



Thunder Bay Sprints Regatta

Saturday, June 22, 2019

The Thunder Bay Rowing Club is pleased to host the **Thunder Bay Sprints** on Saturday, June 22, 2019.

Regatta Site:

The Thunder Bay Rowing Club is located at 755 Dock Street just upstream of the Kaministiquia River Heritage Park. *Thunder Bay Sprints* features a 1000 metre, straight course on the Kaministiquia River with a floating start. Buoys will mark the outer and inner limits of the course but individual lanes are not marked.

Contact information:

- Regatta co-Chairs Francie Sweitzer tbayrowing@hotmail.com
Courtney Moore ctmoore@lakeheadu.ca
- Regatta entries RegattaCentral www.regattacentral.com

Fees:

- \$40 TBRC regatta entry fee per athlete plus \$5.50 per race (RowingCanada/RowOntario *seat fees* for each event in which an athlete registers)
- Fee includes banquet after regatta.
- Please pay by one club cheque at TBRC clubhouse prior to coaches' meeting the morning of the regatta.

Dates:

- Entry deadline: 11:59 pm Eastern Daylight Time, Saturday, June 15, 2019
- Schedule/draw: 11:59 pm Eastern Daylight Time, Monday, June 17, 2019 - posted on RegattaCentral
- *Late entries: Late entries will be accepted up to 7 am the morning of the regatta as long as they do not create a heat in the event.*
- Results will be posted on RegattaCentral by Monday, June 24, 2019.

Regatta Rules:

- The 2018 **RCA Rules of Racing** will apply, with the following exceptions, as permitted in *Rule 1.6*:
 - *Rule 2.3 - Proof of Age and Identity* - There will be no ID checks.
 - *Rules 2.6- Weighing Coxswains* - There will be no weigh-ins.
 - *Rules 4.1 & 4.2 - Length of Course/Standard Course* - Events are all 1000 meters, except for the dashes, which are 500 m.
- **Masters races** will use the Henley age-adjusted time system using age categories outlined in *Rule 2.7*.
- **Bow balls** and **quick release foot stretchers**: all boats shall have bow balls and quick release shoe stretchers as in *Rules 3.3* and *3.5*.
- **Bow markers**: all boats shall have bow markers for affixing a boat number.
- **Club Colors**: all competitors shall wear their club colors on the water as in *Rule 6.2*.
- **Each competitor may be entered in a maximum of four (4) events.**
- Entry in **back-to-back races will not be permitted.**

- **Heats:** where there are more than 6 entries in an event, the fastest 3 in each of 2 heats or the fastest 2 in each of 3 heats will progress to the final.
- **Schedule/ draw** will be posted on RegattaCentral and at the TBRC boathouse.
- **Coaches and coxswains meeting** will be 7 am on Saturday, June 22, 2019 at the boathouse. Additional copies of the schedule will be made available at this meeting.
- **Traffic Patterns:** all boats shall follow the traffic patterns indicated on the maps below.
- **Boat Trailers:** boat trailers shall park in the areas assigned for their club.

Other:

- **Boat Trailer Route:** the CPR underpass has insufficient clearance for most trailers. All boat trailers should access the regatta site via Duncan Street, which crosses over the 5 sets of railroad tracks.
- **Parking:** Vehicles other than boat trailers are to park in the Kaministiquia River Heritage Park.
- **Spectating:** There is a fine view of the course from the Kaministiquia River Heritage Park boardwalk.
- **Concession:** T-shirts, fruit, drinks (with the exception of bottled water) and snacks will be available at the concession. A water-bottle refill station is located next to the concession.
- **Awards/Banquet:** There is an awards ceremony and banquet at the Clubhouse for competitors, coaches and support persons. Please indicate on RegattaCentral the number of persons attending the banquet.
- **Lodging:** There are many good hotels within 10 minutes' drive from the Boathouse.
- **Camping:** Camping is not allowed on the lawn area surrounding the Club. Closest campgrounds, all approximately 25 - 30 minutes' drive away are:

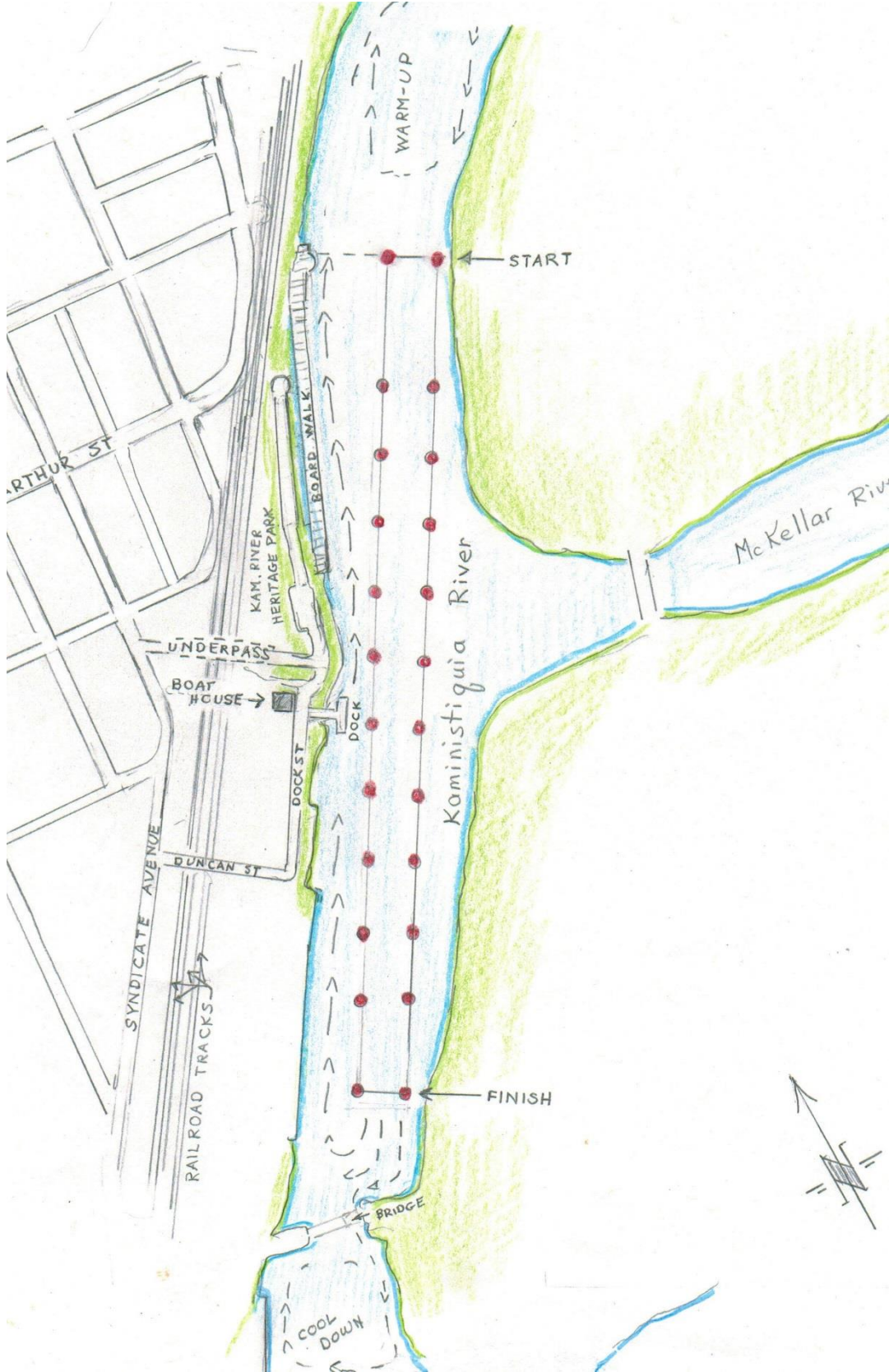
Kakabeka Falls campgrounds: www.ontarioparks.com/park/kakabekafalls
 HappyLand Campground: www.happylandpark.com
 Thunder Bay KOA: koa.com/campgrounds/thunder-bay
 Trowbridge Falls Campgrounds or Chippewa Park Campgrounds:
<https://www.thunderbay.ca/en/recreation/campgrounds.aspx>

Events List

1	Mixed Masters 4x
2	Under 17 Men 2x
3	Under 19 Women 2x
4	Under 19 Men 4x
5	Masters Men 2x
6	Under 17 Women 2x
7	Under 19 Men 4+
8	Masters Women 2x
Break	
9	Under 19 Women 4+
10	Under 19 Men 1x
11	Under 19 Women 4x










12	Masters Men 1x
13	Open mixed 2x
14	Master Women 1x
15	Under 19 Men 2x
16	Under 17 Women 4x
17	Master Women 4x
18	Under 19 Women 1x
19	Master Men's 4x
Break	
20	Open Women 1x dash
21	Open Men 1x dash
22	Open Mixed 4x dash

Course Map



Site Map

Legend:

-  First Aid
-  TBRC Boathouse/Clubhouse
-  Boat trailer route
-  Club boat trailer parking
-  Washrooms (Port-a-potties)
-  Parking
-  Oars
-  TBRC Concession
-  Water

