The Greater Dayton Rowing Jr Boosters are proud to announce our 4th annual Greater Dayton Erg Sprints indoor race!!

Saturday, January 17, 2015

Vandalia Recreation Center 1111 Stonequarry Rd. Dayton, OH 45414

TEST YOUR FITNESS IN A CHALLENGING 2000-METER ROWING RACE



Rowers and non-rowers are invited to compete in various events and Categories that will surely challenge even the most elite athlete! Races will be visible on our giant 7' x 10' screen. Invite your family and friends to cheer you on!!

DATE: Our event will be held in the gymnasium of the Vandalia Recreation Center on Saturday, January 17, 2015. Doors Opens at 7:30am with races starting at 10am.

EVENTS:

The main event is the 2000 meter race. In addition, we are offering Quad relay races where you choose any participants to "make up your boat" and simultaneously row 500 meters against another "boat". We will also run 500 meter sprint races. All races are available in a variety of age and skill levels.

REGISTRATION:

Registration fee is \$15.00 per individual event. Relays are FREE! Each entrant will receive a CREW water bottle (gray, blue, red, or green) while supplies last. These will be available at the registration desk.

Please register and pay at www.regattacentral.com, click on the Regatta tab to find our race. Waivers are mandatory! Bring the waiver below to registration table the day of the event. **Registration deadline is Tuesday, January 13**th

MEDALS

Medals for 1^{st} , 2^{nd} & 3^{rd} place will be awarded for individual events only. Relays will not receive medals.

Please contact Bernice Willis with any questions or concerns. Bernice@mbalists.com

Greater Dayton Rowing Association and Vandalia Re-	creation Center
IN CONSIDERATION of being given the opportunity to participate	
myself, my personal representatives, assigns, heirs, and next of kin:	
1. ACKNOWLEDGE, agree and represent that I understand the natu	are of Rowing Activities, both on water
and land based, and that I am qualified, in good health, and in proper	
such Activity.	
2. FULLY UNDERSTAND that: (a.); ROWING ACTIVITIES INV	OLVE RISKS AND DANGERS of
serious bodily injury, including permanent disability, paralysis and d	
dangers may be caused by my own actions, or inactions, the actions of	
the Activity, the condition in which the Activity takes palace, or the	negligence of the Releases names
below; (c.); there may be other risks and social and economic losses	either not known to me or not readily
foreseeable at this time; and I FULLY ACCEPT AND ASSUME AL	L SUCH RISKS AND ALL
RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I inc	ur as a result of my participation in the
Activity.	
3. AGREE AND WARRANT that I will examine and inspect each A	Activity in which I take part as a
member of the Club and that, if I observe any condition which I cons	
dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the	
Activity until the condition has bee corrected to my satisfaction.	
4. HEREBY RELEASE, discharge, and covenant not to sue the Club	o, their administrators, directors,
agents, officers, volunteers and employees, other participating regatta	
and if applicable, owners and lessors of premises, on which the Activ	
the Releasees herein) from all liability, claims, demands, losses or da	
to be caused in whole or in part by the negligence of the Releasees of	r otherwise, including negligent rescue
operations; and I further agree that if, despite this release and waiver	of liability, assumption of risk, and
indemnity agreement, I, or anyone on my behalf, makes a claim again	nst any of the Releasees, I WILL
INDEMNIFY < SAVE AND HOLD HARMLESS each of the Releas	sees, from any litigation's expenses,
attorney fees,	
loss, liability, damage, or cost which any may incur as a result of suc	
I have read this agreement, fully understand its terms, understand that have given up substantial rights by	
signing it and have signed it freely and without any inducement or assurance of any nature and intend it be	
a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if	
any portion of this agreement is held to be invalid, the balance, notw	ithstanding, shall continue in full force
and effect.	D . 4
Printed Name of Participant:	Date:
Address: Phone:	
Signature (only if age 18 or over)	
PARENTAL CONSENT	_
AND I, the minor's parent and/or legal guardian, understand the natu	
experience and capabilities and believe the minor to be qualified to p	
release, discharge, covenant not to sue, and AGREE TO INDEMNIF	
HARMLESS each of the Releasees from all liability, claims, demand	
account caused or alleged to be caused in whole or part by the operat	
this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above	
Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any	
litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such	
claim. Printed Name of Povent/Cuardian. Data:	
Printed Name of Parent/Guardian: Date:	
Address:	

Parent/Guardian Signature (only if participant is under the age of 18):_____