



Northeast Fall Championship Regatta Lake Quinsigamond, Worcester, MA Traffic Rules – North Lake





General Traffic

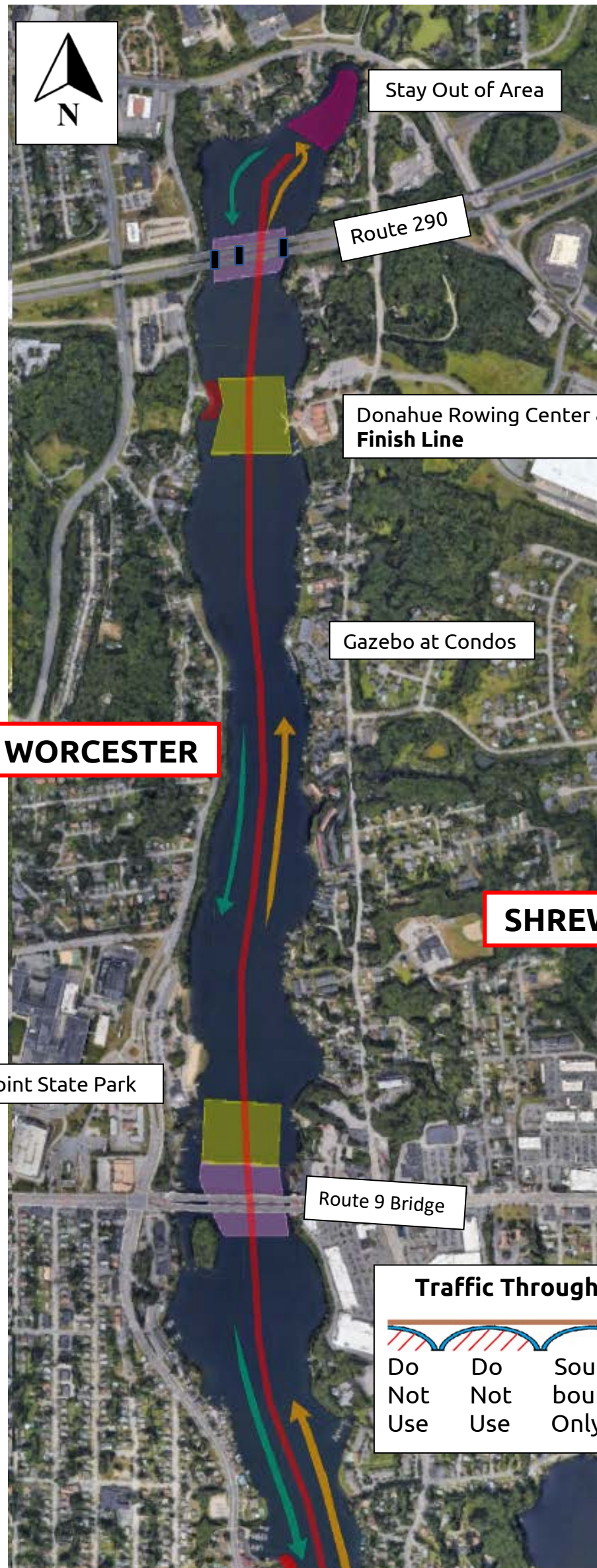
- Stay to the right at all times.
- Traveling North – Stay to the Shrewsbury shore.
- Traveling South – Stay to the Worcester shore.
- Do not turn or stop in areas marked “No Stop/No Turn” a zone.
- Do not “sit” in areas marked “No Sitting”, turn and move to sides of lake immediately.
- The areas marked shallow are extremely shallow, stay clear of them.
- To reverse direction, turn 90-degrees, row directly across the lake and completely turn on the other side.
- Crews must go single file through the Narrows. NO PASSING
- Crews may turn around an island but must do so counterclockwise.
- When traveling to the start on the south side of the lake, crews may turn around the second island or the small third. CAREFUL of the ROCKS under water marked in RED.
- No more than TWO crews may travel abreast to the starting line. EXCEPT AT THE NARROWS, only ONE crew at a time.
- Crews may turn around the last island, Lone Pine Island, and either make their way to the starting line or continue warming up in a counter clockwise patterns around the island






