (Dunn, V - 50/D)	Prince William (Schembri, C-51/D)	Northern Virginia (Thompson, M-56/E)	Prince William (Nienaber, L - 57/E)	Rock Creek (Patterson, A 53/D)
47a Mixed Masters 4x	2:02	Raleigh (Gaines, M - 32/A)	Carolina Masters,CHAOS (Von Jaglinsky, A - 38/B)	Raleigh (Tamburro, D - 38/B)	Hampton Roads (OBrien, T - 56/E)	CHAOS,Raleigh (Hogan, E - 57/E)	Alexandria (Jones, P - 59/E)
49a Mens Masters 4-	2:08			Virginia (Alexander, C-51/D)	Potomac, Virginia (Barth, O - 60/F)		