



October 29th, 2023 • Griggs Reservoir Park

2933 Riverside Dr, Columbus, OH 43221
Hosted by Greater Columbus Rowing Association

Welcome to the 40th Annual Jack Speakmon Memorial Regatta! We are excited to share this milestone with you all. To help us celebrate, we're inviting back all former competitors to participate in the fun **Alumni 1,000m Race** held at 12:00PM before the lunch break.

To commemorate this milestone, a limited number of **vintage-style Speakmon Regatta posters** will be available for purchase. Check out social media pages for sneak peeks!

Last year we introduced recycling, and this year we aim to have a further impact with a greater focus on **WASTE DIVERSION**. In addition to recycling plastic bottles, cans, paper and cardboard, we are adding a plastic film material and granola/protein bar wrappers collection point. Furthermore, food scraps will be collected in the team tents area for composting. Water jug and bottle refilling stations will be available. Stay tuned for event updates and **thank you for supporting our sustainability efforts!**

Continuing on from last year, the Momentum Sports Massage team returns offering 15-minute massages, as will Backroom Coffee Roasters brewing delicious warm drinks, and Pitabilities food truck satisfying your taste buds while fueling your body!

Lastly, parking will be in the same areas as last year, located at the north end of Griggs Park along the one-way road with a shuttle option. Please read the parking details and map, noted later in this packet.

We look forward to seeing you, and don't forget your Halloween costumes!

Jenn Stoner
2023 Regatta Director

REGISTRATION

All entries, payments and waivers must be submitted on-line at Regatta Central (www.regattacentral.com) by the deadlines posted below.

On race-day teams may **collect their Race Packets starting at 6:30 AM-9:00AM inside Lashukta building**, or at the **finish line area after 9:00am** on Sunday. Packets will only be given if we have full payment and signed waivers by each competitor (parent/guardian must sign for competitors under 18 years old). Team Race Packets will not be issued if there are missing waivers or payments.

Checks should be made payable to "Greater Columbus Rowing Association."

Technical questions regarding use of Regatta Central should be directed to: support@regattacentral.com (please no regatta-related questions).

STANDARD REGISTRATION

Opens September 3, 2023 @ 06:00 PM EDT

Closes October 23, 2023 @ 11:59 PM EDT

LATE REGISTRATION

Opens October 24, 2023 @ 12:00 AM EDT

Closes October 26, 2023 @ 09:00 AM EDT

SCRATCH WINDOW

Opens September 4, 2023 @ 12:00 AM EDT

Closes October 23, 2023 @ 11:59 PM EDT

Line-ups Due October 28, 2023 @ 08:00 AM EDT

Payments Due October 23, 2023 @ 11:59 PM EDT

Waiver Due October 23, 2023 @ 11:59 PM EDT

Coaches should not plan to use any rowers/equipment in events less than 90 minutes apart.

REFUNDS

Scratches will be refunded if communicated to the Registration Coordinator by October 23, 2023 @ 11:59 PM EDT. No other refunds will be made.

EMAIL the **Registration Coordinator, Debra, at: stonerde@gmail.com**

FEES

	STANDARD COST	LATE COST
1x	\$35.00	\$50.00
2x/2-	\$50.00	\$80.00
4x/4+	\$80.00	\$105.00
8+	\$110.00	\$135.00
Alumni 4+	\$50.00	\$80.00
Alumni 8+	\$80.00	\$110.00
Parent/Child 1k	\$30.00	\$50.00

ENTRY LIMITS

Our event permit only allows for 500 entries. Entries are on a first come, first serve basis. If the entry limit has been reached, your entry will go on the waiting list. We will notify your team contact if scratches occur and your entry is accepted.

ELIGIBILITY

This is a USRowing event so while all rowing clubs and scullers are invited to participate, all clubs must be organizational members of USRowing, rowers must have an individual membership to USRowing. **Athletes must complete Safe Sport training [as applicable \(Relevant Adult Participants\)](#).** As a registered participant in a USRowing event, you are required to adhere to the USRowing Safe Sport Policy Manual for the duration of the event. Foreign clubs who are members of their national rowing federation may also participate.

ADAPTIVE EVENTS

Inclusive, adaptive and para-rowing events in the 1x and 2x are offered again this year. Please contact Helmut Berthold, gcraparp@gmail.com, for any questions about this event. We want the adaptive races to be as inclusive as possible, and to have equipment available for your use if transporting your equipment is a concern. When you are ready, please register online via Regatta Central.

ALUMNI 1k RACES

Any alumni rower from a high school or collegiate team may gather a line up and enter into our Mixed 8+, Men's 8+/4+ and Women's 8+/4+ 1,000m race. We encourage signing up through your alma mater and borrowing one of their boats. However, unaffiliated sign-ups are welcomed, and rental boats may be available. Coxswains don't need to be alumni. In the 8+ events, you can have up to 2 non-alumni rowers, and up to 1 non-alumni rower in the 4's. We want teams to be able to fill boats, and have fun.

PARENT/CHILD 2X RACE

Any gender and any age accepted. This will be 1000 meters. From just south of Fishinger Bridge to the finish line.

COACHES/COXSWAIN MEETING

The C&C meeting will be virtual on **Tuesday October 24th, 2023 at 8:15-8:55pm EST**. Link will be posted on the Regatta Central race website and emailed via Regatta Central. It will be recorded for viewing afterwards.

DRONE POLICY

To ensure safety of the crews and no interference with the races, the operation of drones is prohibited, with exception to those granted by the Regatta Director for official purposes.

CLASSIFICATIONS

The following classifications are used at this regatta:

PARP: Inclusive, Adaptive and Para-Rowing athletes are welcome to row in a 1x or 2x, Men, Women's and Mixed races. PR3 Mix 2x Crew may include a maximum of one Rower whose impairment is visual, and that Rower may be either PR3-B1 or PR3-B2.

Junior/High School: Students must be enrolled in High School during the current academic year. Scholastic (same schools) and youth (composite) crews may enter these events. Junior/High School rowers are allowed to participate in the High School and open categories. However, individual Junior rowers are restricted to competing in a total of two events.

Open: Any rower or crew. Crews with rowers who may not fit the master or junior categories (such as a father-son double, a men's 8 of varying ages, or 19- or 20-year-olds not in college) or any crews who wish to compete in this category.

Masters: Rowers who will have attained age 27 on or before December 31 of the current calendar year. Rowers who will have attained the age of 21 on or before December 31 of the current calendar year, can also participate in masters events at this regatta, but the average age of the rowers (coxswain age not included) in the boat must be at least 27.

Mixed Crew: Must have an equal number of each gender rowing in the boat. Crews with uneven numbers of each gender can row exhibition. Coxswains can be either gender and does not count towards the number of each gender rowing in the boat.

Novice: Any rower who started rowing after January 1, 2023, may enter these events. Any oarsperson who has not competed in any sculling event prior to January 1, 2023, may enter novice sculling events. Seasoned scullers who began sweep rowing after January 1, 2023, may enter novice sweep events.

HANDICAP

An age handicap system will be implemented in all Masters events. Any master's entrant failing to indicate a birth date on the entry form will be entered as a 21-year-old competitor. This regatta follows the formula and process for handicaps established by US Rowing adjusted for the approximate length of the course.

SEEDING

The order of the participants in the event will be randomly assigned.

COMPOSITE CREWS

Composite crews (rowers from more than one team/crew in a boat) must register as such and may wear their own team's uniform.

CLOTHING STANDARDS

No strict uniform requirements. Costumes are welcome. If borrowing oars, please notify launch personnel for identification on the water.

RACE PACKET CHECK-IN

Each team must check-in at Regatta Headquarters (in the Lashutka Center) to confirm registration and receive race packets on **Sunday starting at 6:30 AM**. All fees must be paid and all athlete waivers signed prior to receiving the team's race packet. Racing bibs will be provided in these packets whereas Bow numbers will be provided at the launch dock upon check-in.

BOAT TRAILERS, CHUCK WAGONS, & TEAM TENTS UNLOADING

Trailers with boats and team chuck wagons will be allowed into the park to unload **between 6:00 PM and 9:00 PM on Saturday and 6:00 AM- 7:30 AM Sunday**. No vehicles will be permitted to drive down the hill after 7:30 AM Sunday, per City of Columbus due to safety reasons. If you are car topping your single and arriving after 7:30 AM Sunday, please email the regatta director (gcraregattadirector@gmail.com) for directions.

Enter at the Griggs Reservoir Park entrance at **2933 Riverside Drive, Columbus, OH 43221** and travel down the hill just past the UA/COR Crew Boatyard, towards the river. Parking attendants will be onsite assisting. Once a trailer is parked, the tow vehicles are to exit to clear up space. They may park in the Nottingham Road lot (refer to site maps).

Chuck wagons will be backed in at an angle facing north on the asphalt drive below and North of Latshutka with only the rear axle in the grass (per the City of Columbus). If you have heavy or big equipment, please plan ahead on how you will transport this to the team tent area, and use your young strong athletes to carry stuff for the team tents. There is NO guarantee we will have volunteers and gators to assist you.