Starting Line

- Everyone rows the same course
- Starting line is between Drake Island & Pika’s Island

LEGEND

-  No Sitting
-  No Stopping or Turning
-  Shallow Area
-  Traffic Route



				
Do Not Use	Do Not Use	South-bound Only	North-bound Only	Do Not Use



Northeast Fall Championship Regatta Lake Quinsigamond, Worcester, MA Traffic Rules & Starting – South Lake

General Traffic

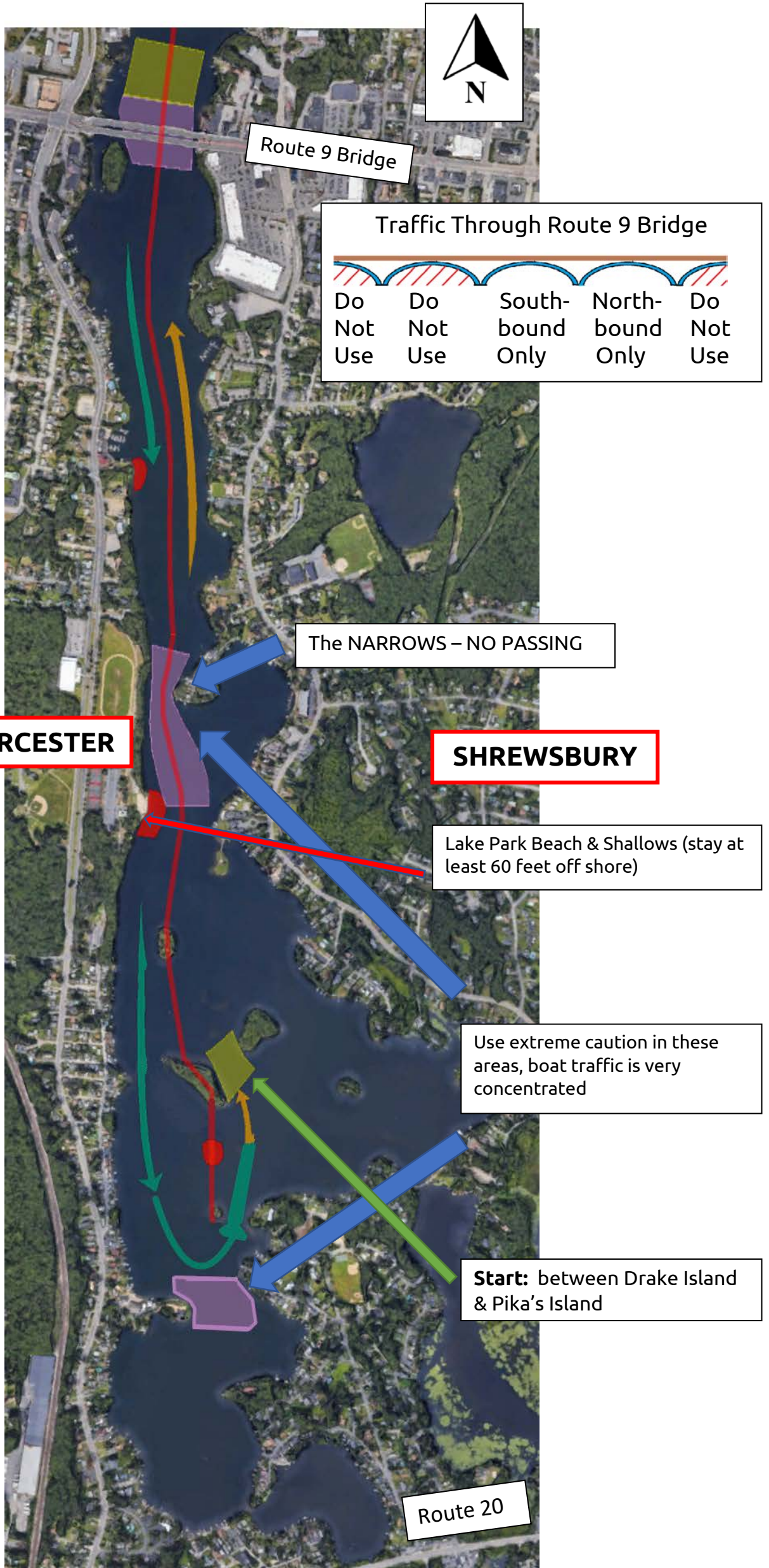
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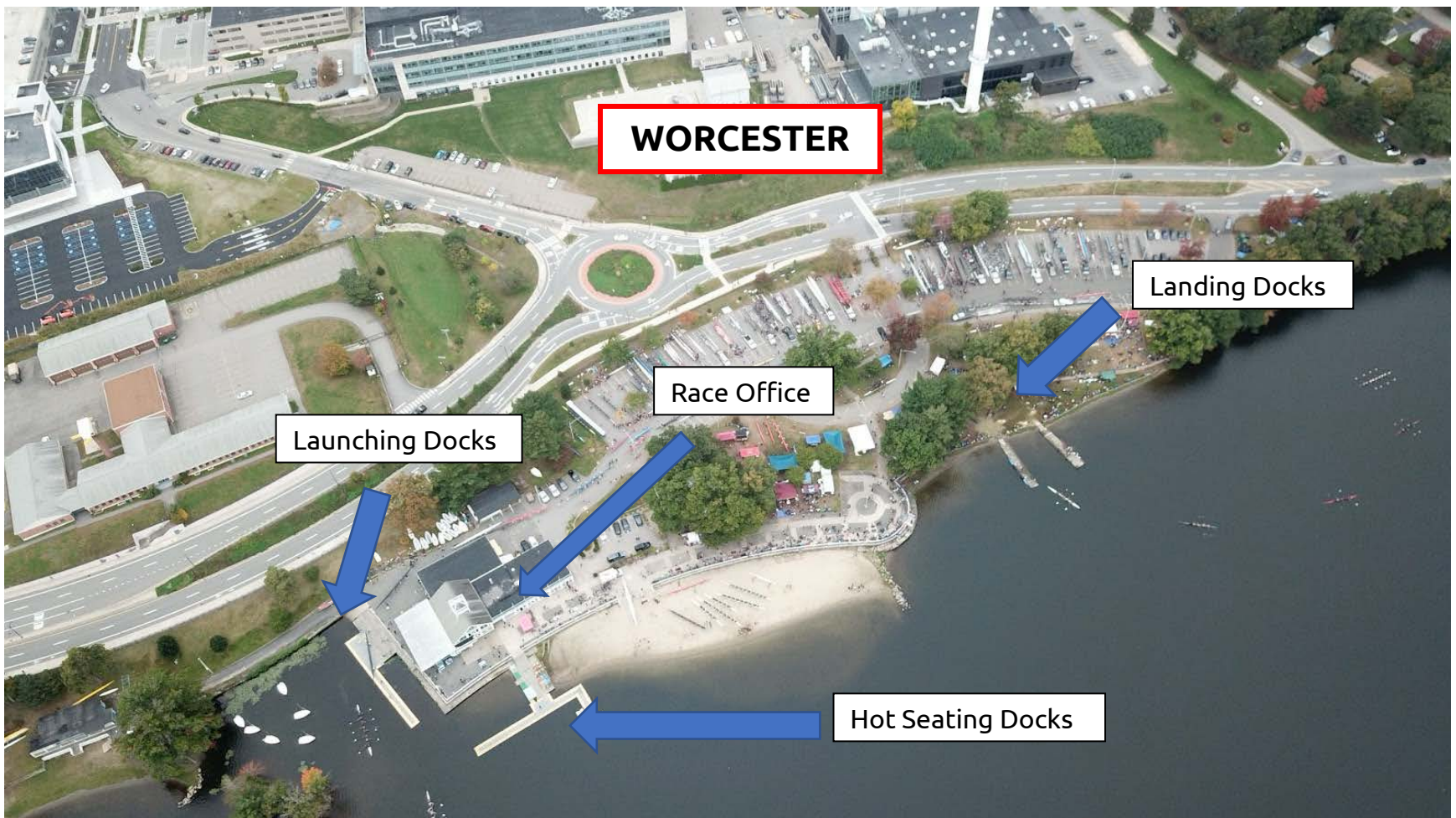
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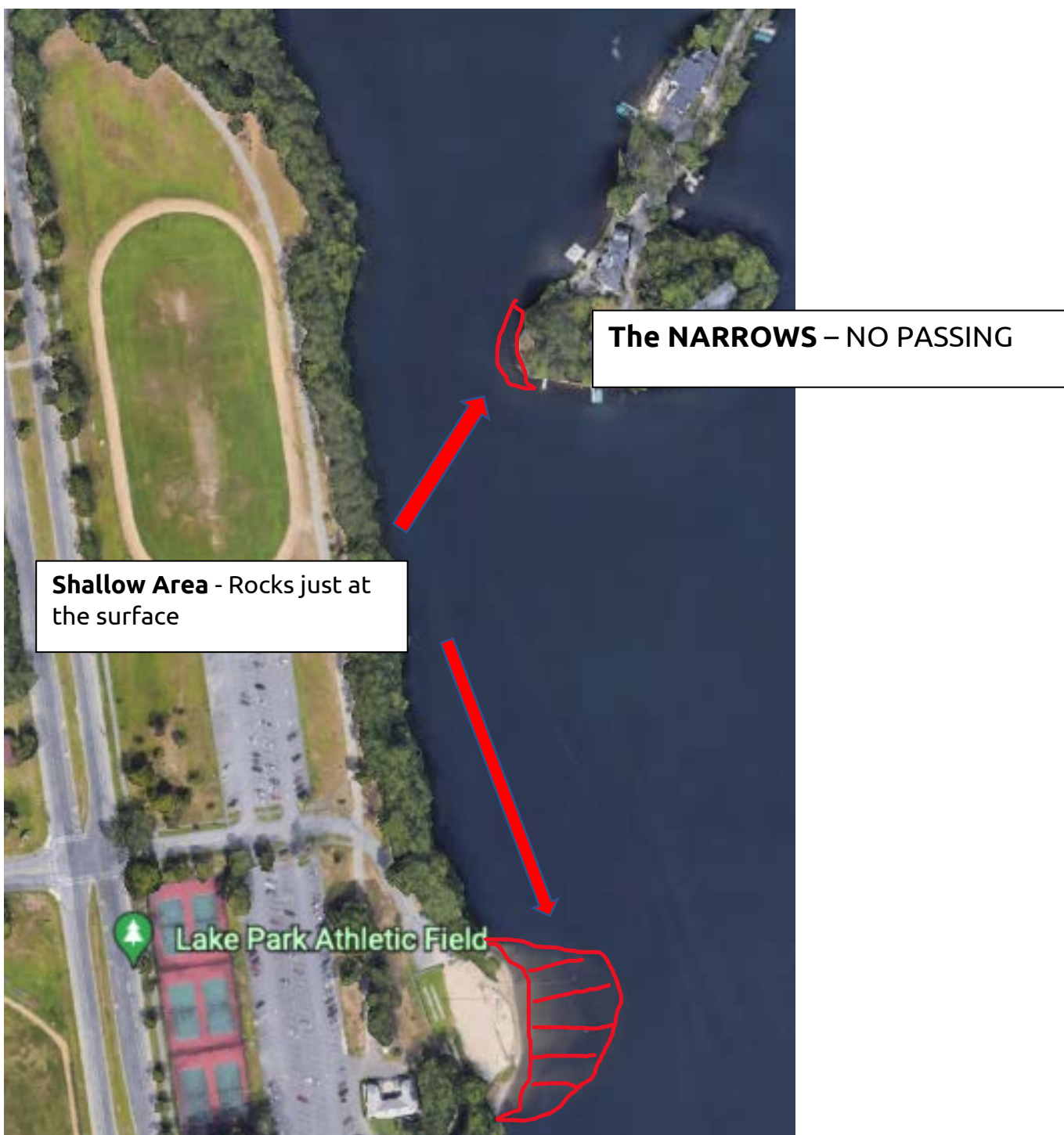


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Regatta Point State Park:



The Narrows:





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The South Islands:

