

## 2016 Cascadia Masters Championships

## Heat Sheet for Saturday, Jul 16

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
4a	08:00	Womens 1x C Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Deep Cove</b> (G. Rijniersce)	North Cascades (J. Huffman)	Inlet (P. Russell)	Fort Langley Community (M. Laurinolli)	South Cariboo (D. Heise)
4b	08:07	Womens 1x C Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Deep Cove</b> (A. Takacs-Cox)	Station L (P. Luong)	Coeur d'Alene (C. Shirts)	Burnaby Lake (G. Bickel)	Whistler Rowing (M. Harriman)
6a	08:14	Womens 2x E Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Delta Deas</b> B (S. Gauvin)	Palo Alto/College Club Seattle [Composite] (J. Pendleton)	Station L (L. Jensen)	<b>Conibear</b> A (T. Vagen)	
6b	08:21	Womens 2x E Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Commencement Bay (M. Bertolini)	<b>Delta Deas</b> A (S. Macdonald)	Conibear B (M. Coffren-Barton)	Vancouver Lake (N. Chandlee)	
10a	08:28	Womens 4+ AA-C Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Wenatchee (T. Welsh-Becker) [B/37/2.6]	Vancouver B (K. Stranks) [AA/26/0.0]	Willamette RC (J. Withycombe) [B/40/3.4]	<b>Mt. Baker</b> (B. Morcom) [C/45/4.8]	
10b	08:35	Womens 4+ AA-C Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Station L (S. Walker) [B/42/4.0]	Commencement Bay (R. Beatte) [D/50/6.1]	Vancouver A (S. Forsting) [C/43/4.2]		

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
12a	08:42	Mens 4x D-E Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Sammamish Rowing Association (B. Lewis) [D/51/0.0]	Station L A (A. Glasfeld) [D/53/0.0]	Vancouver/Whistler Rowing [Composite] (J. Gardiner) [D/54/0.0]		
12b	08:49	Mens 4x D-E Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Victoria City (C. Molholm) [F/63/17.5]	Deep Cove (N. Stewart) [D/54/7.5]	<b>Station L</b> B (G. Baker) [D/52/5.3]		
14a	08:56	Womens Ltwt 1x F+ Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver (L. McCulloch) [F/60/29.0]	<b>Conibear</b> (I. Baker) [F/61/31.3]	<b>Station L</b> (D. Atwood) [F/61/31.3]	Whistler Rowing (J. Groff) [G/68/47.1]	
14b	09:03	Womens Ltwt 1x F+ Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Burnaby Lake (c. shpak) [F/61/31.3]	North Cascades (K. Runyon) [F/64/38.1]	<b>Vancouver</b> (F. Crowley) [G/66/42.6]		
16a	09:10	Womens 2x AA-A Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver C (K. Stranks)	<b>Lake Union</b> (K. Choi)	Willamette RC (J. Withycombe)	North Cascades (J. Huffman)	
16b	09:17	Womens 2x AA-A Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Gorge Narrows (B. Graham)	<b>Vancouver</b> B (K. Taylor)	Delta Deas/Burnaby Lake [Composite] (K. McGillivray)		
17a	09:24	Womens 4x E Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Gorge Narrows (L. Ramsay)	<b>Delta Deas</b> (J. Woehrle)	Willamette RC (C. Lund)	<b>Deep Cove</b> (G. Rijniersce)	

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
17b	09:31	Womens 4x E Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Conibear</b> (T. Vagen)	San Diego RC (j. pederson)	<b>Mt. Baker</b> (J. Hietter)	Commencement Bay (M. Bertolini)	
21a	09:38	Mixed AA-B 4x Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Sammamish Rowing Association B (L. Player) [C/46/3.5]	Station L (J. Dukes) [A/35/1.5]	Sammamish Rowing Association A (B. Lewis) [C/49/4.1]	San Diego RC (w. bassett) [B/36/1.7]	
21b	09:45	Mixed AA-B 4x Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Sammamish Rowing Association C (J. Conlu) [C/43/3.0]	Vancouver (E. Hudson) [C/46/3.5]	Willamette RC (K. Moore) [B/39/2.2]		
	09:52	Break					
22a	10:12	Mens 1x D Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Coeur d'Alene (D. Anderson)	Sammamish Rowing Association (P. Dodd)	Vancouver Lake (D. Venema)		
22b	10:19	Mens 1x D Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Maple Bay</b> (B. Wallich)	<b>Delta Deas</b> (C. Garrett)	Station L (M. Perepelitza)		
26a	10:26	Mixed 2x AA-A Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver B (C. Charlton)	<b>Lake Union</b> (K. Choi)	Vancouver C (K. Burnett)	Gorge Narrows (C. Millan)	
26b	10:33	Mixed 2x AA-A Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Willamette RC (S. Gribbons)	<b>Vancouver</b> A (K. Taylor)	Station L (J. Dukes)		

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
27a	10:40	Mixed 2x B Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Station L B (K. Kemper)	Gorge Narrows (R. Wood)	<b>Vancouver</b> A (P. Osztian)	<b>Deep Cove</b> (N. Stewart)	
27b	10:47	Mixed 2x B Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	San Diego RC (a. brunson)	Sammamish Rowing Association (R. Malinovskyy)	Station L A (E. Halprin)	<b>Vancouver</b> B (C. Rouse)	
28a	10:54	Mixed 2x E Heat 1 Top 1 Place to Finals Next 2 Best Times to Finals	Gorge Narrows (L. Chung)	Vancouver B (F. Crowley)	<b>Mt. Baker</b> (J. Hietter)	<b>Delta Deas</b> B (J. Woehrle)	
28b	11:01	Mixed 2x E Heat 2 Top 1 Place to Finals Next 2 Best Times to Finals	Station L (A. Glasfeld)	Victoria City (J. Alexander)	Vancouver A (C. Thompson)	College Club Seattle (C. Hamlin)	
28c	11:08	Mixed 2x E Heat 3 Top 1 Place to Finals Next 2 Best Times to Finals	Coeur d'Alene (D. Anderson)	Vancouver Lake (C. Cadran)	<b>Delta Deas</b> A (R. Stout)	<b>Deep Cove</b> (W. Moore)	
30a	11:15	Womens 1x D Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Burnaby Lake (G. Bickel)	<b>Delta Deas</b> (L. Jones)	San Diego RC (E. Dinsdale)		
30b	11:22	Womens 1x D Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Conibear</b> (T. Vagen)	Fort Langley Community (L. Glanfield)	Palo Alto (J. Pendleton)	Whistler Rowing (M. Harriman)	

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
34a	11:29	Mens 1x C Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Vancouver</b> (P. MACMARTIN)	Pocock (D. Deschenes)	Vancouver (S. Paquette)	<b>Delta Deas</b> (C. Garrett)	
34b	11:36	Mens 1x C Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Gorge Narrows (R. Wood)	Deep Cove (C. Johns)	<b>Vancouver</b> (P. Osztian)	Olympic Peninsula (S. Halberg)	
37a	11:43	Mens 2x E Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver A (M. Uhlenbruck)	Station L (M. Perepelitza)	Commencement Bay (A. Udbye)		
37b	11:50	Mens 2x E Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Delta Deas</b> (P. Woehrle)	Vancouver B (D. Craveiro)	Vancouver Lake (D. Venema)	Deep Cove (W. Perez)	
38a	11:57	Womens 2x B Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Willamette RC (J. Withycombe)	<b>Mt. Baker</b> (L. Mennet)	Gorge Narrows (J. Little)		
38b	12:04	Womens 2x B Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	<b>Station L</b> (S. Walker)	North Cascades (J. Huffman)	Vancouver A (K. Burnett)		
40a	12:11	Mens Novice 2x AA+ Heat 1 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver E (V. Terletsky) [A/33/0.9]	Vancouver A (J. Knutsen) [A/35/1.2]	Gorge Narrows (D. Tudhope) [D/51/4.7]		

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
40b	12:18	Mens Novice 2x AA+ Heat 2 Top 2 Places to Finals Next 1 Best Time to Finals	Vancouver D (H. Siewert) [C/47/3.0]	<b>Vancouver</b> B (E. Lim) [B/38/1.7]	Vancouver C (S. Colins) [A/28/0.2]		
	12:25	Break - Lunch					
1	01:15	Mixed 1x Para Event AS Saturday Final	Vancouver (P. Finkbeiner) [A/28/0.2]	Seize The Oar (M. Grady) [AA/25/0.0]	<b>Seize The Oar</b> (A. Ruby) [B/36/2.0]	<b>Delta Deas</b> (T. Asseldonk) [A/31/0.9]	
2	01:22	Mixed 1x Para Event TA Saturday Final	Vancouver (P. Assinck) [A/33/0.0]	Vancouver (J. Burton) [A/31/0.0]	Gorge Narrows (C. Millan) [A/30/0.0]	Vancouver Lake (A. Davis) [A/34/0.0]	
3A	01:29	Mixed 4x D Final	Sammamish Rowing Association A (B. Lewis)	Gorge Narrows (J. Paine)	Mt. Baker (M. Johnson)	Sammamish Rowing Association B (B. Heimbeck)	Commencement Bay (K. Jensen)
3B	01:36	Mixed 4x E Final	<b>Delta Deas</b> (S. Mccall)	Victoria City A (S. Rudosky)	<b>Deep Cove</b> (K. Chow)	<b>Mt. Baker</b> (J. Hietter)	Victoria City B (C. Molholm)
4	01:43	Womens 1x C Final	Next fastest time #1	2nd from Womens 1x C Heat 1	1st from Womens 1x C Heat 1	1st from Womens 1x C Heat 2	2nd from Womens 1x C Heat 2
5	01:50	Womens 8+ C+ Final	Willamette RC (J. Withycombe) [C/44/4.0]	Vancouver (M. Thomson) [C/43/3.7]	San Diego RC (j. pederson) [E/58/20.4]	Mt. Baker/Lake Union [Composite] (B. Morcom) [C/49/5.1]	
6	01:57	Womens 2x E Final	Next fastest time #1	2nd from Womens 2x E Heat 1	1st from Womens 2x E Heat 1	1st from Womens 2x E Heat 2	2nd from Womens 2x E Heat 2
7A	02:04	Mens 2x AA-A Final	Vancouver A (A. Doucette)	San Diego RC (O. Correa)	Vancouver B (B. Wristen)	<b>Delta Deas</b> (T. McCormick)	

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
7B	02:11	Mens 2x B Final	Station L (J. Dukes)	<b>Vancouver</b> (P. Osztian)	Sammamish Rowing Association (J. Conlu)		
8	02:18	Mens Ltwt 1x AA-C Final	Station L (E. Halprin) [B/37/1.7]	Fort Langley Community (B. Waugh) [C/48/3.5]	Lake Union (A. Ramos) [A/31/0.7]	Sammamish Rowing Association (R. Malinovskyy) [A/35/1.3]	<b>San Diego RC</b> (W. Lai) [C/47/3.4]
9	02:25	Mens Ltwt 1x D+ Final	Victoria City (J. Alexander) [F/61/18.9]	Gorge Narrows (P. Desjardins) [E/59/16.1]	<b>Mt. Baker</b> (P. Luu) [D/54/9.3]	<b>Deep Cove</b> (K. Chow) [E/55/10.7]	Station L (A. Glasfeld) [E/55/10.7]
10	02:32	Womens 4+ AA-C Final	Next fastest time #1	2nd from Womens 4+ AA-C Heat 1	1st from Womens 4+ AA-C Heat 1	1st from Womens 4+ AA-C Heat 2	2nd from Womens 4+ AA-C Heat 2
11	02:39	Womens Ltwt 1x AA-C Final	<b>Inlet</b> (S. van As) [C/48/5.9]	Fort Langley Community (M. Laurinolli) [C/44/4.8]	Vancouver (B. Biorn) [C/47/5.6]	<b>Maple Bay</b> (J. Baker) [E/57/22.3]	Lake Union (L. Trevino) [A/32/1.4]
12	02:46	Mens 4x D-E Final	Next fastest time #1	2nd from Mens 4x D-E Heat 1	1st from Mens 4x D-E Heat 1	1st from Mens 4x D-E Heat 2	2nd from Mens 4x D-E Heat 2
13	02:53	Mens 4x F+ Final	San Diego RC (B. Randall) [F/62/16.4]	<b>Victoria City</b> (D. Harrison) [G/67/24.5]	Willamette RC (B. Byrd) [F/60/14.2]	<b>Mt. Baker</b> (d. baker) [F/60/14.2]	<b>Delta Deas</b> (M. Bates) [F/62/16.4]
14	03:00	Womens Ltwt 1x F+ Final	Next fastest time #1	2nd from Womens Ltwt 1x F+ Heat 1	1st from Womens Ltwt 1x F+ Heat 1	1st from Womens Ltwt 1x F+ Heat 2	2nd from Womens Ltwt 1x F+ Heat 2
15	03:07	EMPTY Womens Ltwt 1x G+ - joined with F Final					
16	03:07	Womens 2x AA-A Final	Next fastest time #1	2nd from Womens 2x AA-A Heat 1	1st from Womens 2x AA-A Heat 1	1st from Womens 2x AA-A Heat 2	2nd from Womens 2x AA-A Heat 2

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
17	03:14	Womens 4x E Final	Next fastest time #1	2nd from Womens 4x E Heat 1	1st from Womens 4x E Heat 1	1st from Womens 4x E Heat 2	2nd from Womens 4x E Heat 2
18	03:21	Womens 4x F+ Final	Palo Alto/Pocock/Whistler Rowing/College Club Seattle [Composite] (J. Pendleton) [H/70/42.8]	<b>Delta Deas</b> (S. Gauvin) [F/61/26.0]	San Diego RC (R. Penninga) [F/60/24.1]		
19	03:28	Mens 4+ D+ Final	<b>Mt. Baker</b> (M. Johnson) [D/52/6.0]	Commencement Bay (M. Johnson) [E/58/13.4]	<b>San Diego RC</b> (W. Foss) [F/62/18.3]	Station L (S. Urbatsch) [E/55/9.7]	
21	03:35	Mixed AA-B 4x Final	Next fastest time #1	2nd from Mixed AA-B 4x Heat 1	1st from Mixed AA-B 4x Heat 1	1st from Mixed AA-B 4x Heat 2	2nd from Mixed AA-B 4x Heat 2
	03:42	Break					
22	04:02	Mens 1x D Final	Next fastest time #1	2nd from Mens 1x D Heat 1	1st from Mens 1x D Heat 1	1st from Mens 1x D Heat 2	2nd from Mens 1x D Heat 2
23	04:09	Mixed 4+D+ Final	Mt. Baker A (K. Yruretagoyena) [D/53/9.6]	San Diego RC (W. Lai) [D/51/6.4]	<b>Mt. Baker</b> B (M. Johnson) [E/58/17.8]	Station L (A. Glasfeld) [E/58/17.8]	
24	04:16	EMPTY Womens Ltwt 4x AA+ Final					
25	04:16	Mens 2- AA+ Final	<b>Mt. Baker</b> (A. Wagner) [D/50/3.9]	Vancouver B (A. Doucette) [A/29/0.3]	<b>San Diego RC</b> (W. Foss) [E/55/10.7]	<b>Vancouver</b> A (R. Rahn) [G/67/30.2]	Vancouver C (S. Paquette) [B/37/1.7]
26	04:23	Mixed 2x AA-A Final	Next fastest time #1	2nd from Mixed 2x AA-A Heat 1	1st from Mixed 2x AA-A Heat 1	1st from Mixed 2x AA-A Heat 2	2nd from Mixed 2x AA-A Heat 2
27	04:30	Mixed 2x B Final	Next fastest time #1	2nd from Mixed 2x B Heat 1	1st from Mixed 2x B Heat 1	1st from Mixed 2x B Heat 2	2nd from Mixed 2x B Heat 2

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
28	04:37	Mixed 2x E Final	Next fastest time #2	1st from Mixed 2x E Heat 3	1st from Mixed 2x E Heat 1	1st from Mixed 2x E Heat 2	Next fastest time #1
29	04:44	EMPTY Womens 8+ AA- B Final					
30	04:44	Womens 1x D Final	Next fastest time #1	2nd from Womens 1x D Heat 1	1st from Womens 1x D Heat 1	1st from Womens 1x D Heat 2	2nd from Womens 1x D Heat 2
31	04:51	Mixed 4x F+ Final	<b>Delta Deas</b> (S. Macdonald) [F/61/20.5]	Willamette RC (B. Byrd) [F/61/20.5]	San Diego RC (B. Randall) [G/66/28.7]		
32	04:58	Womens Ltwt 1x D-E Final	Sammamish Rowing Association (A. Creighton) [E/56/20.0]	Victoria City (T. Taylor) [D/52/11.0]	<b>Maple Bay</b> (J. Baker) [E/57/22.3]		
33	05:05	Womens 4x C Final	Vancouver B (K. Burnett)	<b>Deep Cove</b> (G. Rijniersce)	Gorge Narrows (J. Little)	Delta Deas/Burnaby Lake [Composite] (K. McGillivray)	
34	05:12	Mens 1x C Final	Next fastest time #1	2nd from Mens 1x C Heat 1	1st from Mens 1x C Heat 1	1st from Mens 1x C Heat 2	2nd from Mens 1x C Heat 2
35A	05:19	Womens 1x F Final	Lake Union (A. Wopat)	Conibear (G. Schueler)	North Cascades (K. Runyon)	<b>Conibear</b> (I. Baker)	
35B	05:26	Womens 1x G Final	Gorge Narrows (D. Morris)	<b>Delta Deas</b> (D. Bartholomew)	College Club Seattle (N. Andreadis)	Whistler Rowing (J. Groff)	
35C	05:33	Womens 1x H+ Final	Whistler Rowing (D. Ziff) [I/75/0.0]	<b>Pocock</b> (J. Stone) [I/76/0.0]			
36	05:40	Mens 4+AA-C Final	Station L (G. Norcross) [C/48/3.2]	Willamette RC (K. Moore) [C/46/2.9]	Wenatchee (D. Bentsen) [C/45/2.7]	<b>Mt. Baker</b> (A. Wagner) [C/44/2.6]	San Diego RC (a. brunson) [A/28/0.2]

	Time	Race	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5
37	05:47	Mens 2x E Final	Next fastest time #1	2nd from Mens 2x E Heat 1	1st from Mens 2x E Heat 1	1st from Mens 2x E Heat 2	2nd from Mens 2x E Heat 2
38	05:54	Womens 2x B Final	Next fastest time #1	2nd from Womens 2x B Heat 1	1st from Womens 2x B Heat 1	1st from Womens 2x B Heat 2	2nd from Womens 2x B Heat 2
39A	06:01	Womens Novice 1x AA- B Final	<b>Vancouver</b> (A. Wall) [A/33/1.7]	Station L (K. Kemper) [B/42/4.2]	Vancouver (S. Nichol) [A/33/1.7]	Gorge Narrows (C. Gisborne) [A/30/0.8]	Vancouver (E. Beaudoin) [A/31/1.1]
39B	06:08	Womens Novice 1x C+ Final	Gorge Narrows (H. Johnstone) [D/54/15.5]	Vancouver (B. Meissner) [C/44/4.8]	North Cascades (V. Posey) [F/61/31.3]	Vancouver (M. Leight) [E/58/24.5]	<b>Nicomekl</b> (L. Marchand) [E/56/20.0]
40	06:15	Mens Novice 2x AA+ Final	Next fastest time #1	2nd from Mens Novice 2x AA+ Heat 1	1st from Mens Novice 2x AA+ Heat 1	1st from Mens Novice 2x AA+ Heat 2	2nd from Mens Novice 2x AA+ Heat 2
41	06:22	Mixed 2x Para Event Final	Seize The Oar B (J. Breznau) [B/39/2.5]	<b>Seize The Oar</b> A (M. Grady) [A/27/0.0]	<b>Seize The Oar</b> C (A. Ruby) [B/39/2.5]		
82	06:29	FAMILY 2x Final	Burnaby Lake (T. Dotzeva) [D/50/4.7]	Vancouver Lake (A. Winnett) [A/34/1.4]	<b>Deep Cove</b> (J. Cox) [A/34/1.4]		