



115th Annual NWIRA Championship Regatta

Rabbit Lake, Kenora, Ontario, Canada

Friday & Saturday, August 10 & 11, 2018

**The coaches meeting begins at 6:00 p.m. CT on Thursday, August 9, 2018
at the Kenora Rowing Club, 110 Birchwood Crescent, Kenora, ON P9N 4K7**

Changes in Registration Process

There are several changes in the registration process.

- As a result of new Rowing Canada Aviron (RCA) policies implemented for 2018, RCA is charging a seat fee of \$3.25 (Canadian Dollar) per race event in all RCA sanctioned Canadian regattas to support event infrastructure (i.e., online registration and insurance) and programs (umpire education and training). This fee will appear in each event when Clubs register their entries in Regatta Central. All seat fees collected for this regatta will go directly to RCA and not to NWIRA. Thus, all participating clubs will bear the full cost of the seat fee.
- Registration for the 2018 NWIRA Championship Regatta will be done on an updated Regatta Central platform with a different look and feel. All transactions in Regatta Central will be in Canadian Dollars, not US Dollars. Regatta Central will accept US credit/debit cards. Entry fees and regatta fees are the same as previous years except they are stated in Canadian dollars equivalent.
- Association and Guest Clubs will be able to pay association fees and guest club fees online in Regatta Central.

NWIRA Registration Process

Entries are due by **Friday, August 3, 2018**.

NWIRA association clubs and guest clubs can submit their entries at the Regatta Central website - [Regatta Central](#) starting on Tuesday, July 18, 2018. The online registration will close at 12:00 a.m. Midnight (Central Time) on **Friday, August 3, 2018**. Entries will not be visible in Regatta Central until after close of registration.

Clubs that are not member of the NWIRA association may participate in this regatta as a guest club.

From **Friday, August 3, 2018** until **Monday, August 6, 2018** at **5:00 p.m. Central Time**, clubs can submit name changes and/or scratches to the NWIRA Secretary, stock041@tc.umn.edu at no cost. Do not submit changes and/or scratches through Regatta Central during this period. The Secretary will not accept any new entries after the August 3 deadline.

The NWIRA Secretary will publish the event schedule and heat draws by **Wednesday, August 8, 2018**.

Clubs will need the following information to prepare their club 2018 NWIRA entries in Regatta Central:

- Competitor list which includes first and last name of rowers and coxswains
- Competitors' birthdates
- Crew entries, including crew names, coxswain, if needed, event #and name, boat ID (i.e. A, B, C)

Clubs are not required to enter alternates for each boat entry.

All US competitors should be either an individual member of US Rowing Association or a member of an US Rowing Association member institution. All Canadian competitors should be a member of Rowing Canada Aviron (RCA).

Please contact the NWIRA Secretary, Charlie Stockwell, (stock041@umn.edu / 651-602-0758) with questions about the NWIRA registration process.

NWIRA Fees Schedule

Exchange rate (1.00 USD = 1.28 CAD)

Based on 6 Month Weighted Average from January 2018 thru June 2018 (Source: Bank of Canada)

	US Dollars	Canadian Dollars
Entry Fees		
Singles	\$20	\$26
Doubles / Pairs	\$40	\$51
Fours / Quads	\$60	\$77
Eights	\$80	\$102
Scratch Fees *		
Singles	\$20	\$25
Doubles / Pairs	\$40	\$50
Fours / Quads	\$60	\$76
Eights	\$80	\$101
NWIRA Association Membership Fees (Required)***	\$100 per club	\$128 per club
Guest Club Fees (Required)	\$50 per club	\$64 per club
Regatta Fees (Required) **	\$25 per person	\$32 per person

- * Any scratch fees NOT paid at the regatta will be subject to an administration fee (\$50 USD / \$64 CAD).
- ** All rowers, including coxswains, competing in the championship regatta are required to pay the regatta fee (\$25 USD / \$32 CAD) in addition to boat entry fees and guest club fees or club membership dues. This regatta fee covers regatta expenses (e.g. banquet, insurance, entertainment, and equipment rental).

Non-rowers (parents, family members and friends) that wish to attend the awards banquet may do so at (\$25 USD / \$32 CAD) per person. Umpires and coaches will receive a complimentary ticket.

Clubs will be able to select the number of rowers (including coxswains) and non-rowers during the checkout process in Regatta Central (see below). After submitting the number in Regatta Central, clubs are responsible for the number of people expected to attend. There will be no refund for those who are unable to attend the award banquet.

The screenshot shows the Regatta Central interface with two items listed: 'Regatta Fees - Rowers and Coxswains' for CAD32.00 and 'Regatta Fees - Non-Rowers' for CAD32.00. A 'Due Now' modal is open, indicating that payment is due at checkout. The modal lists 'Order Prerequisites' and shows a table with the following data:

Item	Price	Qty	Total	Status
Regatta Fees - Rowers and Coxswains	CAD32.00	1	CAD32.00	✓

- *** Clubs can pay either the Guest Club Fees (\$50 USD / \$64 CAD) or NWIRA Association Fees (\$100 USD / \$128 CAD) through Regatta Central. Click on the “register” button so that it appears in the shopping cart.

The screenshot shows the Regatta Central interface with two items listed: 'NWIRA Association Fees' for CAD128.00 and 'Guest Club Fees' for CAD64.00. A 'Due Now' modal is open, indicating that payment is due at checkout. The modal lists 'Services' and shows a table with the following data:

Item	Participant	Qty	Price	Action	Status
NWIRA Association Fees	N/A	1	CAD128.00	remove edit	✓

Summary information in the modal:

- Subtotal (1 items): CAD128.00
- Due Now: CAD128.00
- Next button

Payment Process

US and Canadian clubs can pay the following either online in Regatta Central or by check to turn in at the coaches meeting on Thursday, August 9, 2018, at 6:00 p.m. (Central Time) at the KRC boathouse.

- RCA Seat Fees. As mentioned earlier, this fee will go directly to RCA.
- Entry Fees. The Secretary will calculate total entry fees based on entries and changes submitted as of 5:00 p.m. (Central Time) Monday, August 6, 2018.
- NWIRA Association Membership Fees, if applicable.
- Guest Club Fees, if applicable.
- Regatta Fees for individuals (rowers and non-rowers) attending the awards banquet.

Regatta Central will take Canadian and US credit/debit card.

If you are not paying by credit/debit card at Regatta Central, please make your check payable to North Western International Rowing Association (NWIRA) in currency of the country of your club. If US clubs wish pay their invoice in Canadian Dollars, they may do so.

The Secretary will send out final invoice out to club representatives entered in Regatta Central by Tuesday, August 7, 2018.

Club with outstanding balance on the first day of the regatta will not be allow to compete until the balance is paid in full or other arrangement has been made.

Submit list of all coxswains competing in the regatta

Please submit a list (first and last name, date of birth, and club) of all coxswains that will be competing in the regatta to the NWIRA Secretary, Charlie Stockwell, at stock041@umn.edu by **Friday, August 3, 2018**. Be sure to include alternates. Officials need this information for weigh-in purposes.

Entry Rules

- Double and Pair events limit to four entries per club

Each club may submit up to four entries for each double and pair event. This includes the following events:

02.	Junior Women 2-	31.	Junior Men 2x	44.	Light Weight Women 2x
07.	Open Women 2-	32.	Junior B Men 2x	45.	Open Women 2x
11.	Junior Men 2-	35.	Master Women 2x	50.	Open Men 2x
15.	Master Men 2-	39.	Master Men 2x	51.	Light Weight Men 2x
16.	Master Women 2-	40.	Junior Women 2x	52.	Junior Mixed 2x
20.	Open Men 2-	41.	Junior B Women 2x		

The purpose of this rule to reduce the number of heats needed to race these events.

- An event with one or more entries from only one club after close of registration

If an event has one or more entries from only one club after close of registration, the event will stay on the schedule. At the coaches' meeting, clubs will have opportunity to submit entries to the event. Clubs submitting entries will pay normal entry fees for that event.

If the event does not receive entries from any other clubs at the coaches' meeting, NWIRA will cancel that event and refund the entry fees to the club with the entries.

- To be eligible to row in the Championship regatta, a competitor must register as a competitive member of the club for which he/she will compete. A competitor cannot row as unaffiliated.
- Individuals are eligible to row for one club during the Championship regatta and that must be the only Club that the rower competed for after June 15th of the current year.
- Composite crews are not allowed in this Championship Regatta.

Rower Classifications

Junior B/U17	An individual who will be 16 or under on December 31, 2018.
Junior/U19	An individual who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full time student seeking a diploma. An individual ceases to be a Junior after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full time student, whichever is later.
Open	All individuals are eligible for Open events. Individuals rowing in Open events cannot row in Master's events.
Masters	An individual who has attained or will attain the age of 27 or older on December 31, 2018. An individual age is determined as of December 31, 2018. Crew's average age is rounded down to the nearest whole number. Masters will be age handicapped based on Rowing Canada Aviron Garrett-Zessa Master Handicap System. All masters entering master's events can only row Master events, Dashes, and Open 8+ events.
Lt. Weight Women	No crewmember shall be over 130 lbs – 59.0 kg.
Lt. Weight Men	No crewmember shall be over 159.8 lbs – 72.5 kg.

A crew competing in a mixed event must be 50% male and 50% female, not including the coxswain. A female rower shall not compete in events for men, and a male rower shall not compete in events for women.

With the exception of the Junior 8+ events, all Master, Junior B/U17, Junior/U19, and Open rowers may row in any 8+ events.

NWIRA Association Clubs

NWIRA is an association of rowing clubs in the United States and Canada. Current association club members are:

- Duluth Rowing Club (DULT), Duluth, Minnesota, USA
- Kenora Rowing Club (KENR), Kenora, Ontario, Canada
- Long Lake Rowing Crew (LLRC), Long Lake, Minnesota, USA

- Minneapolis Rowing Club (MPLS), Minneapolis, Minnesota, USA
- Minnesota Boat Club (STPL), St Paul, Minnesota, USA
- Pinawa Rowing and Sailing Club (PINW), Pinawa, Manitoba, Canada
- Regina Rowing Club (RGNA), Regina, Saskatchewan, Canada
- Rochester Rowing Club (ROCH), Rochester, Minnesota, USA
- Saskatoon Rowing Club (SASK), Saskatoon, Saskatchewan, Canada
- Thunder Bay Rowing Club (TBAY), Thunder Bay, Ontario, Canada
- Winnipeg Rowing Club (WNPG), Winnipeg, Manitoba, Canada

NWIRA Volunteer Duty

Each NWIRA association club needs to provide two volunteers per day to work at the regatta. Several people can divide this duty among themselves - as long as there are two volunteers from each club at all times for the duration of the event. Guest clubs are exempt from this duty.

Please provide volunteer contact information to Lynn Ronnebeck at lw_ronne@shaw.ca. Contact information should include volunteer name, date and time they are available, their email address and phone number.

Chief Referee

The chief referee for the 2018 NWIRA Championship Regatta is Allan Horne, RCA. RCA Rules of Rowing will govern this regatta.

Weather Contingency Plan

To ensure the safety of the athletes, officials, regatta personnel and volunteers, officials and LOC may shorten, reschedule, or cancel races due to deteriorating weather conditions or other unforeseen events. When such situations occur, the Chief Referee, NWIRA Executive Committee, and LOC Regatta Chair will jointly assess the situation, outline alternations to the race schedule or competition, and inform the participating clubs of the alternations. Such announcements will be made over the on-site public address system and, if needed, ad-hoc meeting with coaches and club representatives.

Depending on the situation during the regatta, such alternations may include one or more of the following:

- Shorten the race from 2000 meters to 1000 meters or shorter if the weather conditions deteriorates enough to cause choppy waters or the regatta is seriously behind schedule.
- Postpone or reschedule races to different time to allow thunderstorm, lightening or other severe weather conditions to pass through.
- Shorten or cancel finals if severe weather condition occurs in the afternoon. All finishing times from heats for an event determines finish order if finals are canceled.
- Rearrange races so that the big boat events (4-, 4+, and 8+) are conducted first following a passing thunderstorm. Conduct the small boat events (1x, 2x, 2-) as conditions improved.
- Cancel one day of competition all together if severe weather condition lingers throughout the day. Run the second day of competition as scheduled if condition improves.

Officials, NWIRA Executive and LOC Regatta Chair may also consider other alternations not listed. Regardless of alternations implemented, the safety of the athletes, officials, regatta personnel, and volunteers is top priority under any severe weather situation or unforeseen events.

Club are responsible for staying updated on announced schedule and/or competition changes.

There will be no refund of entry fees, scratch fees, regatta fees, and association dues for canceled races due to deteriorating weather conditions or other unforeseen events.

Course and Event Distance

The course is a 2000 meter, 7-lane, fully buoyed course with stakeboats. Crews must be able to back into a stakeboat. All races will start from the starting line at the west end of the lake. See course map.

Event distances are as follow:

Event	Distance
Dashes	400 meters
Master	1000 meters
Junior & Open	2000 meters

Waiver

Waiver is not required in this championship regatta.

Maximum Number of Events

Rowers may compete up to six events that he or she is eligible to row. Dashes are not included in this limit. If a rower violates this limit, the rower shall forfeit all medals won. In addition, the boat in violation will forfeit its medals, and any points earned by the offending crew.

Lane Assignments

Lane assignment for heats and final only are randomly drawn. Lane assignment for rowers advancing from heats are seeded base on place and time and assign from middle lanes out.

NWIRA Progression System

# of Entries	Heats	Advance
1 – 7	0	Final Only
8 – 14	2	Top 3 finishers in each heat advance to Final
15 – 21	3	Top 2 finishers in each heat advance to Final
22 – 28	4	Top finisher in each heat and next 2 fastest finishers by time overall advance to Final
29 – 35	5	Top finisher in each heat and next fastest finisher by time overall advance to Final

Coxswains

- Coxswains must not weigh less than 120 lbs – 54.4 kg for men’s boats, 110 lbs – 49.9 kg for women’s boats, and 110 lbs – 49.9 kg for mixed boats. Coxswains must weigh in ONCE for the

entire regatta.

- Coxswains who weigh less than the required minimum MUST carry weight. Coxswains are responsible for securing their own weights. Regatta site may have materials for weights.

Weigh-Ins

- Weigh-ins shall be open for at least one and one-half hours and will end one-half hour before the first light weight race on the first day of the regatta. Weigh-in on first day of the regatta applies for lightweight events on both day of the regatta, Friday and Saturday.
- Coaches must accompany their crews and coxswains for weigh-ins. Pair and Double teams MUST weigh-in together.
- If a male weighs in more than three pounds or a female weighs in more than two and a half pounds over the maximum weight for lightweights, that individual is disqualified from the lightweight events for the regatta.
- ALL CREWS AND COXSWAINS MUST BE IN CLUB ATTIRE FOR WEIGH-INS, DRESSED AS TO COMPETE IN A RACE – NO EXCEPTIONS! Athletes not in racing attire are not to weigh-in. An athlete has only two attempts to make weigh on the first day of the regatta, provided he/she is not over the maximum allowed weight. There will be no “practice weigh-ins” on official scale.
- A test scale that is identical to the official scale is available for athletes to check their weight.
- Not making weight results a scratched entry and scratch fee.
- There is no average weight for lightweight crews.

Club Colors

All crews must wear their club colors during races or they will not be allowed to start any race.

Bow Balls and Bowmarkers

All crews are required to have a bow ball on their shell. NWIRA will have standard size bow markers available for shells. Each boat must have a proper lane marker clip on the bow.

Heel Ties

All stretcher shoes must have proper length heel-restraining ties in place. Dock master will inspect shells before they are launch.

