

# 34<sup>rd</sup> Annual Doug and Sam Wells Western Ontario Secondary School Rowing Championships

SATURDAY, MAY 27, 2017

HELD AT THE DOUG WELLS ROWING CENTRE COURSE ON FANSHAWE LAKE

## *SCHEDULE OF EVENTS*

Weigh-ins open at 6:30 a.m. - closed at 10:00 a.m.  
Coaches Meeting 6:45 a.m.

Races are called 30 minutes prior to race time  
First Heat starts at 8:00 a.m. Finals follow the last heat (approx. 1pm)  
Heats are run at approximately 8 minute intervals  
Finals are run at 10 minute intervals

## *GENERAL INFORMATION*

1. Protests must be delivered to the Chief Umpire (with \$100 fee) within 60 minutes of the end of the race.
2. Post-entries will **NOT** be allowed if they force additional heats or finals.
3. If an event has **one** entry only, the Regatta Chair will **ATTEMPT** to accommodate them in another event.
4. *For safety reasons*, no athlete (this includes coxswains) is allowed to participate in more than two events.  
**Failure to abide by this rule will result in the disqualification of the school from the regatta.**
- 5.. **Coaches must bring enough equipment for their crews to race on time!**

**Entry deadline is Monday, May 22, 2017**  
**ENTRIES SUBMITTED TO REGATTA CENTRAL**

[https://www.regattacentral.com/regatta/?job\\_id=5185](https://www.regattacentral.com/regatta/?job_id=5185)

## **Age Limits**

**Junior:** a rower/coxswain is an Under 17 competitor until the 31<sup>st</sup> of December in which he or she reaches 16

**Senior:** a rower/coxswain who is no longer an Under 17 competitor is a senior competitor until the 31<sup>st</sup> of December in the year in which he or she reaches 19

*Two New events added for 2017*

*New information about parking and Team Tents*

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## LIST OF EVENTS

1. Junior Men Four with Coxswain
2. Senior Men Double
3. Senior Women Eight
4. Junior Men Quad
5. Junior Women Four with Coxswain
6. Junior Women Double
7. Senior Women Quad
8. Senior Men Four with Coxswain
9. Junior Men Single
10. *Senior Men 72kg Double (New for 2017)*
11. Senior Women 63kg Four with Coxswain
12. Senior Men Single
13. Junior Men Eight
14. Junior Women Single
15. *Senior Women 63kg Double (New for 2017)*
16. Senior Women Four with Coxswain
17. Senior Women Single
18. Senior Men Quad
19. Senior Men 72kg Four with Coxswain
20. Junior Women Eight
21. Junior Men Double
22. Junior Women Quad
23. Junior Women 63kg Four with Coxswain
24. Senior Women Double
25. Junior Men 72kg Four with Coxswain
26. Senior Men Eight

## FEES

Eight \$65	Double \$45
Coxed Four \$55	Single \$35
Quad \$50	

For information about accommodations, dining and more visit Tourism London at  
[www.londontourism.ca](http://www.londontourism.ca)

*On race day there will be a food booth at the Finish Tower.*

## Friday Practice

The course will be open for practice for out of town crews between 3:00pm and 7:00pm on Friday, May 26<sup>th</sup>. The traffic pattern will be the **normal traffic pattern on Fanshawe Lake**, not the race day pattern. A course map will be stationed near the docks to show this pattern, coaches please familiarize your athletes with the correct pattern before leaving the dock.

***Coaches from participating Schools must volunteer to act as safety boats during the practice time, or the course will remain closed.***

## Parking

Parking is restricted to the designed areas. Please be prepared to walk from the designated areas. Only trailer tow vehicles or vehicles that are car topping boats will be allowed on the paths around the boathouse.

## Bus Parking

Bus parking is restricted to the upper parking lot of the boathouse. All buses must be backed in and pointing towards the road. No buses will be allowed past this parking lot towards the trailers and docks.

## Trailer Parking (New for 2017)

New for 2017, spots for trailer parking will be marked off. It will still be first come, first serve on which spot a trailer is parked. The designated spots for each trailer will be staked off. We will also be designating certain areas for vehicles with boats on them.

## Team Tents (New for 2017)

With the growth of the regatta and the limited space for team tents it is now necessary to designate a 10x20 space for each team wishing to erect a tent. ***If your team wishes to have a tent spot they must email the regatta chair ( [wossregatta@outlook.com](mailto:wossregatta@outlook.com)) no later than Tuesday May 23<sup>rd</sup>.*** There is no charge for a tent space but they MUST BE reserved. They will be reserved on a first come basis. By designating tent spots we will also create an area along the shoreline for spectators to stand separate from the tents so all are able to see the finish and racing.

## Rules of Racing

RCA Rules of Racing will apply at this regatta. Exceptions to the RCA rules as allowed under RCA rule 1.6 are summarized as follows:

1. **Rule 2.1 Definition of a competitor** - All rowers and Coxswains must attend the same school
2. **Rule 2.3 Age Categories of Rowers** - differ from the RCA Rules and are stated in the Entry Rules section on the web site and race program
3. **Rule 2.5 Coxswains weights** - coxswains differ from the RCA categories and are pegged at 45 kg for women and men
4. **Rule 2.10 Lightweights** - Weight classes differ from the RCA Categories and are stated on the Event List and Weigh-in Rules pages
5. **Rule 2.11 Weighting of Athletes in Weight Restricted events.** Procedures differ from RCA rules and are outlined in the regatta package.
6. **Rule 6.5 Blades** - Uniform colors on blades will not be enforced at this Championship
7. **Rule 7.6 & 7.7 Substitutions** - NO Substitutions for the single will be allowed for this regatta
8. **Rule 9.3 Progression** - for events with more than 6 entries, placing in heats determine the finalists
9. **Rule 10.11 Interference** - Interference causing a crew to lose time late in a heat will be reviewed by the Chief Umpire and the Board of the Jury

## **Weigh in Rules**

1. All coxswains and lightweight competitors must weigh in.
2. The official weigh in periods will be from 6:30 a.m. to 10 a.m. on regatta day.
3. Athletes must weigh in as a crew and be accompanied by a coach or school official during weigh in.
4. In the case of any dispute the umpire will communicate with the crew's coach or school official only.
5. All competitors including coxswains, will weigh in wearing the same school rowing uniforms. No one will be weighed in wearing more or less clothing.
6. Re-weighs will be permitted.
7. All weights for coxswains requiring extra weight will be supplied at the scales and will be the only weights recognized by umpires..
8. During the official weigh in periods testing of scales or checking weights will not be permitted.
9. Crew changes will not be accepted at the weigh-in room. Changes must be approved by the registrar beforehand at the administration tent. If making changes, please bring your copies of the entry forms.
10. The minimum weight for coxswains is 45kg. The maximum deadweight is 10kg.
11. An individuals' maximum weight determines eligibility. There is no averaging of the athletes' weights in the weight class events. The stated weight is the maximum an individual may weigh.

## **WEIGH IN PROCEDURES**

1. Any changes to crew lists must be made at the administration tent before you proceed to the scales. The regatta registrar will provide you with a new line-up form.
2. When you reach the scales, please line your crew up from bow to stern and have photo ID ready.
3. Weigh ins will occur on a first come first served basis, based upon when you report with your crew to the weigh in room.
4. Any verbal abuse of umpires will result in disciplinary action as outlined in the RCA Rules of Racing.