

## Nelson Sprints Regatta Race Package 2023

**DATE** July 15, 2023

**LOCATION** The Nelson Sprints Regatta is held on Kootenay Lake at Lakeside Park, [1803 Lakeside Drive, in beautiful Nelson, BC.](#)

**ENTRIES** Entries will be accepted before 11:59 pm EDT on Wednesday July 9, 2023 All entries can be made through Regatta Central.

The Nelson Rowing Club requests that each coach / organizer submit a list of rowers and entries (including first and last names and ages) to the Regatta Chair at [thenelsonrowingclub@gmail.com](mailto:thenelsonrowingclub@gmail.com) by July 9th.

**SCRATCHES** Scratches will be available until 11:59 pm EDT on Friday July 14, 2023.

**ELIGIBILITY** All athletes must be currently registered with their provincial rowing association and Rowing Canada Aviron (RCA).

All US entries must be registered with the US Rowing Association (USRA).

**WEATHER** If any races are cancelled due to the decision of the Head Umpire and the LOC as a result of poor weather conditions, they will not be rescheduled.

**COACHES MEETING** The Coaches meeting will take place at 6:30 am. All coaches must attend. Linda Arnold is the Head Umpire for this event and will be reviewing entries, safety, and procedures.

**LAUNCHING** All crews will launch from the Lakeside Park beach marked on the course map [here](#).

**SPRINTS** The Sprints schedule can be found [here](#).

**ENTRY FEE** \$60 CAD. The entry fee includes all RCA/ RowBC seat fees and the BBQ dinner and awards ceremony ticket.

**SAFETY** All boats with flexible shoes **MUST** be fitted with heel tie-downs. Please ensure your crews have checked heel ties and they are set at the regulation 7 cm length **BEFORE** the boat check-in.

A proper bow-ball is required on ALL shells.

**IMPORTANT: Ensure all aspects of the boat including heel tie-downs and bow-balls are in order BEFORE the check in. There is absolutely no time for fixing any problems with**

**the heel tie downs or bow ball etc. at the check-in as this would cause a delay the launch of your boat and a delay in the entire regatta schedule.**

**BOW MARKERS** will be provided by the Regatta Organizers. ALL shells must be fitted with bow clips.

**BOAT CHECK** A safety check will be performed on all boats by the umpire prior to the boat being allowed to launch.

**RISK** Competitors and crews participate in the races entirely at their own risk. The decision to race is solely up to the individual(s) that make(s) up the competing crew.

Neither the Nelson Rowing Club, the Regatta Committee, nor its affiliates assume any liability for material damage, personal injury or death sustained in conjunction with participating in the regatta.

**ARRIVAL, PARKING, and BOAT UNLOADING** information can be found [here](#).

Information on [Lodging](#), [Dining](#), and [Local Attractions](#) can be found on the Regatta Central website left hand side menu.