

THE HEAD OF THE DOG REGATTA
The Northwest's Premier Rowing and Costume Regatta
Portland, Oregon
Saturday, October 3, 2009
Entry thru Regatta Central
www.regattacentral.com

You're invited to race on the beautiful Willamette River in Portland. Categories include Men, Women, Junior, Open, Collegiate, Masters (40+), Most Excellent Masters (50+), and new this year the Supreme Master (60+) category. All sculling and sweep boats welcome except those with more than 5 people. This race includes a special event, the Dog Paddle, for any paddle-powered craft. The Dog Paddle has a mass start.

Any category with three entries or more will be awarded prizes. This 3-mile stake race will start and finish at Oaks Park. Simple head race style format, timed with our own stop watches backed up by a sophisticated computer program. Doubling up on events is encouraged, but we will stick to the schedule.

PERPETUAL SILVER TROPHIES will be awarded to the fastest man and woman 1x. The top three finishers in each category in which there are three finishers, will carry home a unique prize. The highlight of the awards ceremony is the BEST OF BREED (BOB) trophy awarded by last year's winner to the person(s) who race in the most creative costume. Plan ahead for this one. You don't even have to train.

Entry deadline **Sept. 28, 2009**

Coaches/coxswains meeting is at 8:00am

There will be two waves with the possibility for some to row in two events.

TENTATIVE SCHEDULE

7:30 Bow number pick-up

8:00 Race meeting

9:00 First wave:

W4x, W4+, M2x, M2-, W1x, Mixed 2x All age categories

9:30 Dog Paddle (Kayaks, canoes, etc.)

10:15 Second wave:

M4x, M4+, W2x, W2-, M1x All age categories

Start and Finish at Oaks Park

Food and Awards will happen after the races.

Oaks Park is near the east end of the Sellwood Bridge in SE Portland.

Entry fee is \$18 per person which includes food. This is a USRowing registered regatta, which means all participants must belong to a USRowing member club, or be an individual USRowing member. You must have a current US Rowing waiver, which may be electronically executed through USRowing www.usrowing.org, or Regatta Central. If you are not a member of USRowing, please contact Sue or Maryann at 503-235-4630, scrap9@comcast.net.