



2023 Head of the Mississippi

7 October 2023

Results by Schedule

October 7, 2023

Race No	Race	Date	Time	Progression Rule	Status		
01	Men's (Open/Collegiate) 8+ (Terry Smyth)						
1	Final 1	10/7/2023	08:45	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Hartung, H.	1	UMN M Minnesota - Men	15:35.58	0.00	15:35.58	OK
	<i>Kamineneni, Akansha</i>		<i>Hansel, Chase</i>	<i>Hambleton, John</i>		<i>Frank, Josh</i>	
	<i>Nollenberger, Caleb</i>		<i>Shobert, Randall</i>	<i>Stocking, Thomas</i>		<i>Javaherian, Samuel</i>	
	<i>Hartung, Henry</i>		<i>Armstrong, Scott</i>				
2	Scholtz, N.	4	UMN M Minnesota - Men	15:45.57	0.00	15:45.57	OK
	<i>Kondepudy, Mira</i>		<i>Quimby, John</i>	<i>Bailey, Justin</i>		<i>Notaro, Matthew</i>	
	<i>Morizono, Michio</i>		<i>Mancuso, Matteo</i>	<i>Molloy, Jake</i>		<i>McGowan, Dylan</i>	
	<i>Scholtz, Nikolas</i>						
3	LeLoup, B.	5	STPL St. Paul	15:50.76	0.00	15:50.76	OK
	<i>Pischke, Brianna</i>		<i>Hohenshell, Nathan</i>	<i>Stack, Chris</i>		<i>Burkum, Tyler</i>	
	<i>Teaver, John</i>		<i>Buchert, Jonathan</i>	<i>Ruble, Benjamin</i>		<i>Hemlock, Nicholas</i>	
	<i>LeLoup, Brian</i>						
4	Johnson, B.	8	UMN M Minnesota - Men	16:49.27	0.00	16:49.27	OK
	<i>Nguyen, Valerie</i>		<i>Lawler, Megan</i>	<i>Hyndman, Martin</i>		<i>Salunke, Tanay</i>	
	<i>Roslansky, Will</i>		<i>Lohrenz, Dalton</i>	<i>LiaBraaten, Seth</i>		<i>Hyndman, Martin</i>	
	<i>Johnson, Braden</i>						
5	Salunke, T.	6	UMN M Minnesota - Men	17:11.90	0.00	17:11.90	OK
	<i>Christensen, Stella</i>		<i>Heit, Preston</i>	<i>Sundin, Ethan</i>		<i>holm, Sam</i>	
	<i>Miedema, Sawyer</i>		<i>George, William</i>	<i>Stenlund, Nicholas</i>		<i>Miller, Caden</i>	
	<i>Salunke, Tanay</i>						
6	Martinez, D.	3	MICHT Michigan Tech	18:09.22	0.00	18:09.22	OK
	<i>Lopez, Trinity</i>		<i>Lee, Jordan</i>	<i>Chow, Jayden</i>		<i>Donnelly, Colin</i>	
	<i>Mertens, Nathan</i>		<i>Kemnitz, Aaron</i>	<i>Siebigtheroth, Jeffrey</i>		<i>Kindt, Peter</i>	
	<i>Martinez, Daniel</i>						
7	Manolis, J.	10	UMN M Minnesota - Men	18:21.52	0.00	18:21.52	OK
	<i>Ray, Shikha</i>		<i>Hoeschen, Ethan</i>	<i>heal, Ronan</i>		<i>Hanrahan, Brian</i>	
	<i>Armstrong, Scott</i>		<i>Graziani, Anthony</i>	<i>Grazziotin Sfredo, Lucas</i>		<i>Meredith, Cecil</i>	
	<i>Manolis, Jay</i>						

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1	Final 1	10/7/2023	08:45	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
8	LeLoup, B.	7	UST St. Thomas	18:31.74	0.00	18:31.74	OK
	<i>Higgins, Katie</i>		<i>Jacobsen, William</i>	<i>Baron, Simon</i>		<i>Nelson, Bennett</i>	
	<i>Halvey, Jack</i>		<i>Wolter, Jacob</i>	<i>Schlitz, Joe</i>		<i>Arnason, Jack</i>	
	<i>LeLoup, Brayden</i>						
9	Hoffman, T.	2	MPLS Minneapolis	19:24.68	0.00	19:24.68	OK
	<i>Beckman, Anne</i>		<i>Mosher, Wesley</i>	<i>Perera, Guy</i>		<i>Price, Todd</i>	
	<i>Campbell, Scott</i>		<i>Kemp, David</i>	<i>Bandy, Isaac</i>		<i>Reilly, Calvin</i>	
	<i>Hoffman, Tim</i>						
10	Gonzalez, D.	9	STPL St. Paul	21:56.01	0.00	21:56.01	OK
	<i>Granse, Isabella</i>		<i>O'Neill, Neill</i>	<i>Larson, Kyle</i>		<i>Nilles, Luke</i>	
	<i>Kaeding, Adam</i>		<i>Rizzo, Zack</i>	<i>Phillips, Abraham</i>		<i>Gardino, Nicholas</i>	
	<i>Gonzalez, Daniel</i>						



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Race No	Race	Date	Time	Progression Rule	Status		
02	Women's Open 1x						
2	Final 1	10/7/2023	09:00	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Koch, M. <i>Koch, Madison</i>	12	STPL St. Paul	22:24.90	0.00	22:24.90	OK
2	Hodnett, L. <i>Hodnett, Lynn</i>	15	STPL St. Paul	22:31.88	0.00	22:31.88	OK
3	Brick, K. <i>Brick, Katherine</i>	17	STPL St. Paul	22:39.98	0.00	22:39.98	OK
4	Robinson, M. <i>Robinson, Morgan</i>	14	612 e 612 Endurance <i>Dundon, James</i>	22:45.30	0.00	22:45.30	OK
5	Marlotte, C. <i>Marlotte, Caitlin</i>	13	MPLS Minneapolis	25:55.55	0.00	25:55.55	OK
6	Riese, C. <i>Riese, Caitlin</i>	18	MPLS Minneapolis	27:28.94	0.00	27:28.94	OK



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Race No	Race	Date	Time	Progression Rule	Status			
03	Men's Masters 1x							
3	Final 1	10/7/2023	09:00	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Johnson, P. <i>Johnson, Patrick</i>	23	MPLS	Minneapolis	19:30.92	1:06.00	18:24.92	OK
2	Pfaendtner, J. <i>Pfaendtner, Jeffrey</i>	38	MPLS	Minneapolis	20:12.11	1:39.00	18:33.11	OK
3	McCarthy, F. <i>McCarthy, Finbarr</i>	30	MPLS	Minneapolis	20:33.50	1:46.50	18:47.00	OK
4	Barden, C. <i>Barden, Charles</i>	22	612 e	612 Endurance <i>Dundon, James</i>	22:13.83	3:14.00	18:59.83	OK
5	Maurer, K. <i>Maurer, Kyle</i>	32	MPLS	Minneapolis	19:19.93	15.00	19:04.93	OK
6	Dundon, J. <i>Dundon, James</i>	24	612 e	612 Endurance	20:54.81	1:39.00	19:15.81	OK
7	Michals, S. <i>Michals, Stephen</i>	25	612 e	612 Endurance	23:00.57	3:34.50	19:26.07	OK
8	Olson, P. <i>Olson, Peter</i>	26	DUTH	Duluth	22:46.20	2:54.50	19:51.70	OK
9	Johnson, P. <i>Johnson, Philip</i>	251	MPLS	Minneapolis	23:43.90	3:45.00	19:58.90	OK
10	Cheesebro, J. <i>Cheesebro, John</i>	43	MPLS	Minneapolis	24:21.89	4:07.00	20:14.89	OK
11	Hyndman, M. <i>Hyndman, Martin</i>	27	CIMA	Cimarron	22:40.95	2:18.50	20:22.45	OK
12	Dott, E. <i>Dott, Eric</i>	36	DUTH	Duluth <i>Olson, Peter</i>	23:21.51	2:54.50	20:27.01	OK
13	Green, A. <i>Green, Allan</i>	33	612 e	612 Endurance <i>Dundon, James</i>	22:07.52	1:39.00	20:28.52	OK

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03	Men's Masters 1x							
3	Final 1	10/7/2023	09:00	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
14	Arnold, J.	28	Undine	Undine	23:43.85	3:04.00	20:39.85	OK
	<i>Arnold, Jerry</i>							
15	Connors, P.	35	MPLS	Minneapolis	24:02.97	3:04.00	20:58.97	OK
	<i>Connors, Paul</i>							
16	Korman, J.	31	CIMA	Cimarron	22:50.28	1:32.00	22:18.28	OK
	<i>Korman, Jaymie</i>							
17	Huggett, J.	40	MPLS	Minneapolis	23:33.86	1:00.00	22:33.86	OK
	<i>Huggett, James</i>							
18	Quayat, M.	39	612 e	612 Endurance	22:46.28	0.00	22:46.28	OK
	<i>Quayat, Martim</i>							
19	Schnell, A.	29	Unaff.	Unaff. (USA)	23:57.11	54.50	23:02.61	OK
	<i>Schnell, Aaron</i>							
20	Pokorny, E.	41	MPLS	Minneapolis	24:54.88	18.50	24:36.38	OK
	<i>Pokorny, Emmett</i>							
21	Clampitt, J.	42	LKPH	Lake Phalen	25:17.50	39.00	24:38.50	OK
	<i>Clampitt, Jason</i>							
22	Kelly, J.	37	MPLS	Minneapolis	26:40.71	1:18.50	25:22.21	OK
	<i>Kelly, John</i>							
23	Sheehan, D.	34	STPL	St. Paul	37:25.79	1:46.50	35:39.29	OK
	<i>Sheehan, Dan</i>							



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Race No	Race	Date	Time	Progression Rule	Status		
04	Women's Masters 2x						
4	Final 1	10/7/2023	09:15	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Feagler, K.	48	LLRC Long Lake	21:07.99	1:10.00	19:57.99	OK
	<i>McCarthy, Sandra</i>		<i>Feagler, Karen</i>				
2	Luetmer, E.	51	LLRC Long Lake	21:30.97	1:04.50	21:26.47	OK
	<i>Drangeid, Gretchen</i>		<i>Luetmer, Elizabeth</i>				
3	Winkels, R.	53	LLRC Long Lake	23:33.34	1:28.50	22:04.84	OK
	<i>Johnson, Amy</i>		<i>Winkels, Rose</i>				
4	Harrington, L.	49	MPLS Minneapolis	22:57.44	7.00	22:50.44	OK
	<i>Kramer, Marian</i>		<i>Harrington, Laura</i>				
5	Wolf, K.	52	MPLS Minneapolis	24:11.54	2.50	24:09.04	OK
	<i>Freiberg, Madeline</i>		<i>Wolf, Katherine</i>				
6	Ewig, C.	47	MPLS Minneapolis	26:07.35	59.00	25:08.35	OK
	<i>Grossman, Julie</i>		<i>Ewig, Christina</i>				
7	Lara, R.	50	STPL St. Paul	25:30.10	0.00	25:30.10	OK
	<i>Dahlquist, Miriah</i>		<i>Lara, Raquel</i>				
8	Balmforth, I.	55	LLRC Long Lake	27:09.39	2:11.50	25:57.89	OK
	<i>Carmody, Sharon</i>		<i>Balmforth, Irene</i>				
9	Everson, L.	56	LLRC Long Lake	30:03.46	2:36.00	27:27.46	OK
	<i>Lopez-Ruth, Sylvette</i>		<i>Everson, Lenore</i>				
10	levitt, a.	54	STPL St. Paul	32:10.75	44.00	31:26.75	OK
	<i>Resseger, Emily</i>		<i>levitt, alice</i>				



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Race No	Race	Date	Time	Progression Rule	Status			
05	Women's Masters 2-							
5	Final 1	10/7/2023	09:15	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Gisser, S.	60	MPLS	Minneapolis	22:46.50	1:00.00	21:46.50	OK
	<i>Sage-Martinson, Gretchen</i>		<i>Gisser, Sarah</i>					
2	Bagley, E.	61	MPLS	Minneapolis	23:43.32	0.00	23:43.32	OK
	<i>Lamppa, Kirsten</i>		<i>Bagley, Elisabeth</i>					



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Race No	Race	Date	Time	Progression Rule	Status			
06	Women's Collegiate 4+							
6	Final 1	10/7/2023	09:30	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Christensen, C.	65	UMN W	Minnesota - Women	18:37.02	0.00	18:37.02	OK
	<i>Cochico, Courtney Rei</i>		<i>Messer, Meg</i>	<i>Lange, Madeline</i>	<i>Papaterpou, Parthena</i>			
	<i>Christensen, Cecilie</i>							
2	Charalampidou Layton, E.	74	UMN W	Minnesota - Women	18:39.64	0.00	18:39.64	OK
	<i>Nguyen, Tammy</i>		<i>Macfarlane, Nuala</i>	<i>Moen, Annie</i>	<i>Saunders, Ella</i>			
	<i>Charalampidou Layton, Eleni</i>							
3	Sweet, T.	70	UMN W	Minnesota - Women	18:58.43	0.00	18:58.43	OK
	<i>shah, Misha</i>		<i>Field, Manon</i>	<i>Loescher, Grace</i>	<i>Hicks, Sydney</i>			
	<i>Sweet, Tallulah</i>							
4	Fier, I.	66	CREI	Creighton - Women	19:14.06	0.00	19:14.06	OK
	<i>Bruckner, Grace</i>		<i>Williams, ivy</i>	<i>Johnson, Emma</i>	<i>Harty, Paige</i>			
	<i>Fier, Isabella</i>							
5	Ricci, N.	71	CREI	Creighton - Women	19:43.09	0.00	19:43.09	OK
	<i>Winter, Claire</i>		<i>Abildgaard, Brooke</i>	<i>Zeimetz, Lillian</i>	<i>Wilson, Wendy</i>			
	<i>Ricci, Nina</i>							
6	Montgomery, S.	68	UST	St. Thomas	20:52.49	0.00	20:52.49	OK
	<i>Simpson, Libby</i>		<i>Schmitz, Rachel</i>	<i>Rodrigue, julia</i>	<i>Kramer, Olivia</i>			
	<i>Montgomery, Sarah</i>							
7	Herzer, S.	73	CREI	Creighton - Women	21:11.57	0.00	21:11.57	OK
	<i>Ladehoff, Gabrielle</i>		<i>Mikalojewski, megan</i>	<i>King, Maddey</i>	<i>DeCampos, Mia</i>			
	<i>Herzer, Sarah</i>							
8	Ciecko, R.	67	MICHT	Michigan Tech	23:08.40	0.00	23:08.40	OK
	<i>Hubert, Orin</i>		<i>Hamrick, Michalena</i>	<i>Taylor, Emily</i>	<i>Norberg, Margaret</i>			
	<i>Ciecko, Raina</i>							
9	Buys, E.	75	CREI	Creighton - Women	22:31.13	0.00	24:01.13	OK
	<i>Sobczk, Hannah</i>		<i>Edwards, Shayla</i>	<i>Carlson, Chloe</i>	<i>Chipps, Emma</i>			

Results by Schedule

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Race No	Race	Date	Time	Progression Rule	Status		
06	Women's Collegiate 4+						
6	Final 1	10/7/2023	09:30	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
	<i>Buys, Emma</i>						
10	Davis, C.	69	MAC Macalester	24:28.20	0.00	24:28.20	OK
	<i>Iyengar, Tara</i>		<i>Bintz, Julia</i>	<i>Woolley, Anna</i>		<i>Jenkins, Hannah</i>	
	<i>Davis, Caroline</i>						
11	Olson, F.	72	MICHT Michigan Tech	24:50.76	0.00	24:50.76	OK
	<i>Gill, Elena</i>		<i>Ruthenberg, Abigail</i>	<i>Kinnamon, Rachel</i>		<i>Childs, Alexis</i>	
	<i>Olson, Fiona</i>						



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Race No	Race	Date	Time	Progression Rule	Status			
07	Women's Collegiate Freshman 8+							
7	Final 1	10/7/2023	09:45	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Muller, N.	79	UMN W	Minnesota - Women	17:48.72	0.00	17:48.72	OK
	<i>Ajmera, Radhika</i>			<i>Filas, Marina</i>	<i>Berrett, Maggie</i>		<i>Rzeznik, Martyna</i>	
	<i>Franke, Emily</i>			<i>Pirigyi, Sophia</i>	<i>Mueller, Alexa</i>		<i>Freltoft, Josefina</i>	
	<i>Muller, Nathalie</i>							
2	Rish, E.	80	UMN W	Minnesota - Women	21:36.28	0.00	21:36.28	OK
	<i>Jacobson, Mackenzie</i>			<i>Sweney, Allison</i>	<i>Abston, Zara</i>		<i>Bork, Kariana</i>	
	<i>Carey, Isabel</i>			<i>Northrop-Kiel, Ellison</i>	<i>Klassen, Kim</i>		<i>Cleverly, Madeline</i>	
	<i>Rish, Emilie</i>							
3	Balcome, A.	81	UMN W	Minnesota - Women	22:41.39	0.00	22:41.39	OK
	<i>Willey, Claire</i>			<i>Curran, Allison</i>	<i>Wethington, Jacqueline</i>		<i>Schabel, Harley</i>	
	<i>Tollefson, Aleksia</i>			<i>Vanner, Lila</i>	<i>Keller, Paige</i>		<i>Deutscher, Jaden</i>	
	<i>Balcome, Alexandra</i>							



