



# ARGONAUT ROWING CLUB

## **ARC Martha Coffey Frostbite Sprints Regatta**

**SUNDAY, October 31, 2021 08:00 – 15:00**

### **COVID Policies and Procedures**

1. Eligibility and admission
  - a. All participants (athletes, coaches, umpires and volunteers) must provide proof of full vaccination, to take part in or attend any aspect of an event at the Argonaut Rowing Club premises (Henley Room, docks, boat bays, or washroom facilities). The organizers are not equipped to allow participants with medical exemptions.
  - b. All participants must complete, and present proof (show a green checkmark) of the standard COVID questionnaire on the day of the event using <https://covid-19.ontario.ca/screening/customer/>
  - c. All participants' contact information will be recorded for contact tracing.
  - d. Screened participants will be given a wristband for easier identification.
  - e. Non-participating guests may be allowed on premises if the number of participants is smaller than the maximum number allowed. In those cases, those guests will be subject to the screening, evidence of being fully vaccinated and contact tracing and will get a different colour wristband.
  - f. Additional viewing area for non-screened guests is available in Marilyn Bell Park just east of the club. Those guests are not subject to the screening requirements.
2. Sanitization:
  - a. A hand wash station is available inside the front gates; hand sanitizer is available at multiple places throughout the club. Please use it.

- b. Facilities will be sanitized before the event starts
  - c. Boats will be washed before first use, between events, and upon returning the boats to the racks at the end of the event
    - i. Washing will be soap and water, on touch points of boats and oars
    - ii. Between events, boats and oars will be washed while in the water
3. Masks
- a. Face masks must be worn everywhere on the Argonaut Rowing Club premises -(inside and outside)
  - b. Athletes are not required to wear face masks while rowing. Masks may be removed once their boat has launched but must be put on again before docking.
  - c. Coxies must wear face masks and we recommend that they wear face shields.
4. Physical Distancing
- a. All attendees must follow the province of Ontario's physical distancing guidelines
5. Cox Boxes
- a. Coxies may provide their own cox boxes and head sets. Argonaut provided cox boxes and head sets will be sanitized before races, between coxies, and after the event is complete.
6. Participants' belongings:
- a. Cubbies are available on the dock to store participants' bags, etc.
  - b. Athletes should not leave any belongings on the docks while they are rowing – shoes should be placed in the boat.
  - c. Water bottles in the boat must be in a sealed Ziploc bag
7. Banquet Hall
- a. The capacity of the Henley Room event space is 80 people.
  - b. Guests must remain seated while eating or drinking inside the venue or on the balcony
8. This event is subject to the regulations of the province of Ontario and the city of Toronto. These rules are subject to change between now and the day of the event
- a. Should the allowable capacity of the Henley Room decrease, the regatta may be held outdoors only, with indoor access allowed only for washroom use
9. Enforcement
- a. Non-compliant offenders will be asked to leave the event.

## 10. Cancellation and Fees

- a. Cancellation by participant:
  - i. As for any event, cancellations prior to the registration deadline will be eligible for a full refund
  - ii. Cancellations after the registration deadline, regardless of participants' reason, will not be refunded.
  - iii. Waiting list athletes will be automatically entered in case of cancellations, in the order of entries submitted.
- b. Cancellation by Argonaut Rowing Club:
  - i. Should the organizers be required to cancel the event due to COVID regulations, all entry fees will be refunded in full.

## 11. In the event of an incident of COVID-19:

- a. Should someone at the event begin to show COVID-19 symptoms, or fall ill during the day, they will be asked to leave the event. Anyone who accompanied them will be asked to leave as well.
- b. If they need to wait for a ride, they can do so outside the front gate in the parking lot, waiting on the picnic tables.
- c. They will be provided with tissues and a water bottle, and a plastic bag in which to put used tissues.

## 12. Parking

- a. Parking is available in the municipal parking lot to the west of the club. It is free.

## 13. COVID-19 Officer: Milan Sreckovic - +1-416-836-2511

### **Responsibility of the Organizers:**

The Organizing Committee for this regatta will:

1. Appoint a COVID Officer to manage the risks
2. Screen attendees for COVID-19 before giving them access to the venue
3. Maintain a list of attendees and their contact info for contact tracing.
4. Provide hand sanitizer and hand washing stations within the venue
5. Provide spare single-use face masks in case an attendee forgets or loses theirs
6. Provide spare Ziploc bags for personal items in case the participant forgets theirs

7. Provide water, soap, and sponges for cleaning the boats and oars; and sanitizer wipes for cleaning cox boxes and head sets
8. Provide volunteers to wash the boats between uses
9. Clean and sanitize the venue before and after the event.
10. Enforce the rules above

Site Plan:

