

## 2008 HEAD OF THE SOUTH EVENT DEFINITIONS

**Please Note:** Due to recent changes in NCAA rules, we have added several entry options and modified entry definitions to accommodate both women's collegiate varsity and junior teams for this regatta. These definitions are also applicable to coxswains.

**“Collegiate Varsity” Programs:** This defines a women's rowing program as an NCAA sponsored sport at an institution and administered by a department of intercollegiate athletics which certifies the eligibility of the student-athletes. This definition applies to all athletes and boats from this program including first, second, third, etc. boats; “JV” boats; “subvarsity” athletes and boats; “novice” athletes and boats; lightweight athletes and boats; freshman athletes and boats; and all coxswains.

**“Youth” Programs:** This defines a scholastic or non-scholastic program with students who are classified by age according to Section 4-104 of the 2008 USRA Rules of Rowing. A Youth, (or Junior) is a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in secondary school as a full time student seeking a diploma. This definition applies to all athletes and boats from this program including first, second, third, etc. boat; “JV” boats; “subvarsity” athletes and boats; “novice” athletes and boats; lightweight athletes and boats; freshman athletes and boats; and all coxswains.

**Championship:** This event is open to collegiate varsity teams, collegiate club teams, master's crews, and all non-youth entries. Individual youth athletes including youth coxswains are not allowed in these events.

**Club:** This event is open to collegiate varsity teams, collegiate club teams, master's crews, and other non-youth athletes and coxswains. These events, however, are limited to persons (including coxswains) who, in any sculling or sweep-oared event (master events excepted), *did not compete* beyond quarter finals of the Henley Royal Regatta or finish among the top six places in any of the following regattas: NCAA Championships, IRA, Canadian Henley, EARC, EAWRC, PAC-10, Dad Vail, any major international regatta, any national, international or world championships or any national team selection trials, during the current calendar year.

**Youth:** This event is open to scholastic and non scholastic junior crews only.

**Master (singles):** These events are organized by category in three groupings: 1) AA, A, and B; 2) C, D, and E; 3) F, H, I, and J. These events are age-handicapped using the formula established in the USRowing Rules of Rowing prorated for the length of the course. A table showing the handicaps for any given age is available upon request.

**Master (crews):** These events are open to all competitors at least 21 years old as of December 31, 2008. For crews, the age - handicap is based on the average age of the rowers.

**Freshman:** These events are open to students in their first year of school.

**Novice:** These events are open to those athletes who have not competed prior to November 8, 2007.

**Lightweight:** There are no boat average weights. Individual male rowers must weigh 165.0 pounds or less. Individual female rowers must weigh 135.0 pounds or less.

**Coxswains:** There is no minimum weight limit for coxswains. Coxswains may be of either gender. Youth coxswains may only be used in youth events.

**Mixed:** These entries must consist of 50% men and 50% women.