

2021 Dogwood Junior Championship Regatta

Rules and Eligibility

April 24-25, 2021

Oak Ridge Rowing Association (ORRA) welcomes you to the 2021 Dogwood Junior Championship Regatta. As our athletes return to racing from a disruptive 2020, we recognize that this regatta will serve as a season ending event for some while others will test their preparedness for the upcoming USRowing Regional Championships, including the Southeast Championships, also in Oak Ridge, TN in 2021, and USRowing's Youth Nationals this Summer. As Regatta Director, my goal, and the goal of our entire local organizing committee (LOC), is to provide our Junior athletes with a safe, fun, and fair event that provides these young men and women the opportunity to compete on Melton Hill Lake. We look forward to a memorable event for everyone.

Jim Rogers
President, Board of Directors, ORRA
Regatta Director, Dogwood Junior Championship Regatta

Andy Cooke
Chief Referee, Dogwood Junior Championship

Location

Oak Ridge Rowing Association +1 865.482.6538
697 Melton Lake Drive info@orra.org
Oak Ridge, TN 37830

Safety

In concert with ORRA's Chief Health Officer (CHO) Anne Knighton and the Anderson County Department of Health, and in accordance with the *USRowing Event/Registered Regatta Planning Guidelines During COVID-19 (v 5.0)*, the ORRA LOC has implemented specific policies that are intended to provide the appropriate precautions that can keep athletes, coaches, boosters, referees, and volunteers safe.

The LOC will implement an Athlete area that encompasses the trailer laydown area, all launch and recovery docks, and the peninsula. This area will be access-controlled, limited to those persons that have successfully completed the daily COVID protocols. It includes athletes, coaches, and support staff, including a small number of boosters that are directly participating in the specific and direct care/feeding of the athletes. All persons on site, as defined by the parking area, boathouse, and athlete area, are required to adhere to the mask mandate. Signage will further describe these areas. The completion of vaccinations does not affect this requirement.

Mandatory Daily Check-in for Athlete Area Access

12:00 PM - 7:00 PM Friday; beginning at 6:00 AM on Saturday; and beginning at 6:00 AM on Sunday. Daily check-in is required, by team, with the Chief Health Officer, at the Boathouse Breezeway. Signage is provided from the parking area to the breezeway. ORRA will distribute athlete-area wristbands only at this check-in, and only with documentation that all persons requesting access to the athlete area have met COVID protocols.

USRowing Regatta Liability Waiver Requirement

Every competitor must complete an online USRowing Regatta Liability Waiver. Competitors under the age of 18 must sign and have a parent or legal guardian sign an individual minor's waiver. Paper waivers will be accepted, but teams should make every effort to complete their USRowing roster online. Each team must check in with registration before being able to participate. This may be completed either Friday or Saturday before the first race by members or representatives of that crew.

Coaches and Coxswains Meeting

The Coaches and Coxswains Meeting will be a virtual event, at 7:00 PM on Friday, April 23, 2021, delivered via Zoom. Zoom dial-in information will be distributed to all participating teams via email (through Regatta Central) well in advance of their arrival on-site. At least one representative from each crew must attend. Crews are responsible for the information delivered at the meeting, regardless of attendance

Regatta Trailer Parking:

ORRA will accept trailers to the trailer laydown beginning Thursday, April 22, 2021 at 2:00 PM. ORRA LOC will provide assistance with parking. Trailers areas are individually marked. Each team may occupy a single trailer location. Locations are first-come, first-served. No trailers can be parked prior to 2:00 PM on Thursday. All

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truck/trailers must enter from the ORRA Boathouse at 697 Melton Lake Drive. Trucks/tow vehicles must be removed from the trailer laydown area.

Security

On-site security of the entire venue (athlete area, boathouse, and parking lot) is provided from 7:00 P.M. Friday to 6:00 A.M. Saturday and 7:00 P.M. Saturday to 6:00 A.M. Sunday. Parking lot areas will be closed to outside traffic/vehicles.

Registration

Entries may be made on the Regatta Central web site: <http://www.regattacentral.com>. The Entry Window closes on Friday at midnight, the week before the event. Notes:

- A Team may only enter one boat for a 1V event if there is also the same 2V event. If there is not a 2V event, teams may enter multiple boats in the 1V event. A Team may only enter one boat for a 2V event if there is also the same 3V event. If there is not a 3V event, teams may enter multiple boats in the 2V event.
- The final schedule will be released once all entries are received.
- Late entries are subject to Regatta Director approval. A coach must have written confirmation from the Regatta Director for the addition of any entry. Late entries will be charged an additional \$10 per boat. Late entries may not be added if they change the progression system of the event.
- The Dogwood Junior Championship does not allow exhibition entries, regardless of circumstance.

