



2024 BROCK INVITATIONAL REGATTA BULLETIN #1

TO: OUA Coordinators and Rowing Coaches
FROM: Mary Rao
DATE: September 30, 2024
SUBJECT: Brock Invitational Regatta, Saturday October 12, 2024
LOCATION: Royal Canadian Henley Rowing Course, St. Catharines, Ontario

Events:

1. Mixed Para/Inclusion Event*
2. Men's Open 2-
3. Women's Open 2-
4. Men's Lightweight 1x
5. Women's Lightweight 1x
6. Men's Open 2x
7. Women's Open 2x
8. Men's Lightweight 8+
9. Women's Lightweight 8+
10. Men's Novice 8+
11. Men's Novice 4+
12. Men's Novice 2x
13. Men's Open 4+
14. Women's Open 4+
15. Men's Lightweight 2x
16. Women's Lightweight 2x
17. Women's Novice 8+
18. Women's Novice 4+
19. Women's Novice 2x
20. Men's Open 1x
21. Women's Open 1x
22. Men's Lightweight 4+
23. Women's Lightweight 4+
24. Men's Open 8+
25. Women's Open 8+
26. Men's Lightweight 2-
27. Women's Lightweight 2-

*Please reach out directly to Mary about Para and Inclusion racing to help us provide these crews what they need to be successful.

Tentative Schedule:

Fri October 11 th	7:00 pm	Coaches meeting (virtual)
Sat October 12 th	7:27 am	Sunrise
	8:30 am	Heats* (Last time heats ran at 6 min intervals)
	2:00 pm	Finals* (every 10 minutes between events)
	6:37 pm	Sunset

*Exact times for each race will be published once entries have been finalized.

Weigh-ins:

6:30-8:00am

Rowers: 1.5kg allowance
Coxswains: no weigh-in

Race Format:

2000m, 6 lanes, fixed start



2024 BROCK INVITATIONAL REGATTA BULLETIN #1

Entry Fees:	Institution Fee	\$300.00
	Single	\$15.00
	Double/Pair	\$30.00
	Coxed Four	\$75.00
	Eight	\$135.00

*This does not include HST or RowOntario / RCA seat fees

Entry Info: Entries are due Tuesday October 8 by 12:00 noon on Regatta Central

Entry Rules: Please see OUA Rules and Regulations. Any university entry using fulltime university students is eligible for full competition.

Progression: Heat winners plus fastest times.
Novice events will race heats only, times will determine overall winner.

Umpires: Licensed Umpires will supervise the races

Meetings: Coaches Meeting: Friday, October 11th @7:00 pm, virtually

Awards: Gold medals will be presented to crew members and coxswains for 1st place after finals in events with more than 1 entry.

Communication:

Regatta Chair: Mary Rao 289-775-1287 mrao@brocku.ca

- A coach's only WhatsApp group will be set up for distribution of regatta information on race day.

Weather Contingency:

- Fastest times from heats may be used to determine winners
- If racing is delayed, we may require coaches and other university volunteers to take on additional volunteer roles. The last race must be out of the gates no later than 45 minutes prior to sunset
- Further information about weather contingencies will be presented during the coaches meeting once we know the entries and forecasted weather

Exceptions:

Rule 2.3- Categories of Rowers and Proof of Age and Identity

For university events, the OUA requirements and categories will be used, which vary from the categories in the RCA Rules of Racing.



2024 BROCK INVITATIONAL REGATTA BULLETIN #1

Rule 2.3- Categories of Rowers and Proof of Age and Identity

Identification will be not checked but upon request, government or for university events, institutional identification must be produced. (There may be an adjustment for those events which may require ID at weigh-ins).

Rule 2.6- Coxies will not weigh in

Rule 2.10- Lightweight Competitors

An allowance to the maximums for lightweight competitors will be 1.5kg.

Men: No individual rower shall weigh more than 74 kg.

Women: No individual rower shall weigh more than 60.5 kg

Rule 2.11- Weighing of Athletes in Weight Restricted Events

Lightweight competitors must weigh-in for weight restricted events that they are competing in, but they do not have to weigh-in as a crew.

Rule 2.11- Weighing of Athletes in Weight Restricted Events

The weigh-in time period will be 6:30am till 8:30am. Lightweight rowers or crews that exceed the required weight may still race but with the status exhibition.

9.3.3 will be used; winner and fastest times. Novices straight finals winner based on time