



Playing Regulations





CANADIAN UNIVERSITY ROWING ASSOCIATION

CURA Playing Regulations

Amended January 2018

Introduction

The national rowing competition for university athletes is administered by Canadian University Rowing Association. The Student Athletes participating represent the highest competitive level of university competition in their sport.

It is to be considered an honour and a privilege to participate in the Canadian University Rowing Association event and to be a Canadian University Rowing Association registered athlete. Canadian University Rowing Association reserves the right to govern its competition and, in doing so, to demand prerequisites from the athletes, coaches and institutions. Canadian University Rowing Association attempts to provide a reasonable level of fairness of competition within the framework of the Canadian University Rowing Association Championships. It is the moral and ethical responsibility of the coach to be completely cognizant of the spirit and intent of all Eligibility Rules governing Canadian university rowing and it is their professional responsibility to convey to all athletes the rationale and philosophical persuasion of any rule in question.

These rules are established by the Canadian University Rowing Association (CURA) and shall be known and may be cited as the CURA Playing

Regulations. The RCA Rules of Racing shall apply to all events other than the exceptions noted in the CURA Playing Regulations.



A. TEAM COMPOSITION

A.1 Maximum of 24 rowers and 4 coxswains, no limits on the numbers of coaches and manager(s) with the following allocation:

A.1.1 Men's Crew: 12 athletes and 2 coxswains maximum.

A.1.2 Women's Crew: 12 athletes and 2 coxswains maximum.

B. TEAM FUNDING

B.1 All teams are self-funded

C. PARTICIPANTS

C.1 TEAMS

C.1.1 The Canadian University Rowing Championship (CURC) will be an open championship, i.e., there are no age categories as set out in the RCA Rules of Racing 2.3

C.1.2 Each member institution may send one team, up to the maximum described in A.1

C.2 INDIVIDUAL ELIGIBILITY

C.2.1 PRINCIPLES

The following principles are observed in the formulation of Canadian University Rowing Association (CURA) eligibility rules:

C.2.1.1 CURA shall promote ethics, fairplay, and the opportunity for all eligible athletes to participate in interuniversity sport while pursuing their education.

C.2.1.2 All athletes must be demonstrating progress towards furthering their education and maintaining academic success.

C.2.1.3 Only CURA registered members are eligible to compete at the CURC's.

C.2.1.4 Athletes are eligible according to acceptable course load standards as established by CURA

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~~C.2.1.5 Authority for accepting an athlete as eligible rests with CURA.~~

C.2.1.6 CURA reserves the right to interpret and apply the Eligibility Rules and to impose penalties on athletes and members for breaches of the Eligibility Rules.

C.2.1.7 CURA competition shall include only athletes acceptable to the CURA as eligible.

C.2.1.8 The length of time an athlete may participate in CURA competition shall be restricted.

C.2.2 GENERAL ELIGIBILITY

C.2.2.1 Eligibility Rules

C.2.2.1.1 For the purposes of eligibility, competition between September 1st to the conclusion of the Canadian University Rowing Championships (CURC's) where a student-athlete name appears on any entry form or results sheet or equivalent shall count towards an eligible student-athlete's participation count. Competition from the end of the CURC's to September 1st of the following year shall not count towards an eligible student-athlete's participation count for the purposes of eligibility.

C.2.3 ACADEMIC REQUIREMENTS


C.2.3.1 Academic Year

An academic year is defined as being 365 consecutive days calculated from the first day of fall classes as set out in a member institution's official calendar. A year is defined as a period of 365 consecutive days. In the instance of a leap year, the number of consecutive days shall be 366.

C.2.3.2 Academic Transcript

C.2.3.2.1 A student's academic transcript, from the institution he/she is representing, is the official record to be used when determining and monitoring a student's status with respect to CURA Course Load requirements and Academic Standing Requirements.

C.2.3.2.2 Online and correspondence courses contribute to CURA Course Load requirements and Academic Standing requirements provided the course is both completed and recognized for credit on a student's transcript within the academic term (for half-year courses) or year (for full-year courses) the course is initiated.

C.2.3.2.3 In recognition that certain full-time  post-degree programs are not recognized for credit on a student's academic transcript, the Eligibility Committee will periodically review arrangements to determine if the course credits can contribute to CURA Course Load and Academic Standing

Committee will review such programs on request to determine if the course credits can contribute to CURA Course Load and Academic Standing requirements.



C.2.3.3 Integrated Academic Programs ~ College and University

A student-athlete has the opportunity to participate with a CURA member institution while attending a college provided the student is registered in an integrated academic program between the college and the respective CURA member university, subject to all CURA regulations. There are three guidelines utilized to determine if an “integrated academic program” exists:


- i) A student-athlete is at all times registered in a degree-granting program, and
- ii) The program requires a student-athlete to attend both partner institutions in order to complete the degree; the degree cannot be completed in total at just one of the partner institutions, and
- iii) The Registrar or designate of each of the colleges and universities participating in the program must confirm in writing that the program is an integrated academic program.

C.2.3.4 Integrated Academic Programs ~ Multiple Universities

A student-athlete has the opportunity to participate with a CURA member institution while attending a different university provided the student is registered in an “integrated academic program” between the respective CURA member universities, subject to all other CURA regulations inclusive of the transfer rule. There will be one guideline utilized to determine if an “integrated academic program” exists: The Registrar or designate of each of the universities participating in the program must confirm in writing that the program is an “integrated academic program”, for the purpose of this regulation.

C.2.3.5 Course Load Requirements

C.2.3.5.1 A student-athlete must be enrolled in a minimum of three (3) courses (minimum 9 credit hours or equivalent) in the term in which they are competing within CURA, unless there are circumstances within their academic program which would warrant an exception to this ruling and in which the university continues to declare this individual a full-time student in that term (such as graduate students as per 3.8 Graduate Student, exchange students as per 3.9 Exchange Student- Athlete, registered special needs students as per 3.5.2, and co-op students as per 3.5.3). The student-athlete’s academic transcript, from the member institution he/she is representing, must recognize all semester hours that are applied to Course Load Requirements (reference 3.5 Course Load Requirements). Athletic participation during the time period beginning on August 15 and ending at the conclusion of December 25 of the same calendar year (the "Fall Period"), is subject to Course Load Requirements of the September-December academic term encompassed by that Fall Period. Athletic Participation during the time period beginning on December 26 and ending at the conclusion

of August 14 of the next calendar year (the "Winter/Spring Period") is subject to the Course Load Requirements of the January-April academic term encompassed by that Winter/Spring Period. 

C.2.3.5.2 A Special Needs student-athlete must be enrolled in a full-time course load (or full-time equivalent as defined by their institution as a Special Needs Student), or minimum nine credit hours in the term in which they are competing. A Special Needs student must be formally designated as such by the institution's Special Needs department or equivalent.

C.2.3.5.3 A student-athlete registered in a co-op program and on a recognized work term that


(i) is a recognized component of their academic program and / or

(ii) is recognized for university credit, will be eligible to participate for that institution in that term and provided the university continues to declare the individual as a full-time student in that term.

C.2.3.6 Academic Standing

C.2.3.6.1 A student-athlete who successfully completes a minimum of three (3) full courses, or six (6) half courses, or eighteen (18) semester hours during the academic year at a degree granting institution, is for the purpose of this rule, a student in good standing for that academic year, unless there are circumstances within their academic program which would warrant an exception to this ruling and in which the university continues to declare this individual a full-time student (such as graduate students as per 3.8 Graduate Student, exchange students as per 3.9 Exchange Student- Athlete, registered special needs students as per 3.5.2, and co-op students as per 3.5.3). The member institution registering the CURA student-athlete must recognize all semester hours that are applied to the eighteen (18) semester hour requirement. In the case of a student-athlete transfer from another post-secondary institution (excluding CEGEP) to a CURA member in the same academic year, the credits earned at the originating institution, plus any new credits earned at the CURA member that the student-athlete will eventually represent in competition, contribute to the 18 semester hour requirement for the academic year.

C.2.3.6.2 In order to be eligible for CURA competition, a student-athlete who has attended and been charged with a year of eligibility in rowing at a degree granting post-secondary institution must have been a student in good standing in that year in his or her final year as a student-athlete at their previous institution.

C.2.3.6.3 A Special Needs Student must successfully complete either a full-time course load (or fulltime equivalent as defined by their institution as a Special Needs Student), or minimum eighteen credit hours in order to be eligible for the following year. A special needs student must be formally designated as such by the institution's special needs department or equivalent. 

C.2.3.6.4 Any student-athlete who is ineligible to compete in CURA competition because the student-athlete is no longer a student in good standing

C.2.3.6.4 Any student-athlete who is ineligible to compete in CURA competition because the student-athlete is no longer a student in good standing, must successfully complete within an academic year; three (3) full courses, or six (6) half courses, or eighteen (18) semester hours at a recognized post-secondary institution where courses are recognized for credit at the member institution registering the CURA student-athlete. The student-athlete is eligible for participation immediately upon successful completion of the above academic requirements.

C.2.3.6.5 Any student-athlete who has been required to withdraw by their institution can compete immediately upon successfully completing eighteen (18) credit hours within an academic year at any post-secondary institution where courses are recognized for credit at the member institution registering the CURA student-athlete. Exception: Any student-athlete who successfully completes eighteen (18) credit hours, but is required to withdraw by their institution for academic reasons, will be eligible upon re-admittance to any member institution, subject to the transfer rule if applicable.

C.2.3.6.6 A student-athlete who enrolls in post-secondary education for the first time at any CURA member institution in January, and who successfully completes a minimum of three half courses or nine semester hours prior to the first of September of the following academic year, is a student in good standing.

C.2.3.6.7 A student-athlete officially classified by a member institution as an academic exchange student shall be exempt from the applicable transfer rule and academic standing rule so that they can be immediately eligible to participate in CURA competition for one competitive season at the CURA institution they are attending as an exchange student, subject to all other regulations.

C.2.3.6.8 Any student-athlete officially classified by a member institution as a visiting student, shall be subject to all Eligibility Rules at the institution they are attending as a visiting student, inclusive of the transfer rule. (note 1: a visiting student is a student who is taking courses at one institution which leads to a degree at another institution.)

C.2.3.7 Graduating Year

A student-athlete who completes a degree during a previous academic year is eligible to participate in CURA competition notwithstanding that the student-athlete did not, during that previous academic year, successfully complete sufficient courses to maintain the status of "student in good standing".

C.2.3.8 Graduate Student

An exception to 3.5 Course Load Requirements and 3.6 Academic Standing is available to a student-athlete registered as a full-time student in any graduate program offered by a member institution.



C.2.3.8.1 A student-athlete, who enrolls in either a doctorate or master's degree at a member institution, and who attended another institution the

previous academic year in an undergraduate (or equivalent) program, shall retain any available CURA eligibility to participate immediately. This accommodation is also available to a student-athlete who enrolls in any of the following designated programs:



- . Bachelor of Law(s)
- . Doctor of Dental Medicine
- . Doctor of Dental Surgery (DDS)
- . Doctor of Medicine (MD)
- . Doctor of Optometry
- . Doctor of Pharmacy (PharmD)
- . Doctor of Veterinary Medicine
- . Juris Doctor (JD)
- . Teacher's College (Bed- Post Degree Program)

C.2.3.9 Exchange Student-Athlete

A student-athlete officially classified by a member institution as an academic exchange student shall be exempt from the applicable transfer rule and academic standing rule so that they can be immediately eligible to participate in CURA competition for one competitive season at the CURA institution they are attending as an exchange student, subject to all other regulations.

C.2.4 ATHLETIC REQUIREMENTS

C.2.4.1 Post-Secondary Participation

C.2.4.1.1 The appearance of the name of a student-athlete on any entry form or results sheet or equivalent, within the eligibility period, shall be deemed participation in that competition for which the student-athlete was registered.

C.2.4.1.2 A student-athlete shall be charged with a year of eligibility for each year of competition where the student-athlete participated in any rowing competition for a university including regional championships, or regional regattas. • A student-athlete will be assessed a year of eligibility regardless of whether or not they compete at the Canadian University Rowing Championships

- A student-athlete will NOT be assessed a year of eligibility if they compete for a university during their novice year

✕
o A novice rower is defined as someone who has not competed against someone outside of their club *prior to their first year of post-secondary rowing*.

o A student-athlete can only be a novice for one (1) year regardless of whether they have competed within that year or not.

C.2.4.1.3 Within another post-secondary jurisdiction (national, regional, or provincial) in the United States or Canada, a student-athlete shall be charged with a year of eligibility in accordance with that jurisdiction's regulations. If the jurisdiction does not charge eligibility, CURA does not consider eligibility to be consumed. The jurisdiction's definition of participation is respected as well. In those instances where the other jurisdiction provides a medical hardship waiver, or equivalent, CURA will respect that waiver, however the student-athlete would remain subject to the traditional transfer rule if they attend a CURA institution in the academic year immediately following the year he/she was provided the medical hardship waiver.

C.2.4.2 Maximum Years

C.2.4.2.1 A student-athlete shall be allowed to participate in CURA competition for a maximum of five (5) academic years.

C.2.4.2.2 A student-athlete shall consume a year of CURA eligibility if their name appears on any entry form or results sheet or equivalent within the *September 1s up to and included the end of the CURA Championships*.

C.2.4.2.3 *A student - athlete is only assessed a year of eligibility in CURA when he/she participates in the sport of rowing. A student-athlete who is assessed a season of competition in any other sport does not lose eligibility in CURA.*


C.2.4.3 Requirements of Student-Athletes

C.2.4.3.1 A student-athlete is responsible for making an honest, full, and continuing disclosure to his or her institution of all matters that affect his or her eligibility;

C.2.4.3.2 Must have maintained the requirements for eligibility up to and inclusive of participation in the CURA Championships.

C.2.5 STUDENTS ENTERING A CURA INSTITUTION

C.2.5.1 Students Entering Directly from High School or CEGEP

C.2.5.1.1 A student entering a CURA member institution direct from high school or CEGEP, is eligible to participate immediately provided that he / she has achieved a minimum of 60% average or equivalent on those courses utilized to determine the student-athlete's university admission; and particular to CEGEP student-athletes, they must also  ve maintained their academic eligibility in the RSEQ.

C.2.5.1.2 In those instances when a student-athlete has not achieved the 60% requirement but has been accepted into a CURA member institution, the student-athlete must successfully complete nine (9) credit hours or equivalent in a single semester prior to becoming eligible to participate. 5.1.3 In those instances when a student-athlete has been accepted into a CURA member institution but has not maintained their academic eligibility in the RSEQ, the student-athlete must successfully complete eighteen (18) credit hours or equivalent within an academic year prior to becoming eligible to participate.

C.2.5.1.4 A mature student, as defined by the accepting institution, and who has not participated within a post-secondary institution (excluding CEGEP), and who has maintained their academic eligibility in the RSEQ (particular to CEGEP student-athletes), would be an exception to the above minimum standards.

C.2.5.2 Discontinuance of a Sport

C.2.5.2 A student-athlete who is registered at a post-secondary degree granting institution and who successfully completes at least one academic year at that institution, shall be allowed to transfer to a member institution and participate immediately when the original institution cancels their rowing program. All other eligibility regulations continue to apply.

C.2.5.3 Discontinuance of an Undergraduate Program

C.2.5.3 A student-athlete who is registered at a post-secondary degree institution, which has discontinued the undergraduate program in which the athlete was registered, shall be allowed to transfer to a member institution and participate immediately when the original institution cancels the undergraduate program. All other eligibility regulations continue to apply.

C.2.5.4 Student-Athletes Entering Directly from another CURA Institution

C.2.5.4.1 A student-athlete, who has competed at a CURA member institution, irrespective of consuming a year of eligibility for that participation, shall not be eligible to transfer and participate at another member institution within the same academic year.

C.2.5.4.2 A student-athlete who transfers from one CURA member institution team to another member institution team after having been assessed a year of eligibility, must not participate in any competition for a period of one year from their last registered competition. *If the last competition was CURC's the athlete is rendered ineligible for the subsequent CURC's.*

C.2.5.5 Student-Athletes Entering Directly from a Non-CURA post-secondary Institution

C.2.5.5.1 Non-Canadian Degree Granting Institutions

A student-athlete, who transfers to a CURA member institution team from a non-Canadian postsecondary degree granting institution team (such as the NCAA or NAIA) shall be eligible to participate immediately in CURA competition unless:

the NCAA or NAIA), shall be eligible to participate immediately in CURA competition, unless:

- a) student-athlete has participated in any competition with their former non-Canadian postsecondary institution in that semester or term, or
- b) the student-athlete has been assessed a season of competition (or a year of eligibility or equivalent) in the same academic year that they wish to transfer and compete with a CURA member institution, or
- c) the student-athlete has not satisfied Academic Standing Requirements in his or her final year as a student-athlete at their former institution

C.2.6 Carding

C.2.6.1 Provincial Carding (ie. Ontario Athlete Assistance Program)

C.2.6.1.1 Student-athletes who receive provincial carding prior to attending a CURA member institution are eligible to compete at the CURA Championships

C.2.6.1.2 Student-athletes who competing for a CURA member institution who become carded are eligible to compete for any CURA member institution.

C.2.6.1.3 Student-athletes who become provincial carded while attending any CURA member institution are eligible to transfer to any CURA member institution and compete immediately while following all other transfer rules.

C.2.6.2 National Carding (Athlete Assistance Program)

C.2.6.2.1 Student-athletes carded prior to attending a CURA member institution are eligible to compete at the CURA Championships

C.2.6.2.2.1 Student-athletes competing for a CURA member institution who become carded are only eligible to compete for that university

C.2.6.2.2.2 Student-athletes who become carded at one CURA member institution and transfer to another CURA member institution while holding an AAP card are not eligible to compete at the CURA Championships unless the AAP expires for more than one year.

C.2.7 Special Exceptions

C.2.7.1 In an Olympic year a student-athlete who is competing at the Olympic or Paralympic Games may begin CURA competition in the fall semester if competing in the Olympic Games precludes the athlete from registering for courses in the previous winter, and they are therefore not students in good standing as per university regulations.

C.3 TEAM ENTRIES



C.3.1 The host institution must make entries available on Regatta Central for CURA member institutions at least thirty (30) days prior to the start of the CURA Championships;

C.3.2 The deadline for entries to be made on Regatta Central is ten (10) days prior to the start of the CURA Championships.

C.4 FEES

C.4.1 Institutional membership fees are \$150, collected annually from institutions participating in the CURCs. The deadline for payment of institutional fees is ten (10) days prior to the start of the CURA Championships

C.4.2 Individual athlete fee is \$85 per participant (rowers and coxswains) for each school;

C.4.3 Teams may scratch crews for any reason in writing to the Regatta Chair up until the coaches' technical meeting on the evening before the regatta, without paying the scratch fee so long as the entry fee is paid;

C.4.4 Non-medical scratches made after the coaches' technical meeting must be accompanied with \$250 scratch fee, which will be retained by the organizing committee;

C.4.5 All fees (entry and scratch) may be reviewed annually.

D. COMPETITION

D.1 EVENT DETAILS AND ADMINISTRATION

D.1.1 The location of the Championship regatta shall be decided and announced at the AGM the day following the previous year's championship regatta.

D.1.2 The Championship shall be held at the end of October/beginning of November (date to be determined and announced at the AGM the day following the previous year's championship regatta.);

D.1.3 The events shall be as follows for both men and women

Open Women 8+	Open ⁱ men 8+	Lightweight Women 4+	Lightweight Men 4+
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	2-	2-	2x	2x
X	1x	1x	1x	1x





D.1.4 Day One (1) Time Trial qualifications for the Day Two (2) six boat final will be rowed on the race course meeting the recommended CURC standards.

D.1.4.1 The seeding for the Day Two six boat finals will be based on the results from the Day One Time Trial:

D.1.4.1.1 Final A 1-6

D.1.4.1.2 Final B 7-12

D.1.4.1.3 Final C 13-18

D.1.4.2 In the event there is only one (1) crew for a final, that final will not be raced

D.1.4.3 Lanes in the finals will be seeded according to time trial finish order.

D.1.5 Times from the Time Trial are final regardless of changes in water conditions.

D.1.6 Day Two (2) A, B, and C Finals shall be rowed as necessary on the race course that meets the recommended CURC standards.

D.1.7 Day Two Finals shall be rowed in the following order: A Final, then B Final, then C Final.

D.2 DRAW FOR TIME TRIALS, SEEDING

D.2.1 Crews will be seeded for time trials based on the team placing in each event from the previous year's results.


D.2.2 Teams that did not compete in the previous year shall be drawn randomly at the back of the start order.

D.3 OBJECTIONS AND PROTESTS

D.3.1 The RCA Rules of Racing shall apply for objections and protests except as noted within section F of the CURA Playing Regulations.

D.4 SCHEDULE AND ORDER OF EVENTS

D.4.1 SCHEDULE

D.4.1.1 The hosting institution shall provide  preliminary schedule of racing at least two (2) days in advance of the event.

	Odd Years	Even Years
9:00am	M1x	W1x
9:30am	LW2x	LM2x
10:00am	LM1x	LW1x
10:30am	W2-	M2-
11:00am	M8+	W8+
11:30am	LW4+	LM4+
Break for umpires & safety boat drivers to transfer positions or be replaced		
12:30pm	W1x	M1x
1:00pm	LM2x	LW2x
1:30pm	M2-	W2-
2:00pm	LW1x	LM1x
2:30pm	LM4+	LW4+
3:00pm	W8+	M8+





D.5 PRACTICE TIMES / WARM-UPS

D.5.1 The hosting institution shall provide maps illustrating traffic patterns for land, and on-water: warmup, cool-down, racing, and training, to each participating team and post them at the official rowing venue and on Regatta Central before practice times commence;

D.5.2 The venue should be available for crews to practice on the course ideally by 09:00am on the Thursday morning before racing begins, at a time to be determined by the Regatta Chair. Coaches may be recruited to staff safety boats.

D.6 SCORING

D.6.1 Scoring for the team championship shall be done on an institutional basis;

D.6.2 A Women's Team Champion and a Men's Team Champion shall be declared;

D.6.3 Points per event shall be awarded from first (1st) through twelfth (12th) place in the finals as follows:

	1	2	3	4	5	6	7	8	9	10	11	12
1x	15	12	10	9	8	7	6	5	4	3	2	1
2x/-	20	16	12	10	9	8	7	6	5	4	3	2
4+	25	20	15	12	10	9	8	7	6	5	4	3
8+	40	35	30	25	22	20	19	18	17	16	15	14

D.7 TIE-BREAKING

D.7.1 In the event of a tie in the overall m  or women's standings, the higher placing team in the Eight (8+) race shall determine the banner winner.

D.8 RECORD OF RESULTS



D.8.1 The Board shall maintain a record of past results and this record shall be passed along to subsequent Boards, which shall be charged with the task of maintaining the historical performance records of CURA.



E. EQUIPMENT AND FACILITIES

E.1 FACILITY AND EQUIPMENT REQUIREMENTS

E.1.1 FACILITY

E.1.1.1 The host institution should make every effort to install a fully buoyed course of 2000m.

E.1.1.2 If there are geographic, safety, or fairness reasons why 2000m is not possible, the race course may be shortened up to the minimum distance of 1750m.

E.1.1.3 The race course shall be a maximum distance of 2000m.

E.1.1.4 RECOMMENDED STANDARDS

E.1.1.4.1 Length 1750m to 2000m

E.1.1.4.2 A minimum of six (6) buoyed lanes

E.1.1.4.3 A buoyed lane must be marked on at least one side with buoys;

E.1.1.4.5 The course shall be clearly marked in four (4) sections ideally of equal distance;

E.1.1.4.6 There shall be a fixed starting platforms

E.1.2 EQUIPMENT

E.1.2.1 Each school is responsible for providing its own rowing equipment;

E.1.2.2 The host institution is responsible for providing the following equipment and staff:

E.1.2.2.1 At least one (1) electronic calibrated scale for weigh-ins and one (1) additional electronic calibrated scale for use as a test scale;

E.1.2.2.2 Electronic timing equipment;



~~E.1.2.2.4~~ All personnel required to run the regatta.

E.2 UNIFORMS

E.2.1 All crews shall race in team uniforms in the colours of the university.

E.2.1.1 For cold weather safety, the Regatta Chair and Chief Umpire can dispense with this rule.

F. RULES

F.1 RACING

F.1.1 The RCA Rules of Racing shall apply to all events other than the exceptions noted in section F of the CURA Playing Regulations.

F.1.2 In particular, Safety (section 5.2) must be adhered to.


F.2 WEIGHING IN

F.2.1 Weigh-ins shall occur each day beginning two (2) hours before the first lightweight 2x event for each sex, and remain open for two (2) hour for each sex.

F.2.1.1 In the event that the LW2x is the first lightweight race and the LM1x is the second lightweight event, the scale for the LW2x will open at 7:30am and close at 8:30am and the scale for the LM1x will open at 8:00am and close at 9:00am.

F.2.2 Weigh-ins for the Saturday time trials shall first proceed in the order of seeding for the first event of the day for women and men respective of men's or women's lightweight event running first.

F.2.3 Crews will weigh-in according to their seeding order, which has been determined by the placement of the university in the prior year.

F.2.3.1 Once the entire first race has weighed in, the rest of the same sex lightweights can then weigh in based on the seeding order. This means, in the event that the LW2x is the first lightweight event of the day, the athletes racing in the LW2x event will weigh in first according to the seeding, then the rest of the lightweight women in the LW1x and LW4+, including the coxswains for the LW4+ and W8+, may weigh in according to the seeding of the LW2x. If this weigh in for the remaining lightweight women extends beyond 8:00am, then the athletes racing in the LM1x have priority over the scales. Once all of the athletes racing in the LM1  ve weighed in, then the remaining lightweight women who did not weigh in are eligible to return to the scales and finish weighing in according to the seeding.

~~F2.6~~ Athletes are permitted an unlimited number of steps on the test scale however an athlete is permitted to one (1) set on the official scale.



G. MEETINGS

G.1 COACHES TECHNICAL MEETING

G.1.1 The technical meeting for participating coaches shall be held for the following purposes on the evening before racing begins and shall be attended by the Chief Umpire for the regatta:

G.1.1.1 Final declaration and scratches of entries;

G.1.1.2 Review of course maps, flow patterns, safety rules, and emergency plan;

G.1.1.4 Review of checking in procedure;

G.1.1.5 Review of the starting procedure;

G.1.1.6 Any other business regarding the conduct of the current regatta.

G.2 COACHES ASSOCIATION MEETING

G.2.1 The CURA Annual General Meeting will be held on the morning following the last day of racing.

G.3 COACHES CONFERENCE

G.3.1 The CURA semi-annual planning meeting or Special General Meeting during the Rowing Canada Coaches Conference

H. UMPIRES

H.1 QUALIFICATIONS

H.1.1 RCA licensed umpires will be used at the championships in key positions such as Chief Umpire, Race Umpire, Starter, Judge at the Start, Control Commission, and Finish Judges.

I. AWARDS, TROPHIES, ⁱAND BANQUET



✂ CURA CHAMPIONSHIP BANNERS AND TROPHIES

I.1.1 CURA National Championship Banners and Trophies shall be awarded to the highest ranking Men's and Women's institutions based on total Men's points and total Women's points:

I.1.2 These shall be awarded as follows:

I.1.2.1 Men's Championship Team shall receive:

I.1.2.1.1 Men's CURA National Championship Banner;

I.1.2.1.2 Men's CURA National Championship Trophy.

[Name of trophy to be inserted]

I.1.2.2 Women's Championship Team shall receive:

I.1.2.2.1 Women's CURA National Championship Banner;

I.1.2.2.2 Women's CURA National Championship Trophy.

[Name of trophy to be inserted]

In between regattas the trophies shall be stored at the University of Victoria.

I.2 CURA MEDALS AND EVENT TROPHIES

I.2.1 Top three placing crews in each event shall be awarded gold, silver, and bronze medals for each athlete;

I.2.2 Event trophies shall be presented to the winning crew in the following events:

I.2.2.1 M8+ Book of Honour.

I.2.2.2 W8+ Jane Thornton

I.2.3 Event trophies shall be added automatically to the slate of awards as they are from time to time created/donated to CURA.

I.3 INDIVIDUAL AWARDS



I.3.1 The coaches shall meet one half hour after the final event to nominate and vote for recipients for the following individual awards:

✕

I.3.1.1 Outstanding Male Athlete;

I.3.1.2 Outstanding Female Athlete;

I.3.1.3 Coach of the Year Men's Crews;

I.3.1.4 Coach of the Year Women's Crews.

I.3.2 Each institution is allowed one vote only;

I.3.3 Voting by proxy is not permitted.

I.4 OTHER AWARDS

I.4.1 The CURA President may from time to time present an award(s) for recognition of service to CURA in other areas of contribution or performance.

I.5 AWARDS BANQUET

I.5.1 An awards banquet shall be held on the evening of the finals day to present the championship banners, medals and trophies and honour the outstanding performers;

I.5.2 It shall be organized by the host committee;

I.5.3 Tickets shall be available to each team based on their paid up numbers as per the entry fee.