Rules of Rowing

The Oak Ridge Rowing Association Dogwood Junior Championship Regatta will be executed in accordance with the 2021 USRowing Rules of Rowing, except as noted.

- In accordance with USRowing, medical substitutions between events may be approved by someone certified in the medical field. If a lineup change needs to be made before an event starts, it must be approved in advance by the Regatta Director.
- In accordance with USRowing, a substitution from a qualifying crew from Saturday to Sunday may be made to accommodate religious beliefs. That lineup change must be approved by the Regatta Director prior to the progression of that crew.

Entry Fees

Entry Fees are described on the overview page of Regatta Central.

- There are no team fee caps for this event.
- The refund of fees for events cancelled due to acts of God are not refundable.
- If a scratch takes place after the entry period is closed, it will not be reimbursed.
- Events with only one entry may be scratched and that boat/crew will be reimbursed.

Awards/ Medals

The top three places for each Event are awarded medals, provided if at least three boats compete in the event. Only A Finals are awarded medals. Medals will be awarded once results are official. Any medals that are not picked up by the end of the event will not be shipped.

Practice

Practice is available beginning at 9:00 AM on Friday, April 23, 2021. Competitors practicing on the course do so at their own risk. The Dogwood Juniors Regatta Committee will not be supervising the race course prior to race day. All competitors must be off the course prior to 8:00 PM. Competitors may not practice on the course once racing is concluded for the day. The course will be closed once racing has concluded. Practice is not allowed the morning of either race day.

Weigh In - Coxswain and Ltwt

Due to concerns about the possibility of exposing lightweight athletes and coxswains unnecessarily, the 2021 Dogwood Junior Championship will specifically not have weigh-ins. Both lightweights and coxswains are on the

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honor system. The weight of Rowers in lightweight Events is described in Rule 4-104.3 The weight of Coxswains is described in Rule 4-105.1. Coxswains are expected to bring appropriate weight as necessary.

For reference:

USRowing rule 4-104.3 Lightweights

A lightweight Crew is one that complies with the requirements below.

(a) Youth Men's lightweight Crew, including a single Scull (1x), shall have no Rower that weighs more than 150 lbs.

(b) Youth Women's lightweight Crew, including a single Scull (1x), shall have no Rower who weighs more than 130 lbs.

USRowing rule 4-105.1 Coxswain's Weight

(a) All Competitors who are competing as a Coxswain must meet the following minimum weights and their weights shall be determined as provided in Rule 4-106 ("Weighing of Competitors").

(1) A Coxswain in an Event for men's Crews shall weigh at least 120 lbs. (2) A Coxswain in an Event for women's Crews shall weigh at least 110 lbs. (3) A Coxswain in an Event for mixed Crews shall weigh at least 120 lbs.

(b) Coxswains who do not comply with subsection (a) above shall carry deadweight in order to achieve the minimum weight. Any such deadweight shall be placed in the boat as close to the torso of the Coxswain as possible and such weight shall remain in the boat throughout the duration of the race.

Dock Master

The Dock Master has authority over the dock area. Each competitor is required to report in before launching off the dock. Competitors not reporting prior to last-call will be scratched. All competitors must return to the recovery docks after their race.

Launching

For Time Trials - crews will launch from the two farthest input docks from the boathouse in the marina harbor, and will recover from the two closest. The two additional docks, immediately in front of the boathouse will be used if necessary, but crews should not plan on using them. There will be no time for equipment adjustment on the docks. Crews should plan to adjust foot stretchers and tie shoelaces after launching. Masks must be worn by all athletes until they have launched. The LOC will provide signage at the Launch and Recovery docks to indicate the specific pattern.

For Practice Periods and Sprint Racing - crews will launch from the two nearest launch docks from the boathouse in the marina harbor, and will recover from the two farthest. The two additional docks, immediately in front of the boathouse will be used if necessary, but crews should not plan on using them. There will be no time for equipment adjustment on the docks. Crews should plan to adjust foot stretchers and tie shoelaces after launching. Masks must be worn by all athletes until they have launched. The LOC will provide signage at the Launch and Recovery docks to indicate the specific pattern.

Hot Seating

No special accommodations will be made for a crew to hot-seat.

Safety Equipment

Every competing boat shall be properly equipped with a bow ball. Every competing boat shall also be equipped with quick-release shoes. Control commission will check before boarding launching docks (per rule 3-109).

Bow Numbers

Time Trial numbers for all boats will be assigned and distributed by ORRA as part of their daily registration.

Bow numbers for progressions and Finals will use an alphanumeric designation, with ORRA managing the assignment of Event Number of alphanumeric character, and the numeric designation indicating the assigned lane for that particular crew. Lane numbers are 1-7, with Lane 1 being closest to the far shore, and Lane 7 being closest to the near shore/greenway. Crews are reminded to return bow numbers to the dock master after your

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race. If bow numbers are not returned, the crew associated with the bow number will be charged \$10 per missing bow number.

Rowing to the Starting Line

Traveling to the start for *time trial racing*, crews will turn right immediately out of the embayment. Crews will travel down past the finish tower/line and then cross below the course Finish Line, and travel up.

Traveling to the start for 7-lane sprint racing, crews will exit the embayment yielding to regatta traffic approaching on course. Cross the race course as directly as possible to the far shore. Turn to port after clearing all course lanes. Marshalls will be along the course. DO NOT YIELD OR STOP INSIDE OF COURSE LANES.

Crews can warm up with caution as they travel up the eastern shore toward the start. Maintain a single file past the race course. Avoid practice starts until you are above the starting line. Do not stop on the 0100-meter or 0000-meter sight lines, as this delays the alignment of other crews preparing to race. Boats must stop rowing when events on the course approach (within 150m). Please view the course maps for more info.

Warm up

Crews may proceed up stream past the railroad bridge and enter the warm up area (500m north of the bridge). Travel in a counter clockwise direction. Stay within site and audible distance of the start marshals. Check in with the start marshal north of the bridge upon your arrival to the warm-up area. It is the crew's responsibility to be on time for the beginning of their race.

Staging Area

Marshals will direct the staging of crews as they pass back south of the railroad bridge along the west shore. The Staging Marshal will direct crews in each specific event to line up in reverse lane order (7 to 1) to enter the course. Check in with the marshal upon arrival to the staging area.

Equipment Failure Prior to Start

If a Crew suffers broken equipment after launching but prior to entering the Starting area, it shall stop rowing and immediately signal to the closest Race Official. The Race Official shall inspect the equipment for damage. If the Race Official determines that there is broken equipment, the Race Official shall communicate with both the Starter and Chief Referee to determine if the Crew will be able to race.

Reporting to the Start for Time Trials

Each Crew participating in the Time Trial is responsible for being ready to race two minutes before the Scheduled Time of the Race, whether or not announcements have been made by the Starter. Marshals will assist with the positioning of crews in bow number order.

Reporting to the Start for 7-Lane Sprint Racing

Each Crew is responsible for being attached to its starting station and ready to race two minutes before the Scheduled Time of the Race, whether or not announcements have been made by the Starter. If racing is delayed, Crews shall be responsible for being within voice range of the Starter and in a position to respond to instructions.

A Crew that is not attached to its starting station at least two minutes before the Scheduled Time of the Race may be assessed a warning per USRowing Rule 2-602(b), "Types of Penalties" by the Starter. A Crew that is not attached to its starting station by the Scheduled Time of the Race may be excluded by the Starter. If racing is delayed, the Starter may announce a new racing time, which shall have the same effect as the original Scheduled Time for purposes of this rule.

Time Trial Timing System

The elapsed time for a crew participating in a time trial shall begin as the bow ball touches the time trial Start Line, and end when the bow ball touches the Finish Line. Crews should be at full race speed prior to reaching the time trial start point. No audible announcement will be made at the start.

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The Finish

For crews completing a Time Trial, they should exit the finish area as soon as possible after completing the race and return to the embayment using the same counter-clock-wise flow ((between the outside of Lane 7 and the travel lane) that avoids conflicts with time trial crews proceeding to start.

For crew completing a 7-lane sprint race, Finish Area Crews should exit the finish area as soon as possible after the "Regatta Official" has raised the white flag signaling that the race is "Official". A warm down area will be provided beyond the course for 500 meters. Crews should not travel around the next river bend (to port) while warming down. Crews will exit the finish area between the course and the finish line tower, and stay off the course while exiting the course. Do not stop on the finish line while leaving the course.

The DASH

New for 2021, ORRA offers a 500-meter dash for Men's and Women's 8+ and 1x crews at the end of day on Saturday. These events are capped at 21 entries each. Racing will be from the 1000-meter point of the sprint course to the 1500-meter point of the sprint course, directly in front of the peninsula and the team tents. The distribution of crews across the seven lanes will be supported by on-course marshals. First-place medals will be awarded to the winner of each DASH race.

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Event Definitions

- Youth/Junior: A Youth is a Competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full-time student seeking a diploma. A Competitor thus ceases to be a Youth after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full-time student, whichever is later.
- U-17: A Competitor may compete in the U17 category until December 31 of the year of his or her 16th birthday.
- U-15: A Competitor may compete in the U15 category until December 31 of the year of his or her 14th birthday.
- Mixed: A Crew competing in a mixed Event must be 50% male and 50% female, not including the Coxswain
- Women's Division: Female rowers and scullers only.
- Men's Division: Male rowers and scullers only.

Progression

ENTRIES	Time Trial	Crews to Advance	HEATS	SEMI-FINALS	Crews to Advance
1 - 7					FINAL ONLY
8 - 14	-	-	2		3/3 +1 on time to FINAL
15 - 21	1	14 to Semi-Finals	-	2	3/3 +1 on time to FINAL
22+	1	21 to Semi-Finals	-	3	2/2/2 +1 on time to A FINAL next 7 times to B FINAL

Order Of Events

The event schedule and results will be available via [HereNow](#). Please note that the regatta schedule is tentative and subject to change based on the circumstances of the event. Teams are expected to check Regatta Central and HereNow timing to ensure proper launch times. If weather becomes a problem, the Regatta Director and the Chief Referee will notify all participating crews on any potential changes. The Regatta Director retains the right and authority to alter the schedule.

The regatta is currently expected to start Saturday April 24, 2021 at 8:00 AM with launch docks opening 45 minutes prior to the first scheduled event. Regatta progression will be as follows: Time Trials (for events with more than 15 entries), followed by Heats (for events with 8-14 entries), Semi-Finals (as needed from Time Trials) then Finals ending by 4:00pm on Sunday.

1	Mens Youth 4+	13	Mens Youth 3rd 8+	25	Womens U17 2x	37	Mens Youth 3rd 4+
2	Mens Youth 1x	14	Womens U17 8+	26	Mens U17 4+	38	Mens U15 8+
3	Mens U17 1x	15	Mens Youth 4x	27	Womens Youth 2x	39	Womens U15 8+
4	Womens Youth 4x	16	Mens U17 4x	28	Mens Youth Ltwt 2x	40	Mens U17 2-
5	Womens U17 4x	17	Womens Youth 1x	29	Mens Youth 8+	41	Womens U17 2-

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6	Mens U17 8+	18	Womens U17 1x	30	Womens Youth 8+	42	Mens Youth 4-
7	Womens Youth 2nd 8+	19	Womens Youth 4+	31	Womens Youth Ltwt 2x	43	Womens Youth 4-
8	Womens Youth 3rd 8+	20	Womens Youth Ltwt 8+	32	Mens Youth 2x	44	Womens 500m 8+ DASH
9	Mens Youth 2-	21	Mens Youth Ltwt 8+	33	Womens U17 4+	45	Mens 500m 8+ DASH
10	Womens Youth 2-	22	Womens Youth 2nd 4+	34	Mens U17 2x	46	Womens 500m 1x DASH
11	Mixed U15 8+	23	Womens Youth 3rd 4+	35	Womens Youth Ltwt 4+	47	Mens 500m 1x DASH
12	Mens Youth 2nd 8+	24	Mens Youth Ltwt 4+	36	Mens Youth 2nd 4+		

Inclement Weather

The LOC, in concert with the Chief Referee, has the responsibility and authority to revise the schedule of events, up to and including cancellation of any or all portions of the event, based on inclement weather that affects the safety of the athletes and staff. To reduce the impact to the schedule across the entire event list in the fairness manner possible, the LOC notes that time may be recovered on Saturday, if necessary, by reducing or eliminating the Dash events, and on Sunday by eliminating the Petit Final for Events with 22 or more entries. In all cases, cancellations of one or more events will be avoided to the greatest degree possible.

Spectators

Spectators are allowed at the Dogwood Junior Championship Regatta. Parking passes, subject to space, are available for the boathouse parking lot. Further, parking on the shoulder of Melton Lake Drive is permitted by the City of Oak Ridge, subject to specific signage/markings. All spectators are strongly encouraged to observe covid protocols including masks and social distancing. Easy public access and spectator viewing is noted from the 0500-meter point to the 1250-meter point, with a greenway along this entire section, and again from the 1700-meter point to the finish line.

Spectators are not permitted in the athlete area.