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Race No	Race	Date	Time	Progression Rule	Status		
08	Women's Junior 4x						
8	Final 1	10/7/2023	10:00	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Bardouille, F.	85	LKPH Lake Phalen	19:55.00	0.00	19:55.00	OK
	<i>Xia, Crystal</i>		<i>Brings, Rachel</i>	<i>Appleton, Abigail</i>		<i>Bardouille, Farrah</i>	
2	Magnuson, L.	86	LLRC Long Lake	20:33.00	0.00	20:33.00	OK
	<i>Zealley, Averie</i>		<i>Rector, Kenzie</i>	<i>Redding, Nora</i>		<i>Magnuson, Liliana</i>	
3	Vossen-Nelson, M.	90	MPLS Minneapolis	21:17.00	0.00	21:17.00	OK
	<i>Haus, Allie</i>		<i>Vossen-Nelson, Maya</i>	<i>Balfour, Phoebe</i>		<i>Palombo, Cecilia</i>	
	<i>Palombo, Cecilia</i>		<i>Balfour, Phoebe</i>	<i>Haus, Allie</i>		<i>Vossen-Nelson, Maya</i>	
4	Lau, R.	89	MPLS Minneapolis	23:23.00	0.00	23:23.00	OK
	<i>Strom, Siri</i>		<i>Krasean, Anja</i>	<i>Wilson, Anneli</i>		<i>Lau, Regan</i>	
	<i>Strom, Siri</i>		<i>Krasean, Anja</i>	<i>Wilson, Anneli</i>		<i>Lau, Regan</i>	
5	Illingworth, G.	88	LLRC Long Lake	23:55.00	0.00	23:55.00	OK
	<i>Stoker, Avary</i>		<i>Malecha, Emma</i>	<i>Wilcox, Charlotte</i>		<i>Illingworth, Grace</i>	
6	Schmidt, M.	87	LKPH Lake Phalen	25:20.00	0.00	25:20.00	OK
	<i>Awsumb, Nadia</i>		<i>Metzger, Elena</i>	<i>Carson, Izabella</i>		<i>Schmidt, Monica</i>	



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10	Men's Junior 1x						
9	Final 1	10/7/2023	10:15	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Holst, N. <i>Holst, Noah</i>	94	LKPH Lake Phalen	21:11.00	0.00	21:11.00	OK
2	Landro, W. <i>Landro, Will</i>	95	LLRC Long Lake	21:38.00	0.00	21:38.00	OK
3	Steinberger, D. <i>Steinberger, David</i>	96	LKPH Lake Phalen	21:57.00	0.00	21:57.00	OK
4	Osle, S. <i>Osle, Sebastian</i>	97	LLRC Long Lake	22:06.00	0.00	22:06.00	OK
5	Burica, C. <i>Burica, Chris</i>	99	LLRC Long Lake	22:19.00	0.00	22:19.00	OK
6	Galloway, J. <i>Galloway, Justin</i>	101	LLRC Long Lake	25:33.00	0.00	25:33.00	OK
7	Holwell, K. <i>Holwell, Koen</i>	102	LLRC Long Lake	27:14.00	0.00	27:44.00	OK
8	Ause-Edstrom, H. <i>Ause-Edstrom, Harold</i>	100	LKPH Lake Phalen	28:49.00	0.00	29:49.00	OK



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11	Women's Open 2x						
10	Final 1	10/7/2023	10:30	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Tobin, V.	107	MPLS Minneapolis	20:18.00	0.00	20:18.00	OK
	<i>Kunau, Alyssa</i>		<i>Tobin, Victoria</i>				
2	Brick, K.	106	STPL St. Paul	21:07.00	0.00	21:07.00	OK
	<i>Hodnett, Lynn</i>		<i>Brick, Katherine</i>				
3	Cartledge, K.	111	MPLS Minneapolis	21:14.00	0.00	21:14.00	OK
	<i>Cartledge, Colby</i>		<i>Cartledge, Katie</i>				
4	Robinson, B.	113	MPLS Minneapolis	22:05.00	0.00	22:05.00	OK
	<i>Peters, Stephanie</i>		<i>Robinson, Beth</i>				
5	Koch, M.	112	STPL St. Paul	23:45.00	0.00	23:45.00	OK
	<i>Vincent, Kaylie</i>		<i>Koch, Madison</i>				
6	Mason, K.	110	STCL St. Cloud State	24:31.00	0.00	24:31.00	OK
	<i>Swearingen, Natalie</i>		<i>Mason, Katelyn</i>				
7	Taylor, M.	108	LLRC Long Lake	24:58.00	0.00	24:58.00	OK
	<i>Buggy, Laura</i>		<i>Taylor, Maria</i>				
8	Simpson, L.	109	UST St. Thomas	23:05.00	0.00	25:05.00	OK
	<i>Whiting, Morgan</i>		<i>Simpson, Libby</i>				
9	Pollex, S.	115	MPLS Minneapolis	27:05.00	0.00	27:05.00	OK
	<i>Becker, Anna</i>		<i>Pollex, Sarah</i>				
o	Neild, H.	114	STPL St. Paul	0.00	0.00	0.00	Scratch
	<i>levitt, alice</i>		<i>Neild, Hazel</i>				



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Results by Schedule

October 7, 2023

Race No	Race	Date	Time	Progression Rule	Status			
12	Women's Open 2-							
11	Final 1	10/7/2023	10:30	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Stephenson, A.	119	UMN W	Minnesota - Women	21:49.00	0.00	21:49.00	OK
	<i>Foruhari, Mia</i>		<i>Stephenson, Anna</i>					
2	Kremnitzer, C.	121	UMN W	Minnesota - Women	22:54.00	0.00	22:54.00	OK
	<i>Isom, Cady</i>		<i>Kremnitzer, Chloe</i>					
3	Manolis, A.	120	MPLS	Minneapolis	27:40.00	0.00	27:40.00	OK
	<i>Holbrook, Olivia</i>		<i>Manolis, Ana</i>					



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Race No	Race	Date	Time	Progression Rule	Status			
13	Men's Novice (Open/Freshman) 8+							
12	Final 1	10/7/2023	10:45	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	heal, R.	125	UMN M	Minnesota - Men	17:32.00	0.00	17:32.00	OK
	<i>Kamineni, Akansha</i>		<i>Hansel, Chase</i>	<i>Hambleton, John</i>	<i>Graziani, Anthony</i>			
	<i>Nollenberger, Caleb</i>		<i>Shobert, Randall</i>	<i>Stocking, Thomas</i>	<i>Javaherian, Samuel</i>			
	<i>heal, Ronan</i>							
2	Hallgren, E.	126	MICHT	Michigan Tech	19:19.00	0.00	20:19.00	OK
	<i>Hubert, Orin</i>		<i>O'Neill, Jack</i>	<i>Reeves, David</i>	<i>Schwartz, Brendan</i>			
	<i>Short, Christopher</i>		<i>Earll, Aidan</i>	<i>Chalco, Caleb</i>	<i>Smyth, Mark</i>			
	<i>Hallgren, Elijah</i>							
3	Doyle, S.	127	UST	St. Thomas	20:23.00	0.00	20:23.00	OK
	<i>Brobakke, Emma</i>		<i>Henriksen, Elijah</i>	<i>Kr, Tyler</i>	<i>Spetz, Morgan</i>			
	<i>Orio, Brian</i>		<i>Dam, owen</i>	<i>hohensee, bryce</i>	<i>Dalton, Henry</i>			
	<i>Doyle, Shay</i>							
4	LiaBraaten, S.	129	UMN M	Minnesota - Men	18:48.00	0.00	20:48.00	OK
	<i>Christensen, Stella</i>		<i>Quimby, John</i>	<i>Salunke, Tanay</i>	<i>Mancuso, Matteo</i>			
	<i>Morizono, Michio</i>		<i>McGowan, Dylan</i>	<i>Molloy, Jake</i>	<i>Frank, Josh</i>			
	<i>LiaBraaten, Seth</i>							
5	Chin, R.	130	MPLS	Minneapolis	22:19.00	0.00	22:19.00	OK
	<i>Wymer, Melissa</i>		<i>Koebrick, Andrew</i>	<i>Rajamani, Vijay</i>	<i>Goel, Ankit</i>			
	<i>Bandy, Isaac</i>		<i>Rennert, Andrew</i>	<i>Miller, David</i>	<i>Mosher, Wesley</i>			
	<i>Chin, Richard</i>							
6	Scholtz, N.	131	UMN M	Minnesota - Men	22:32.00	0.00	22:32.00	OK
	<i>Nguyen, Valerie</i>		<i>Miedema, Sawyer</i>	<i>Manolis, Jay</i>	<i>Heit, Preston</i>			
	<i>Stenlund, Nicholas</i>		<i>Miller, Caden</i>	<i>Bailey, Justin</i>	<i>Notaro, Matthew</i>			
	<i>Scholtz, Nikolas</i>							
7	Besemann, N.	128	CSB/SJU	St. Ben's/St. John's	29:04.00	0.00	29:04.00	OK
	<i>Reeves, Lauren</i>		<i>Henkels, Christian</i>	<i>Schreier, Annabell</i>	<i>Ortega, William</i>			
	<i>Gagner, Kayla</i>		<i>Musser, William</i>	<i>Jents, Maron</i>	<i>ELTGROTH, ETHAN</i>			
	<i>Besemann, Noah</i>							



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Results by Schedule

October 7, 2023

Race No	Race	Date	Time	Progression Rule	Status			
14	Women's Collegiate Freshman 4+							
13	Final 1	10/7/2023	11:00	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Ungerman, r.	135	UST	St. Thomas	24:08.00	0.00	24:08.00	OK
	<i>Simpson, Libby</i>		<i>Tranel, Claire</i>		<i>Baumann, anne</i>		<i>Jacobson, Savannah</i>	
	<i>Ungerman, rowan</i>							



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Race No	Race	Date	Time	Progression Rule	Status		
15	Women's Novice (Open) 4+						
14	Final 1	10/7/2023	11:00	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Buzzell, E.	140	MICHT Michigan Tech	25:24.00	0.00	26:24.00	OK
	<i>Gill, Elena</i>		<i>Brown, Bethany</i>	<i>Capilla, Olivia</i>		<i>Wahlberg, Emma</i>	
	<i>Buzzell, Elise</i>						
2	Kerschbaum, E.	142	MICHT Michigan Tech	24:45.00	0.00	26:45.00	OK
	<i>Olson, Fiona</i>		<i>Lopez, Trinity</i>	<i>Schapman, Avis</i>		<i>Toyli, Aili</i>	
	<i>Kerschbaum, Emma</i>						
2	Velasquez, L.	139	MPLS Minneapolis	26:45.00	0.00	26:45.00	OK
	<i>Tbd, Cox</i>		<i>Johnson, Jessica</i>	<i>Jones, Sara</i>		<i>Brice, Lindsay</i>	
	<i>Velasquez, Laura</i>						
4	Daley, S.	141	STOLAF St. Olaf	40:37.00	0.00	41:37.00	OK
	<i>Spens, Keely</i>		<i>Aoki-Sherwood, Mio</i>	<i>Augspurger, Solon</i>		<i>Lindquist, Grace</i>	
	<i>Daley, Sarah</i>						



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Race No	Race	Date	Time	Progression Rule	Status			
16	Men's Masters 4x							
15	Final 1	10/7/2023	11:15	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Mack, L.	149	MPLS	Minneapolis	16:30.00	43.00	15:47.00	OK
	<i>Pfaendtner, Jeffrey</i>		<i>McCarthy, Finbarr</i>	<i>Loughlin, Thomas</i>		<i>Mack, Leonard</i>		
2	Olson, P.	146	DUTH	Duluth	19:53.00	2:25.50	17:27.50	OK
	<i>Newberg, Randall</i>		<i>Dott, Eric</i>	<i>Derauf, Bruce</i>		<i>Olson, Peter</i>		
	<i>Olson, Peter</i>							
3	Dodson, C.	148	STPL	St. Paul	16:59.00	0.00	17:29.00	OK
	<i>Hemlock, Nicholas</i>		<i>Ruble, Benjamin</i>	<i>LeLoup, Brian</i>		<i>Dodson, Craig</i>		
4	Belcher, R.	150	MPLS	Minneapolis	17:53.00	18.00	17:35.00	OK
	<i>Robins, Marc</i>		<i>Hoffman, Tim</i>	<i>Sargent, Matt</i>		<i>Belcher, Richard</i>		
5	Walker, R.	147	LLRC	Long Lake	19:24.00	34.00	19:20.00	OK
	<i>Peszek, Larry</i>		<i>Illingworth, James</i>	<i>Navarro, Lawson</i>		<i>Walker, Ryan</i>		
6	Eizenhoefer, N.	152	MPLS	Minneapolis	20:42.00	0.00	20:42.00	OK
	<i>Price, Todd</i>		<i>Jones, William</i>	<i>Harrington, Richard</i>		<i>Eizenhoefer, Nathaniel</i>		
7	Till, J.	153	MPLS	Minneapolis	20:21.00	21.51	21:29.49	OK
	<i>Berg, Jeff</i>		<i>Finn, Michael</i>	<i>Roberts, Nicole</i>		<i>Till, Jessica</i>		
8	Kaeding, A.	151	STPL	St. Paul	24:29.00	5.00	24:54.00	OK
	<i>Phillips, Abraham</i>		<i>Nilles, Luke</i>	<i>Sheehan, Dan</i>		<i>Kaeding, Adam</i>		



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Race No	Race	Date	Time	Progression Rule	Status			
19	Women's Masters 1x							
16	Final 1	10/7/2023	11:45	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Lund, K.	157	MPLS	Minneapolis	25:09.00	4:33.00	20:36.00	OK
	<i>Lund, Kristina</i>							
2	Severson, K.	158	612 e	612 Endurance	22:48.00	1:30.00	21:18.00	OK
	<i>Severson, Kristine</i>		<i>Dundon, James</i>					
3	Harvieux, P.	159	DUTH	Duluth	23:47.00	1:45.00	22:02.00	OK
	<i>Harvieux, Patti</i>							
4	Michals, S.	161	612 e	612 Endurance	25:52.00	3:25.50	22:26.50	OK
	<i>Michals, Susan</i>							
5	Wang, P.	165	MPLS	Minneapolis	25:51.00	2:55.00	22:56.00	OK
	<i>Wang, Ping</i>							
6	O'Donnell, M.	166	MPLS	Minneapolis	26:21.00	3:15.00	23:06.00	OK
	<i>O'Donnell, Mary</i>							
7	Casper, K.	162	MPLS	Minneapolis	24:28.00	57.00	23:31.00	OK
	<i>Casper, Kristina</i>							
8	Xu, M.	163	MPLS	Minneapolis	26:41.00	1:23.00	26:18.00	OK
	<i>Xu, Min (Amy)</i>							
9	Peterson, N.	160	LKPH	Lake Phalen	28:33.00	0.00	28:33.00	OK
	<i>Peterson, Nicole</i>							
o	Butler, M.	164	LKPH	Lake Phalen	0.00	0.00	0.00	Scratch
	<i>Butler, Monica</i>		<i>DuPont, Mike</i>					



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Race No	Race	Date	Time	Progression Rule	Status		
20	Women's Junior 1x						
17	Final 1	10/7/2023	11:45	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Dowd, R.	170	REDDOG Red Dog Rowing	21:56.00	0.00	21:56.00	OK
	<i>Dowd, Rachel</i>		<i>Dowd, Joseph</i>				
2	Illingworth, A.	176	LLRC Long Lake	23:40.00	0.00	23:40.00	OK
	<i>Illingworth, Ava</i>						
3	Redding, N.	173	LLRC Long Lake	24:36.00	0.00	24:36.00	OK
	<i>Redding, Nora</i>						
4	Brings, R.	171	LKPH Lake Phalen	24:40.00	0.00	24:40.00	OK
	<i>Brings, Rachel</i>						
5	Buffington, E.	175	LLRC Long Lake	24:55.00	0.00	24:55.00	OK
	<i>Buffington, Ella</i>						
6	Magnuson, L.	174	LLRC Long Lake	25:08.00	0.00	25:08.00	OK
	<i>Magnuson, Liliana</i>						
7	Zealley, A.	172	LLRC Long Lake	25:32.00	0.00	25:32.00	OK
	<i>Zealley, Averie</i>						
8	Hartman, R.	177	LLRC Long Lake	27:52.00	0.00	28:52.00	OK
	<i>Hartman, Raina</i>						



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Race No	Race	Date	Time	Progression Rule	Status		
21	Men's (Open/Collegiate) 2x						
18	Final 1	10/7/2023	12:00	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Stack, C.	189	STPL St. Paul	18:06.00	0.00	18:06.00	OK
	<i>Burkum, Tyler</i>		<i>Stack, Chris</i>				
2	Arnason, J.	186	UST St. Thomas	18:56.00	0.00	18:56.00	OK
	<i>Baron, Simon</i>		<i>Arnason, Jack</i>				
3	Hohenshell, N.	187	STPL St. Paul	18:54.00	0.00	19:24.00	OK
	<i>Teaver, John</i>		<i>Hohenshell, Nathan</i>				
4	Mertens, N.	184	MICHT Michigan Tech	19:30.00	0.00	19:30.00	OK
	<i>Kemnitz, Aaron</i>		<i>Mertens, Nathan</i>				
5	Larson, K.	183	STPL St. Paul	20:41.00	0.00	20:41.00	OK
	<i>Buchert, Jonathan</i>		<i>Larson, Kyle</i>				
6	Chow, J.	188	MICHT Michigan Tech	21:32.00	0.00	21:32.00	OK
	<i>Lee, Jordan</i>		<i>Chow, Jayden</i>				
7	ehrbright, A.	182	DUTH Duluth	22:10.00	0.00	22:10.00	OK
	<i>Thomas, Micah</i>		<i>ehrbright, Aidan</i>				
8	Strole, M.	185	WHTN Wheaton	21:58.00	0.00	22:58.00	OK
	<i>Paul, Ethan</i>		<i>Strole, Marcus</i>				
9	O'Neill, N.	190	STPL St. Paul	23:51.00	0.00	24:51.00	OK
	<i>Gonzalez, Daniel</i>		<i>O'Neill, Neill</i>				
o	Mertz, B.	181	MPLS Minneapolis	0.00	0.00	0.00	Scratch
	<i>Warren-Hall, William</i>		<i>Mertz, Ben</i>				



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Race No	Race	Date	Time	Progression Rule	Status			
22	Men's (Open/Collegiate) 2-							
19	Final 1	10/7/2023	12:00	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Morizono, M.	194	UMN M	Minnesota - Men	19:19.97	0.00	19:19.97	OK
	<i>Frank, Josh</i>		<i>Morizono, Michio</i>					



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Results by Schedule

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Race No	Race	Date	Time	Progression Rule	Status			
23	Women's Collegiate 8+							
20	Final 1	10/7/2023	12:15	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Christensen, C.	198	UMN W	Minnesota - Women	16:15.00	0.00	16:15.00	OK
	<i>Bejaran, Isabella</i>		<i>Field, Manon</i>	<i>Moen, Annie</i>	<i>Hicks, Sydney</i>			
	<i>Freltoft, Josefine</i>		<i>Messer, Meg</i>	<i>Lange, Madeline</i>	<i>Papaterpou, Parthena</i>			
	<i>Christensen, Cecilie</i>							
2	Charalampidou Layton, E.	203	UMN W	Minnesota - Women	16:24.00	0.00	16:24.00	OK
	<i>Wodek, Wren</i>		<i>Macfarlane, Nuala</i>	<i>Forouhari, Mia</i>	<i>Stephenson, Anna</i>			
	<i>Sweet, Tallulah</i>		<i>Mueller, Alexa</i>	<i>Loescher, Grace</i>	<i>Saunders, Ella</i>			
	<i>Charalampidou Layton, Eleni</i>							
3	Fier, I.	199	CREI	Creighton - Women	17:05.00	0.00	17:05.00	OK
	<i>Bruckner, Grace</i>		<i>Wilson, Wendy</i>	<i>Ricci, Nina</i>	<i>DeCampos, Mia</i>			
	<i>Zeimet, Lillian</i>		<i>Williams, ivy</i>	<i>Johnson, Emma</i>	<i>Harty, Paige</i>			
	<i>Fier, Isabella</i>							
4	Johanns, K.	205	UMN W	Minnesota - Women	17:32.00	0.00	17:32.00	OK
	<i>Ohlemacher, Ashley</i>		<i>Hawkins, Arianna</i>	<i>Rzeznik, Martyna</i>	<i>Farley, Anna</i>			
	<i>Miller, Peyton</i>		<i>Pirigyi, Sophia</i>	<i>Kremnitzer, Chloe</i>	<i>Isom, Cady</i>			
	<i>Johanns, Katarina</i>							
5	Herzer, S.	204	CREI	Creighton - Women	18:35.00	0.00	18:35.00	OK
	<i>Winter, Claire</i>		<i>Edwards, Shayla</i>	<i>Mikalojewski, megan</i>	<i>Chipps, Emma</i>			
	<i>Kobza, Courtney</i>		<i>Buys, Emma</i>	<i>King, Maddey</i>	<i>Abildgaard, Brooke</i>			
	<i>Herzer, Sarah</i>							
6	Ciecko, R.	200	MICHT	Michigan Tech	20:30.00	0.00	21:30.00	OK
	<i>Gill, Elena</i>		<i>Hamrick, Michalena</i>	<i>Olson, Fiona</i>	<i>Childs, Alexis</i>			
	<i>Taylor, Emily</i>		<i>Ruthenberg, Abigail</i>	<i>Kinnamon, Rachel</i>	<i>Norberg, Margaret</i>			
	<i>Ciecko, Raina</i>							
7	Danehy, S.	201	WHTN	Wheaton	21:54.00	0.00	21:54.00	OK
	<i>Carper, Christina</i>		<i>Gates, Jennifer</i>	<i>Moon, Julia</i>	<i>Field, Zoé</i>			

Results by Schedule

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Race No	Race	Date	Time	Progression Rule	Status		
23	Women's Collegiate 8+						
20	Final 1	10/7/2023	12:15	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
	<i>Pastoor, Isabelle</i>		<i>DiGena, Elizabeth</i>	<i>Brown, Margaret</i>		<i>Donley, Caris</i>	
	<i>Danehy, Sadie</i>						
8	Davis, C.	202	MAC Macalester	23:33.00	0.00	23:33.00	OK
	<i>Barroso, Francesca</i>		<i>Bintz, Julia</i>	<i>Gattuso, Lindsey</i>		<i>Cao, Rola</i>	
	<i>Akins, Georgia</i>		<i>Lamb-Hickson, Ayuna</i>	<i>Woolley, Anna</i>		<i>Jenkins, Hannah</i>	
	<i>Davis, Caroline</i>						



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Race No	Race	Date	Time	Progression Rule	Status			
24	Women's Open 8+							
21	Final 1	10/7/2023	12:15	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Manolis, A.	209	MPLS	Minneapolis	19:24.59	0.00	19:24.59	OK
	<i>Iyengar, Tara</i>		<i>Daml, Claudia</i>	<i>Sage-Martinson, Gretchen</i>	<i>Evans, Marissa</i>			
	<i>Kramer, Marian</i>		<i>Godber, Yvonne</i>	<i>Gisser, Sarah</i>	<i>Holbrook, Olivia</i>			
	<i>Manolis, Ana</i>							
2	Johnson, M.	211	MPLS	Minneapolis	21:38.52	0.00	21:38.52	OK
	<i>Beckman, Anne</i>		<i>Guo, Jingyi</i>	<i>Rude, Tanya</i>	<i>Gould, Celia</i>			
	<i>Sternhagen, Kelly</i>		<i>Sipe, Elizabeth</i>	<i>Galles, Karen</i>	<i>Larson, Paige</i>			
	<i>Johnson, Maile</i>							
3	Neild, H.	210	STPL	St. Paul	24:35.50	0.00	24:35.50	OK
	<i>Pischke, Brianna</i>		<i>Lara, Raquel</i>	<i>Granse, Isabella</i>	<i>Granse, Amanda</i>			
	<i>Vincent, Kaylie</i>		<i>Dahlquist, Miriah</i>	<i>levitt, alice</i>	<i>Resseger, Emily</i>			
	<i>Neild, Hazel</i>							



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Race No	Race	Date	Time	Progression Rule	Status			
25	Men's Novice (Open/Freshman) 4+							
22	Final 1	10/7/2023	12:30	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Lohrenz, D.	215	UMN M	Minnesota - Men	18:42.72	0.00	18:42.72	OK
	<i>Christensen, Stella</i>		<i>Miller, Caden</i>	<i>Bailey, Justin</i>	<i>Notaro, Matthew</i>			
	<i>Lohrenz, Dalton</i>							
2	Roslansky, W.	220	UMN M	Minnesota - Men	19:24.88	0.00	19:24.88	OK
	<i>Ray, Shikha</i>		<i>Grazziotin Sfredo, Lucas</i>	<i>holm, Sam</i>	<i>Graziani, Anthony</i>			
	<i>Roslansky, Will</i>							
3	Hallgren, E.	217	MICHT	Michigan Tech	19:39.51	0.00	19:39.51	OK
	<i>Lopez, Trinity</i>		<i>Earl, Aidan</i>	<i>Chalco, Caleb</i>	<i>Smyth, Mark</i>			
	<i>Hallgren, Elijah</i>							
4	Dutro, G.	218	WHTN	Wheaton	21:08.54	0.00	21:08.54	OK
	<i>Moore, Tom</i>		<i>Kutnow, Simon</i>	<i>Bruno, Luke</i>	<i>Miller, Jackson</i>			
	<i>Dutro, Grant</i>							
5	Doyle, S.	219	UST	St. Thomas	21:36.44	0.00	21:36.44	OK
	<i>Brobakke, Emma</i>		<i>Scala, Joseph</i>	<i>Orio, Brian</i>	<i>Dalton, Henry</i>			
	<i>Doyle, Shay</i>							
6	Cheley, t.	216	UST	St. Thomas	21:59.89	0.00	21:59.89	OK
	<i>LeLoup, Brayden</i>		<i>Pederson, Samuel</i>	<i>Deutsch, Will</i>	<i>sachs, shafer</i>			
	<i>Cheley, tyler</i>							
7	Dorsey, G.	222	STOLAF	St. Olaf	24:43.46	0.00	25:43.46	OK
	<i>Spens, Keely</i>		<i>Aoki-Sherwood, Mio</i>	<i>Van Houten, Emmett</i>	<i>Torgelson, Julia</i>			
	<i>Dorsey, Grace</i>							
0	Reeves, D.	221	MICHT	Michigan Tech	0.00	0.00	0.00	DNF
	<i>Hubert, Orin</i>		<i>O'Neill, Jack</i>	<i>Short, Christopher</i>	<i>Schwartz, Brendan</i>			
	<i>Reeves, David</i>							



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Race No	Race	Date	Time	Progression Rule	Status		
26	Men's Junior 4x						
23	Final 1	10/7/2023	12:30	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Taylor, A.	226	LKPH Lake Phalen	17:51.61	0.00	17:51.61	OK
	<i>Holst, Noah</i>		<i>Vizecky, Andrew</i>	<i>Steinberger, David</i>		<i>Taylor, Andrew</i>	
2	Murtha, O.	228	LLRC Long Lake	18:36.38	0.00	18:36.38	OK
	<i>Banken, Cade</i>		<i>Lorenz, Wyatt</i>	<i>Galloway, Justin</i>		<i>Murtha, Oscar</i>	
3	Johnson, M.	227	MPLS Minneapolis	23:14.04	0.00	23:14.04	OK
	<i>Neuhauser, Sarah</i>		<i>Ewig, Sebastian</i>	<i>Richter, Peter</i>		<i>Johnson, Maximilian</i>	



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Race No	Race	Date	Time	Progression Rule	Status		
27	Men's Junior 4+						
24	Final 1	10/7/2023	12:30	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Duffy, L.	232	MPLS Minneapolis	19:06.50	0.00	19:06.50	OK
	<i>Palombo, Cecilia</i>		<i>Carlton, Christopher</i>	<i>Arnold, Luca</i>		<i>Villella, Kincaid</i>	
	<i>Duffy, Liam</i>						



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Race No	Race	Date	Time	Progression Rule	Status			
28	Men's (Open/Collegiate) 4+							
25	Final 1	10/7/2023	14:00	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Hartung, H.	236	UMN M	Minnesota - Men	16:11.45	0.00	16:11.45	OK
	<i>Kamineni, Akansha</i>		<i>Hansel, Chase</i>	<i>Nollenberger, Caleb</i>	<i>Shobert, Randall</i>			
	<i>Hartung, Henry</i>							
2	Powers, J.	237	MPLS	Minneapolis	16:51.34	0.00	16:51.34	OK
	<i>Iyengar, Tara</i>		<i>Bendtsen, Andrej Lawaetz</i>	<i>LaCava, Nicholas</i>	<i>Maurer, Kyle</i>			
	<i>Powers, Jeffrey</i>							
3	Scholtz, N.	242	UMN M	Minnesota - Men	17:07.83	0.00	17:07.83	OK
	<i>Christensen, Stella</i>		<i>Miller, Caden</i>	<i>Bailey, Justin</i>	<i>Notaro, Matthew</i>			
	<i>Scholtz, Nikolas</i>							
4	Stocking, T.	245	UMN M	Minnesota - Men	17:24.74	0.00	17:24.74	OK
	<i>Kondepudy, Mira</i>		<i>Frank, Josh</i>	<i>Hambleton, John</i>	<i>Javaherian, Samuel</i>			
	<i>Stocking, Thomas</i>							
5	Teaver, J.	241	STPL	St. Paul	17:29.06	0.00	17:29.06	OK
	<i>Pischke, Brianna</i>		<i>Burkum, Tyler</i>	<i>Stack, Chris</i>	<i>Hohenshell, Nathan</i>			
	<i>Teaver, John</i>							
6	LeLoup, B.	238	UST	St. Thomas	17:51.17	0.00	17:51.17	OK
	<i>Higgins, Katie</i>		<i>Jacobsen, William</i>	<i>Baron, Simon</i>	<i>Arnason, Jack</i>			
	<i>LeLoup, Brayden</i>							
7	Sundin, E.	247	UMN M	Minnesota - Men	17:53.61	0.00	17:53.61	OK
	<i>Nguyen, Valerie</i>		<i>Mancuso, Matteo</i>	<i>Molloy, Jake</i>	<i>McGowan, Dylan</i>			
	<i>Sundin, Ethan</i>							
8	Morizono, M.	250	UMN M	Minnesota - Men	18:24.69	0.00	18:24.69	OK
	<i>Ray, Shikha</i>		<i>holm, Sam</i>	<i>Salunke, Tanay</i>	<i>Quimby, John</i>			
	<i>Morizono, Michio</i>							
9	Mertz, B.	249	MPLS	Minneapolis	18:48.74	0.00	18:48.74	OK
	<i>Neuhauser, Elizabeth</i>		<i>Price, Todd</i>	<i>Johnson, Philip</i>	<i>Warren-Hall, William</i>			
	<i>Mertz, Ben</i>							

Results by Schedule

October 7, 2023

Race No	Race	Date	Time	Progression Rule	Status		
28	Men's (Open/Collegiate) 4+						
25	Final 1	10/7/2023	14:00	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
10	Wolter, J.	246	UST St. Thomas	19:35.26	0.00	19:35.26	OK
	<i>Simpson, Libby</i>		<i>Ussia, Fabrizio</i>	<i>Halvey, Jack</i>		<i>Schlitz, Joe</i>	
	<i>Wolter, Jacob</i>						
11	Dutro, G.	240	WHTN Wheaton	19:54.36	0.00	19:54.36	OK
	<i>Moore, Tom</i>		<i>Paul, Ethan</i>	<i>Strole, Marcus</i>		<i>Miller, Jackson</i>	
	<i>Dutro, Grant</i>						
12	Schmeichel, O.	243	MAC Macalester	20:59.29	0.00	20:59.29	OK
	<i>Williams, Rhiannon</i>		<i>Birchall, Ian</i>	<i>Anderosn, Simon</i>		<i>Pan, Lingfeng</i>	
	<i>Schmeichel, Owen</i>						
13	Ness, E.	244	STCL St. Cloud State	22:09.09	0.00	22:09.09	OK
	<i>Smith, Jordan</i>		<i>Reichow, James</i>	<i>Bosch, Kyle</i>		<i>Lankton, Ian</i>	
	<i>Ness, Eion</i>						
14	Martinez, D.	239	MICHT Michigan Tech	23:01.80	0.00	23:01.80	OK
	<i>Gill, Elena</i>		<i>Donnelly, Colin</i>	<i>Cronk, Evan</i>		<i>Kindt, Peter</i>	
	<i>Martinez, Daniel</i>						
15	VanderLinden, M.	248	STCL St. Cloud State	23:09.21	0.00	23:09.21	OK
	<i>Swearingen, Natalie</i>		<i>Estwick, Lance</i>	<i>Sutter, William</i>		<i>Miller, Luke</i>	
	<i>VanderLinden, Matthew</i>						



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Race No	Race	Date	Time	Progression Rule	Status		
29	Women's Junior 2x						
26	Final 1	10/7/2023	14:15	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Bardouille, F.	256	LKPH Lake Phalen	21:04.86	0.00	21:04.86	OK
	<i>Appleton, Abigail</i>		<i>Bardouille, Farrah</i>				
2	Brings, R.	259	LKPH Lake Phalen	22:11.78	0.00	22:11.78	OK
	<i>Xia, Crystal</i>		<i>Brings, Rachel</i>				
3	Buffington, E.	255	LLRC Long Lake	22:45.38	0.00	22:45.38	OK
	<i>Illingworth, Ava</i>		<i>Buffington, Ella</i>				
4	Rector, K.	258	LLRC Long Lake	23:01.94	0.00	23:31.94	OK
	<i>Hartman, Raina</i>		<i>Rector, Kenzie</i>				
5	Mary, A.	261	LKPH Lake Phalen	23:47.87	0.00	23:47.87	OK
	<i>Buzzell, Carly</i>		<i>Mary, Annika</i>				
6	Vossen-Nelson, M.	257	MPLS Minneapolis	23:49.16	0.00	23:49.16	OK
	<i>Palombo, Cecilia</i>		<i>Vossen-Nelson, Maya</i>				
7	Illingworth, G.	260	LLRC Long Lake	24:29.72	0.00	24:29.72	OK
	<i>Wilcox, Charlotte</i>		<i>Illingworth, Grace</i>				
8	Malecha, E.	262	LLRC Long Lake	28:20.25	0.00	28:20.25	OK
	<i>Stoker, Avary</i>		<i>Malecha, Emma</i>				



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Race No	Race	Date	Time	Progression Rule	Status		
31	Women's Masters 4x						
27	Final 1	10/7/2023	14:30	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Luetmer, E.	266	LLRC Long Lake	18:49.41	1:18.50	17:30.91	OK
	<i>Johnson, Amy</i>		<i>Drangeid, Gretchen</i>	<i>Feagler, Karen</i>		<i>Luetmer, Elizabeth</i>	
2	Koch, M.	268	STPL St. Paul	18:35.17	17.00	18:18.17	OK
	<i>Brick, Katherine</i>		<i>Whicher, Sara</i>	<i>Hodnett, Lynn</i>		<i>Koch, Madison</i>	
3	O'Sullivan, A.	271	MPLS Minneapolis	18:55.14	0.00	18:55.14	OK
	<i>Linderman, Corinne</i>		<i>Manolis, Ana</i>	<i>Kirschel, Reyna</i>		<i>O'Sullivan, Aisling</i>	
4	Lamppa, K.	269	MPLS Minneapolis	18:51.15	29.00	19:22.15	OK
	<i>Shewmaker, Tamara</i>		<i>Tobin, Victoria</i>	<i>Kunau, Alyssa</i>		<i>Lamppa, Kirsten</i>	
5	Gitschier McCarthy, M.	267	MPLS Minneapolis	22:37.90	2:48.00	19:49.90	OK
	<i>Vergeyle, Margaret</i>		<i>Walburg, Carol</i>	<i>Churchill, Deborah</i>		<i>Gitschier McCarthy, Mary</i>	
6	Pooley, B.	273	MPLS Minneapolis	19:57.85	6.50	19:51.35	OK
	<i>Trace, Jennifer</i>		<i>Nation, Anna</i>	<i>Gillich, Heather</i>		<i>Pooley, Bidget</i>	
7	Leavenworth, T.	274	MPLS Minneapolis	21:46.70	32.50	21:14.20	OK
	<i>Heiman, Emilie</i>		<i>Ohnstad, Lisa</i>	<i>Anton, Sarah</i>		<i>Leavenworth, Tracy</i>	
8	Wang, P.	276	MPLS Minneapolis	21:46.43	25.50	21:20.93	OK
	<i>DeVore, Katrina</i>		<i>Stevensen, Kathleen</i>	<i>Tremblay, Elizabeth</i>		<i>Robinson, Beth</i>	
9	Everson, L.	272	LLRC Long Lake	24:41.36	1:49.00	22:52.36	OK
	<i>Balmforth, Irene</i>		<i>Lopez-Ruth, Sylvette</i>	<i>Goodsell, Lori</i>		<i>Everson, Lenore</i>	
10	Hutchison, K.	270	LLRC Long Lake	23:03.68	8.00	22:55.68	OK
	<i>Buggy, Laura</i>		<i>Taylor, Maria</i>	<i>Granse, Amanda</i>		<i>Hutchison, Kristen</i>	
11	Braun, E.	277	MPLS Minneapolis	23:48.38	22.50	23:25.88	OK
	<i>Sternhagen, Kelly</i>		<i>Hill, Tracy</i>	<i>Tyborski, Kristin</i>		<i>Braun, Elizabeth</i>	
12	Walker, K.	275	LLRC Long Lake	26:12.85	44.00	25:28.85	OK
	<i>Lipson, Angela</i>		<i>Heitz, Shannon</i>	<i>Wiseman, Jennifer</i>		<i>Walker, Kelly</i>	



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Race No	Race	Date	Time	Progression Rule	Status			
32	Women's Masters 4+							
28	Final 1	10/7/2023	14:30	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Peszek, D.	281	MPLS	Minneapolis	21:35.67	0.00	21:35.67	OK
	<i>Tbd, Cox</i>		<i>Dieperink, Katy</i>		<i>Cichanowski, Amy</i>		<i>Cooper, Jill</i>	
	<i>Peszek, Donna</i>							
2	Davis, E.	282	MPLS	Minneapolis	22:52.84	30.50	22:22.34	OK
	<i>Wymer, Melissa</i>		<i>Miller, Rebecca</i>		<i>Rikala, Joy</i>		<i>Mehring, Sona</i>	
	<i>Davis, Elizabeth</i>							



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Race No	Race	Date	Time	Progression Rule	Status		
33	Men's Open 1x						
29	Final 1	10/7/2023	14:45	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Buchert, J. <i>Buchert, Jonathan</i>	286	STPL St. Paul	20:11.76	0.00	20:11.76	OK
2	Heide, L. <i>Heide, Leonid</i>	289	Unaff. Unaff. (USA)	21:12.90	0.00	21:12.90	OK
3	Thomas, M. <i>Thomas, Micah</i>	288	DUTH Duluth	28:33.14	0.00	28:33.14	OK
o	Mertz, B. <i>Mertz, Ben</i>	287	CIMA Cimarron	0.00	0.00	0.00	Scratch



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Race No	Race	Date	Time	Progression Rule	Status		
34	Women's Novice (Open) 8+						
30	Final 1	10/7/2023	15:00	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Buzzell, E.	294	MICHT Michigan Tech	21:53.93	0.00	21:53.93	OK
	<i>Gill, Elena</i>		<i>Lopez, Trinity</i>	<i>Kerschbaum, Emma</i>		<i>Toyli, Aili</i>	
	<i>Schapman, Avis</i>		<i>Brown, Bethany</i>	<i>Capilla, Olivia</i>		<i>Wahlberg, Emma</i>	
	<i>Buzzell, Elise</i>						
2	Lau, R.	297	MPLS Minneapolis	21:57.31	0.00	21:57.31	OK
	<i>Neuhauser, Sarah</i>		<i>Krasean, Anja</i>	<i>Wagner, Francine</i>		<i>Strom, Siri</i>	
	<i>Wilson, Anneli</i>		<i>Rosenman, Sara</i>	<i>Rosenman, Julia</i>		<i>Haus, Allie</i>	
	<i>Lau, Regan</i>						
3	Betterman, M.	292	MPLS Minneapolis	22:18.96	0.00	22:18.96	OK
	<i>Tbd, Cox</i>		<i>Rosenman, Karla</i>	<i>Sinkoff, Erin</i>		<i>Wineke, Sarah</i>	
	<i>Wass, Kallie</i>		<i>Paske-Driscoll, Jessica</i>	<i>Rowland, Margaret</i>		<i>Speltz, Nikayla</i>	
	<i>Betterman, Megan</i>						
4	Enloe, D.	296	MPLS Minneapolis	26:19.56	0.00	26:19.56	OK
	<i>Beckman, Anne</i>		<i>Wharton, Lisa</i>	<i>Sturges, Molly</i>		<i>FRASER, DIANE</i>	
	<i>Kujava, Susan</i>		<i>Hansen, Gail</i>	<i>Clifton, Elizabeth</i>		<i>Renton, Emily</i>	
	<i>Enloe, Debra</i>						
5	Lamb-Hickson, A.	293	MAC Macalester	26:32.15	0.00	26:32.15	OK
	<i>Barroso, Francesca</i>		<i>Cruz Blue, Basilia</i>	<i>Gattuso, Lindsey</i>		<i>Sturm, Eva</i>	
	<i>Heitzeg, Zadie</i>		<i>Korde, Jacob Korde</i>	<i>Williams, Jessica</i>		<i>Akins, Georgia</i>	
	<i>Lamb-Hickson, Ayuna</i>						
6	Ungerma, r.	295	UST St. Thomas	29:00.06	0.00	29:30.06	OK
	<i>LeLoup, Brayden</i>		<i>Denzer, willow</i>	<i>Brobakke, Emma</i>		<i>Wissbrod, sydney</i>	
	<i>Higgins, Katie</i>		<i>Baumann, anne</i>	<i>Tranel, Claire</i>		<i>Jacobson, Savannah</i>	
	<i>Ungerma, rowan</i>						



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Race No	Race	Date	Time	Progression Rule	Status		
35	Men's Junior 2x						
31	Final 1	10/7/2023	15:15	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Bauer, C.	301	LKPH Lake Phalen	18:42.65	0.00	18:42.65	OK
	<i>Holst, Noah</i>		<i>Bauer, Carsten</i>				
2	Lorenz, W.	307	LLRC Long Lake	19:08.64	0.00	19:08.64	OK
	<i>Osle, Sebastian</i>		<i>Lorenz, Wyatt</i>				
3	Duffy, L.	302	MPLS Minneapolis	19:11.49	0.00	19:11.49	OK
	<i>Arnold, Luca</i>		<i>Duffy, Liam</i>				
4	Landro, W.	303	LLRC Long Lake	19:16.62	0.00	19:16.62	OK
	<i>Burica, Chris</i>		<i>Landro, Will</i>				
5	Murtha, O.	305	LLRC Long Lake	20:20.01	0.00	20:20.01	OK
	<i>Banken, Cade</i>		<i>Murtha, Oscar</i>				
6	Villella, K.	306	MPLS Minneapolis	21:22.68	0.00	21:22.68	OK
	<i>Carlton, Christopher</i>		<i>Villella, Kincaid</i>				
7	Holwell, K.	308	LLRC Long Lake	23:30.38	0.00	23:30.38	OK
	<i>Otto, Jayden</i>		<i>Holwell, Koen</i>				



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Race No	Race	Date	Time	Progression Rule	Status		
37	Women's Open 4+						
32	Final 1	10/7/2023	15:30	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Montgomery, S.	313	UST St. Thomas	20:33.60	0.00	20:33.60	OK
	<i>Simpson, Libby</i>		<i>Schmitz, Rachel</i>	<i>Rodrigue, julia</i>		<i>Kramer, Olivia</i>	
	<i>Montgomery, Sarah</i>						
2	Heimlich, L.	312	MPLS Minneapolis	20:53.81	0.00	20:53.81	OK
	<i>Banik, Sophie</i>		<i>Sowins, Jennifer</i>	<i>Nelson, Rebecca</i>		<i>Lis, Meredith</i>	
	<i>Heimlich, Lola</i>						
3	Danehy, S.	314	WHTN Wheaton	24:05.84	0.00	24:05.84	OK
	<i>Carper, Christina</i>		<i>DiGena, Elizabeth</i>	<i>Brown, Margaret</i>		<i>Donley, Caris</i>	
	<i>Danehy, Sadie</i>						
4	Henrickson, M.	315	MPLS Minneapolis	24:36.42	0.00	25:36.42	OK
	<i>Wymer, Melissa</i>		<i>Seaberg, Leslie</i>	<i>Carlson, Jessie</i>		<i>Peterson, Jennifer</i>	
	<i>Henrickson, Martha</i>						
5	Pastoor, I.	316	WHTN Wheaton	26:40.09	0.00	26:40.09	OK
	<i>Moore, Tom</i>		<i>Gates, Jennifer</i>	<i>Moon, Julia</i>		<i>Field, Zoé</i>	
	<i>Pastoor, Isabelle</i>						



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Race No	Race	Date	Time	Progression Rule	Status		
38	Men's Masters 2x (Russel Lerum)						
33	Final 1	10/7/2023	15:45	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Olson, P.	320	DUTH Duluth	21:43.11	2:57.50	18:45.61	OK
	<i>Newberg, Randall</i>		<i>Olson, Peter</i>				
2	Dodson, C.	322	STPL St. Paul	18:41.16	0.00	19:41.16	OK
	<i>Hemlock, Nicholas</i>		<i>Dodson, Craig</i>				
3	Dott, E.	325	DUTH Duluth	22:15.81	2:31.50	19:44.31	OK
	<i>Derauf, Bruce</i>		<i>Dott, Eric</i>				
						<i>Olson, Peter</i>	
4	Navarro, L.	323	LLRC Long Lake	19:50.44	2.50	19:47.94	OK
	<i>Walker, Ryan</i>		<i>Navarro, Lawson</i>				
5	Pokorny, E.	321	MPLS Minneapolis	21:48.76	8.00	21:40.76	OK
	<i>Finn, Michael</i>		<i>Pokorny, Emmett</i>				
6	Nilles, L.	324	STPL St. Paul	24:35.02	0.00	24:35.02	OK
	<i>Gardino, Nicholas</i>		<i>Nilles, Luke</i>				
0	Rizzo, Z.	326	STPL St. Paul	0.00	0.00	0.00	DNS
	<i>Phillips, Abraham</i>		<i>Gardino, Nicholas</i>				



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Race No	Race	Date	Time	Progression Rule	Status		
41	Mixed Open 2x						
34	Final 1	10/7/2023	16:15	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	Ruble, B.	330	STPL St. Paul	21:02.75	0.00	21:02.75	OK
	<i>Vincent, Kaylie</i>		<i>Ruble, Benjamin</i>				
2	Whiting, M.	331	UST St. Thomas	21:38.87	0.00	21:38.87	OK
	<i>Jacobsen, William</i>		<i>Whiting, Morgan</i>				



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October 7, 2023

Race No	Race	Date	Time	Progression Rule	Status			
42	Mixed Masters 2x							
35	Final 1	10/7/2023	16:15	Final Only	Official			
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status	
1	Casper, K.	339	MPLS	Minneapolis	21:35.21	1:30.00	20:05.21	OK
	<i>Johnson, Philip</i>			<i>Casper, Kristina</i>				
2	de Leuw, S.	340	MPLS	Minneapolis	20:40.62	3.50	20:37.12	OK
	<i>Roberts, Lori</i>			<i>de Leuw, Shane</i>				
3	Kaeding, A.	338	STPL	St. Paul	21:06.67	0.00	21:06.67	OK
	<i>Dahlquist, Miriah</i>			<i>Kaeding, Adam</i>				
4	Kuhle, C.	337	MPLS	Minneapolis	26:54.99	3:52.00	23:02.99	OK
	<i>Langer, Richard</i>			<i>Kuhle, Carol</i>				
5	Peszek, L.	336	LLRC	Long Lake	25:26.59	2:17.00	23:39.59	OK
	<i>Carmody, Sharon</i>			<i>Peszek, Larry</i>				



2023 Head of the Mississippi

7 October 2023

Results by Schedule

October 7, 2023

Race No	Race	Date	Time	Progression Rule	Status		
43	Parent/Child 2x						
36	Final 1	10/7/2023	16:15	Final Only	Official		
Place	Entry	Lane	Org	Raw Time	Age Adj	Adjusted Time	Status
1	LeLoup, B.	346	STPL St. Paul	19:56.07	0.00	19:56.07	OK
	<i>LeLoup, Brayden</i>		<i>LeLoup, Brian</i>				
2	Illingworth, J.	344	LLRC Long Lake	23:14.32	0.00	23:14.32	OK
	<i>Illingworth, Grace</i>		<i>Illingworth, James</i>				