The regatta site area will have **overnight security patrol after 9:00 PM on Saturday**, however GCRA is not responsible for theft or vandalism of equipment. Please do not leave anything expensive that can be easily stolen (walk away with) at the trailers or tents.

TENT SITES

Teams are to set up within the marked tent spaces. Teams are not permitted to spill over into the egress/walkways, for safety reasons. **ALL TENTS MUST HAVE FIRE EXTINGUISHERS ON SITE IF COOKING**. CFD will be on-site to do inspections. No team may set up any total tent site larger than 400sq ft. All teams are to refrain from using straw per the direction of the City of Columbus Watershed Department.

BUSES use this GPS: 2899 Nottingham Rd, Upper Arlington, OH 43221

Buses are prohibited from unloading athletes along Riverside Drive and at COP HILL. Buses are prohibited from even entering Cop Hill, due to lack of space and traffic back-ups. Buses are to unload athletes in the Nottingham Rd Parking lot (address given above). Athletes should be prepared to walk ¼ mile to the team tents. At departure, bus drivers are to pick up the rowers in the same lot.

NO BUS WILL DRIVE IN/THROUGH OR ALONG THE GRASS FOR ANY REASON. VIOLATORS WILL BE TICKETED AND/OR TOWED AND REQUIRED TO PAY ANY DAMAGE TO THE PARK

COURSE AND RULES

All USRowing rules for Head Races will apply, except as noted within these rules and regulations or as altered by the LOC in response to conditions. These include: safety equipment, bowballs, show heel ties, sealed decks, boats and oars in good working order.

COURSE

The partially buoyed course is approximately 4,700 meters (2.919 mi) long, starting just south of the Hayden Run Bridge and finishing between the Launch and Recovery Docks at the south end of the reservoir.

Crews will use a right-hand pattern along the river, traveling in a counter-clockwise direction. Crews traveling north towards the start will hug the east shoreline and shells racing south down the course will hug the west shoreline.

TRAFFIC RULES

- **Northbound traffic (warm-up row) stays along the eastern shoreline**, rowing towards the start marshalling area. NO boats are to row North of the Hayden Road bridge. There will be Marshals to direct your crew.
- **Southbound traffic (on the race course) stays along the western shoreline.**
After crossing the finish line, crews are to continue rowing another 100 meters before turning 90 degrees and crossing the river to the recovery docks.
- **Boats racing have the right of way over all other boats.**
Any non-racing boat that interferes with a race will be subject to possible exclusion from its race.
- **Passing is done at the risk of the overtaking crew.**
However, if a crew is within 1 length and is closing on the crew ahead of them, they are obliged to politely make it apparent to the boat ahead on which side it wishes to pass.
- **The boat being overtaken must yield to the overtaking boat**, usually toward the bank on straightaways and toward the outside of curves.
If, in the opinion of the officials, insufficient room is given, a 30 second penalty may be assessed.
- **However, no overtaking boat should press its right of way to the point of collision or forcing a boat into a dangerous position.**
Racing boats interfering with other racing boats will be subject to a 30 second penalty or possible exclusion from the race.
- **If one or more rowers are ejected from a boat during a race, the affected crew must stop and remain with those individuals until all are safely out of the water.**
- **Respect for the safety of other competitors and equipment must be always shown.**
If, in the opinion of the officials, a crew is behaving in a dangerous or reckless manner, that crew may be excluded from its race.

LAUNCHING

It is the Regatta's intention to start crews for each event together and in-order. **There will only be one call, FIRST CALL, made 60 minutes prior to the race time.** All crews should allow at least 45 minutes to launch and row to the start line to make their scheduled event. Teams should allow enough time to adjust for weather conditions. Crews should be mindful of the time during the warm-up to the start line, and their whereabouts on the course. Crews that arrive late to the start line may be excluded from their race, as determined by the officials. Crews will not be permitted to launch if within 30 minutes of their race start time.

BOW NUMBERS are provided upon shell check-in at the launch dock. Be sure to firmly attach your correct bow number to the bow of your boat.

RACING BIBS are to be worn by the bow rower, on the layer of clothing they will race down the course with. (Numbers are pre-assigned and included in your club race packet).

Crews with the incorrect bow/bib numbers will not be permitted to launch.
Crews without both bow and bib numbers will not be permitted to launch.

HOTSEATING

Crews wishing to hot seat either boat and/or rowers shall notify the dockmaster at the time of launch and at the time of recovery. The dockmaster will help facilitate hot seating to the greatest degree possible. Hot seating is expected to take no longer than 2-3 minutes. If hot seating includes changing oars, the oars may not be brought onto the dock until the boat is within an arm's length of the dock. **Coaches should NOT plan to use rowers/equipment in events less than 90 minutes apart.** Crews that arrive late to the start line may be excluded from their race, as determined by the officials.