Foot Stretchers

RCA has updated rules for foot stretchers.

- Laces in rowing shoes are not acceptable, only velcro.
- A single release strap (i.e., velco shoe closures tied/strapped to a single handle for quick release) is required on all rowing shoes.
- Shimano type releases is acceptable. However, no heel strap is to be used. Athlete should be prepared to demonstrate the shoe release at the Control Commission.

Full Crew at Starting Line

All boats at the starting line must be filled with appropriate number of rowers, and if required, a coxswain. A crew with a missing rower or coxswain, if required, at the starting line will not be allowed to start.

Athlete Substitution

Please use the Athlete Substitution / Change form at the end of this packet if you need to make substitutions for an event during the regatta. Turn in your forms to the clerk as soon as possible.

Scratches

Please use the Scratch form at the end of this packet if you need to make scratches during the regatta. Unless waived by the NWIRA President or Secretary, scratch fees will be assessed to clubs submitting scratches.

Protest

Once an objection is lodged, a crew wishing to be heard before the Jury may fill out a protest form describing the facts that underlie the protest and the relief that the crew seeks to the Chief Umpire or another race official within one hour after reaching on land. The form is available at the Control Commission. Crew submitting a completed protest form shall pay a protest fee (\$100 USD / \$128 CAD) by cash or check.

If the protest is upheld or it is found by the Jury to be substantially justified, the Jury will return the protest fee to the crew. Otherwise, the NWIRA will keep the protest fee.

On-site Concessions and Merchandise Services

Kenora Rowing Club will be providing on-site food service at the boat house. Event t-shirts and memorabilia will also be available for purchases.

Unless authorized by the Kenora Rowing Club and NWIRA, visiting clubs and vendors are not allowed to sell foods, beverages, or merchandises at the regatta site.

Awards

- All first place finishers in all events will receive medals.
- All second and third place finishers in all junior events will receive ribbons.

Aggregate Trophies

Aggregate trophies are awarded to the club scoring the most points for:

- Grand Aggregate NWIRA Championship (Sir Thomas Lipton Cup)
- Men's Division Championship (Con' Riley Trophy)
- Women's Division Championship (Henning Peterson Trophy)
- Junior's Division Championship
- Master's Division Championship
- US / Canada Cup – US Clubs vs. Canadian Clubs
- Efficiency Championship (CAN-AM Shield)

All clubs, including guest clubs are eligible to earn points for the aggregate trophies.

NWIRA Scoring System

Event Types	# of Entries in an event	2000 & 1000 Meter Events						
		Places						
		1st	2nd	3rd	4th	5th	6th	7th

1x	2	10	4					
	3	10	6	0				
	4	10	6	4	0			
	5	10	6	4	2	0		
	6	10	6	4	2	1	0	
	7 or more	10	6	4	2	1	0.5	0

2X/2-/2+	2	15	6					
	3	15	9	0				
	4	15	9	6	0			
	5	15	9	6	3	0		
	6	15	9	6	3	1.5	0	
	7 or more	15	9	6	3	1.5	0.75	0

4X/4-/4+	2	20	8					
	3	20	12	0				
	4	20	12	8	0			
	5	20	12	8	4	0		
	6	20	12	8	4	2	0	
	7 or more	20	12	8	4	2	1	0

8+	2	30	12					
	3	30	18	0				
	4	30	18	12	0			
	5	30	18	12	6	0		
	6	30	18	12	6	3	0	
	7 or more	30	18	12	6	3	1.5	0

# of Entries in an event	Dashes							
	Places							
		1st	2nd	3rd	4th	5th	6th	7th

2	6	2.4						
	3	6	3.6	0				
	4	6	3.6	2.4	0			
	5	6	3.6	2.4	1.2	0		
	6	6	3.6	2.4	1.2	0.6	0	
	7 or more	6	3.6	2.4	1.2	0.6	0.3	0

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2	20	8						
	3	20	12	0				
	4	20	12	8	0			
	5	20	12	8	4	0		
	6	20	12	8	4	2	0	
	7 or more	20	12	8	4	2	1	0

2018 NWIRA Championship Regatta - Schedule of Events

Dashes (400 Meters) Master (1000 Meters) Junior & Open (2000 Meters)

Lunch Break is scheduled at around noon on each day

Each event will go through its entire progression on the same day. Heats will take place in the morning and Finals in the afternoon.

Friday – August 10, 2018	Saturday – August 11, 2018
1. Master Men 4x	29. Women 8+
2. Junior Women 2-	30. Master Men 4-
3. Master Women 1x under 50	31. Junior Men 2x
4. Master Women 1x 50 and over	32. Junior B Men 2x
5. Junior Men 4x	Break
6. Junior B Men 4x	33. Light Weight Women 1x
7. Open Women 2-	34. Open Men 4-
8. Light Weight Men 1x	35. Master Women 2x
9. Open Men 1x	36. Junior Women 4+
10. Mixed Master 4x	37. Junior Men 8+
11. Junior Men 2-	38. Open Women 4-
12. Junior Women 8+	39. Master Men 2x
13. Open Women 1x	Break
14. Open Men 4x	40. Junior Women 2x
15. Master Men 2-	41. Junior B Women 2x
Break	42. Men 8+
16. Master Women 2-	43. Master Women 4-
17. Open Women 4x	Break
18. Junior Women 1x	44. Light Weight Women 2x
19. Junior Men 4+	45. Open Women 2x
20. Open Men 2-	46. Junior Men 1x
21. Master Women 4x	(10 min to switch lines)
22. Master Men 1x under 50	47. Dash Men 1x
23. Master Men 1x 50 and over	48. Dash Light Weight Men 1x
Break	49. Dash Women 8+
24. Junior Women 4x	Break
25. Junior B Women 4x	50. Open Men 2x
(10 min to switch lines)	51. Light Weight Men 2x
26. Dash Women 1x	52. Junior Mixed 2x *
27. Dash Light Weight Women 1x	
28. Dash Men 8+	

* Local Organizing Committee Special Event

NWIRA Banquet and Award Ceremony

Kenora Recreation Center, 18 Mike Richards Way, Kenora ON P9N 1L2

NWIRA attendees are to enter to the East side door to walk directly onto the arena floor right across from Baseball Field/Parking Lot #6. Attendees can park their vehicles in Parking Lot #6

7:30 PM Dinner

8:30 PM Award Ceremony

This is an NWIRA celebration!

There will be photo booth and team table decorating contest.

Yes, there will be Dancing!

Upload your photos to #NWIRA

Please note this event being held at a licensed facility. Bring photo ID to the event.

For hotel and motel accommodations, visit www.stayinkenora.com

Camping

Andy Lake Resort (www.andylake.com) 807-543-4051

Anicinabe Park (www.anicinabepark.ca) 807-467-2700

More information about the City of Kenora, visit: www.kenora.ca.

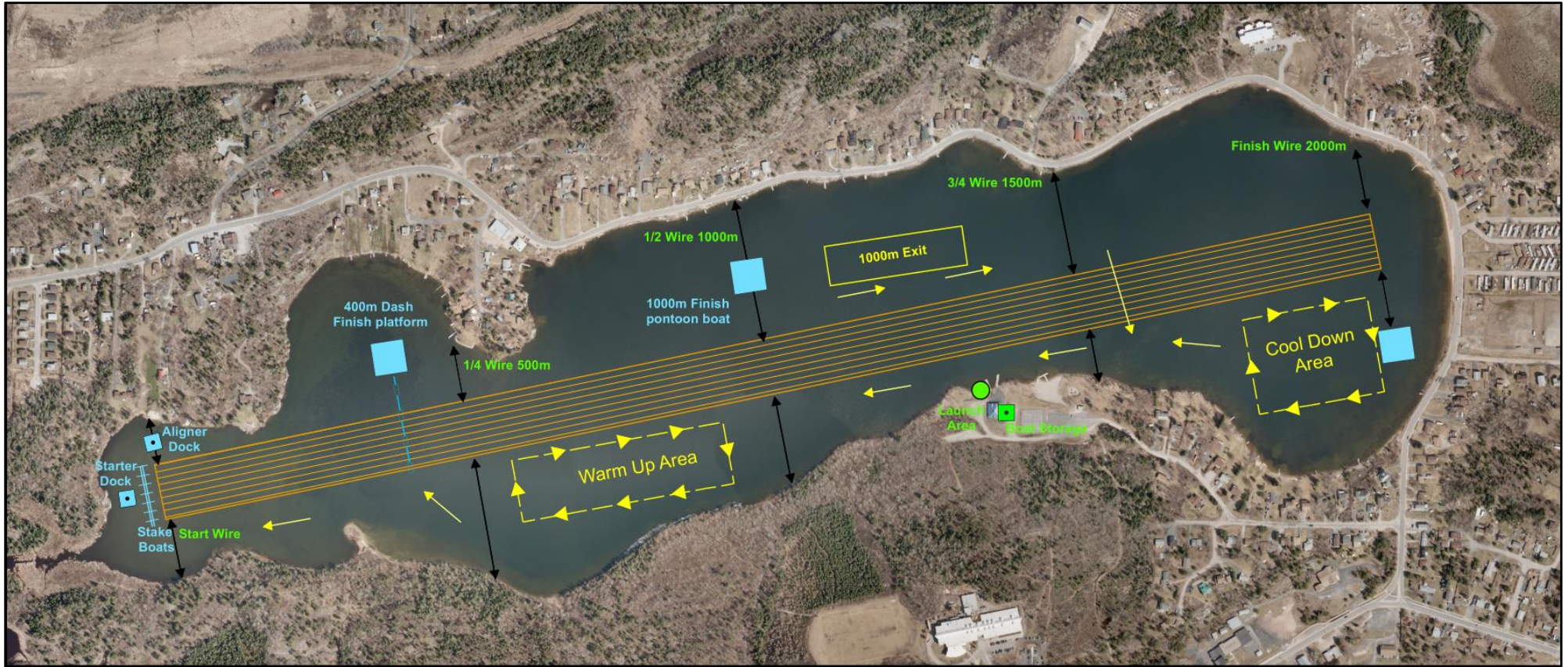
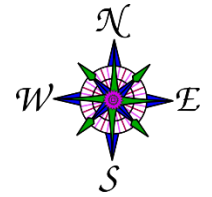


Kenora Rowing Club
Regatta Site

Kenora Recreation Centre
Award Banquet
18 Mike Richards Way



Kenora Rowing Club Rabbit Lake Race Course



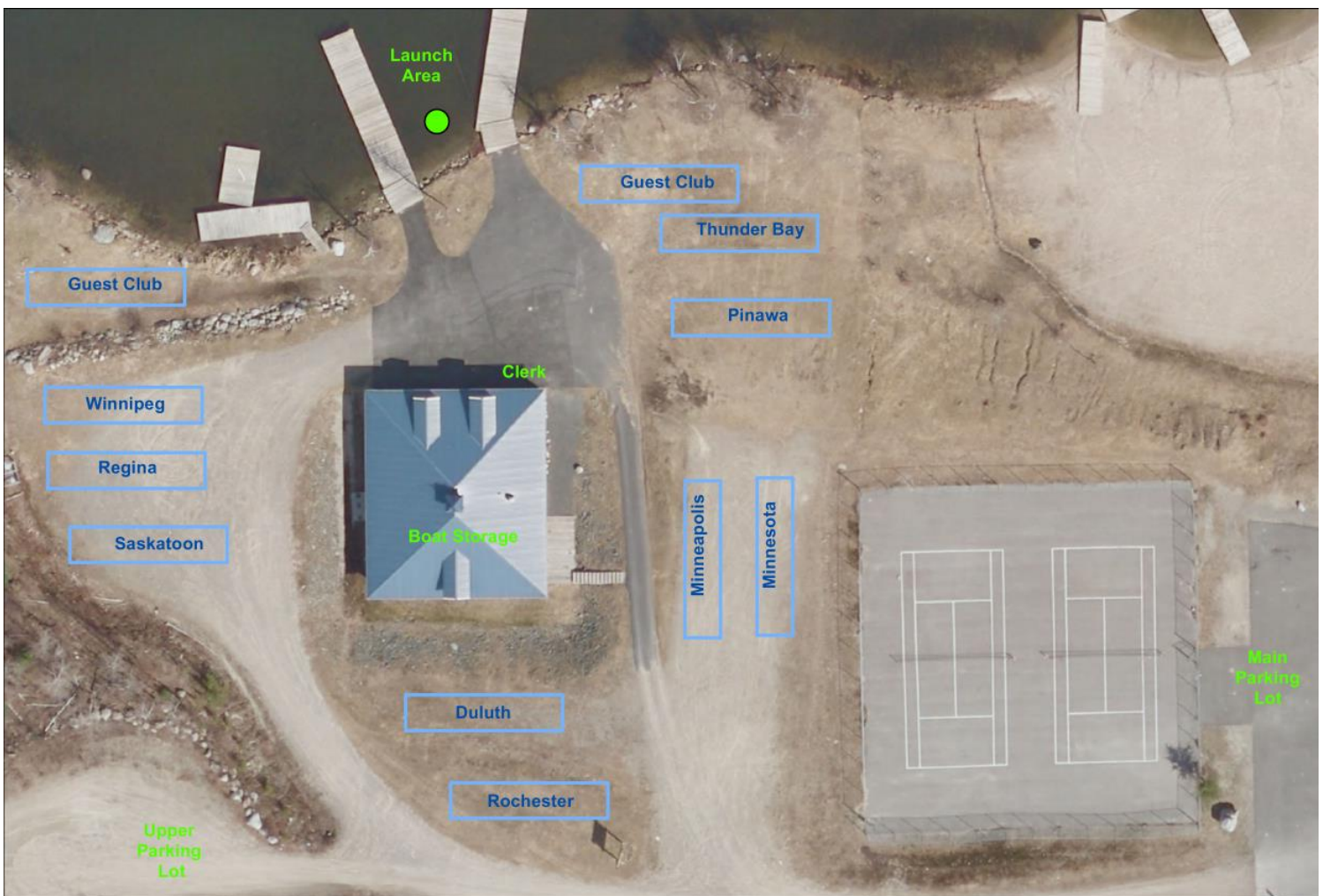
Scale 1:6000

Lane 1 is on the north side of lake (between shoreline and first buoy line). Lane 1 through 7 go from the north side to the south side (regatta site side)

Kenora Rowing Club

Regatta Site

- The regatta will operate from the Kenora Rowing Club boathouse.
- Vehicles with boat trailers arriving at the regatta site are to drive to their designated area. (See aerial photos below of the boat launch area, designated sites for boat trailers).
- Be sure to bring plenty of shade tents to keep athletes, coaches, and parents in the shade to reduce the risk of sun overexposure.
- Observe posted speed limit along the road leading to the regatta.





2018 CHAMPIONSHIP REGATTA
ATHLETE SUBSTITUTION / CHANGE FORM

Club / Boat ID: _____

Event # : _____ Event: _____

Current Athlete Name (s) in Boat: _____ New Athlete (s) in Boat: _____

ALL NEW ATHLETES MUST BE LISTED ON CLUB ROSTER

Change(s) made by: _____ Date / Time: _____

Signature: _____

Reason for Change: _____



2018 CHAMPIONSHIP REGATTA

SCRATCH FORM

When submitting this form, scratch fees are equal to the entry fee and they are due at submission. Fees requiring collection after the regatta will be subject to a \$50 USD/\$64 CAD administration fee per item. Fees are payable in the currency of the regatta site.

Club / Boat ID _____

Event # : _____ Event: _____

Athlete Name (s) in Boat:

Scratch made by: _____ Date / Time: _____

Signature: _____

Reason for Scratch: _____

Scratch Fee: \$