

Regatta Race Package 2024

WELCOME to the Nelson Rowing Club Sprints Regatta!

DATE Aug 10th, 2024

LOCATION The Nelson Sprints Regatta is held on Kootenay Lake at Lakeside Park, [1801 Lakeside Drive, in beautiful Nelson, BC.](#)

ENTRIES Entries will be accepted before 6:00 pm PT on Wednesday Aug 7th. All entries can be made through Regatta Central <https://www.regattacentral.com/>

The Nelson Rowing Club requests that each coach / organizer submit a list of rowers and entries (including first and last names and ages) to the Regatta Chair, Kristina Beck at kristina.lithia.beck@gmail.com by Aug 7, 2024.

SCRATCHES AND ADDITIONS Please try and fully register before Aug 7th even though we will endeavor to accommodate scratches and additions on race day. All scratches will be fully refunded (flat fee and seat fees) if done by the close of registration on August 7th. Scratches on race day will not be refunded.

ELIGIBILITY All athletes must be currently registered with their provincial rowing association and Rowing Canada Aviron (RCA). All US entries must be registered with the US Rowing Association (USRA).

WEATHER If any races are canceled due to the decision of the Safety Advisor and Chief Umpire as a result of poor weather conditions, they will not be rescheduled.

COACHES MEETING The Coaches meeting will take place at 6:15 am at the NRC boathouse Aug 10th. All coaches must attend. Sheree Moffatt is the Head Umpire for this event and will be reviewing entries, safety, and procedures.

LAUNCHING All crews will launch from the Lakeside Park beach marked on the course map [here](#)

SPRINTS The Sprints schedule can be found [here](#).

ENTRY FEE \$60 This is a flat fee. The entry fee includes a ticket for the BBQ dinner and awards ceremony. Extra guests are welcome to attend the BBQ and Awards ceremony at a cost of \$15 per person. Advance notice (up until Aug 7th) is required to accommodate extra guests, please notify Kristina of any add-ons by email or text (kristina.lithia.beck@gmail.com or text 604 369-3410). Payment can be made beforehand by e-transfer to thenelsonrowingclub@gmail.com or by cash on the day of the event at the merchandise table.

SAFETY All boats with flexible shoes **MUST** be fitted with heel tie-downs. Please ensure your crews have checked heel ties and they are set at the regulation 7cm length **BEFORE** the boat check-in.

A proper bow-ball is required on ALL shells.

IMPORTANT: There is no time for fixing any problems (ie: heel tie downs or bow ball etc.) at the safety check-in as this will delay the launch of your boat and delay the entire regatta schedule! Thanks for being organized beforehand.

BOW MARKERS will be provided by the Dock Marshall at the Control Center tent. **ALL** shells must be fitted with bow clips.

BOAT CHECK A safety check will be performed on all boats by an umpire or delegated person prior to the boat being allowed to launch. The check is initiated when racers ask for their bow marker at the Control tent.

RISK Competitors and crews participate in the races entirely at their own risk. The decision to race is solely up to the individual(s) that make(s) up the competing crew. Neither the Nelson Rowing Club, the Regatta Committee, nor its affiliates assume any liability for material damage, personal injury or death sustained in conjunction with participating in the regatta.

ARRIVAL, PARKING, and BOAT UNLOADING information can be found [here](#).

There is additional information on [Lodging](#), [Dining](#), and [Local Attractions](#) on the Regatta Central website.