STARTING PROCEDURE

Be at the start at least 5 minutes before the official start time of your race. (Allow no less than 35 minutes to row to the start.) Look out for race officials in launches for further instruction. **DO NOT ROW UNDER OR PAST HAYDEN RUN BRIDGE!** You will turn before the bridge.

This is a flying start, with boats starting a few seconds after one another and individual start times will be recorded for each boat as it crosses the start line. Please line up in order of your bow numbers, from lowest to highest.

Boats may receive a 30-second penalty for having an incorrect bow marker or no bow marker. Crews that arrive late to the start line may be excluded from their race, as determined by the officials.

RECOVERY DOCK

Bow markers are the property of the regatta and must be returned to the recovery dock area immediately following the race, at the recovery dock. A \$50 fee per missing bow marker will be charged to reprint lost bow markers. If the crew lost the bow number in the water due to a collision, please let us know.

Following crossing the finish line, you will continue to slowly row South, stopping once you're in line with the recovery dock. Turn 90 degrees then start rowing across the river to the recovery dock. Please listen to the recovery DockMasters for directions. Boats will dock on both sides of the dock, weather permitting.

PROTESTS

Any protests must be made in writing at the registration tent within 30 minutes of the race's published preliminary results. A \$50 protest fee must accompany a completed protest letter and will be returned if your protest is upheld. Protests will be forwarded to the chief referee for consideration. There will be no protests considered for broken equipment. Once the crews enter the starting chute, they accept the start as is. If there are problems with equipment, please direct your coxswains/crews to ask the race officials for help. There will be limited boat parts (nuts, bolts, oarlocks, oar collars and wrenches) available at the starting area.

DOCKMASTER

Dockmasters oversee the order and activity of boats at the launch and recovery docks. In addition, our dockmasters are valued members of the regatta staff. Subject to the direction of any referee, boats are requested and required to follow the directions of the dockmaster in determining the order of who launches or docks. Failure to follow the directions of the dockmaster may result in the disqualification of your boat. Abuse of the dockmaster WILL result in the disqualification of your boat with no return of your event fees.

NO COACHES ON THE WATER

No coach is to be on the course in a launch during any race. Any coaches on the water will have their boat or boats disqualified.

SPORTSMANSHIP

All participants, coaches, and spectators are expected to exhibit good sportsmanship. Disrespectful language or behavior may be subject to disqualification from the regatta.

SCOREKEEPING AND AWARDS

Medals awarded for first, second and third place finishers in all events. In a tie, the following medals will be given: 1st place tie- 2 sets of golds and 1 set of bronze; 2nd place tie- 1 set of gold, 2 sets of silver, and 0 bronze awarded; 3rd place tie- 1 set of gold, 1 set of silver and 2 sets of bronze awarded. Medals can be picked up at the registration table after the race results are posted as official. Any protested races must be resolved before medals can be awarded. Results of a race will not be finalized until all protests and penalties have been resolved, the time for filing additional protests has elapsed, and the scorekeeping team is satisfied that the results are error free. The Speakmon will be using CrewTimer for timing with results posted on their website.

PENALTIES & FEES

Missing bowmarker at Start/Finish Line = 30 second penalty

Interference or unsafe passing/racing = 30 second penalty

Unsportsmanlike conduct (includes foul language on land or water, failing to abide by race officials directions, etc.) = **Disqualification**

Protest Fee = \$50

Missing Bow Marker (not turned in to the recovery dock by end of event) = \$50

Any person, who, in the opinion of the race organizers, is being abusive, uncooperative, or unreasonable with race organizers, volunteers, city officials or other team personnel may be excluded from the remainder of the day's events and **asked to leave the park**. Further penalties may be assessed in the event of extreme circumstances.

SPECTATORS:

Spectators can walk or bicycle along the Eastern shoreline to view the race, via foot or bicycle. The park road extends north to approximately 2,000m from the start line, ending at Lane Road. Cars are allowed to move one-way from Nottingham Road, north to Lane Road. **NO PARKING IN THE GRASS ALLOWED.**

Leashed dogs are allowed!

We encourage spectators to cheer along the shore line, but please note there are **NO COWBELLS, HORNS or NOISEMAKERS of ANY SORT** allowed at the **FINISH LINE AREA** (located between Recovery and Launch Docks). Please stay **NORTH** of the Launch Docks.

PARKING

Maps will be posted on Regatta Central

There is absolutely no parking at Frisbee Golf Course

GPS ADDRESSES:

BOAT TRAILERS & CHUCK WAGONS: 2933 Riverside Dr, Columbus, OH 43221

ATHLETE DROP-OFF & ALL CAR PARKING: 2899 Nottingham Rd, Upper Arlington, OH 43221

ADAPTIVE RACING ATHLETES: 3033 Thoburn Rd, Columbus, OH 43221 (Griggs Boathouse)

SHUTTLE BUSES WILL BE AVAILABLE ON RACE DAY FROM 7:00 AM TO 5:00 PM.

Due to safety concerns per the City of Columbus Police Department, no personal cars or buses will be allowed to drive down Griggs Park Drive from 2933 Riverside Drive ("Cop Hill") to Nottingham Rd.

Parking or driving on the grass on either side of Riverside Drive or within the park is strictly prohibited. Cars parked in unauthorized areas in the park, merchant lots or on side streets may be ticketed and towed.

There is no stopping, entering or parking at the entrance to the Lashutka Center. This is for regatta staff ONLY.

High School Crews attending the Blake Haxton Invitational Regatta on October 29th should refer to the Trailer and Tent instructions from that regatta. These teams can leave their equipment in place for both regattas.

PRIVATE CAR (ROWER / PARENT / VOLUNTEER) PARKING

Available on the **East side lane of Griggs Park Drive** (the one-way park road running parallel between the Scioto River and Riverside Drive), **NORTH of Fishinger Bridge**.

- a. This will be parallel parking, on the RIGHT side of the park road, whereas the left side remains OPEN for one-way traffic.
- b. NO WHEELS IN THE GRASS—per the City of Columbus violators will be ticketed.
- c. Do NOT park on the sections of road directly across from the mini-parking lots! Cars need space to back out and leave without hitting your car...
- d. SHUTTLE SERVICE runs from 7:00am-5:00pm, with specific shuttle stops marked by signs. Please wait by these signs as the shuttle may not stop unless at these marked spots, as to not back-up traffic. This park road will remain OPEN to the public.

HANDICAPPED PARKING LOCATIONS

1. Cop Hill (2933 Riverside Drive) *please see parking maps*
2. Nottingham Road SOUTH lot (parking attendant will let you through the traffic barrier)

Volunteers will be available to transport handicapped visitors to the site via Golf Carts.

Note: The Columbus rowing community has assured the police and park representatives that the park will not be damaged by the event, that the park will remain accessible to the public, and that lanes will be maintained for emergency vehicles.

SUSTAINABILITY EFFORTS

Refillable Water: SAVE MONEY, SAVE THE ENVIRONMENT.

Skip buying the plastic water bottles and use reusable water bottles. Fill up your bottles or team water jugs located outside of the Regatta Headquarters area (Lashutka Building).

- Team Water Jugs: We will have a hose hooked up to a water filter
- Individual water bottles: We have a multi-spigot water fountain (picture below)



RECYCLING and COMPOST

We will be offering compost and recycling this year. Please look out for the appropriate containers and do your part to reduce waste and protect our environment.

Details on materials accepted will be posted on Regatta Central, our instagram, and signs posted throughout the regatta area.



SITE CLEAN UP

Each team is required to clean up their own area.

Compost buckets will be spread out throughout Tent City to dispose of your food scraps and compostable materials.

Please save any FILM PLASTIC and PROTEIN/GRANOLA WRAPPERS into the shoeboxes provided (see Recycling Raffle Contest details).

Please save any CARDBOARD boxes, flatten and place them near recycling bins. Our volunteers will take to the appropriate recycling dumpster.

All trash must be bagged and placed near regatta trash bins, which our volunteers will then transport to the dumpster. DO NOT USE the dumpster located outside of the Lashutka Center.

LOST AND FOUND

Lost and found items will be collected in the Lashutka Building (Regatta Headquarters). Announcements will be made for important items.

HOSPITALITY VIP SUITE

Enjoy a warm room, food, drinks, snacks inside the Lashutka Building! The deck provides the perfect opportunity to watch racing events for you and your family members. The Hospitality Suite will be open from 7:30 AM to 4:00 PM with come and go access. The suite also boasts indoor warm toilets to be used exclusively by guests purchasing the \$25 ticket! Tickets may be purchased in advance at [Hospitality Suite Ticket Sales](#) or at the door via Cash, Check, Credit Card and Paypal. Hospitality Suite tickets are non-refundable.

MASSAGE TENT

We have partnered with Momentum Sport Massage to provide pre- and post-race massages for 15 or 30 minutes. Same-day sign ups. Payment accepted via venmo or credit card at the time of massage.

WE WANT TO GIVE A HUGE THANK YOU TO OUR SPONSORS:

