

The 2004 Southeast Regional Youth Championship Regatta
May 8, 2004
Melton Hill Lake
Oak Ridge, Tennessee
Hosted by: The Oak Ridge Rowing Association

WELCOME

The Oak Ridge Rowing Association (ORRA) would like to welcome youth rowers and coaches from across the Southeast Region to the 2004 Southeast Regional Youth Championships. ORRA is proud to hold this event for the third year and takes great strides in providing a championship level event to complete the year. Here is what you can look forward to this year; the venue will be equipped with a 7 position adjustable starting dock, finish tower networked to the regatta headquarters for quicker result posting, 2400 square feet of launching and recovery docks, over 1500 meters of spectator viewing and seven buoyed lanes designed for 2000 meter sprint competition. Enjoy your stay in Oak Ridge and we will see you here again in May 2006.

PURPOSE

The Southeast Region Youth Championship Regatta is a USRA registered championship level regatta to provide regional programs a quality yearend championship event. The Southeast Region Youth Championship Regatta shall be open to crews of the 10 states that make up the Southeast Region; Alabama, Arkansas, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee and Texas (sweep). Texas (sculling), Florida and Virginia have separate qualifying events. The course is a 2000 meter sprint competition in singles (1x), doubles (2x), quads (4x), coxswained fours (4+) and eights (8+) for youth in novice, lightweight and varsity categories.

The Southeast Region Youth Championship Regatta is a qualifier for Southeast crews to the USRowing Youth Invitational. The 1st and 2nd place finishers in the following events will receive an invitation to USRowing Youth Invite to be held June 5th, in Cincinnati, Ohio.

Men's Youth 2x	MY2x	Women's Youth 2x	WY2x
Men's Youth Lightweight	MYL4+	Women's Youth Lightweight 4+	WYL4+
Men's Youth Varsity 4+	MYV4+	Women's Youth Varsity 4+	WYV4+
Men's Youth 1x	MY1x	Women's Youth 1x	WY1x
Men's Youth Lightweight 8+	MYL8+	Women's Youth Lightweight 8+	WYL8+
Men's Youth 4x	MY4x	Women's Youth 4x	WY4x
Men's Youth Varsity 8+	MYV8+	Women's Youth Varsity 8+	WYV8

The Southeast Region Youth Championship Regatta welcomes programs from outside the Southeast Region to participate in this regatta and will be considered guest. Guest entries are not able to qualify for the USRowing Junior Nationals at this regatta. If a guest crew attends this qualifying championships and places first, then the second and third place teams will receive the invitations.

DATES

The Southeast Youth Regional Regatta will be held annually the second weekend in May: May 8, 2004

LOCATION

The Southeast Regional Youth Championship Regatta will travel annually to locations within the Southeast. Registration will be done by the SE Youth Rep. Venues wishing to hold the regatta at their venue are encouraged to contact the Southeast Region Youth Representative for details. The following dates are confirmed.

2004 Oak Ridge, Tennessee	2006 Oak Ridge, Tennessee
2005 Aiken/Augusta, Georgia	2007 Aiken/Augusta, Georgia

MEETINGS

- The Southeast Regional Youth Coach's meeting will be held on Friday, May 7, from 8:00 pm to 9:00 PM at the ORRA Boathouse. Coaches or program representative should plan to attend. This meeting will be used to conduct business concerning the Southeast Region.
- Coach, coxswains, and scullers meeting at 7:00 A.M. Saturday, May 8, 2004, Location: ORRA Boathouse.

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REGATTA RULES

- The 2004 Southeast Region Youth Championship Regatta will be conducted in accordance with the USRowing "Rules of Rowing". Please familiarize yourself with these rules before attending the coaches and coxswains meeting.
- All boats will be inspected for safety including approved foot stretchers tie downs, bow balls and coxswain space in bow-coxed boats, etc. The USRA Advertising rule is being waived.
- During a race, no boat shall have on board any electronic devices that are capable of sending or receiving information from any source external to the boat.
- Hot seating must be arranged with the dock master before the scheduled race.
- All crews must check-in with the dock master before launching for every race.
- All crews representing the same school/club must wear similar uniforms.
- Crews are permitted to practice in their lane prior to 2 min lock-on

FRIDAY PRACTICE

- Teams may practice Friday (May 7) on the course. Since there will be no officials on the course at this time, crews will be rowing at their own risk. ORRA course crews may be working on the course for your safety, please stay clear of their work area and boats. Coxswains should listen for instruction from course crew to avoid damage to shells when passing.
- Traffic rules will be posted in the ORRA boathouse. All coaches, coxswains, captains, and scullers must read and familiarize themselves with the traffic rules before leaving the dock.
- Be careful! Observe the right-hand rule; stay on the right side of the course! Practice on the course at speed is limited to the racing direction (downstream) only in lanes 4, 5, & 6 only!
- All crews will be off the water by 6 p.m.

BOAT STORAGE

Boats can be stored at the regatta site the night before the race. Prior to parking trailers, please check the Boathouse office trailer spots have been assigned. Shell trailers are to set up in 20'x70" marked area and tow vehicles are not permitted to park in trailer parking area. Shell trailers will have enough spacing on either side to allow for equipment storage and rigging. Please do not spread to far off your trailer as a courtesy to others. The LOC is unable to provide boat slings. Security of trailer parking area will be provided Friday night.

CONCESSIONS

Food concessions will be available during the regatta.

Any persons, teams, organizations, or businesses wishing to set up a concession for the sale of apparel or any other items must have the prior approval of the LOC in advance of any sales.

Regatta t-shirts will be sold during the event.

MISCELLANEOUS

Please check the ORRA web site <http://www.orra.org> prior to arrival at the venue for updated information on the following topics:

Course Map Waiver Directions Lodging

PARKING

Please check <http://www.orra.org> for up-to-date regatta parking instructions prior to arrival at the venue. Follow the posted signs to the appropriate parking areas. City police and volunteers will be on hand to direct you. Specific instructions should be posted no later than May 1, 2004.

Buses will be allowed to drop off athletes at the 2nd parking lot entrance in front of boathouse. Buses will most likely be required to park off site in a designated area.

The eastern half of the parking lot directly in front of the New China Palace Restaurant must be reserved for restaurant guest only! Do not park trailers, buses or cars in this area.

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CONTACT INFORMATION

Regatta Director-
Tim Sealers 865-482-1808
rowingrepair@earthlink.com

USRA Southeast Region Youth Representative-
Allen Eubanks 865-591-0566
coach@orra.org

Mail entries to: ORRA – Southeast, P.O. Box 4384, Oak Ridge, TN 37831-4384

EVENT CLASSIFICATION/DEFINITIONS

USRA definitions will be used. (Exceptions to the definitions can be made at the discretion of the executive committee.)
Junior-A rower 18 years of age or younger as of December 31, 2004 or must be currently attending Junior High or High School grades 8-12

Team-A team is considered the usual way the program practices/competes: Club represents a single organization, with distinct location, colors, and coaches for the entire competitive season is a team.

Novice-An athlete who began that rowing style (sweep or sculling) after the last year's Southeast Regional Championship Regatta.

Varsity- Open to any junior competitor

1st Boat - Open to any junior competitor

2nd Boat - Open to any rower not competing in the 1st Boat. In order to enter a 2nd boat, the team must also be entering a 1st boat in the same event. Exceptions: 1-2 year old programs. Coxswains are exempt.

Coxswain- May be of either gender, and of any skill or age classification (not withstanding the age maximum).

ENTRY INFORMATION

- All crews must register on-line at <http://www.regattacentral.com>.
- Registration deadline May 4, 2004,
- Scratches after Tuesday, May 4, 2004 will forfeit their entry fee for that event.
- Late Entries are subject to 20% increase on your total entry fee, and accepted only if it does not cause an additional heat.
- Individual athlete waivers and fees should be mailed and received May 5, 2004 or delivered to the registration table during registration. No faxed entries will be accepted.

REGATTA FEES:

8+ \$60 4+/4x \$40 2x \$30 1x \$20

\$700 cap for entries for in region programs

Please add \$2 per athlete to cover insurance cost. This cost is not included in the cap.

Make Checks Payable to: Oak Ridge Rowing Association or ORRA

LIMIT OF ENTRIES

A team may not enter more than 2 entries per event. A rower may be entered in no more than two sweep events and one sculling event. No entry limit exists for coxswains. First boat rowers are not allowed to row in second boat events.

LANE ASSIGNMENT AND SEEDING

Random lane selection will be done using new Regatta Master software. This regatta management software collects the data from RegattaCentral and automatically seeds crews. Please note that we will be downloading and drawing the lanes draw on Wednesday evening, May 5, 2004. It will be posted on the web at www.regattacentral.com that evening and copies of the schedule will be available to coaches by email or on site upon signing-in.

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SCHEDULE OF EVENTS

SCHEDULED TIMES ARE TENTATIVE.

ACTUAL EVENT TIMES WILL NOT BE AVAILABLE UNTIL AFTER THE ENTRY DEADLINE.

THE REGATTA COMMITTEE RESERVES THE RIGHT TO REDRAW EVENTS IF THE NUMBER OF SCRATCHES WARRANTS SUCH CHANGES.

Event Time Name
7:30-11:30 AM Heats as Needed
The heats will follow the same schedule as the finals.

1	12:30 PM	Men's Youth 2x
2	12:40 PM	Men's Youth Novice 4+
3	12:50 PM	Men's Youth 2nd Varsity 8+
4	1:00 PM	Women's Youth 2x
5	1:10 PM	Women's Youth Novice 4+
6	1:20 PM	Men's Youth 2nd Novice 8+
7	1:30 PM	Women's Youth Ltwt 8+
8	1:40 PM	Women's Youth 2nd Novice 8+
9	1:50 PM	Men's Youth Ltwt 4+
10	2:10 PM	Women's Youth Varsity 4+
11	2:20 PM	Men's Youth Novice 8+
12	2:30 PM	Women's Youth 2nd Varsity 8+
13	2:40 PM	Men's Youth Varsity 4+
14	2:50 PM	Women's Youth 1x
15	3:10 PM	Men's Youth 1x
16	3:20 PM	Women's Youth 2nd Varsity 4+
17	3:30 PM	Women's Youth 4x
18	3:40 PM	Men's Youth 2nd Novice 4+
19	3:50 PM	Men's Youth Ltwt8+
20	4:10 PM	Women's Youth Ltwt 4+
21	4:20 PM	Women's Youth Novice 8+
22	4:30 PM	Men's Youth 4x
23	4:40 PM	Men's Youth 2nd Varsity 4+
24	4:50 PM	Men's Youth Varsity 8+
25	5:00 PM	Women's Youth 2nd Novice 4+
26	5:10 PM	Women's Youth Varsity 8+

BOLD events are Youth Invite Qualifying Events.

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WEIGH-IN RULES

The weight of rowers in lightweight events as well as coxswains shall be determined once each day. Initial weigh-in will take place at 5-8 PM, Friday, May 9 in the ORRA Boathouse. Weigh-in scales will be open 2 hours before and close 2 hours after the first race of the day. Competitors shall be weighed in wearing the same uniform, identical in style, color, and detail, including any insignia without shoes or other footgear. No one will be weighed-in wearing more or less clothing. Crews will weigh-in together and be accompanied by a Coach or Program Designate. Crews are to step on the scale in the order that they row in the boat (i.e. bow to stern). Clerk of the Scales or Registrar will communicate with the Coach or Designate, only. An athlete who does not make weight has one hour to do so in order to compete. No one will be allowed to "check their weight" on the official scale during the official weigh-in times. Lightweight weight is per athlete, NO averaging.

Lightweight Men	155 lbs. Max	Men's Coxswains:	120 lbs. Min
Lightweight Women	130 lbs. Max	Women's Coxswains:	110 lbs. Min

COXSWAIN'S RULES

Those coxswains whose body weight, while wearing racing shirt, shorts and socks, is less than the required standard, will be required to carry external weight in order to achieve the minimum standard during the course of their race. If crews know that their coxswain is more than 5 pound under the required weight. The crew is expected to bring adequate weight to make up the difference. Coxswains will present this weight to the Clerk of Scales upon weighing in. The LOC will provide external weight up to 5 pounds, in the form of sand bags, for all coxswains whose body weight is less than the minimum standard. ALL WEIGHTS, whether provided by LOC or not, must be weighed and marked by the Clerk of Scales for specific individuals at the time of the coxswains weigh-in. Regatta officials will accept responsibility for storing external weight until race time. It will be the coxswains' responsibility to report to the Dockmaster for weigh-in prior to their crew's scheduled launch time and obtain their individual weights, which shall be carried near the coxswain's seat, as close to the torso of the coxswain as possible, during the course of the race. Coxswains are also advised that they must display their weight to the Referee, if so requested. Immediately upon returning to the launching site after the race, the coxswains will surrender their weights to the Dockmaster.

PROTESTS

Protests should be registered on the water by the crew at the finish in accordance with USRowing rules. Once a protest is lodged, a crew wishing to be heard by the jury shall submit a concise written statement to the Chief Judge within one (1) hour after reach land citing the facts that underline the protest and the relief that the crew seeks accompanied by a \$25.00 payment. Disposition of the protest will follow USRowing rules including return of the fee if the protest is upheld.

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AWARDS

Medals will be awarded as results are finalized. Medals awarded to first, second, and third place for all races. An event must contain at least three entries from different teams to constitute a race.

TRAVELING TROPHIES

Trophies will be awarded at the awards ceremony at the conclusion of the day. Traveling trophies are sponsored by regional programs to celebrate outstanding achievements by regional youth. The regatta committee would like to thank the sponsors of these special awards. Regional programs wishing to sponsor events please contact the Southeast Region Youth Representative for details. Guest programs are not eligible for traveling trophies.

“The Spooner Cup” sponsored by Oak Ridge Rowing Association is a traveling trophy presented to the first place crew in the Men’s Youth Varsity Eight category.

Past Winners:
2002 McCallie
2003 McCallie

“The Absher Cup” sponsored by Oak Ridge Rowing Association is a traveling trophy presented to the first place crew in the Women’s Youth Varsity Eight category.

Past Winners:
2002 Oak Ridge
2003 Augusta

TEAM POINTS TROPHY

The trophy sponsored by the Oak Ridge Rowing Association is a traveling trophy that is awarded for top scoring team overall. Points are awarded in each event, regardless of event category (Varsity, Lightweight, Novice). Points will be awarded to the top 3 finishers in each event as follows:

1st Place will receive point equal to 100% of the number entries of crews in the event.
2nd Place will receive point equal to 50% of the number entries of crews in the event.
3rd Place will receive point equal to 25% of the number entries of crews in the event.

Example:

Men’s Youth Varsity 8+ -12 entries in event

(1st) Team A = 12 points, (2nd) Team B= 6 points, (3rd) Team C= 3points

Past Winners:
2002 McCGPS
2003 McCGPS

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USRowing Youth Invite Rules

- The Youth Committee voted to include the lightweight men's 4+ and lightweight women's 4+ in this year's event.
- To row in this event, you must row with only one program throughout the spring season. This rule will be strictly enforced.
- 19-year-old post-grads may not participate in the Youth Invitational.
- Up to fifty percent substitution (not including the coxswain) will be allowed in the boat from the qualifying crew.
- Programs you may qualify at only one event. For those crews that participate in more than one qualifying regatta (for example, the two Midwest events), you will only be able to qualify at the first one you entered. That includes all boats from the organization. The only exception is that sweep boats from Texas may compete at the SE Regional since sweep events are not available at their qualifying regatta.

Petitioning for the USRowing Youth Invite

Third place crews may petition to attend if they are within three seconds of the winner. At qualifying regattas where only the winner receives an invite, crews must be second and within three seconds to petition. This allows them to petition. It does not guarantee a spot. We will not consider any petitions that do not meet this first requirement. Please do not submit one even if you are off just one second.

Crews have three days after their qualifying regatta to submit a petition to USRowing. They may be sent to jody@usrowing.org (preferred) or faxed to 317-237-5646. Petitions can be found at www.usrowing.org.

Crews wishing to petition must have raced in the event if it was offered at the qualifying regatta. For example, your crew chose to race in the quad because the double was too close in time to race both. Now you want to petition to race the youth invite in the double. This will not be allowed.

We have tried to make qualifying as easy as possible; however there are still crews who do not have an event in which to qualify. In this case, we will accept a petition from this crew if they have shown sufficient speed in this boat.

The youth committee has provided a three-person panel committee to oversee all petitions. The panel will respond to each petition within seven working days.

If you have questions, please contact,
USRowing
c/o Jody Pope
201 S. Capitol Ave., Suite 400
Indianapolis, IN 46225
phone: 1-800-314-4769
fax: 317-237-5646
email: jody@usrowing.org